TCNJ Invitational 2026 - 11-20-2026 to 11-22-2026
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Session Report

Session: 1 Friday Prelims
Day of Meet: 1 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Prelims	3	Women 500 Freestyle	20	3	u	01:00 PM	_____
Prelims	4	Men 500 Freestyle	30	4	u	01:19 PM	_____
Prelims	5	Women 200 IM	26	4	u	01:42 PM	_____
Prelims	6	Men 200 IM	40	5	u	01:54 PM	_____
Prelims	7	Women 50 Freestyle	30	4	u	02:07 PM	_____
Prelims	8	Men 50 Freestyle	43	6	u	02:11 PM	_____
		Swimmers Counts for Warm-ups: 177	====	====			
		Entry / Heat Totals:	189	26			
		Finish Time				02:16 PM	_____

Session: 2 Friday Finals
Day of Meet: 1 Starts at 07:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Finals	1	Women 200 Freestyle Relay	14	2	u	07:00 PM	_____
Finals	2	Men 200 Freestyle Relay	17	3	u	07:06 PM	_____
		Break: 10 Minutes:					
Finals	3	Women 500 Freestyle	16	2	u	07:23 PM	_____
Finals	4	Men 500 Freestyle	16	2	u	07:36 PM	_____
Finals	5	Women 200 IM	16	2	u	07:47 PM	_____
Finals	6	Men 200 IM	16	2	u	07:53 PM	_____
Finals	7	Women 50 Freestyle	16	2	u	07:59 PM	_____
Finals	8	Men 50 Freestyle	16	2	u	08:01 PM	_____
		Break: 15 Minutes:					
Finals	11	Women 400 Medley Relay	15	2	u	08:18 PM	_____
Finals	12	Men 400 Medley Relay	17	3	u	08:29 PM	_____
		Swimmers Counts for Warm-ups: 125	====	====			
		Entry / Heat Totals:	159	22			
		Finish Time				08:44 PM	_____

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Session: 3 Saturday Prelims
Day of Meet: 2 Starts at 11:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Prelims	15	Women 400 IM	16	2	u	11:00 AM	_____
Prelims	16	Men 400 IM	22	3	u	11:12 AM	_____
Prelims	17	Women 100 Butterfly	17	3	u	11:27 AM	_____
Prelims	18	Men 100 Butterfly	26	4	u	11:32 AM	_____
Prelims	19	Women 200 Freestyle	27	4	u	11:38 AM	_____
Prelims	20	Men 200 Freestyle	44	6	u	11:49 AM	_____
Prelims	21	Women 100 Breaststroke	16	2	u	12:03 PM	_____
Prelims	22	Men 100 Breaststroke	25	4	u	12:07 PM	_____
Prelims	23	Women 100 Backstroke	19	3	u	12:13 PM	_____
Prelims	24	Men 100 Backstroke	18	3	u	12:19 PM	_____
		Swimmers Counts for Warm-ups: 177	====	====			
		Entry / Heat Totals:	230	34			
		Finish Time				12:24 PM	_____

Session: 7 Saturday Diving
Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	9	Women 1 mtr Diving 11 Dives	10	0	02:00 PM	_____
Finals	10	Men 3 mtr Diving 11 Dives	8	0	02:56 PM	_____
		Swimmers Counts for Warm-ups: 18	====	====		
		Entry / Heat Totals:	18	0		
		Finish Time			03:40 PM	_____

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Session: 4 Saturday Finals
Day of Meet: 2 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	13	Women 200 Medley Relay	17	3 u	06:00 PM	_____
Finals	14	Men 200 Medley Relay	17	3 u	06:10 PM	_____
		Break: 10 Minutes:				
Finals	15	Women 400 IM	16	2 u	06:28 PM	_____
Finals	16	Men 400 IM	16	2 u	06:39 PM	_____
Finals	17	Women 100 Butterfly	16	2 u	06:50 PM	_____
Finals	18	Men 100 Butterfly	16	2 u	06:53 PM	_____
Finals	19	Women 200 Freestyle	16	2 u	06:57 PM	_____
Finals	20	Men 200 Freestyle	16	2 u	07:02 PM	_____
Finals	21	Women 100 Breaststroke	16	2 u	07:07 PM	_____
Finals	22	Men 100 Breaststroke	16	2 u	07:11 PM	_____
Finals	23	Women 100 Backstroke	16	2 u	07:15 PM	_____
Finals	24	Men 100 Backstroke	16	2 u	07:19 PM	_____
		Break: 15 Minutes:				
Finals	25	Women 800 Freestyle Relay	11	2 u	07:38 PM	_____
Finals	26	Men 800 Freestyle Relay	11	2 u	07:57 PM	_____
		Swimmers Counts for Warm-ups: 145	====	====		
		Entry / Heat Totals:	216	30		
		Finish Time			08:14 PM	_____

Session: 5 Sunday Prelims
Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	29	Women 200 Backstroke	12	2 u	09:00 AM	_____
Prelims	30	Men 200 Backstroke	21	3 u	09:07 AM	_____
Prelims	31	Women 100 Freestyle	32	4 u	09:16 AM	_____
Prelims	32	Men 100 Freestyle	56	7 u	09:22 AM	_____
Prelims	33	Women 200 Breaststroke	14	2 u	09:31 AM	_____
Prelims	34	Men 200 Breaststroke	19	3 u	09:37 AM	_____
Prelims	35	Women 200 Butterfly	11	2 u	09:46 AM	_____
Prelims	36	Men 200 Butterfly	16	2 u	09:52 AM	_____
		Swimmers Counts for Warm-ups: 160	====	====		
		Entry / Heat Totals:	181	25		
		Finish Time			09:58 AM	_____

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Session: 8 Sunday Diving
Day of Meet: 3 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	37	Women 3 mtr Diving 11 Dives	10	0	11:00 AM	_____
Finals	38	Men 1 mtr Diving 11 Dives	8	0	11:56 AM	_____
		Swimmers Counts for Warm-ups: 18	====	====		
		Entry / Heat Totals:	18	0		
		Finish Time			12:40 PM	_____

Session: 6 Sunday Finals
Day of Meet: 3 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	27	Women 1650 Freestyle	15	2 u	02:00 PM	_____
Finals	28	Men 1650 Freestyle	18	3 u	02:27 PM	_____
		Break: 60 Minutes: Correction for 1650				
Finals	29	Women 200 Backstroke	12	2 u	04:02 PM	_____
Finals	30	Men 200 Backstroke	16	2 u	04:09 PM	_____
Finals	31	Women 100 Freestyle	16	2 u	04:15 PM	_____
Finals	32	Men 100 Freestyle	16	2 u	04:19 PM	_____
Finals	33	Women 200 Breaststroke	14	2 u	04:22 PM	_____
Finals	34	Men 200 Breaststroke	16	2 u	04:29 PM	_____
Finals	35	Women 200 Butterfly	11	2 u	04:35 PM	_____
Finals	36	Men 200 Butterfly	16	2 u	04:41 PM	_____
		Break: 15 Minutes:				
Finals	39	Women 400 Freestyle Relay	16	2 u	05:02 PM	_____
Finals	40	Men 400 Freestyle Relay	17	3 u	05:11 PM	_____
		Swimmers Counts for Warm-ups: 143	====	====		
		Entry / Heat Totals:	183	26		
		Finish Time			05:24 PM	_____