



2026 April LC Invitational

Hosted by Scarlet Aquatics
at the Werblin Recreation Center, Rutgers University
Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Dates of Meet:	Sunday April 26th, 2026		
Facility:	Sonny Werblin Recreation Center, Rutgers University <i>(link to facility location & directions, pool certification, and medical information)</i>		
Host Team Contact:	Thomas Speedling	732-742-4600	scarletaquatics@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Janice Rein		janice.rein@rutgers.edu
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Wendy Stelatella Lucas Blach		scarletaquatics@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Wednesday April 8th, 2026 at 6:00am		
Entry Deadline:	Friday April 17th, 2026 at 6:00pm , or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: April 26 th , 2026		
Entry Fees:	Individual Entry: \$10.00		800, 1500 Free Entry: \$15.00
	400 IM, 400 Free Entry: \$12.00		
	There will be an athlete surcharge of \$15.		
Meet Course:	Long Course Meters (LCM).		
Meet Format:	<ul style="list-style-type: none"> This meet will be run as timed final meet. There will be 12 & Under, 13 & Over, and Open events. There are minimum, "faster than", time standards for this meet. For each session, a swimmer who meets the time standards for the event may swim 4 events that session. Swimmers entering the 400 IM, and the 400 & 800 Freestyle events must meet the qualifying standards for those events. "NT/No Time" entries are not accepted at this meet. This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		
Entry Limits:	Daily: 4 Individual Events	Meet: 4 Individual Events	
Checks Payable To:	Scarlet Aquatic Club		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring it to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries. Depending on the entries, sessions may be combined or split. The complete schedule with session warm-up and start times will be established when all entries have been received and a timeline developed, published on the NJS Website, meet website, and e- mailed to the coaches of participating teams.

Sunday		
Session 1	Morning	13 & Over
Session 2	Midday	Distance
Session 3	Afternoon	12 & Under

Scoring:	<ul style="list-style-type: none"> Team scoring will not be kept.
Awards:	<ul style="list-style-type: none"> None.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts will be used during this meet.
Admissions:	<ul style="list-style-type: none"> Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none"> None.
Vendor:	<ul style="list-style-type: none"> None.
Heat Limited Distance Events:	<ul style="list-style-type: none"> The 800 freestyle will swim fast to slow, alternating genders. Slower heats may be combined without an empty lane between genders. Swimmers are responsible to provide their own timer & counter for this events The distance session may be limited to 1 hour 45 minutes, with entries accepted on a first come, first served basis. Teams with swimmers who are beyond the session limit will be notified at least one week prior to the meet. Such swimmers may come and see if they scratch into the session. Otherwise refunds will be given to swimmers closed out of the event, or the swimmers may select another event if the meet is not oversubscribed.
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event	Equal/ Faster
Session: 1 13 & Over		
1	Women 13 & Over 400 Freestyle	
	13-14	5:21.99
	15 & Over	5:11.19
2	Men 13 & Over 400 Freestyle	
	13-14	5:20.39
	15 & Over	4:51.29
3	Women 13 & Over 200 Breaststroke	
	13-14	3:25.69
	15 & Over	3:07.99
4	Men 13 & Over 200 Breaststroke	
	13-14	3:21.29
	15 & Over	2:51.69
5	Women 13 & Over 50 Freestyle	
	13-14	33.49
	15 & Over	31.59
6	Men 13 & Over 50 Freestyle	
	13-14	32.39
	15 & Over	28.99
7	Women 13 & Over 200 Backstroke	
	13-14	3:01.39
	15 & Over	2:43.59
8	Men 13 & Over 200 Backstroke	
	13-14	2:57.29
	15 & Over	2:31.99
9	Women 13 & Over 100 Butterfly	
	13-14	1:24.39
	15 & Over	1:14.39
10	Men 13 & Over 100 Butterfly	
	13-14	1:21.29
	15 & Over	1:07.39
11	Women 13 & Over 400 IM	
	13-14	6:12.29
	15 & Over	5:54.29
12	Men 13 & Over 400 IM	
	13-14	5:35.59
	15 & Over	5:27.59
13	Women 13 & Over 100 Breaststroke	
	13-14	1:34.59
	15 & Over	1:26.39
14	Men 13 & Over 100 Breaststroke	
	13-14	1:32.29
	15 & Over	1:19.19

Event	Equal/ Faster	Event
Session: 1 13 & Over...continued		
15	Women 13 & Over 100 Freestyle	
	13-14	1:12.49
	15 & Over	1:08.59
16	Men 13 & Over 100 Freestyle	
	13-14	1:10.89
	15 & Over	1:03.29
17	Women 13 & Over 100 Backstroke	
	13-14	1:23.89
	15 & Over	1:15.99
18	Men 13 & Over 100 Backstroke	
	13-14	1:21.69
	15 & Over	1:10.39
19	Women 13 & Over 200 Butterfly	
	13-14	3:06.89
	15 & Over	2:43.59
20	Men 13 & Over 200 Butterfly	
	13-14	3:03.09
	15 & Over	2:31.09
21	Women 13 & Over 200 IM	
	13-14	2:59.39
	15 & Over	2:47.19
22	Men 13 & Over 200 IM	
	13-14	2:56.69
	15 & Over	2:34.69
23	Women 13 & Over 200 Freestyle	
	13-14	2:39.49
	15 & Over	2:27.79
24	Men 13 & Over 200 Freestyle	
	13-14	2:34.99
	15 & Over	2:16.99

#	Event	Equal/ Faster
Session: 2 Distance		
25	Women 800 Freestyle	10:41.99
26	Men 800 Freestyle	10:09.19



#	Event	Equal/ Faster
Session: 3 12 & Under		
27	Girls 12 & Under 200 Freestyle	
	10 & Under	3:25.79
	11-12	2:50.69
28	Boys 12 & Under 200 Freestyle	
	10 & Under	3:25.79
	11-12	2:50.69
29	Girls 12 & Under 50 Backstroke	
	10 & Under	50.39
	11-12	42.99
30	Boys 12 & Under 50 Backstroke	
	10 & Under	50.39
	11-12	42.99
31	Girls 12 & Under 100 Butterfly	
	10 & Under	1:57.19
	11-12	1:32.99
32	Boys 12 & Under 100 Butterfly	
	10 & Under	1:57.19
	11-12	1:32.99
33	Girls 12 & Under 50 Breaststroke	
	10 & Under	55.59
	11-12	47.59
34	Boys 12 & Under 50 Breaststroke	
	10 & Under	55.59
	11-12	47.59
35	Girls 12 & Under 100 Freestyle	
	10 & Under	1:33.99
	11-12	1:17.49
36	Boys 12 & Under 100 Freestyle	
	10 & Under	1:33.99
	11-12	1:17.49

#	Event	Equal/ Faster
Session: 3 12 & Under...continued		
37	Girls 12 & Under 200 IM	
	10 & Under	3:49.29
	11-12	3:17.19
38	Boys 12 & Under 200 IM	
	10 & Under	3:49.29
	11-12	3:17.19
39	Girls 12 & Under 100 Backstroke	
	10 & Under	1:49.89
	11-12	1:32.39
40	Boys 12 & Under 100 Backstroke	
	10 & Under	1:49.89
	11-12	1:32.39
41	Girls 12 & Under 50 Butterfly	
	10 & Under	49.09
	11-12	40.49
42	Boys 12 & Under 50 Butterfly	
	10 & Under	49.09
	11-12	40.49
43	Girls 12 & Under 100 Breaststroke	
	10 & Under	2:03.39
	11-12	1:44.69
44	Boys 12 & Under 100 Breaststroke	
	10 & Under	2:03.39
	11-12	1:44.69
45	Girls 12 & Under 50 Freestyle	
	10 & Under	41.39
	11-12	36.19
46	Boys 12 & Under 50 Freestyle	
	10 & Under	41.39
	11-12	36.19

