

<u>Name of Meet</u>	<b>WYCKOFF AUTUMN PENTATHLON 2012</b>
<u>Meet Sanction #:</u>	<b><i>NJS110412SC</i></b> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages by reason of injuries to anyone during the conduct of the event.
<u>Host Club:</u>	Wyckoff YMCA Sharks (WFY)
<u>Date of Meet:</u>	Sunday November 4, 2012
<u>Location:</u>	Wyckoff Family YMCA 691 Wyckoff Ave Wyckoff, NJ 07481
<u>Facility Info:</u>	Wyckoff YMCA Boye pool is a six lane, 25 yard pool with an IST timing system and 6 line scoreboard. The depth of the pool at the starting end is 7 feet, and the pool is 3.5 feet deep at the turning end. The gym will be available for swimmers and parents.
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
<u>Audio/Visual Recording Statement</u>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<u>Host Team Contact:</u>	Kathy Kallman - <a href="mailto:kathyk@wyckoffymca.org">kathyk@wyckoffymca.org</a>
<u>Meet Director:</u>	Ellen W. Mace, <a href="mailto:entries1@juno.com">entries1@juno.com</a> Contact by email only
<u>Meet Referee:</u>	Ron Heisler - <a href="mailto:rheisler@optonline.net">rheisler@optonline.net</a> Contact by email only
<u>Meet Safety Marshall:</u>	Jennifer Klimko: <a href="mailto:jenklimko@gmail.com">jenklimko@gmail.com</a> Contact by email only
<u>Entry Coordinator:</u>	BE Smartt, Inc., <a href="mailto:entries1@juno.com">entries1@juno.com</a>
<u>Entry Deadline:</u>	<b>Entry Deadline Saturday, October 20, 2012</b> All entries will be accepted on a first come basis. <ul style="list-style-type: none"> <li>• Team entries will be considered accepted when the entries are received by the entry coordinator.</li> <li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li> <li>• Email Entries to <a href="mailto:entries1@juno.com">entries1@juno.com</a></li> <li>• Mail supporting documents to: BE Smartt, Inc. 604 Paxson Avenue Mercerville, NJ 08619</li> <li>• It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.</li> </ul>
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time frame.</li> </ul> Some of the changes that can be made: 1) add a session, 2) condense sessions



<u>Internet Website Posting:</u>	<p>Website addresses: <a href="http://www.wyckoffymcsharks.com">www.wyckoffymcsharks.com</a> and <a href="http://www.besmartinc.com">http://www.besmartinc.com</a></p> <p>Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (HYV.file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List Updated meet schedule.</li> <li>• List Warm-up Schedule and Team Warm-up Assignments.</li> <li>• List Timing assignments.</li> </ul> <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Downloadable Results (CL2 file)</li> <li>• Downloadable Meet Back-up (Backup.zip File)</li> </ul>
<u>Meet Requirement Statement:</u>	In order to be eligible for the New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> <li>• All coaches “on the deck” must be current coach members of USA Swimming.</li> <li>• All coaches must have coaching cards visible at all times.</li> </ul>
<u>Swimmer Eligibility:</u>	<p>All swimmers must be members of USA Swimming to enter and compete in this meet.</p> <p>Unattached Swimmers:</p> <ul style="list-style-type: none"> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.</li> </ul> <p>Age Groups that we be offered:</p> <ul style="list-style-type: none"> <li>• There will be 10 &amp; Under and 11-12 individual events.</li> <li>• There are no time standards being used in this meet.</li> </ul> <p>Individual Entry Limits:</p> <ul style="list-style-type: none"> <li>• This is a pentathlon meet and entered swimmers are expected to swim in all 5 events in their age group.</li> <li>• Age for this meet is: November 4, 2012.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time.</li> <li>• All entry times must be in short course yards.</li> </ul>
<u>Swimmers Unaccompanied by a USAS Certified Coach:</u>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. If a swimmer is not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<u>USAS Deck Change Policy Statement:</u>	Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
<u>Meet Format:</u>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance to current USA Swimming Rules.</li> <li>• This meet will be run as a time final meet.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. Swimmers will report to the marshalling area for organizing heats and lanes and be escorted to the pool.</li> </ul>
<u>Check-In:</u>	All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle. Failure to follow these procedures may result in the swimmer(s) being scratched from the session.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> <li>• The building will open at 6:30AM.</li> <li>• This meet will have two sessions.</li> <li>• Afternoon session starting times will be announced once entries are received and a time line is established.</li> </ul>



## WARM-UP/STARTING TIMES

<i>* COACHES WILL BE NOTIFIED IF ENTRIES REQUIRE TIMELINE CHANGES DUE TO THIS FORMAT*</i>	
<b>SUNDAY AM (Session I)</b>	
10 & Under Girls and Boys	7:00AM Warm up / 8:05AM Start
<b>SUNDAY PM (Session II)</b>	
11/12 Girls and Boys	To be determined

\*Starting times for sessions after the first session will be determined after entries are received and a time line created!

<u>Warm-up Procedures:</u>	<b>New Jersey Swimming Warm-up and Safety Guidelines:</b> <ul style="list-style-type: none"> <li>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</li> <li>All swimmers must enter the pool from the starting end of the pool.</li> <li>Uniformed and designated meet marshals will monitor warm-ups.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes the last 10 minutes of each warm-up session.</li> <li>Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet.                             <ul style="list-style-type: none"> <li>Feet first entry is required.</li> </ul> </li> </ul>
<u>Starts:</u>	The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.
<u>Scoring:</u>	<ul style="list-style-type: none"> <li>Team Scoring will not be kept.</li> <li>Individual pentathlon scoring will be based on a swimmer's cumulative times in the 5 events. (DQ's and NS's will be awarded a time of 999.99)</li> </ul>
<u>Awards:</u>	Trophies will be given for first place in each age group for overall pentathlon winners Ribbons will be awarded for 1 <sup>st</sup> -6 <sup>th</sup> place in each individual event, in each age group.
<u>Entry Fees:</u>	Pentathlon Entry Fee for each individual will be \$20.00 Make checks payable to: <b>Wyckoff Family YMCA.</b>
<u>Admissions and Programs:</u>	Admission will be \$5.00 per session. Cost of Program will be \$5.00 per session.
<u>Entries:</u>	<ul style="list-style-type: none"> <li>In accordance with NJS policy, team entries may be submitted by E-mail to <a href="mailto:entries1@juno.com">entries1@juno.com</a>.</li> <li>All entries must be Hy-Tek program entries as an attached file to an e-mail.</li> <li>The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li> <li>Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>
<u>Results:</u>	Results will be emailed to all participating teams, and posted on the meet websites.
<u>Host Club Responsibilities:</u>	The host club responsibilities: <ul style="list-style-type: none"> <li>The host club will provide a single timer in each lane through out the meet.</li> <li>The host club will e-mail all club entries back to the participating clubs.</li> <li>The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than 1 week before the meet.</li> <li>The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than 1 week before the meet.</li> </ul>



<u>Participating Club Responsibilities:</u>	Participating Clubs responsibilities: <ul style="list-style-type: none"> <li>Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmartinc.com">www.besmartinc.com</a> 1 week prior to the meet.</li> <li>Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<u>Concessions:</u>	Food and concessions will be available.
<u>Vendor:</u>	Metro Swim Shop will be selling merchandise at the meet.
<u>Directions:</u>	<p><b>WYCKOFF YMCA</b> 691 Wyckoff Avenue, Wyckoff 07481 201-891-2081 • <b>From the Garden State Parkway:</b> Exit 160 to Route 4 West to Route 208 North to Russell Ave. exit. Left onto Russell Ave. and follow to the ‘T’ intersection. Left at the ‘T’ intersection onto Wyckoff Ave. Follow Wyckoff Ave. through the center of town. As you come over a set of railroad tracks, you will see Bergen Brick &amp; Tile Co. on your left. The YMCA’s driveway is the first driveway on your left just beyond Bergen Brick &amp; Tile.</p> <p>• <b>From 287 South or North:</b> take exit for Rt 208 South to Ewing Ave. At the stop sign make a left on Ewing Ave. At the next light, turn right onto Franklin Ave. At the next light, turn left onto Wyckoff Ave. After crossing the railroad tracks, turn left into the Y’s driveway. Follow past Spring Lake all the way to the YMCA driveway</p>

## ORDER OF EVENTS

### SESSION #1 - Sunday AM 10/Under Girls and Boys:

<u>Girls Event #</u>	<u>Age Group Event</u>	<u>Boys Event #</u>
#1	10/under 50 yd. Fly	#2
#3	10/under 50 yd. Back	#4
#5	10/under 50 yd. Breast	#6
#7	10/under 50 yd. Freestyle	#8
#9	10/under 100 yd. IM	#10

### SESSION #2 – Sunday PM 11-12 Girls and Boys:

<u>Girls Event #</u>	<u>Age Group Event</u>	<u>Boys Event #</u>
#11	11-12 50 yd. Fly	#12
#13	11-12 50 yd. Back	#14
#15	11-12 50 yd. Breast	#16
#17	11-12 50 yd. Freestyle	#18
#19	11-12 100 yd. IM	#20



**NEW JERSEY SWIMMING**  
**WYCKOFF AUTUMN PENTATHLON**

**SUNDAY, NOVEMBER 4<sup>th</sup>, 2012**

**\*\*\*WAIVER\*\*\***

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, NJ Swimming, **Wyckoff Family YMCA, BE Smartt, Inc., Metro Swim Shop**, and the Wyckoff YMCA Sharks and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming Registered athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: \_\_\_\_\_

USS CLUB ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

\_\_\_\_\_ (Telephone)

NAME(S) OR COACH: \_\_\_\_\_

LOCATION OF CLUB: \_\_\_\_\_ (City) \_\_\_\_\_ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

\_\_\_\_\_

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**ENTRY**      Number of Swimmers: \_\_\_\_\_ @ \$20.00 = \$ \_\_\_\_\_

**FEE**  
**SUMMARY:**

**TOTAL ENTRY FEES = \$ \_\_\_\_\_**

**MAKE CHECKS PAYABLE TO: Wyckoff Family YMCA**

# New Jersey Swimming Inc.

## Official Meet Verification Form

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coaches Name: \_\_\_\_\_

Club Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



I hereby certify that all entered swimmers and coaches listed on the waiver form for the Wyckoff Autumn Pentathlon to be held on **November 4<sup>th</sup>, 2012** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### **LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_