2026 LIFE LT You Name It! Saturday-Sunday November 21st-22nd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open:		**1:00pm**	
1	13 & Over	1:15pm	**1:35pm**	2:10pm
2	13 & Over	5:05pm	**5:25pm**	6:00pm
Sunday	Doors Open:		**1:00pm**	
3	13 & Over	1:15pm	**1:25pm**	2:00pm
4	12 & Under	4:15pm	**4:35pm**	5:10pm

Warm-up Schedule

Session 1 – Saturday 13 & Over

	M1	M2	M3	M4	M5	M6	M7	M8
1:15pm	LT	LT	LT	LT	LT	LT	LT	LT
1:40pm	SCAR	SCAR	SCAR	SCAR	SCAR	WW	WW	STAR

	D1	D2	D3	D4	D5	D6	D7	D8
1:15pm	LT	LT	LT	LT	LT	LT	LT	LT
1:40pm							MAR	EEX

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Session 2 – Saturday 12 & Under

	M1	M2	M3	M4	M5	M6	M7	M8
5:05pm	LT	LT	LT	LT	LT	LT	LT	LT
5:30pm	STAR	STAR	STAR	WW	WW	MAR	LT	LT

	D1	D2	D3	D4	D5	D6	D7	D8
5:05pm	LT	LT	LT	LT	LT	LT	LT	LT
5:30pm								

Session 3 – Sunday 13 & Over

	M1	M2	M3	M4	M5	M6	M7	M8
1:15pm	WW	WW/EEX	STAR/MAR	SCAR	SCAR	LT	LT	LT

	D1	D2	D3	D4	D5	D6	D7	D8
1:15pm	LT	LT	LT	LT	LT	LT	LT	LT

Session 4 – Sunday 12 & Under

	M1	M2	M3	M4	M5	M6	M7	M8
4:15pm	LT	LT	LT	LT	LT	LT	LT	LT
4:40pm	STAR	STAR	STAR	STAR	WW	WW	WW	MAR

	D1	D2	D3	D4	D5	D6	D7	D8
4:15pm	LT	LT	LT	LT	LT	LT	LT	LT
4:40pm								

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Timing Assignments

Session 1 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
STAR	SCAR	SCAR	LT	LT	SCAR	WW	MAR
STAR	SCAR	SCAR	LT	LT	SCAR	WW	EEX
Backups: SCAR, SCAR							

Session 2 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
LT	STAR	LT	LT	LT	LT	WW	MAR
LT	STAR	LT	LT	LT	LT	WW	LT
Backups: STAR, WW							

Session 3 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
STAR	WW	LT	LT	LT	LT	SCAR	MAR
STAR	WW	LT	LT	LT	LT	SCAR	EEX
Backups: WW, STAR							

Session 4 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
STAR	STAR	LT	LT	LT	LT	WW	MAR
STAR	STAR	LT	LT	LT	LT	WW	LT
Backups: STAR, WW							