

2025 LIFE Hot Summer Nights Saturday-Sunday June 21st-22nd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open:		12:45pm	
1	12 & Under	1:00pm	1:10pm	1:45pm
2	13 & Over	4:30pm	5:00pm	5:35pm
Sunday	Doors Open:		12:45pm	
3	12 & Under	1:00pm	1:10pm	1:45pm
4	13 & Over	4:55pm	5:25pm	6:00pm



Warm-up Schedule

Session 1 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:00pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:20pm	XCEL	XCEL	PAA	PAA	HACY	CBGC	JFAC/MDY	HQH/STAR /WWAT

Session 2 – Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
4:30pm	LIFE	LIFE	LIFE	LIFE	LIFE	XCEL	XCEL	CBGC
5:00pm	PAA	PAA	HACY	JFAC/MDY	HQH/WWAT	STAR/WAVE	<i>Open</i>	

Session 3 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:00pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	XCEL	XCEL
1:20pm	PAA	PAA	HACY	CJAC	CBGC	HQH	JFAC	MDY/STAR

Session 4 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
4:55pm	LIFE	LIFE	LIFE	LIFE	PAA	PAA	HACY	<i>Open</i>
5:25pm	XCEL	XCEL	CJAC	CBGC	STAR	HQH/WAVE	JFAC/MCY	<i>Open</i>



2025 LIFE Hot Summer Nights Saturday-Sunday June 21st-22nd

Timing Assignments

Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
STAR	JFAC	PAA	LIFE	XCEL	HACY	CBGC	HQH
LIFE	JFAC	PAA	LIFE	XCEL	HACY	CBGC	MDY
Backups: LIFE, XCEL, PAA							

Session 2 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
HQH	CBGC	HACY	LIFE	XCEL	PAA	LIFE	STAR
JFAC	MDY	HACY	LIFE	XCEL	PAA	LIFE	LIFE
Backups: LIFE, CBGC							

Session 3 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
CBGC	CJAC	HACY	LIFE	XCEL	PAA	HQH	JFAC
LIFE	STAR	MDY	LIFE	XCEL	PAA	LIFE	LIFE
Backups: LIFE, HACY, CJAC							

Session 4 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
STAR	LIFE	HACY	LIFE	XCEL	PAA	CJAC	CBGC
LIFE	JFAC	HACY	LIFE	XCEL	PAA	HQH	LIFE
Backups: CJAC, CBGC							

