

2025 Summer Luau

Hosted by Scarlet Aquatics at the Werblin Recreation Center, Rutgers University

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Dates of Meet:	Saturday-Sunday July 5th-6th, 2025		
Facility:	Sonny Werblin Recreation Center, Rutgers University (link to facility location & directions, and pool certification information)		
Host Team Contact:	Bill Deatly		
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Curtis Tao		curtistao@yahoo.com
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Angel Camacho Brandy Deatly		anglcamacho@gmail.com eliteswimclub@comcast.net
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Friday June 13th, 2025, at 6:00am		
Entry Deadline:	Friday June 27th, 2025, at 6:00pm, or when the meet closes.		
Swimmer Age	Swimmer ages for this meet are as of: July 5th, 2025		
Entry Fees:	Individual Entry: \$10.00 400 Freestyle/IM Individual Entry: \$12.00 1500 Freestyle Individual Entry: \$15.00 There will be an athlete surcharge of \$10 per day.		
Meet Course:	Long Course Meters (LCM). Converted times are permitted.		
Meet Format:	 This meet will be run as a timed final meet. There will be 12 & Under, and 13 & Over events. There are time standards only for the 400 Freestyle & IM events. This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		
Entry Limits:	Daily: 3 Individual Events	1	Meet: 6 Individual Events
Checks Payable To:	Ultimate Athletic Performance		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries. Depending on the entries, sessions may be combined or split. The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet section of the NJS website and e- mailed to the coaches of participating teams.

Saturday		
Session 1	Sunrise	13 & Over Distance
Session 2	Morning	13 & Over
Session 3	Afternoon	12 & Under
Sunday		
Session 4	Sunrise	13 & Over 400 Freestyle
Session 5	Morning	13 & Over
Session 6	Afternoon	12 & Under

Scoring:	Team scoring will not be kept.	
Awards:	There will be awards for heat winners.	
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.	
Admissions:	 Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required) 	
Concessions:	Rutgers will have light snacks and refreshments in the upper hallway.	
Vendor:	None.	
1500 Freestyle	• The 1500 Freestyle will be limited to three heats, on a first-entered, first-served basis. Coaches of swimmers who are not accepted into the 1500 freestyle will be asked to choose alternate events for their swimmers.	
400 Freestyle & IM:	• The 400 Freestyle & IM events will be seeded fastest to slowest, alternating genders. Genders may be combined in the slowest heats without a lane between genders.	
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com	
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.	



Event List

#	Event	Equal/ Faster	
Se	Session: 1 Saturday 13 & Over Distance		
1	Mixed 13 & Over 1500 F	reestyle	
	Women 13 & Over 400 IM		
3	13-14	6:27.49	
	15 & Over	6:15.59	
	Men 13 & Over 400 IM	·	
4	13-14	6:21.49	
	15 & Over	5:58.09	

#	Event		
Sess	Session: 2 Saturday 13 & Over		
5	Women 13 & Over 50 Freestyle		
6	Men 13 & Over 50 Freestyle		
7	Women 13 & Over 100 Breaststroke		
8	Men 13 & Over 100 Breaststroke		
9	Women 13 & Over 50 Backstroke		
10	Men 13 & Over 50 Backstroke		
11	Women 13 & Over 200 Freestyle		
12	Men 13 & Over 200 Freestyle		
13	Women 13 & Over 100 Butterfly		
14	Men 13 & Over 100 Butterfly		
15	Women 13 & Over 200 Backstroke		
16	Men 13 & Over 200 Backstroke		

#	Event		
Ses	Session: 3 Saturday 12 & Under		
17	Girls 11-12 200 IM		
18	Boys 11-12 200 IM		
19	Girls 10 & Under 200 IM		
20	Boys 10 & Under 200 IM		
21	Girls 11-12 100 Breaststroke		
22	Boys 11-12 100 Breaststroke		
23	Girls 10 & Under 100 Freestyle		
24	Boys 10 & Under 100 Freestyle		
25	Girls 11-12 50 Backstroke		
26	Boys 11-12 50 Backstroke		
27	Girls 10 & Under 50 Backstroke		
28	Boys 10 & Under 50 Backstroke		
29	Girls 11-12 50 Butterfly		
30	Boys 11-12 50 Butterfly		
31	Girls 10 & Under 50 Butterfly		
32	Boys 10 & Under 50 Butterfly		
33	Girls 11-12 100 Freestyle		
34	Boys 11-12 100 Freestyle		
35	Girls 10 & Under 100 Breaststroke		
36	Boys 10 & Under 100 Breaststroke		
37	Girls 11-12 200 Breaststroke		
38	Boys 11-12 200 Breaststroke		



#	Event	Equal/ Faster	
Session: 4 Sunday 13 & Over 400 Freestyle			
	Women 13 & Over 400 Freestyle		
39	13-14	5:32.99	
	15 & Over	5:21.79	
40	Men 13 & Over 400 Freestyle		
	13-14	5:31.39	
	15 & Over	5:03.89	

#	Event		
Sess	Session: 5 Sunday 13 & Over		
41	Women 13 & Over 200 Breaststroke		
42	Men 13 & Over 200 Breaststroke		
43	Women 13 & Over 50 Butterfly		
44	Men 13 & Over 50 Butterfly		
45	Women 13 & Over 100 Freestyle		
46	Men 13 & Over 100 Freestyle		
47	Women 13 & Over 200 IM		
48	Men 13 & Over 200 IM		
49	Women 13 & Over 100 Backstroke		
50	Men 13 & Over 100 Backstroke		
51	Women 13 & Over 50 Breaststroke		
52	Men 13 & Over 50 Breaststroke		
53	Women 13 & Over 200 Butterfly		
54	Men 13 & Over 200 Butterfly		

#	Event
Sess	sion: 6 Sunday 12 & Under
55	Girls 11-12 200 Freestyle
56	Boys 11-12 200 Freestyle
57	Girls 10 & Under 200 Freestyle
58	Boys 10 & Under 200 Freestyle
59	Girls 11-12 100 Backstroke
60	Boys 11-12 100 Backstroke
61	Girls 10 & Under 100 Backstroke
62	Boys 10 & Under 100 Backstroke
63	Girls 11-12 200 Butterfly
64	Boys 11-12 200 Butterfly
65	Girls 10 & Under 50 Breaststroke
66	Boys 10 & Under 50 Breaststroke
67	Girls 11-12 50 Breaststroke
68	Boys 11-12 50 Breaststroke
69	Girls 10 & Under 50 Freestyle
70	Boys 10 & Under 50 Freestyle
71	Girls 11-12 50 Freestyle
72	Boys 11-12 50 Freestyle
73	Girls 10 & Under 100 Butterfly
74	Boys 10 & Under 100 Butterfly
75	Girls 11-12 100 Butterfly
76	Boys 11-12 100 Butterfly
77	Girls 11-12 200 Backstroke
78	Boys 11-12 200 Backstroke

