



2020 TYR Open

Hosted by Scarlet Aquatics
at the Werblin Recreation Center, Rutgers University
Held under the sanction of USA Swimming

Meet Sanction Info:	NJ Swimming Sanction #- NJS031420SC Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Saturday March 14th to Sunday March 15th, 2020		
Location:	Sonny Werblin Recreation Center, Busch Campus, Rutgers University		
Facility Info:	The Werblin competition pool has two 8-lane 25 yard courses, with a minimum depth for diving of 6 feet. There are two auxiliary pools, known as “patio pools” (for warm-up and warm-down), and seating for 850 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. Rutgers University now requires all parked vehicles to be registered with the University Parking and Transportation department. A registration link will be distributed with the Timing & Warm-Up schedule and published at www.besmarttinc.com a week before the meet.		
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
Host Team Contact:	Bill Deatly	908-273-6542	eliteswimclubnj@comcast.net
Meet Director:	Bill Deatly	908-273-6542	eliteswimclubnj@comcast.net
Meet Referee:	John Ciulla		ciulla.john@gmail.com
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Brandy Deatly		eliteswimclubnj@comcast.net
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Thursday February 27th, 2020 at 6 am		
Entry Deadline:	Wednesday March 4th, 2020 at 6pm		
Swimmer Age	Swimmer ages for this meet are as of: March 14th, 2020		
Entry Fees:	Individual Entry: Events ≤ 500 yards: \$5.00, Distance (1000, 1650): \$12.00		Relay Entry: \$9.00
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none">This meet will be run as timed finalsThere are no time standards for this meet.This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own.		
Entry Limits:	Daily: 4 Individual Events 1 Relay Event	Meet: 8 Individual Events 2 Relay Events	
Checks Payable To:	Ultimate Athletic Performance LLC		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



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Saturday March 14th

Facility Opens at 9:30am

Saturday Morning Session #1—13 & Over

Warm-up: 9:45am

Meet Start: TBA

Women	13 & Over Event	Men
#1	200 Freestyle	#2
#3	100 Backstroke	#4
#5	400 IM	#6
#7	50 Freestyle	#8
#9	200 Breaststroke	#10
#11	100 Butterfly	#12

Saturday Midday Session #2—13 & Over 1000 Freestyle

Warm-up: TBA

Meet Start: TBA

Women	13 & Over Event	Men
#13	1000 Freestyle	#14

Saturday Afternoon Session #3—12 & Under

Warm-up: TBA

Meet Start: TBA

Girls	Age Group and Event	Boys
#15	10 & Under 200 Freestyle Relay	#16
#17	11-12 200 Freestyle Relay	#18
#19	10 & Under 50 Freestyle	#20
#21	11-12 50 Backstroke	#22
#23	12 & Under 200 Backstroke	#24
#25	10 & Under 100 Backstroke	#26
#27	11-12 100 Freestyle	#28
#29	10 & Under 200 Freestyle	#30
#31	11-12 100 Breaststroke	#32
#33	10 & Under 50 Breaststroke	#34
#35	11-12 50 Butterfly	#36
#37	12 & Under 200 Butterfly	#38
#39	10 & Under 100 Butterfly	#40
#41	11-12 200 IM	#42
#43	10 & Under 100 IM	#44



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Sunday March 15th

Facility Opens at 7:00am

Sunday Morning Session #4—13 & Over

Warm-up: 7:15am

Meet Start: TBA

Women	Event	Men
#45	200 IM	#46
#47	100 Freestyle	#48
#49	200 Butterfly	#50
#51	100 Breaststroke	#52
#53	500 Freestyle	#54
#55	200 Backstroke	#56

Sunday Midday Session #5—13 & Over 1650 Freestyle

Warm-up: TBA

Meet Start: TBA

Women	13 & Over Event	Men
#57	1650 Freestyle	#58

Sunday Afternoon Session #6—12 & Under

Warm-up: TBA

Meet Start: TBA

Women	Age Group and Event	Men
#59	11-12 200 Medley Relay	#60
#61	10 & Under 200 Medley Relay	#62
#63	11-12 200 Freestyle	#64
#65	10 & Under 100 Freestyle	#66
#67	11-12 100 Backstroke	#68
#69	10 & Under 50 Backstroke	#70
#71	11-12 50 Freestyle	#72
#73	10 & Under 100 Breaststroke	#74
#75	11-12 50 Breaststroke	#76
#77	12 & Under 200 Breaststroke	#78
#79	10 & Under 50 Butterfly	#80
#81	11-12 100 Butterfly	#82
#83	10 & Under 200 IM	#84
#85	11-12 100 IM	#86



Tentative Meet Schedule**

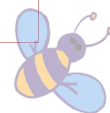
Saturday		Warm-up	Start
Facility Opens at 9:30am			
Session 1	13 & Over	9:45am	TBA**
Session 2	13 & Over 1000 Freestyle	TBA**	TBA**
Session 3	12 & Under	TBA**	TBA**
Sunday		Warm-up	Start
Facility Opens at 7:00am			
Session 4	13 & Over	7:15am	TBA**
Session 5	13 & Over 1650 Freestyle	TBA**	TBA**
Session 6	12 & Under	TBA**	TBA**

** This schedule is tentative. The final schedule will be developed once entries have been received. It will be distributed to coaches of participating teams and published on the meet web site at least one week before the meet.

Scoring:	<ul style="list-style-type: none"> None.
Awards:	<ul style="list-style-type: none"> Medals will be awarded to the top 3 swimmers in each individual event. Medals will be awarded to the top 3 teams in each relay event.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts may be used during this meet during preliminary and timed finals sessions. Information will be published in the pre-meet schedule distribution.
Admissions and Programs:	<ul style="list-style-type: none"> Admission will be \$10.00 per session (morning, distance and finals) sessions. Heat sheets will be available online at www.besmartinc.com and Meet Mobile (a fee site.) There will be no refunds for admission where events are curtailed or canceled due to circumstances beyond the host team's control.
Concessions:	<ul style="list-style-type: none"> Rutgers will be operating a food and refreshments stand in the hallway.
Vendor:	<ul style="list-style-type: none"> Ultimate Swim Shop will be in attendance.
Locker Rooms:	<ul style="list-style-type: none"> If only one locker room/restroom: If Athletes and Adults including Coaches & Officials must use the same facility, make sure you are not alone with an athlete in the locker room, including using the restroom. Be proactive and tell the meet director immediately if this happens, even when no fault of your own. If multiple facilities: There is a separate locker room/restroom for athletes only! All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you.
Entry Information:	<ul style="list-style-type: none"> All entries must be Hy-Tek Team Manager or equivalent entry files. There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. All entries will be accepted on a first come basis. Bring the signed waiver and entry fee check to the first session of the meet where the team competes. Entry Fee Summary forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. Team entries will be considered accepted when the host club accepts the entries. Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. Special Notice: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	<ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards. Converted times are permitted. All entry times must meet the minimum standards for this meet.



Distance Events:	<ul style="list-style-type: none"> The 1000/1650 Freestyle events will be run fastest to slowest as a separate session at the conclusion of the morning session. (These events may be heat limited. See below.) If the session is run in one pool, heats will alternate genders. Heats may combine genders if appropriate in order to save time. This may be done without an open lane separating the genders. Each swimmer is responsible to provide their own timer, and if so desired, a person to count.
Heat Limited Events:	<ul style="list-style-type: none"> The following events may have a limited number of heats: 500, 1000, and 1650 freestyles, and 400 IM. Acceptance into these events will be based on entry time. 1000 freestyle—Maximum of 12 heats total (male & female heats totaled together) 1650 freestyle—Maximum of 8 heats total (male & female heats totaled together) 500 freestyle—Maximum of 12 heats total (male & female heats totaled together) 400 IM—Maximum of 12 heats (male & female heats totaled together) These heats limits will be split evenly between males and females provided enough entries for each gender are received. However, should one gender not have sufficient swimmers to fill that half of the heat limit, the remaining heats will be used to service the other gender's entries. Heats may combine male and female swimmers to consolidate, if appropriate. These events/competitors will be emailed to participating teams when all entries are received. Swimmers who, according to the psych sheets, may not get to swim in one of these events due to the heat limitations have the option to either: 1) Enter another event or 2) Wait and take their chances with the scratches. Those who choose to wait on the scratches and do not get to swim will be given a refund.
Odd/Even Heat Meet Format:	<p>Depending on the entry volume and timeline:</p> <ul style="list-style-type: none"> Events may be swum in both pools simultaneously. In this case: The pools will be divided into "Odd Heat Pool-Scoreboard Pool" & "Even Heat Pool-Dive Pool". In this arrangement, Event 1 Heat 1 will swim in the scoreboard pool while Event 1 Heat 2 swims in the dive pool, virtually simultaneously. Heat 1 of an event will not begin until all heats of the previous event have completed. If necessary, the Meet Director will arrange for short (5-10 minute) breaks between events to give swimmers rest between events. If this format is adopted, a notice will be e-mailed to coaches with timing and warm-up and posted on the meet web site a week before the meet.
Swimmer Eligibility:	<ul style="list-style-type: none"> No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet.
Adaptive Provisions:	<ul style="list-style-type: none"> USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	<ul style="list-style-type: none"> The host club will provide a single timer in each lane throughout the meet, except for distance events where swimmers will provide their own timers and lap counters. The host club will e-mail entry verification back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmartinc.com no later than 1 week before the meet.



Participating Club Responsibilities:	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
Coaches Conduct & Eligibility:	<ul style="list-style-type: none"> This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needling, and cupping. All coaches “on the deck” must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. All Coaches must have some form of USA coaching credential verification with them at all times.
Officials Conduct & Eligibility:	<ul style="list-style-type: none"> This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). Make sure all interactions with athletes are observable and interruptible. Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. All officials must wear the standard white and blue uniform. Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frame. Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) swim events in two pools.
Warm-up Procedures:	<ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. Swimming equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. Swimming equipment will be allowed in the warm-down pool or warm-down lanes in the dive pool during competition. All swimmers must enter the pool feet first from the starting end of the pool. New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction.
Check-In:	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with “SCR” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.



No Show Procedure:	<ul style="list-style-type: none"> No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com</p> <p>Pre-Meet Information posted on website:</p> <ul style="list-style-type: none"> Meet Information will be posted on the website. Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. List Teams whose entries have been received. List "heat limited" events psych sheet. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. List Timing assignments. <p>Post-Meet Information posted on website:</p> <ul style="list-style-type: none"> Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file),
Results:	<ul style="list-style-type: none"> Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	<p>Swimwear must conform to USA Swimming Rules:</p> <ul style="list-style-type: none"> Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined, as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org. Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body <p>Pursuant to USA Swimming Rule 205.10.1, it is permissible for the swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.</p>
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotels:	<ul style="list-style-type: none"> Fairbridge Hotel & Conference Center, Davidson Ave, Somerset, 732-356-1700 The Crowne Plaza, 732-716-1175 The Courtyard by Marriott on Davidson Avenue The Doubletree Executive Somerset on Atrium Drive



Directions:

Directions to Sonny Werblin Recreation Center:

Google Maps: <https://goo.gl/maps/LMEr1Wng4p22>

Address: 656 Bartholomew Rd, Piscataway NJ 08854

Garden State Parkway Southbound Turn off at Exit 129 and take the New Jersey Turnpike South. Exit the Turnpike at Exit 9, follow NJ Turnpike directions below.

Garden State Parkway Northbound Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Continue on Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

Interstate 287 Turn off at Exit 9 Bound Brook/Highland Park. Proceed East on River Road towards Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Turn left at the next traffic light onto North. Take the next exit on Route 18 North, Campus Road. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

New Jersey Turnpike Exit the Turnpike at Exit 9, bear right after the tollbooths and follow signs for Route 18 North—New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

US Route 1 Turn off at exit marked Route 18 North—New Brunswick. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!





NEW JERSEY
SWIMMING

2020 TYR Open

Hosted by Scarlet Aquatics
Saturday-Sunday March 14th-15th



Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Scarlet Aquatic Club, Elite Swim Club, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Scarlet Aquatics TYR Open Meet** on **March 14th-15th, 2020** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____ Individual event entries @ \$5.00 =	\$_____
	_____ 1000/1650 Individual event entries @ \$12.00 =	\$_____
	_____ Relay event entries @ \$9.00 =	\$_____
	Total:	\$_____

Make checks payable to: **Ultimate Performance LLC**