MSAC Swimming Championships

Wednesday, February 19, 2025 Newark Academy, 91 South Orange Ave, Livingston, NJ 07039

1st Warm-up: 3:30-3:55 Kent Place, MKA, Morristown Beard

2nd Warm-up: 3:55-4:20 Newark Academy, Pingry, Gill-St. Bernards

3rd Warm-up: 4:20-4:28 Open lanes

Start time: 4:30pm

Swimmer Entries: Times must be submitted in yard times. Entries will be accepted by HyTek Team Manager **only**.



This is also available on the <u>www.besmarttinc.com</u> website with directions included. If you do not have the team manager software, please download <u>this</u> to use. Then, import the February 19th MSAC Swimming Championship meet events file from the <u>www.besmarttinc.com</u> website.

Entries are due by 6pm on Wednesday, February 12th, 2025

Please send all entries to besmarttinc@gmail.com

No deck entries will be accepted. Entries must include the swimmers best time in yards from the 2024-25 season. Relay entries must include four possible swimmers. Names for relays may be changed up to 1/2 hour prior to the meet start at the pool office. No other events may be changed. Swimmers may enter a maximum of four events, of which no more than two can be individual events and no more than four swimmers per team can be entered in an event. Each team can enter one team per relay event.

Scoring: The meet will be scored to twelve places with individuals getting: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1 and relays getting: 32, 26, 24, 22, 20, 18.

Event List: All events are mixed.

- 1. Mixed 100 Medley Relay
 - 2. Mixed 100 Freestyle
 - 3. Mixed 100 IM
 - 4. Mixed 25 Freestyle

Break

- 5. Mixed 50 Butterfly
- 6. Mixed 50 Freestyle
- 7. Mixed 200 Freestyle
- 8. Mixed 100 Freestyle Relay
 - 9. Mixed 50 Backstroke
 - 10. Mixed 50 Breaststroke
- 11. Mixed 200 Freestyle Relay

Awards: The top three individuals in each event including top three relays will receive medals.

Rules:

- The meet will follow the current National Federation of High School Associations rules.
- At least one coach must accompany each team.
- All events will be timed finals.
- Tech suits are not permitted.

Refreshments: Absolutely no food is allowed inside the pool area. We will continue to offer our "Coaches Corner" in the pool office with snacks and drinks for all coaches.

Questions: Please contact Bella Galvez <u>bgalvez@newarka.edu</u>