

BERGEN COUNTY GIRLS SWIMMING MEET OF CHAMPIONS

SPONSORED BY THE BERGEN COUNTY WOMEN'S COACHES ASSOCIATION

LOCATION: Felix Fiesta Pool, Nanuet, NY

DATE & TIME: January 21, 2012
Warm Ups: 8:00 AM Meet Start: 8:15 AM

BCWCA TOURNAMENT DIRECTOR: Tom Viscardi

EVENTS: This is a Championship Meet. Boys events will follow each girls event.

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| 1. 200 yard MEDLEY RELAY | 13. 500 yard FREESTYLE |
| 3. 200 yard FREESTLYE | 15. 200 yard FREESTYLE RELAY |
| 5. 200 yard IND. MEDLEY | 17. 100 yard BACKSTROKE |
| 7. 50 yard FREESTYLE | 19. 100 yard BREASTSTROKE |
| 9. 100 yard BUTTERFLY | 21. 400 yard FREESTYLE RELAY |
| 11. 100 yard FREESTLYE | |

EVENT RULES: 2011-2012 National Federation Officials High School Rules. Swimmers are permitted to compete in up to 4 events with a maximum of 2 individual events. Schools may enter up to 4 swimmers per individual events* and 1 relay team per event.

* Schools may enter only 3 swimmers in the 500 Freestyle.

ADMISSION: There will be an admission fee of \$5 per adults, \$3 per student and \$2 per senior citizen. Programs will be available at a cost of \$3 each.

ENTRY FEE: \$350 per school, schools without formal teams may enter swimmers at a rate of \$15 per ind. event and \$60 per relay. **This entry fee will cover all swimmers in both the Championship and the Novice Meet.** Checks made payable to B.C.W.C.A. All teams must have paid or have had a school issued voucher prior to meet date! EACH SCHOOL WILL BE REQUIRED TO PROVIDE TWO MEET WORKERS. PLEASE PLAN ACCORDINGLY.

INDIVIDUALS RULE CHANGE: Any swimmer entering as an individual from a school that does not have a swim team will still place and earn a medal or ribbon if they finish in the top 12, but they will not score points. Their points will go to the next swimmer from a team and all the other swimmers will move up. Example – if a swimmer from an independent school takes second place in a race, that swimmer will be listed as 2nd place in the results and earn a silver medal, but the 13 points for 2nd place will go to the next swimmer that swims for a school with a team, and everyone moves up accordingly.

ALL-COUNTY: Swimmers will be awarded All-County based on their finish at this meet. To be eligible for All-County a swimmer must compete in the Bergen County Meet of Champions **and at least 4 dual meets** during the 2011-2012 swim season.

ENTRY DEADLINE: Entries and fees must be received by **3:00 PM on Thursday, January 12, 2012**. All entries must be submitted using **Hy-Tek Team Manager only**. There will be no hard copy entries accepted.

Please email all entries to entries1@juno.com. Please mail checks or vouchers for the GIRLS MEET to

Tom Viscardi
298 Hillside Ave.
Allendale, NJ 07401

QUESTIONS: Contact: Tom Viscardi (201) 981-4484
viscardit@northernhighlands.org