

2025 STAC Final Finale

Hosted by Streamline Aquatics Club
at the Raritan Valley Community College
Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Saturday March 15 th , 2025		
Facility:	Raritan Valley Community College (link to facility location & directions, and pool certification information)		
Host Team Contact:	Clare Zeszotarski	908-208-3457	administrator@njstac.org
Meet Director:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Eric Tanalski		eric@tanalski.net
Admin Officials:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Safety Marshalls:	Clare Zesotarski Brian Greene		administrator@njstac.org bgswim@me.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Tuesday March 4 th , 2025, at 6:00am		
Entry Deadline:	Friday March 7 th , 2025, at 6:00pm, unless the meet fills earlier.		
Swimmer Age	Swimmer age for this meet is as of: Saturday March 15 th , 2025		
Entry Fees:	Individual Entry:		\$10.00
	400 IM, 500 Freestyle:		\$12.00
	1000, 1650 Freestyle:		\$14.00
	There will be a \$10 athlete surcharge.		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none">• This meet will be run as a timed final meet.• This meet will have 9 & Under, 12 & Under, 13 & Under, and Open events.• Teams will be responsible for marshaling their own swimmers.• There are slower than NJS Silver time standards for 13 & Over events. There are no time standards for 12 & Under events.• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.		
Entry Limits:	Daily: 4 Individual Events	Meet: 4 Individual Events	
Checks Payable To:	Streamline Aquatics Club		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up, and start times will be established when all entries have been received and a timeline developed, published on the meet website, NJS website, and e-mailed to the coaches of participating teams.

Saturday		
Session 1	Late Morning	12 & Under
Session 2	Afternoon	Distance
Session 3	Evening	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none"> Ribbons will be awarded for the fastest three swimmers in each age group in each event. Heat winners will be awarded prizes.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions and Programs:	<ul style="list-style-type: none"> Spectators will be allowed into the facility up to its capacity. Heat sheets will be available online at www.besmarttinc.com and Meet Mobile.
Concessions:	None.
Vendor:	None.
Internet Website Posting:	<ul style="list-style-type: none"> Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	<ul style="list-style-type: none"> In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event
Session: 1 12 & Under	
1	Mixed 12 & Under 200 Freestyle
2	Mixed 9 & Under 25 Backstroke
3	Mixed 12 & Under 50 Backstroke
4	Mixed 12 & Under 100 Butterfly
5	Mixed 12 & Under 200 Breaststroke
6	Mixed 9 & Under 25 Breaststroke
7	Mixed 12 & Under 100 Freestyle
8	Mixed 12 & Under 100 IM
9	Mixed 12 & Under 50 Breaststroke
10	Mixed 12 & Under 100 Backstroke
11	Mixed 12 & Under 200 Butterfly
12	Mixed 9 & Under 25 Butterfly
13	Mixed 12 & Under 50 Freestyle
14	Mixed 12 & Under 100 Breaststroke
15	Mixed 12 & Under 200 Backstroke
16	Mixed 12 & Under 50 Butterfly
17	Mixed 9 & Under 25 Freestyle
18	Mixed 12 & Under 200 IM

#	Event	Equal/ Slower
Session: 2 Distance		
19	Mixed 400 IM	
	Girls 12 & Under	5:37.60
	Women 13-14	5:37.60
	Women 15 & Over	5:12.50
	Boys 12 & Under	5:06.50
	Men 13-14	5:06.50
20	Men 15 & Over	4:42.00
	Mixed 500 Freestyle	
	Girls 10 & Under	6:08.80
	Girls 11-12	6:08.80
	Women 13-14	6:08.80
	Women 15 & Over	5:38.00
	Boys 10 & Under	5:38.20
	Boys 11-12	5:38.20
21	Men 13-14	5:38.20
	Men 15 & Over	5:11.60
	Mixed 1000 Freestyle	
	Girls 12 & Under	12:40.00
	Women 13-14	12:40.00
	Women 15 & Over	11:50.00
22	Boys 12 & Under	11:46.00
	Men 13-14	11:46.00
	Men 15 & Over	11:16.00
	Mixed 1650 Freestyle	
	Girls 12 & Under	22:10.00
	Women 13-14	22:10.00
	Women 15 & Over	21:00.00
	Boys 12 & Under	20:43.20
	Men 13-14	20:43.20
	Men 15 & Over	18:30.40



#	Event	Equal/ Slower
Session: 3 13 & Over		
23	Mixed 13 & Over 200 Freestyle	
	Women 13-14	2:10.80
	Women 15 & Over	2:04.00
	Men 13-14	2:03.80
	Men 15 & Over	1:53.70
24	Mixed 13 & Over 100 Butterfly	
	Women 13-14	1:13.20
	Women 15 & Over	1:06.70
	Men 13-14	1:08.40
	Men 15 & Over	58.20
25	Mixed 13 & Over 200 Breaststroke	
	Women 13-14	2:50.90
	Women 15 & Over	2:53.00
	Men 13-14	2:41.40
	Men 15 & Over	2:28.30
26	Mixed 13 & Over 100 Freestyle	
	Women 13-14	1:01.20
	Women 15 & Over	58.60
	Men 13-14	56.90
	Men 15 & Over	52.00
27	Mixed 13 & Over 100 IM	
28	Mixed 13 & Over 100 Backstroke	
	Women 13-14	1:10.20
	Women 15 & Over	1:06.80
	Men 13-14	1:07.30
	Men 15 & Over	1:01.00

#	Event	Equal/ Slower
29	Mixed 13 & Over 200 Butterfly	
	Women 13-14	2:50.00
	Women 15 & Over	2:42.00
	Men 13-14	2:36.00
	Men 15 & Over	2:18.00
30	Mixed 13 & Over 50 Freestyle	
	Women 13-14	28.20
	Women 15 & Over	27.00
	Men 13-14	26.60
	Men 15 & Over	24.00
31	Mixed 13 & Over 100 Breaststroke	
	Women 13-14	1:20.60
	Women 15 & Over	1:18.50
	Men 13-14	1:14.50
	Men 15 & Over	1:07.90
32	Mixed 13 & Over 200 Backstroke	
	Women 13-14	2:29.00
	Women 15 & Over	2:20.60
	Men 13-14	2:26.10
	Men 15 & Over	2:09.50
33	Mixed 13 & Over 200 IM	
	Women 13-14	2:28.60
	Women 15 & Over	2:22.90
	Men 13-14	2:21.40
	Men 15 & Over	2:09.90

