

Union County Interscholastic Athletic Conference

2025 Swimming Championships

Sunday January 19th

Meet Schedule:	• Girls: 12:30pm Warm-up, 1:30pm Start • Boys: 4:00pm Warm-up, 5:00pm Start (or half an hour after the end of the girls' session, whichever is later) • Swimmers in the girls' session will be allowed into the building at 12:15pm. • Spectators will be allowed to enter at 12:45pm. • Swimmers in the boys' session may start warming-up in the warm-up/down pool at 4:00pm, even if the girls' session is still in progress. • The boys' session will start at 5:00pm or half an hour after the end of the girls' session if later. This will allow the boys at least half an hour of warm-up time in the competition pool.		
Location:	<u>Sonny Werblin Recreation Center, Rutgers University</u> Rutgers University requires all parked vehicles to be registered with the University Parking and Transportation department. A registration link will be distributed to team coaches and published here a week before the meet.		
Facility Info:	The Werblin competition pool has two 8-lane 25-yard courses, with a minimum depth for diving of 6 feet. The meet will use the "Olympic A" course with warm-down lanes in the "Olympic B" course. The patio pools will not be used for this meet.		
Meet Directors:	Jess Hulnik (Scotch Plains Fanwood HS)	QnCOBRA@aol.com	
	Judy Sharkey (Scotch Plains Fanwood HS)	jmsharkey@aol.com	
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Rules:	• The meet will follow the current National Federation of High School Associations Rules • At least one coach must accompany each team. • All events will be timed finals. • This meet will be an observed USA Swimming meet. All swimmers wishing their times to be entered into the SWIMS database must have their 2025 USAS IDs included in the entry file. No IDs will be entered on deck. NJ Swimming will charge \$10/swimmer for ID addition after the meet.		
Entry Limits:	• A school may enter up to 3 swimmers in each individual event. • A school may enter 1 relay team in each relay event. • Relay-only swimmers must be in the team roster submitted with the entry file. • A swimmer may enter a maximum of 4 events. • A swimmer may enter a maximum of 2 individual events. • A swimmer may enter a maximum of 3 relay events. • An entered event counts as a swim unless the is scratched before the session is seeded. A declared false start counts as a swim. • Relay cards with names must be turned in to the timing table half an hour before the event.		
Entries:	• All entries must be in Hy-Tek format. (The free TM-Lite software and instructions for use are available here) • Entry times must be in yards. Conversion from meters using the standard conversions built into Team Manager or TM Lite is acceptable. • E-mail entry files to: besmarttinc@gmail.com		

Entry Deadline:	Sunday January 12th, 2025 at 11:59pm. Coaches will receive a confirmation report by e-mail by Monday January 15th and must verify the entries are correct by Tuesday January 16th at 11:59pm.
Entry Fees:	• Individual Event: \$12.00 • Relay Event: \$25.00 • Athlete Surcharge: \$10.00 Make checks payable to UCIAC and mail to Judy Sharkey, SPFHS, 667 Westfield Rd, Scotch Plains NJ 07076.
Check-In & Seeding:	Coaches must come to the timing table on deck when they enter the facility and collect their check-in sheets, which must be returned to the table 35 minutes before the start of the session. The session will then be seeded and heat sheets distributed to coaches.
Scoring:	Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 (<i>16 places</i>) Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2.
Awards:	• 1st, 2nd, & 3rd place swimmers in individual events will receive awards. • 1st, 2nd, & 3rd place teams in relay events will receive awards. • There will be team trophies awarded to the boys' and girls' winning and runner-up teams.
Inclement Weather:	In case of bad weather or impending bad weather, there will be a notice at www.besmarttinc.com. Coaches may call Jess Hulnik at 908-377-3812.
Helpers:	Each team must provide 2 helpers.
Locker Rooms:	• Locker rooms are available. • While some locker room security measures will be provided, Union County District and Rutgers University will not be responsible for lost or stolen items. • Swimmers are encouraged to bring a lock and leave items of value at home. • Shaving is not permitted in locker rooms.
Seating:	Swimmers must sit on the wooden bleachers. Spectators must sit in the red chairs. Only swimmers, coaches, team managers, officials, and those helping run the meet are permitted on deck.
Deck Access:	Swimmers of the opposite gender supporting their team should not be on deck. Boys arriving before the end of the girls' session should sit in the bleachers at the warm-up/down end of the pool. Boys supporting the girls' meet must sit in the warm-up/down section after they change into their suits.
Admissions & Programs:	• Rutgers will be selling a limited number of tickets on a session by session basis for the meet at \$10/session. Tickets will go on sale Tuesday January 14th. Tickets may be purchased here. • Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Hospitality:	There will be a hospitality room for coaches and officials serving drinks and snacks.

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Order of Events

Girls <i>(Session 1)</i>	Event	Boys <i>(Session 2)</i>
#1	200 Medley Relay	#12
#2	200 Freestyle	#13
#3	200 Individual Medley	#14
#4	50 Freestyle	#15
#5	100 Butterfly	#16
#6	100 Freestyle	#17
#7	500 Freestyle	#18
#8	200 Freestyle Relay	#19
#9	100 Backstroke	#20
#10	100 Breaststroke	#21
#11	400 Freestyle Relay	#22