

## 2025 LIFE Kiss My Splash Sunday February 2nd

### Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
<b>Sunday</b>	Doors Open:	<b>12:45pm</b>		
<b>1</b>	12 & Under	1:00pm	<b>1:10pm</b>	1:45pm
<b>2</b>	13 & Over	4:35pm	<b>4:45pm</b>	5:20pm



### Warm-up Schedule

#### Session 1 – 12 & Under

<b>1:00pm</b>	<b>L1</b> NJRC	<b>L2</b> NJRC	<b>L3</b> NJRC	<b>L4</b> NJRC	<b>L5</b> NJRC	<b>L6</b> CBGC	<b>L7</b> CBGC/STAR	<b>L8</b> STAR
<b>1:00pm</b>	<b>L9</b> LIFE/UN	<b>L10</b> LIFE	<b>L11</b> LIFE	<b>L12</b> LIFE	<b>L13</b> LIFE	<b>L14</b> LIFE	<b>L15</b> LIFE	<b>L16</b> LIFE
<b>1:00pm</b>	<b>L17</b> STAR	<b>L18</b> LIFE	<b>L19</b> LIFE	<b>L20</b> LIFE	<b>L21</b> LIFE	Teams may wish to run 2 * 20 minute warm-ups for 12 & under swimmers		

#### Session 2 – 13 & Over

<b>4:35pm</b>	<b>L1</b> NJRC	<b>L2</b> NJRC	<b>L3</b> NJRC	<b>L4</b> NJRC	<b>L5</b> NJRC	<b>L6</b> STAR	<b>L7</b> CBGC	<b>L8</b> LIFE/HACY
<b>4:35pm</b>	<b>L9</b> LIFE	<b>L10</b> LIFE	<b>L11</b> LIFE	<b>L12</b> LIFE	<b>L13</b> LIFE	<b>L14</b> LIFE	<b>L15</b> LIFE	<b>L16</b> LIFE
<b>4:35pm</b>	<b>L17</b> LIFE	<b>L18</b> LIFE	<b>L19</b> LIFE	<b>L20</b> LIFE	<b>L21</b> LIFE			



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### Timing Assignments

#### Session 1 – 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8	L19	L10
STAR	CBGC	NJRC	LIFE	LIFE	LIFE	NJRC	CBGC	STAR	LIFE
STAR	LIFE	NJRC	LIFE	LIFE	LIFE	NJRC	CBGC	LIFE	LIFE

*Alternates: LIFE, NJRC, STAR*

#### Session 2 – 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8	L19	L10
NJRC	NJRC	NJRC	NJRC	LIFE	LIFE	LIFE	LIFE	CBGC	STAR
LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	CBGC	LIFE

*Alternates: LIFE, NJRC, CBGC*

