2026 Princeton Big Al Invitational - 11-20-2026 to 11-22-2026
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Session Report

Session: 1 Friday Prelims
Day of Meet: 1 Starts at 10:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	3	Women 500 Freestyle	29	4	10:00 AM	_____
Prelims	4	Men 500 Freestyle	37	5	10:24 AM	_____
		Break: 5 Minutes:				
Prelims	5	Women 200 IM	35	5	10:55 AM	_____
Prelims	6	Men 200 IM	49	7	11:08 AM	_____
		Break: 5 Minutes:				
Prelims	7	Women 50 Freestyle	42	6	11:29 AM	_____
Prelims	8	Men 50 Freestyle	58	8	11:34 AM	_____
		Swimmers Counts for Warm-ups: 221	====	====		
		Entry / Heat Totals:	250	35		
		Finish Time			11:40 AM	_____

Session: 2 Friday Diving
Day of Meet: 1 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	9	Women 3 mtr Diving	32	2	12:00 PM	_____
Prelims	10	Men 1 mtr Diving	28	1	01:37 PM	_____
		Swimmers Counts for Warm-ups: 60	====	====		
		Entry / Heat Totals:	60	3		
		Finish Time			03:01 PM	_____

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Session: 3 Friday Finals
Day of Meet: 1 Starts at 06:02 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Women 200 Freestyle Relay	10	2	06:02 PM	_____
Finals	2	Men 200 Freestyle Relay	15	2	06:08 PM	_____
		Break: 5 Minutes:				
Finals	3	Women 500 Freestyle	24	3	06:18 PM	_____
Finals	4	Men 500 Freestyle	24	3	06:36 PM	_____
Finals	5	Women 200 IM	24	3	06:52 PM	_____
Finals	6	Men 200 IM	24	3	07:02 PM	_____
Finals	7	Women 50 Freestyle	24	3	07:10 PM	_____
Finals	8	Men 50 Freestyle	24	3	07:14 PM	_____
		Break: 20 Minutes:				
Finals	11	Women 400 Medley Relay	13	2	07:38 PM	_____
Finals	12	Men 400 Medley Relay	20	3	07:49 PM	_____
Finals	9	Women 3 mtr Diving	16	2	08:02 PM	_____
Finals	10	Men 1 mtr Diving	16	2	08:51 PM	_____
		Swimmers Counts for Warm-ups: 228	====	====		
		Entry / Heat Totals:	234	31		
		Finish Time			09:40 PM	_____

Session: 5 Saturday Prelims
Day of Meet: 2 Starts at 10:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	15	Women 100 Butterfly	29	4	10:00 AM	_____
Prelims	16	Men 100 Butterfly	38	5	10:07 AM	_____
		Break: 5 Minutes:				
Prelims	17	Women 400 IM	19	3	10:19 AM	_____
Prelims	18	Men 400 IM	31	4	10:35 AM	_____
		Break: 5 Minutes:				
Prelims	19	Women 200 Freestyle	26	4	10:59 AM	_____
Prelims	20	Men 200 Freestyle	45	6	11:09 AM	_____
		Break: 5 Minutes:				
Prelims	21	Women 100 Breaststroke	22	3	11:28 AM	_____
Prelims	22	Men 100 Breaststroke	33	5	11:33 AM	_____
		Break: 5 Minutes:				
Prelims	23	Women 100 Backstroke	26	4	11:46 AM	_____
Prelims	24	Men 100 Backstroke	33	5	11:53 AM	_____
		Swimmers Counts for Warm-ups: 223	====	====		
		Entry / Heat Totals:	302	43		
		Finish Time			12:02 PM	_____

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Session: 6 Saturday Diving
Day of Meet: 2 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	25	Women 1 mtr Diving	34	2	12:00 PM	_____
Prelims	26	Men 3 mtr Diving	28	1	01:43 PM	_____
		Swimmers Counts for Warm-ups: 62	====	====		
		Entry / Heat Totals:	62	3		
		Finish Time			03:07 PM	_____

Session: 7 Saturday Finals
Day of Meet: 2 Starts at 06:02 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	13	Women 200 Medley Relay	12	2	06:02 PM	_____
Finals	14	Men 200 Medley Relay	16	2	06:09 PM	_____
		Break: 15 Minutes:				
Finals	25	Women 1 mtr Diving	16	2	06:29 PM	_____
Finals	26	Men 3 mtr Diving	16	2	07:18 PM	_____
Finals	15	Women 100 Butterfly	23	3	08:07 PM	_____
Finals	16	Men 100 Butterfly	24	3	08:13 PM	_____
Finals	17	Women 400 IM	18	3	08:18 PM	_____
Finals	18	Men 400 IM	24	3	08:35 PM	_____
Finals	19	Women 200 Freestyle	24	3	08:50 PM	_____
Finals	20	Men 200 Freestyle	24	3	08:59 PM	_____
Finals	21	Women 100 Breaststroke	17	3	09:07 PM	_____
Finals	22	Men 100 Breaststroke	24	3	09:13 PM	_____
Finals	23	Women 100 Backstroke	19	3	09:19 PM	_____
Finals	24	Men 100 Backstroke	24	3	09:26 PM	_____
		Break: 20 Minutes:				
Finals	27	Women 800 Freestyle Relay	7	1	09:52 PM	_____
Finals	28	Men 800 Freestyle Relay	10	2	10:00 PM	_____
		Swimmers Counts for Warm-ups: 236	====	====		
		Entry / Heat Totals:	298	41		
		Finish Time			10:16 PM	_____

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Session: 9 Sunday Prelims
Day of Meet: 3 Starts at 10:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	31	Women 200 Backstroke	24	3	10:00 AM	_____
Prelims	32	Men 200 Backstroke	26	4	10:10 AM	_____
		Break: 5 Minutes:				
Prelims	33	Women 100 Freestyle	31	4	10:26 AM	_____
Prelims	34	Men 100 Freestyle	46	6	10:32 AM	_____
		Break: 5 Minutes:				
Prelims	35	Women 200 Breaststroke	20	3	10:45 AM	_____
Prelims	36	Men 200 Breaststroke	35	5	10:54 AM	_____
		Break: 5 Minutes:				
Prelims	37	Women 200 Butterfly	19	3	11:13 AM	_____
Prelims	38	Men 200 Butterfly	35	5	11:21 AM	_____
		Swimmers Counts for Warm-ups: 205	====	====		
		Entry / Heat Totals:	236	33		
		Finish Time			11:33 AM	_____

Session: 10 Sunday Platform Diving
Day of Meet: 3 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	39	Women Platform Diving	23	0	12:00 PM	_____
Finals	40	Men Platform Diving	21	0	12:58 PM	_____
		Swimmers Counts for Warm-ups: 44	====	====		
		Entry / Heat Totals:	44	0		
		Finish Time			02:02 PM	_____

Session: 11 1650s
Day of Meet: 3 Starts at 03:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals-S	29	Women 1650 Freestyle	12	2	03:30 PM	_____
Finals-S	30	Men 1650 Freestyle	13	2	03:53 PM	_____
		Swimmers Counts for Warm-ups: 25	====	====		
		Entry / Heat Totals:	25	4		
		Finish Time			04:13 PM	_____

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Session: 12 Sunday Finals
Day of Meet: 3 Starts at 06:02 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round		Event	Entries	Heats		Starts at	
Finals-1	29	Women 1650 Freestyle	8	1		06:02 PM	_____
Finals-1	30	Men 1650 Freestyle	8	1		06:14 PM	_____
		Break: 15 Minutes: To account for the 1000					
Finals	31	Women 200 Backstroke	24	3	u	06:39 PM	_____
Finals	32	Men 200 Backstroke	24	3	u	06:49 PM	_____
Finals	33	Women 100 Freestyle	24	3	u	06:58 PM	_____
Finals	34	Men 100 Freestyle	24	3	u	07:04 PM	_____
Finals	35	Women 200 Breaststroke	20	3	u	07:09 PM	_____
Finals	36	Men 200 Breaststroke	24	3	u	07:19 PM	_____
Finals	37	Women 200 Butterfly	19	3	u	07:28 PM	_____
Finals	38	Men 200 Butterfly	24	3	u	07:37 PM	_____
		Break: 20 Minutes:					
Finals	41	Women 400 Freestyle Relay	16	2	u	08:05 PM	_____
Finals	42	Men 400 Freestyle Relay	19	3	u	08:14 PM	_____
		Swimmers Counts for Warm-ups: 182	====	====			
		Entry / Heat Totals:	234	31			
		Finish Time				08:27 PM	_____