



2020 MDY JUNIOR JAM
FLY OVER starts will be used throughout the meet
Sunday, JANUARY 12TH, 2020

MEET SCHEDULE				
<u>SUNDAY</u>	<u>AGE GROUP</u>	<u>WARM-UP</u>	<u>CHECK-IN</u>	<u>START</u>
SESSION 1	10/UNDER GIRLS	7:00AM	7:20AM	7:55AM
SESSION 2	10/UNDER BOYS	11:00AM	11:20AM	11:55AM
SESSION 3	ALL 11/12'S	2:15PM	3:00PM	3:35PM

WARM-UP SCHEDULE						
<u>SUNDAY</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>
10/U GIRLS						
7:00-7:25AM	LIFE	LIFE	LIFE	MDY	MDY/ACE	BB
7:25-7:50AM	CBGC	CBGC	RY	RY/EAG	SCAR-W	SCY/UNWW
10/U BOYS						
11:00-11:25AM	RY	RY	RY	MDY	MDY/UNWW	BB/SCY/EAG
11:25-11:50AM	LIFE	LIFE	LIFE	ACE	SCAR-W/CBGC	CBGC
ALL 11/12'S						
2:15-2:40PM	MDY	MDY	MDY/RY	SCAR-R	SCAR-R & W	ACE
2:40-3:05PM	LIFE	LIFE	LIFE	LIFE	BB	BB
3:05-3:30PM	CBGC	CBGC	CBGC	SCY	SCY/UNWW	EAG

TIMING ASSIGNMENTS							
<u>SUNDAY</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>ALTERNATES:</u>
SESSION 1	LIFE	CBGC	RY	SCY	BB	SCAR-W	EAG, ACE
SESSION 2	LIFE	RY	BB	ACE	CBGC	SCAR-W	SCY, EAG
SESSION 3	LIFE	CBGC	BB	SCAR-R	SCY	ACE	EAG, UNWW