

2026 Fall Festival of X-Cellence

Hosted by X-Cel Swimming

at the DeNunzio Natatorium, Princeton University

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Friday October 23rd-Sunday October 25th, 2026		
Link to Facility Info:	DeNunzio Natatorium, Princeton University <i>(link to facility location & directions, pool certification, & medical information)</i>		
Host Team Contact:	Coach Lucy	609-937-4631	headcoach@swimxccl.org
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Gary Thayer		gght466@gmail.com
Admin Officials:	Ellen & Jason Mace		besmarttinc@gmail.com
Safety Marshalls:	Coach Lucy Josh Rosenbluth		headcoach@swimxccl.org joshrosenbluth@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Wednesday September 23rd, 2026 at 6:00am		
Entry Deadline:	Friday October 16th, 2026 at 6:00pm or when the meet fills.		
Swimmers Age:	Swimmer ages for this meet are as of: October 23rd, 2026		
Entry Fees:	Individual Entry:	\$12.00	Relay: \$15.00
	400 IM/500 Freestyle:	\$15.00	
	1650 Freestyle:	\$20.00	
	There will be a \$15 per day athlete surcharge.		
Meet Course:	Short Course Yards (SCY). Converted times will be accepted.		
Meet Format	- This meet will be run as a timed final meet. - There will be 10 & Under, 11-12, 12 & Under, 13-14, 11 & Over, and 15 & Over events. There are qualifying times for this meet for all events 200 yards and longer. No qualifying times for shorter events. "NT" or "No Time" entries will not be accepted at this meet. - This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own.		
Entry Limits:	Daily: 4 Individual events Friday 3 Individual events Saturday & Sunday 1 Relay		Meet: 10 Individual Events 2 Relays
Checks Payable To:	X-Cel Swimming		
Email Entry Files To:	besmarttinc@gmail.com		
Mail Checks/Reports	Bring to the first session of the meet where the team is competing		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up and start times will be established when all entries have been received and a timeline developed, published on the meet website, the NJ Swimming website, and e-mailed to the coaches of participating teams.

Friday		
Session 1	Evening	50s & 1650 Freestyle
Saturday		
Session 2	Morning	12 & Under
Session 3	Midday	Distance
Session 4	Afternoon	13 & Over
Sunday		
Session 5	Morning	12 & Under
Session 6	Midday	Distance
Session 7	Afternoon	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	- There will be awards for the fastest three swimmers in 12 & Under individual events - There will be no awards for the 50s on Friday..
Starts:	"Fly-over/Over-the-top" starts will be used during this meet.
Admissions and Programs:	- Spectators will be allowed into the natatorium subject to capacity constraints. - Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	None
Vendor:	Metro Swim Shop will be in attendance.
Distance Events:	- All events will be swum slowest to fastest. - All 500- & 1650-yard freestyle swimmers are responsible to provide a person to count.
Heat Limited Events:	- Depending on entries, the 400 yard IM and 500 yard Freestyle may be limited to a maximum of 3 heats per gender for 13 & Over and two heats per gender for 12 & Under, per event. - Swimmers whose seed times place them below the limit will have the option to pick another event or remain in the event and possibly compete because of day-of-meet scratches. - Swimmers who do not switch events and do not compete in the heat-limited event will have their entry fee refunded within one week of the meet. Psych sheets will be posted on the meet web site no later than one week before the meet start.
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event	Equal/ Faster
Session: 1 Friday 50s & 1650 Freestyle		
101	Women 50 Freestyle	
102	Men 50 Freestyle	
103	Women 50 Breaststroke	
104	Men 50 Breaststroke	
105	Women 50 Backstroke	
106	Men 50 Backstroke	
107	Women 50 Butterfly	
108	Men 50 Butterfly	
109	Women 11 & Over 1650 Freestyle	
	11-12	23:19.69
	13-14	22:01.19
	15 & Over	21:36.19
110	Men 11 & Over 1650 Freestyle	
	11-12	22:42.89
	13-14	20:46.19
	15 & Over	19:54.69

#	Event	Equal/ Faster
Session: 2 Saturday 12 & Under		
201	Girls 11-12 200 Freestyle Relay	
202	Boys 11-12 200 Freestyle Relay	
203	Girls 10 & Under 200 Freestyle Relay	
204	Boys 10 & Under 200 Freestyle Relay	
205	Girls 11-12 200 Freestyle	2:40.39
206	Boys 11-12 200 Freestyle	2:34.59
207	Girls 10 & Under 200 IM	3:38.49
208	Boys 10 & Under 200 IM	3:35.49
209	Girls 11-12 50 Backstroke	
210	Boys 11-12 50 Backstroke	
211	Girls 10 & Under 100 Backstroke	
212	Boys 10 & Under 100 Backstroke	
213	Girls 11-12 100 Breaststroke	
214	Boys 11-12 100 Breaststroke	
215	Girls 10 & Under 50 Breaststroke	
216	Boys 10 & Under 50 Breaststroke	
217	Girls 11-12 100 Butterfly	
218	Boys 11-12 100 Butterfly	
219	Girls 10 & Under 50 Butterfly	
220	Boys 10 & Under 50 Butterfly	
221	Girls 11-12 50 Freestyle	
222	Boys 11-12 50 Freestyle	
223	Girls 10 & Under 100 Freestyle	
224	Boys 10 & Under 100 Freestyle	
225	Girls 11-12 100 IM	
226	Boys 11-12 100 IM	
227	Girls 12 & Under 200 Backstroke	2:56.59
228	Boys 12 & Under 200 Backstroke	2:51.99
229	Girls 12 & Under 400 IM	5:56.79
230	Boys 12 & Under 400 IM	5:46.39

#	Event	Equal/ Faster
Session: 3 Saturday Distance		
231	Girls 13-14 400 IM	6:03.59
232	Boys 13-14 400 IM	5:41.49
233	Women 15 & Over 400 IM	5:57.59
234	Men 15 & Over 400 IM	5:29.09



#	Event	Equal/ Faster
Session: 4 Saturday 13 & Over		
235	Women 13 & Over 200 Medley Relay	
236	Men 13 & Over 200 Medley Relay	
237	Girls 13-14 100 IM	
238	Boys 13-14 100 IM	
239	Women 15 & Over 100 IM	
240	Men 15 & Over 100 IM	
241	Girls 13-14 200 Freestyle	2:32.09
242	Boys 13-14 200 Freestyle	2:22.99
243	Women 15 & Over 200 Freestyle	2:29.89
244	Men 15 & Over 200 Freestyle	2:17.29
245	Girls 13-14 100 Breaststroke	
246	Boys 13-14 100 Breaststroke	
247	Women 15 & Over 100 Breaststroke	
248	Men 15 & Over 100 Breaststroke	
249	Girls 13-14 50 Backstroke	
250	Boys 13-14 50 Backstroke	
251	Women 15 & Over 50 Backstroke	
252	Men 15 & Over 50 Backstroke	
253	Girls 13-14 100 Butterfly	
254	Boys 13-14 100 Butterfly	
255	Women 15 & Over 100 Butterfly	
256	Men 15 & Over 100 Butterfly	
257	Girls 13-14 50 Freestyle	
258	Boys 13-14 50 Freestyle	
259	Women 15 & Over 50 Freestyle	
260	Men 15 & Over 50 Freestyle	
261	Girls 13-14 200 Backstroke	2:46.79
262	Boys 13-14 200 Backstroke	2:36.29
263	Women 15 & Over 200 Backstroke	2:44.09
264	Men 15 & Over 200 Backstroke	2:29.89
265	Women 13 & Over 400 Freestyle Relay	
266	Men 13 & Over 400 Freestyle Relay	

#	Event	Equal/ Faster
Session: 5 Sunday 12 & Under		
301	Girls 11-12 200 Medley Relay	
302	Boys 11-12 200 Medley Relay	
303	Girls 10 & Under 200 Medley Relay	
304	Boys 10 & Under 200 Medley Relay	
305	Girls 11-12 200 IM	3:00.19
306	Boys 11-12 200 IM	2:57.29
307	Girls 10 & Under 50 Freestyle	
308	Boys 10 & Under 50 Freestyle	
309	Girls 11-12 50 Breaststroke	
310	Boys 11-12 50 Breaststroke	
311	Girls 10 & Under 100 Breaststroke	
312	Boys 10 & Under 100 Breaststroke	
313	Girls 12 & Under 200 Butterfly	2:59.99
314	Boys 12 & Under 200 Butterfly	2:53.19
315	Girls 10 & Under 100 IM	
316	Boys 10 & Under 100 IM	
317	Girls 11-12 100 Backstroke	
318	Boys 11-12 100 Backstroke	
319	Girls 10 & Under 50 Backstroke	
320	Boys 10 & Under 50 Backstroke	
321	Girls 11-12 100 Freestyle	
322	Boys 11-12 100 Freestyle	
323	Girls 10 & Under 200 Freestyle	3:18.99
324	Boys 10 & Under 200 Freestyle	3:06.69
325	Girls 11-12 50 Butterfly	
326	Boys 11-12 50 Butterfly	
327	Girls 10 & Under 100 Butterfly	
328	Boys 10 & Under 100 Butterfly	
329	Girls 12 & Under 200 Breaststroke	3:20.89
330	Boys 12 & Under 200 Breaststroke	3:14.09
331	Girls 12 & Under 500 Freestyle	6:38.19
332	Boys 12 & Under 500 Freestyle	6:27.49

#	Event	Equal/ Faster
Session: 6 Sunday Distance		
333	Girls 13-14 500 Freestyle	6:47.79
334	Boys 13-14 500 Freestyle	6:26.59
335	Women 15 & Over 500 Freestyle	6:40.69
336	Men 15 & Over 500 Freestyle	6:12.59



#	Event	Equal/ Faster
Session: 7 Sunday 13 & Over		
337	Women 13 & Over 200 Freestyle Relay	
338	Men 13 & Over 200 Freestyle Relay	
339	Girls 13-14 200 Breaststroke	3:10.89
340	Boys 13-14 200 Breaststroke	2:56.59
341	Women 15 & Over 200 Breaststroke	3:08.19
342	Men 15 & Over 200 Breaststroke	2:48.69
343	Girls 13-14 100 Backstroke	
344	Boys 13-14 100 Backstroke	
345	Women 15 & Over 100 Backstroke	
346	Men 15 & Over 100 Backstroke	
347	Girls 13-14 50 Butterfly	
348	Boys 13-14 50 Butterfly	
349	Women 15 & Over 50 Butterfly	
350	Men 15 & Over 50 Butterfly	
351	Girls 13-14 200 IM	2:49.79
352	Boys 13-14 200 IM	2:39.99
353	Women 15 & Over 200 IM	2:48.19
354	Men 15 & Over 200 IM	2:32.69
355	Girls 13-14 100 Freestyle	
356	Boys 13-14 100 Freestyle	
357	Women 15 & Over 100 Freestyle	
358	Men 15 & Over 100 Freestyle	
359	Girls 13-14 50 Breaststroke	
360	Boys 13-14 50 Breaststroke	
361	Women 15 & Over 50 Breaststroke	
362	Men 15 & Over 50 Breaststroke	
363	Girls 13-14 200 Butterfly	2:48.99
364	Boys 13-14 200 Butterfly	2:38.19
365	Women 15 & Over 200 Butterfly	2:46.79
366	Men 15 & Over 200 Butterfly	2:31.39
367	Women 13 & Over 400 Medley Relay	
368	Men 13 & Over 400 Medley Relay	

