



2025 IMX Superbowl

Hosted by Scarlet Aquatics
at the Werblin Recreation Center, Rutgers University
Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Dates of Meet:	Saturday-Sunday February 8 th -9 th , 2025		
Facility:	Sonny Werblin Recreation Center, Rutgers University (link to facility location & directions, and pool certification information)		
Host Team Contact:	Thomas Speedling	732-742-4600	scarletaquatics@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Mike Verhage		Mverhage78@gmail.com
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Erin Miller Brian Hoffman		emmalexW@aol.com swimcoach25@aol.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Wednesday January 29 th , 2025, at 6:00am		
Entry Deadline:	Friday January 31 st , 2025, at 6:00pm or once the meet has filled, if earlier.		
Swimmer Age	Swimmer ages for this meet are as of: February 8 th , 2025		
Entry Fees:	Individual Entry: \$10.001000 Freestyle Event Entry: \$15.00 There will be an athlete surcharge of \$10 per day.		
Meet Course:	Short Course Yards (SCY).		
Meet Format:	<ul style="list-style-type: none">This meet will be run as timed final meet.There will be 10 & Under, 11-12, 12 & Under, and 13 & Over events.There are minimum, “faster than”, time standards for this meet. For the main 13 & Over and 12 & Under sessions, a swimmer who meets the time standards for the event may swim 4 events that session. Swimmers entering the 1000 Freestyle event must meet the qualifying standards for that event.This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own.		
Entry Limits:	Daily: 4 Individual Events	Meet: 8 Individual Events	
	The Sunday sessions will be limited so that the finish time is approximately 4pm		
Checks Payable To:	NJ Wave Swim Team		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries. Depending on the entries, sessions may be combined or split. The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet section of the NJS website and e- mailed to the coaches of participating teams.

Saturday		
Session 1	Morning	13 & Over
Session 2	Early Afternoon	1000 Freestyle
Session 3	Afternoon	12 & Under
Sunday		
Session 4	Morning	13 & Over
Session 5	Afternoon	12 & Under

The Sunday sessions will be limited so that the finish time is approximately 4pm

Scoring:	<ul style="list-style-type: none"> Team scoring will not be kept. This meet will be run as an IMX meet for 14 & Under swimmers. Swimmers may choose to enter the IMX events (see below). These will be individually scored.
IMX Events:	<ul style="list-style-type: none"> Swimmers have to enter all the events below for their age group to compete in the IMX. 9, 10: 200 free, 100 back, 100 breast, 100 fly, 200 IM 11, 12: 500 free, 100 back, 100 breast, 100 fly, 200 IM 13, 14: 500 free, 200 back, 200 breast, 200 fly, 200 IM, 400 IM
Awards:	<ul style="list-style-type: none"> There will be plaques for 9, 10, 11, 12 year old IMX award winners.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts will be used during this meet.
Admissions:	<ul style="list-style-type: none"> Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale the Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none"> None.
Vendor:	<ul style="list-style-type: none"> None.
Heat Limited Event (1000 Freestyle):	<ul style="list-style-type: none"> The 1000 freestyle session will be limited to 1 hour 45 minutes, with entries accepted on a first come, first served basis. Teams with swimmers who are beyond the session limit will be notified at least one week prior to the meet. Such swimmers may come and see if they scratch into the session. Otherwise refunds will be given to swimmers closed out of the event, or the swimmers may select another event if the meet is not oversubscribed. The 1000 freestyle will swim fast to slow, alternating genders. Slower heats may be combined without an empty lane between genders. Swimmers are responsible to provide their own person to count for this event.
500 Freestyle	<ul style="list-style-type: none"> The 13 & Over 500 freestyle will swim fast to slow, alternating genders. The 11-12 500 freestyle will swim slow to fast. Swimmers are responsible for providing their own person to count for these events.
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event	Equal/ Faster
Session: 1 Saturday 13 & Over (Make 1, swim 4)		
1	Women 13 & Over 50 Freestyle	
	13-14	30.09
	15 & Over	28.69
2	Men 13 & Over 50 Freestyle	
	13-14	29.29
	15 & Over	26.29
3	Women 13 & Over 200 Backstroke	
	13-14	2:41.59
	15 & Over	2:33.99
4	Men 13 & Over 200 Backstroke	
	13-14	2:33.09
	15 & Over	2:25.69
5	Women 13 & Over 400 IM	
	13-14	5:34.99
	15 & Over	5:22.99
6	Men 13 & Over 400 IM	
	13-14	5:29.49
	15 & Over	5:11.09
7	Women 13 & Over 200 Freestyle	
	13-14	2:20.89
	15 & Over	2:12.49
8	Men 13 & Over 200 Freestyle	
	13-14	2:17.49
	15 & Over	2:02.99
9	Women 13 & Over 100 Breaststroke	
	13-14	1:23.89
	15 & Over	1:22.49
10	Men 13 & Over 100 Breaststroke	
	13-14	1:20.29
	15 & Over	1:15.99
11	Women 13 & Over 200 Butterfly	
	13-14	2:45.99
	15 & Over	2:40.79
12	Men 13 & Over 200 Butterfly	
	13-14	2:42.59
	15 & Over	2:30.09

#	Event	Equal/ Faster
Session: 2 Saturday Distance		
13	Women 1000 Freestyle	12:21.09
14	Men 1000 Freestyle	11:39.19

#	Event	Equal/ Faster
Session: 3 Saturday 12 & Under (Make 1, swim 4)		
15	Girls 11-12 500 Freestyle	6:42.39
16	Boys 11-12 500 Freestyle	6:42.39
17	Girls 12 & Under 50 Backstroke	
	10 & Under	44.29
	11-12	37.39
18	Boys 12 & Under 50 Backstroke	
	10 & Under	44.29
	11-12	37.39
19	Girls 12 & Under 200 Backstroke	2:51.89
20	Boys 12 & Under 200 Backstroke	2:51.89
21	Girls 12 & Under 100 Freestyle	
	10 & Under	1:23.09
	11-12	1:09.79
22	Boys 12 & Under 100 Freestyle	
	10 & Under	1:23.09
	11-12	1:09.79
23	Girls 12 & Under 100 Breaststroke	
	10 & Under	1:48.19
	11-12	1:30.79
24	Boys 12 & Under 100 Breaststroke	
	10 & Under	1:48.19
	11-12	1:30.79
25	Girls 12 & Under 50 Butterfly	
	10 & Under	43.79
	11-12	36.19
26	Boys 12 & Under 50 Butterfly	
	10 & Under	43.79
	11-12	36.19
27	Girls 12 & Under 200 Butterfly	2:58.99
28	Boys 12 & Under 200 Butterfly	2:58.99
29	Girls 12 & Under 200 IM	
	10 & Under	3:22.39
	11-12	2:52.69
30	Boys 12 & Under 200 IM	
	10 & Under	3:22.39
	11-12	2:52.69



#	Event	Equal/ Faster
Session: 4 Sunday 13 & Over (Make 1, swim 4)		
33	Women 13 & Over 100 Backstroke	
	13-14	1:15.39
	15 & Over	1:12.69
34	Men 13 & Over 100 Backstroke	
	13-14	1:11.89
	15 & Over	1:07.39
35	Women 13 & Over 200 IM	
	13-14	2:39.89
	15 & Over	2:32.29
36	Men 13 & Over 200 IM	
	13-14	2:35.69
	15 & Over	2:22.29
37	Women 13 & Over 100 Freestyle	
	13-14	1:05.89
	15 & Over	1:02.09
38	Men 13 & Over 100 Freestyle	
	13-14	1:03.89
	15 & Over	57.29
39	Women 13 & Over 200 Breaststroke	
	13-14	3:03.99
	15 & Over	2:54.69
40	Men 13 & Over 200 Breaststroke	
	13-14	2:55.89
	15 & Over	2:44.59
41	Women 13 & Over 100 Butterfly	
	13-14	1:15.59
	15 & Over	1:11.99
42	Men 13 & Over 100 Butterfly	
	13-14	1:11.99
	15 & Over	1:06.59
31	Women 13 & Over 500 Freestyle	
	13-14	6:16.89
	15 & Over	5:55.99
32	Men 13 & Over 500 Freestyle	
	13-14	6:08.19
	15 & Over	5:42.29

#	Event	Equal/ Faster
Session: 5 Sunday 12 & Under (Make 1, swim 4)		
43	Girls 12 & Under 200 Freestyle	
	10 & Under	3:01.29
	11-12	2:33.49
44	Boys 12 & Under 200 Freestyle	
	10 & Under	3:01.29
	11-12	2:33.49
45	Girls 12 & Under 100 Backstroke	
	10 & Under	1:35.29
	11-12	1:22.09
46	Boys 12 & Under 100 Backstroke	
	10 & Under	1:35.29
	11-12	1:22.09
47	Girls 12 & Under 50 Freestyle	
	10 & Under	36.99
	11-12	32.19
48	Boys 12 & Under 50 Freestyle	
	10 & Under	36.99
	11-12	32.19
49	Girls 12 & Under 50 Breaststroke	
	10 & Under	48.99
	11-12	41.89
50	Boys 12 & Under 50 Breaststroke	
	10 & Under	48.99
	11-12	41.89
51	Girls 12 & Under 200 Breaststroke	3:14.69
52	Boys 12 & Under 200 Breaststroke	3:14.69
53	Girls 12 & Under 100 Butterfly	
	10 & Under	1:43.59
	11-12	1:22.09
54	Boys 12 & Under 100 Butterfly	
	10 & Under	1:43.59
	11-12	1:22.09
55	Girls 12 & Under 100 IM	
	10 & Under	1:35.29
	11-12	1:21.59
56	Boys 12 & Under 100 IM	
	10 & Under	1:35.29
	11-12	1:21.59

