

Wyckoff, NJ 07481

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|--------------------------------------|---|
| Admissions and Programs:             | There will be a \$7.00 swimmer surcharge<br>There will be no admission fee; heat sheets will be available at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> (no fee) and Meet Mobile (a fee site).  |
| Concessions:                         | Food and concessions will be available on Sunday.   |
| Vendor:                              | There will be a swim vendor.  |
| Entry Information:                   | <p>All entries will be accepted in the order received as space allows. Each session may be limited to no more than 200 swimmers.</p> <p>Please make the subject of your email: <b>Wyckoff Fall Fenzy</b></p> <p>All entries must be electronic entries, importable into Meet Manager as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the e-mailer's responsibility to make sure that the entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by phone.</p> <p>Deck entries will not be accepted. No phone or faxed entries will be accepted.</p> <p>"NT" or "No Time" will not be accepted as an entry time.</p> <p>If the meet does not fill by the entry deadline, the meet director may, at his discretion, accept entries beyond the stated deadline.</p> <p>The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms in a timely manner.</p> |
| Entry Times:                         | <ul style="list-style-type: none"> <li>• 'NT' or 'No Time' will not be accepted as an entry time.</li> </ul> <p>All entry times must be in short course yards.</p>  |
| Relays:                              | <ul style="list-style-type: none"> <li>• <b>1 Relay per team</b></li> </ul>   |
| Distance Events:                     | <ul style="list-style-type: none"> <li>• <b>Open 400 IM</b></li> <li>• <b>Open 500 Freestyle</b></li> <li>• <b>Open 1,000 Freestyle</b></li> </ul>  |
| Heat Limited Events:                 | <ul style="list-style-type: none"> <li>• <b>400 IM</b></li> <li>• <b>500 Freestyle</b></li> <li>• <b>1,000 Freestyle</b></li> <li>• <b>Entries may be limited at the discretion of the meet director.</b></li> </ul>  |
| Swimmer Eligibility:                 | <ul style="list-style-type: none"> <li>• Swimmers must be a member in good standing of his/her YMCA for 30 days prior to competing for that YMCA in a meet.</li> <li>• Age for this meet is: December 1, 2019</li> </ul>  |
| Host Club Responsibilities:          | <ul style="list-style-type: none"> <li>• The host club will provide two timers in each lane throughout the meet.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet.</li> </ul>   |
| Participating Club Responsibilities: | <ul style="list-style-type: none"> <li>• Swimmers must provide their own timers &amp; lap counters for the 400 IM, 500 Freestyle &amp; 1,000 Freestyle</li> <li>• All participating clubs must provide 1 timer for sessions 2 &amp; 3</li> </ul>  |
| Coaches Eligibility:                 | <ul style="list-style-type: none"> <li>• All coaches on deck must be members of YMCA Swimming</li> <li>• All coaches must have coaching cards visible at all times.</li> </ul>  |



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| Meet Format Waiver:                   | <ul style="list-style-type: none"> <li>• This meet will be run in accordance with current YMCA &amp; USA Swimming Rules.</li> <li>• The host club has the right to change the format of the meet. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits.</li> <li>• To condense the meet into smaller time frame.</li> </ul> </li> </ul> <p>Some of the changes that can be made: 1) change estimated start times, 2) combine sessions and 3) limit the number of swimmers.</p>  |
| Warm-up Procedures:                   | <ul style="list-style-type: none"> <li>• Warm-ups will be run under YMCA &amp; New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• Uniformed and designated meet marshals will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• There will be two warm up sessions divided equally.</li> <li>• Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet.</li> </ul>  |
| Check-In:                             | <p>All check-in sheets must be turned into the control table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with “<b>SCR</b>” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</p>   |
| Internet Website Posting:             | <p>Meet information, Hy-Tek .HYV Event file and results will be posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a></p>  |
| Results:                              | <ul style="list-style-type: none"> <li>• Results will be emailed to all participating teams.</li> <li>• Result will be posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a></li> </ul>  |
| Racing Start Certification Statement: | <p>Any swimmer entered in the meet must be certified by a YMCA/USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>  |
| Audio/Visual Recording Statement:     | <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p>  |
| Deck Change Policy Statement:         | <p>Deck Changes are prohibited.</p>   |
| Hotel:                                | <p>Sheraton Mahwah Hotel<br/>1 International Boulevard, Mahwah, NJ 07495<br/><a href="tel:2015291660">(201) 529-1660</a></p>  |
| Directions:                           | <p><b>Google Maps:</b> <a href="https://goo.gl/maps/a2nFrj6BFzq">https://goo.gl/maps/a2nFrj6BFzq</a><br/><b>Wyckoff YMCA</b> 691 Wyckoff Avenue, Wyckoff 07481 201-891-2081<br/><b>From the Garden State Parkway:</b> Exit 160 to Route 4 West to Route 208 North to Russell Ave. exit. Left onto Russell Ave. and follow to the ‘T’ intersection. Left at the ‘T’ intersection onto Wyckoff Ave. Follow Wyckoff Ave. through the center of town. As you come over a set of railroad tracks, you will see Bergen Brick &amp; Tile Co. on your left. The YMCA’s driveway is the first driveway on your left just beyond Bergen Brick &amp; Tile.<br/><b>From 287 South or North:</b> take exit for Rt 208 South to Ewing Ave. At the stop sign make a left on Ewing Ave. At the next light, turn right onto Franklin Ave. At the next light, turn left onto Wyckoff Ave. After crossing the railroad tracks, turn left into the Y’s driveway. Follow past Spring Lake all the way to the YMCA driveway</p> |





# Wyckoff Fall Frenzy

Saturday and Sunday, November 9<sup>th</sup> & 10<sup>th</sup>, 2019

## Waiver

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against **Wyckoff Family YMCA, Be Smartt, Inc.**, and the Wyckoff YMCA Sharks and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are YMCA registered athletes in good standing and eligible to compete in all the events I/we have entered.

Name of Club/USAS Club Abbreviation: \_\_\_\_\_

Signature of Club Official, Coach, and/or parent or guardian: \_\_\_\_\_

(Print Name): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Location/address of club: \_\_\_\_\_

YMCA Name: \_\_\_\_\_ YMCA Code: \_\_\_\_\_

Name(s) of Coach(es) \_\_\_\_\_

\_\_\_\_\_  
Name(es) of Coach(es) \_\_\_\_\_

\_\_\_\_\_  
Name/E-Mail/Phone Number of person to contact regarding this entry:

\_\_\_\_\_  
Name/E-Mail/Phone Number of person to contact regarding timers/officials

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|                    |       |  |         |
|--------------------|-------|--|---------|
| Entry Fee Summary: | _____ | Individual event entries @ \$5.00 =      | \$_____ |
|                    | _____ | 1000 Freestyle event entries @ \$10.00 = | \$_____ |
|                    | _____ | Relay event entries @ \$10.00 =          | \$_____ |
|                    | _____ | Athlete Surcharge @ \$7.00 =             | \$_____ |
|                    |       | Total:                                   | \$_____ |

Make checks payable to: **Wyckoff Family YMCA**

*All entries must be paid at the first session that your team has swimmers.*

## Meet Schedule

| Saturday, November 9 <sup>th</sup> , 2019 |                            | Warm-up | Start  |
|---|----------------------------|---------|--------|
| Session 1                                 | Open 400 IM, 500 Freestyle | 4:00pm  | 4:45pm |
| Sunday, November 10 <sup>th</sup> , 2019  |                            | Warm-up | Start  |
| Session 2                                 | 10 & Under                 | 7:00am  | 8:00am |
| Session 3                                 | 11-12** & Open             | TBA*    | TBA*   |
| Session 4                                 | Open 1000 Freestyle        | TBA*    | TBA*   |

\* *Once session times have been determined, depending on the meet entries, they will be published on the Be Smartt web site and e-mailed to coaches of all participating teams at least one week before the meet.*

\*\* *In session 3, 11-12 year old swimmers may only swim one (1) 200-yard event, and 13 & Over swimmers may only swim two (2) 200-yard events.*

## 2019 Wyckoff Fall Frenzy

Saturday-Sunday November 10<sup>th</sup>-11<sup>th</sup>

### Saturday Order of Events

#### Afternoon Session #1—Open 400 IM, 500 Freestyle

Warm-up: 4:00pm

Meet Start: 4:45pm

| Women | Open Event    | Men |
|-------|---------------|-----|
| #1    | 400 IM        | #2  |
| #3    | 500 Freestyle | #4  |

### Sunday Order of Events

#### Morning Session #2—10 & Under

Warm-up: 7:00am

Meet Start: 8:00am

| Girls | Age Group and Event       | Boys |
|-------|---------------------------|------|
| #5    | 9-10 100 Freestyle        | #6   |
| #7    | 10 & Under 50 Freestyle   | #8   |
| #9    | 9-10 50 Butterfly         | #10  |
| #11   | 9-10 100 Breaststroke     | #12  |
| #13   | 8 & Under 25 Breaststroke | #14  |
| #15   | 9-10 100 Backstroke       | #16  |
| #17   | 8 & Under 25 Butterfly    | #18  |
| #19   | 9-10 100 Butterfly        | #20  |
| #21   | 10 & Under 50 Backstroke  | #22  |
| #23   | 9-10 50 Breaststroke      | #24  |
| #25   | 9-10 200 Freestyle Relay  | #26  |



# 2019 Wyckoff Fall Frenzy

Saturday-Sunday November 10<sup>th</sup>-11<sup>th</sup>

## Sunday Order of Events...continued

### Midday Session #3—11-12 & Open

Warm-up: TBA

Meet Start: TBA

| Women | Age Group and Event      | Men |
|-------|--------------------------|-----|
| #27   | Open 200 Freestyle**     | #28 |
| #29   | 11-12 100 Freestyle      | #30 |
| #31   | Open 100 Breaststroke    | #32 |
| #33   | Open 200 Breaststroke**  | #34 |
| #35   | 11-12 100 Breaststroke   | #36 |
| #37   | Open 100 Backstroke      | #38 |
| #39   | Open 200 Backstroke**    | #40 |
| #41   | 11-12 100 Backstroke     | #42 |
| #43   | Open 100 Butterfly       | #44 |
| #45   | Open 200 Butterfly**     | #46 |
| #47   | 11-12 100 Butterfly      | #48 |
| #49   | Open 200 Freestyle Relay | #50 |

**\*\* Swimmers are permitted to enter a maximum of 3 individual events. No more than 2 events may be 200 yards. 11-12 year old swimmers may only swim one (1) 200-yard event.**

### Afternoon Session #4—Open 1000 Freestyle

Warm-up: TBA

Meet Start: TBA

| Women | Open Event     | Men |
|-------|----------------|-----|
| #51   | 1000 Freestyle | #52 |

