



# 2016 Friday Night Lights

## Hosted by Scarlet Aquatics Bayonne Division at the DiDomenico Municipal Pool, Bayonne

Held under the sanction of USA Swimming

<b>Meet Sanction #</b>	<b>NJS070816LC</b> In granting this Sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Date of Meet</b>	<b>Friday evening, July 8<sup>th</sup>, 2016</b> <ul style="list-style-type: none"><li>• This is an outdoor meet. There is no make-up date in case of weather conditions.</li><li>• Entry Fee refunds will be provided if the meet does not start due to inclement weather.</li><li>• Program and Admission will not be refunded if the meet is called due to weather.</li><li>• Partial entry refunds will be given if at least the first five events are not swum.</li><li>• No scratches will be refunded if the meet is called off, once started.</li></ul>
<b>Location</b>	Bayonne DiDomenico Municipal Pool – 157 W 16 <sup>th</sup> Street, Bayonne NJ, 07002
<b>Facility Info</b>	<ul style="list-style-type: none"><li>• The DiDomenico Municipal Pool is a 50 meter, 8-lane pool with 7' lanes using anti-splash lane dividers, and Colorado timing. The depth at the starting end is 9' and the depth at the turn end is 4'</li><li>• Spectators must bring their own seats—beach chairs, folding chairs etc. The facility does not have spectator seating.</li></ul>
<b>Pool Certification Statement</b>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
<b>Audio/Visual Recording Statement</b>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
<b>Meet Director</b>	Ahmed Abdelaal – <a href="mailto:coach-ahmed@bmsnj.org">coach-ahmed@bmsnj.org</a> 201-566-2299
<b>Meet Referee</b>	(Jim O'Neill— <a href="mailto:swimjim1@juno.com">swimjim1@juno.com</a> )
<b>Admin Official</b>	Shari Wiedecker— <a href="mailto:shariwiedecker@gmail.com">shariwiedecker@gmail.com</a>
<b>Team Contact</b>	Ahmed Abdelaal – <a href="mailto:coach-ahmed@bmsnj.org">coach-ahmed@bmsnj.org</a> (201)-566-2299
<b>Meet Safety Marshall</b>	Rodolfo Morel—201-780-2831
<b>Entry Coordinator</b>	BE Smartt, Inc— <a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a> 609-558-0988



<b>Entry Information &amp; Deadline</b>	<ul style="list-style-type: none"> <li>• Entries must be received by <b>Friday, June 24<sup>th</sup>, 2016</b></li> <li>• All entries must be Hy-Tek program entries as an attached file to an e-mail. Phone or faxed entries will not be accepted.</li> <li>• Email entry files to <a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a></li> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. <b>If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail.</b> If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</li> <li>• A signed NJ Swimming waiver with Entry Fee Summary and a check must accompany or follow each entry. Mail to: <b>BE Smartt, Inc, 604 Paxson Avenue, Mercerville, NJ 08619</b> Check Payable to : <b>Bayonne Mermaids Starfish</b></li> <li>• Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted</li> <li>• It is not necessary to use overnight or express mail to send hard copy and check that are sent in support of an e-mailed entry.</li> </ul>
<b>Entry Times</b>	<ul style="list-style-type: none"> <li>• <b>NJ Swimming does not allow NT or 'No Time' entries. NT's will not be accepted.</b></li> <li>• All entry times must be in long course meters.</li> <li>• Converted times from SCY and SCM are acceptable for this meet.</li> <li>• There are no time standards for this meet.</li> </ul>
<b>Entry Fees</b>	<ul style="list-style-type: none"> <li>• Individual Event Entry Fee: \$5.00</li> <li>• Checks payable to: <b>Bayonne Mermaids Starfish</b></li> <li>• <b>See the above "Date of Meet" section of the announcement for the refund policy.</b></li> </ul>
<b>Meet Age</b>	<ul style="list-style-type: none"> <li>• This meet will have mixed 11 &amp; Older and Single Gender 11 &amp; Over events.</li> <li>• Age for this meet is as of: <b>Friday, July 8<sup>th</sup>, 2016</b></li> </ul>
<b>Swimmer Eligibility</b>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming and must be included in a team's official meet roster in the meet database to be eligible to participate in this swim meet in any events.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers are to use a UN- (New Team Alpha Code) as their team affiliation.</li> <li>• All Unattached swimmers must be listed on the team's official waiver entry form.</li> <li>• New Jersey Swimming allows swimmers to swim three individual events per day.</li> </ul>
<b>Distance Events &amp; Heat Limits</b>	<ul style="list-style-type: none"> <li>• The 400 Freestyle and 400 IM events will be limited to one heat of each gender.</li> <li>• Only the fastest 8 swimmers of each gender will be guaranteed to swim.</li> <li>• Swimmers below the top 8 will have the option of changing to another event. If more than 8 swimmers are entered, psych sheets will be posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> one week prior to the meet and teams will be informed via e-mail.</li> <li>• Swimmers may stay in those heat-limited events with the possibility that scratches or the timeline will allow the opportunity to swim. In either case, if the swimmer is "below the line" and is not allowed to swim, he or she will have their entry fee refunded.</li> <li>• Refunds will be mailed to the team within two weeks of meet conclusion.</li> <li>• Boys and Girls heats may be combined to allow more swims at the discretion of the Meet Director / Meet Referee without providing an empty lane between genders.</li> <li>• Heats of the 400 Free / 400 IM may be combined to allow more swims (e.g., 400 IM swam during 400 Free heat or vice versa) at the discretion of the Meet Director / Meet Referee.</li> </ul>
<b>Meet Format Waiver</b>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club.</p> <p>Meet management has the right to restrict the number of entries due to darkness, and to conform to the New Jersey Swimming 4-hour session rule.</p> <p>Session duration will be planned for <b>approximately 3 hours.</b></p>



<b>Internet Website Posting</b>	<p>Meet Information will be posted on <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> and <a href="http://www.njswim.org">www.njswim.org</a></p> <p><b>Pre-Meet Information posted:</b></p> <ul style="list-style-type: none"> <li>• Meet Information</li> <li>• Downloadable Hy-Tek Events list (.HYV file)</li> <li>• Team Warm-up Schedule/Assignments and Team Timing Assignments</li> </ul> <p><b>Post-Meet Information posted:</b></p> <ul style="list-style-type: none"> <li>• Downloadable Results (.CL2 file)</li> </ul>
<b>Results</b>	Results will be e-mailed to all participating clubs after the meet and posted on the new jersey swimming website, <a href="http://www.njswim.org">www.njswim.org</a> on the Summer Meets page.
<b>Meet Requirement Statement</b>	In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
<b>Coaches Eligibility</b>	All coaches "on the deck" must be current coach members of USA Swimming. Coaches must have coaching card visible at all times while on deck and to gain admittance to the facility.
<b>USA-S Racing Start Certification Statement</b>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>USA-S Deck Change Policy Statement</b>	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
<b>Meet Format</b>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance with current USA Swimming Rules.</li> <li>• This meet will be run as a timed final meet.</li> <li>• There are no time standards for this meet.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.</li> </ul>
<b>Meet Schedule</b>	<ul style="list-style-type: none"> <li>• The facility will open at 4:45. Warm-up will start at 5:00 and the meet will start at 5:55pm.</li> <li>• The meet will have one session.</li> </ul>

## Meet Schedule

Friday, July 8 <sup>th</sup> , 2016		Warm-up	Start
Session 1	All Events	5:00pm	5:55pm

<b>Admission and Programs</b>	<ul style="list-style-type: none"> <li>• Admission will be \$5.00 and Heat Sheets will be \$5.00.</li> </ul>
<b>Warm-up Procedures</b>	<ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams will get the same opportunity for warm-up lanes.</li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• Scarlet Aquatics Meet Marshalls will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• Warm-up will be split into two 25 minute sessions with assigned lanes and warm-up periods for participating teams.</li> <li>• Teams may do one way, dive sprints during their assigned warm-up period. Teams sharing a lane must wait for all teams in the lane to complete general warm-up before using the lane for dive sprints.</li> </ul>



<b>Check-In</b>	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the scoring table 30 minutes before the start of the session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event circled with "SCR" next to the circle.</li> <li>Failure to follow this procedure may result in the swimmer(s) being scratched from the entire session.</li> </ul>
<b>Starts</b>	'Fly-over'/'Over-the-top' starts will be used at the discretion of the Meet Referee.
<b>Awards</b>	There will be no awards for this meet.
<b>Scoring</b>	Team Scoring will not be kept.
<b>Host Club Responsibilities</b>	<ul style="list-style-type: none"> <li>The host club will provide a single timer in each lane throughout the meet.</li> <li>The host club will have stopwatches available for volunteers helping to time.</li> <li>The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs one week before the meet.</li> <li>The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs one week before the meet.</li> </ul>
<b>Participating Club Responsibilities</b>	<ul style="list-style-type: none"> <li>Participating clubs must help with timing. Timing assignments will be e-mailed to participating clubs one week prior to the meet and posted on <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> <li>Participating club parents must stay within designated areas away from the pool edges except for timing assignments.</li> <li>Participating clubs should help with officiating whenever possible.</li> </ul>
<b>Concessions</b>	Food and drink will be available.
<b>Vendor</b>	Ultimate Swim Shop will be on site as the swim equipment vendor for the meet.
<b>Directions</b>	<p><b>Directions to Bayonne DiDomenico Pool</b>  <b>Address: 157 W 16<sup>th</sup> Street, Bayonne NJ, 07002</b></p> <p><b>From NJ Turnpike</b>  Take Exit 14 (Bayonne) and proceed along Avenue E to East 16<sup>th</sup> Street. Turn right and continue for 4 blocks. The pool is on the right, across from the firehouse and children's park. <b>Continue past the pool for ample parking available at 16<sup>th</sup> Street Park, at the end of West 16<sup>th</sup> Street.</b></p>



# The Friday Night Lights Swim Meet 2016

## Order of Events

Event #	Event Description
#1	Girls 11 & Over 400 Meter Freestyle <i>Only the Top 8 seeds will swim this event*</i>
#2	Boys 11 & Over 400 Meter Freestyle <i>Only the Top 8 seeds will swim this event*</i>
#3	Mixed 11 & Over 200 Meter Butterfly
#4	Mixed 11 & Over 100 Meter Backstroke
#5	Mixed 11 & Over 200 Meter Individual Medley
#6	Mixed 11 & Over 100 Meter Breaststroke
#7	Mixed 11 & Over 200 Meter Freestyle
#8	Mixed 11 & Over 100 Meter Butterfly
#9	Mixed 11 & Over 200 Meter Breaststroke
#10	Mixed 11 & Over 200 Meter Backstroke
#11	Mixed 11 & Over 100 Meter Freestyle
#12	Girls 11 & Over 400 Meter Individual Medley <i>Only the Top 8 seeds will swim this event*</i>
#13	Boys 11 & Over 400 Meter Individual Medley <i>Only the Top 8 seeds will swim this event*</i>

**\* In order to ensure all lanes are filled for these events, if one gender has less than eight entrants and the opposite gender has more than eight, the latter entrants will be permitted to compete in the empty lanes of the opposite gender's event. If this occurs, the order of finish will be treated as a timed final event.**

**Affected teams will be notified prior to the meet, if this situation occurs.**





NEW JERSEY  
SWIMMING

## 2016 Friday Night Lights

Friday July 8<sup>th</sup>, 2016



### Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Scarlet Aquatics, Bayonne Di Domenico Pool, the City of Bayonne, Be Smartt, Inc, Ultimate Swim Shop and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered

### Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Scarlet Aquatics Friday Night Lights meet on **July 8<sup>th</sup>, 2016** are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary: \_\_\_\_\_ Individual event entries @ \$5.00 = \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

Make checks payable to: **Bayonne Mermaids Starfish**

### Article 302.4 of the USA Swimming Rules and Regulations

**False Registration:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### List all Unattached Swimmers:

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_