

2026 LIFE Hot Summer Nights Saturday-Sunday June 20th-21st

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open:		1:00pm	
1	12 & Under	1:15pm	1:25pm	2:00pm
2	13 & Over	4:50pm	5:10pm	5:45pm
Sunday	Doors Open:		1:00pm	
3	12 & Under	1:15pm	1:25pm	2:00pm
4	13 & Over	5:05pm	5:25pm	6:00pm



Warm-up Schedule

Session 1 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:35pm	XCEL	XCEL	XCEL	STAR	STAR	PAA	RSA	CBGC

Session 2 – Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
4:50pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
5:15pm	PAA	PAA	XCEL	XCEL	RSA	RSA	CBGC	STAR

Session 3 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:35pm	XCEL	XCEL	XCEL	STAR	STAR	PAA	RSAA	CBGC

Session 4 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
5:05pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
5:30pm	PAA	PAA	XCEL	XCEL	RSA	RS	CBGC	STAR



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Timing Assignments

Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
CBGC	RSA	XCEL	LIFE	LIFE	STAR	PAA	LIFE
CBGC	RSA	XCEL	LIFE	LIFE	STAR	PAA	LIFE

Backups: LIFE, XCEL, PAA

Session 2 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
CBGC	XCEL	PAA	LIFE	LIFE	RSA	LIFE	STAR
CBGC	XCEL	PAA	LIFE	LIFE	RSA	LIFE	LIFE

Backups: XCEL, PAA, RSA

Session 3 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
CBGC	RSA	XCEL	LIFE	LIFE	STAR	PAA	LIFE
CBGC	RSA	XCEL	LIFE	LIFE	STAR	PAA	LIFE

Backups: LIFE, STAR, RSA

Session 4 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
CBGC	XCEL	PAA	LIFE	LIFE	RSA	LIFE	STAR
CBGC	XCEL	PAA	LIFE	LIFE	RSA	LIFE	LIFE

Backups: PAA, XCEL, RSA

