

B

13 & Over Silver/Bronze Championships

Region B

Hosted by Eastern Express
at the Aquatic Center, The College of New Jersey
(Held under the sanction of USA Swimming)

Meet Sanction #	NJ swimming Sanction #- NJS020417SCB Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Saturday March 4th to Sunday March 5th, 2017		
Location:	The College of New Jersey Aquatic Center , Packer Hall, 2000 Pennington Rd, Ewing NJ		
Eligible Teams:	CJAC, EEX, FOBY, HACY, HCY, HQH, JCSC, MB, NJRC, PENN, PPST, PTAC, PUST, RA, RBY, SRAY, STAC, SWAC, SWST, TAC, WW, XCEL		
Facility Info:	The competition pool is 8 lanes, 25 yards, with Omega timing. The starting blocks are in the deep end of the pool, on the new bulkhead. The depth at the starting blocks is 6.5 feet and the depth at the turn end is 4 feet. There is a separate warm-down pool.		
Pool Certification Statement:	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.		
Host Team Contact:	Michael Randazzo	908-448-8476	EasternExpressSwimTeam@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Frank Fitzgerald		Frank@rsinj.com
Admin Official:	John Lister		besmarttinc@gmail.com
Safety Marshall:	Brent Matheson		bmatheson17@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Immediately		
Entry Deadline:	Friday February 24nd, 2017, at 6 pm		
Swimmer Age	Swimmer ages for this meet are as of: March 4th, 2017		
Entry Fees:	Individual Entry (except distance): \$5.00, Distance (1000/1650): \$11.00,	Relays: \$8.00.	
	<i>Note: There is an additional \$5.00 fee charged for each entry submitted via the Amended Entry Process (see above). However, entries which are amended due to a swimmer achieving a new Gold or Silver time after the original entry is submitted do not incur this additional fee.</i>		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • This meet will be run as timed finals. • There will be 13-14, and 15-19 events. • There are minimum (“faster than”) and maximum (“no faster than”) time standards for this meet. As a New Jersey Swimming Championship Meet, proof of time will be required for all individual entries. (See <i>Entry Times</i> section for details). • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		



Entry Limits:	Daily: 3 Individual Events 1 Relay Event	Meet: 6 Individual Events 2 Relay Events
Checks Payable To:	Express Sports Inc	
Email Entry Files To:	besmartinc@gmail.com	
Checks/Waivers:	Bring to the first session of the meet where the team is competing.	

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Saturday March 4th

Facility Opens at 9:50am

Saturday Morning Session #1—Men

Warm-up: 10:00am **Meet Start: 11:05am**

Evt	Event	Qualifying*	Silver	Gold
#1	13-14 200 Medley Relay			**Gold
#2	15-19 200 Medley Relay			**Gold
#3	13-14 100 Backstroke		1:11.59	1:01.49
#4	15-19 100 Backstroke		1:05.19	59.19
#5	13-14 200 IM	2:46.89	2:34.49	2:13.79
#6	15-19 200 IM	2:36.09	2:20.29	2:07.99
#7	13-14 100 Breaststroke		1:20.39	1:09.79
#8	15-19 100 Breaststroke		1:14.99	1:07.49
#9	13-14 100 Freestyle		1:01.49	53.69
#10	15-19 100 Freestyle		55.39	50.99
#11	13-14 200 Butterfly	2:55.89	2:40.59	2:21.49
#12	15-19 200 Butterfly	2:40.99	2:25.59	2:10.49
#13	13-14 500 Freestyle	6:03.19	6:03.19	5:19.19
#14	15-19 500 Freestyle	5:31.69	5:31.69	5:07.89

* Qualifying times are “equal/faster than”

** In order to swim in a medley relay designated as a Silver/Bronze event, no swimmer on that relay may have had a previous Gold time in the 100 stroke (or 50 free) that the swimmer will swim in that relay.

Saturday Midday Session #2—1650 Freestyle

Warm-up: TBA **Meet Start: +35 minutes**

Evt	Event	Qualifying*	Silver	Gold
#15	Boys 13-14 1650 Freestyle	19:50.29	19:50.29	19:00.19
#16	Men 15-19 1650 Freestyle	19:00.99	19:00.99	18:43.99
#17	Girls 13-14 1650 Freestyle	20:21.69	20:21.69	19:30.69
#18	Women 15-19 1650 Freestyle	20:08.99	20:08.99	19:19.59

* Qualifying times are “equal/faster than”

** These events will be run fastest to slowest. Heats/age groups may be combined.



2017 13 & Over Silver/Bronze Championships Region B

Saturday March 4th

...Continued

Saturday Afternoon Session #3—Women

Warm-up: TBA

Meet Start: Warm-up+65 minutes

Evt	Event	Qualifying*	Silver	Gold
#19	13-14 200 Medley Relay			**Gold
#20	15-19 200 Medley Relay			**Gold
#21	13-14 100 Backstroke		1:13.59	1:04.89
#22	15-19 100 Backstroke		1:10.19	1:03.69
#23	13-14 200 IM	2:47.49	2:36.89	2:21.29
#24	15-19 200 IM	2:42.59	2:30.29	2:19.99
#25	13-14 100 Breaststroke		1:22.49	1:14.49
#26	15-19 100 Breaststroke		1:19.39	1:14.59
#27	13-14 100 Freestyle		1:02.89	57.09
#28	15-19 100 Freestyle		1:01.09	56.29
#29	13-14 200 Butterfly	2:56.09	2:43:99	2:28.99
#30	15-19 200 Butterfly	2:53.09	2:38.79	2:22.99
#31	13-14 500 Freestyle	6:04.99	6:04.99	5:36.59
#32	15-19 500 Freestyle	5:52.19	5:52.19	5:29.99

* Qualifying times are “equal/faster than”

** In order to swim in a medley relay designated as a Silver/Bronze event, no swimmer on that relay may have had a previous Gold time in the 100 stroke (or 50 free) that the swimmer will swim in that relay.



2017 13 & Over Silver/Bronze Championships Region B

Sunday March 5th
Facility Opens at 9:50am

Sunday Morning Session #4—Men

Warm-up: 10:00am

Meet Start: 11:05am

Evt	Event	Qualifying*	Silver	Gold
#33	13-14 200 Freestyle Relay			**Gold
#34	15-19 200 Freestyle Relay			**Gold
#35	13-14 400 IM	5:34.29	5:34.29	4:48.29
#36	15-19 400 IM	5:13.19	5:13.19	4:41.99
#37	13-14 50 Freestyle		27.99	24.59
#38	15-19 50 Freestyle		25.39	23.59
#39	13-14 100 Butterfly		1:10.99	1:00.39
#40	15-19 100 Butterfly		1:05.59	56.99
#41	13-14 200 Breaststroke	3:11.89	2:55.89	2:33.19
#42	15-19 200 Breaststroke	3:01.89	2:42.59	2:26.99
#43	13-14 200 Backstroke	2:47.89	2:35.69	2:12.69
#44	15-19 200 Backstroke	2:38.09	2:23.69	2:09.99
#45	13-14 200 Freestyle	2:23.89	2:14.89	1:57.99
#46	15-19 200 Freestyle	2:12.99	2:01.79	1:52.99

* Qualifying times are “equal/faster than”

** In order to swim in a freestyle relay designated as a Silver/Bronze event, no swimmer on that relay may have had a previous Gold time in the 50 freestyle.

Sunday Midday Session #5—1000 Freestyle

Warm-up: TBA

Meet Start: Warm-Up+35 minutes

Evt	Event	Qualifying*	Silver	Gold
#47	Boys 13-14 1000 Freestyle	11:59.49	11:59.49	11:18.49
#48	Men 15-19 1000 Freestyle	11:19.19	11:19.49	11:11.49
#49	Girls 13-14 1000 Freestyle	12:22.29	12:22.29	11:43.29
#50	Women 15-19 1000 Freestyle	12:11.09	12:11.09	11:45.09

* Qualifying times are “equal/faster than”

** These events will be run fastest to slowest. Heats/age groups may be combined.



2017 13 & Over Silver/Bronze Championships Region B

Sunday March 5th

...Continued

Sunday Afternoon Session #6—Women

Warm-up: TBA

Meet Start: Warm-up+65 minutes

Evt	Event	Qualifying*	Silver	Gold
#33	13-14 200 Freestyle Relay			**Gold
#34	15-19 200 Freestyle Relay			**Gold
#35	13-14 400 IM	5:39.69	5:39.69	5:04.09
#36	15-19 400 IM	5:28.99	5:28.99	4:59.99
#37	13-14 50 Freestyle		28.99	26.29
#38	15-19 50 Freestyle		28.19	25.89
#39	13-14 100 Butterfly		1:13.79	1:04.59
#40	15-19 100 Butterfly		1:09.89	1:02.79
#41	13-14 200 Breaststroke	3:12.09	2:59.89	2:42.49
#42	15-19 200 Breaststroke	3:09.89	2:52.69	2:39.59
#43	13-14 200 Backstroke	2:48.09	2:39.39	2:19.49
#44	15-19 200 Backstroke	2:44.09	2:30.99	2:21.59
#45	13-14 200 Freestyle	2:24.39	2:16.79	2:04.59
#46	15-19 200 Freestyle	2:20.19	2:11.49	2:02.39

* Qualifying times are “equal/faster than”

** In order to swim in a freestyle relay designated as a Silver/Bronze event, no swimmer on that relay may have had a previous Gold time in the 50 freestyle.

Meet Schedule**

Saturday March 4 th		Warm-up	Start
Facility Opens at 9:50am			
Session 1	Men	10:00am	11:05am
Session 2	1650 Freestyles	TBA	TBA
Session 3	Women	TBA	TBA
Sunday March 5 th		Warm-up	Start
Facility Opens at 9:50am			
Session 4	Men	10:00am	11:05am
Session 5	1000 Freestyles	TBA	TBA
Session 6	Women	TBA	TBA

** The schedule has been arranged to allow senior practice sessions. Should entry volumes require it, the start time may be moved earlier.

Session start times for later sessions will be determined after all entries have been received. Once session times have been determined, they will be published on the Be Smartt web site and e-mailed to coaches of all participating teams at least one week before the meet.



Scoring:	<ul style="list-style-type: none"> There will be no team scoring.
Awards:	<ul style="list-style-type: none"> Events 200 yards and shorter are silver/bronze events with swimmers entered into the appropriate division by their entry time. Events 400 yards and longer are silver events. Medals will be awarded to 1st through 3rd place and ribbons 4th through 8th place in Silver division events. Medals will be awarded to 1st through 3rd place and ribbons 4th through 8th place in Bronze division events. Medals will be awarded to the top three teams in each relay event. A swimmer competing in the Bronze division of an event who achieves a Gold time will not receive an award.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts will be used during this meet.
Admissions and Programs:	<ul style="list-style-type: none"> Admission will be \$10.00 per session. Heat sheets will be available at no charge on the Be Smartt web site and Meet Mobile (subscription required).
Concessions:	<ul style="list-style-type: none"> Food will be available in the lobby of the school building.
Vendor:	<ul style="list-style-type: none"> Metro Swim Shop will be in attendance.
Entry Info:	<ul style="list-style-type: none"> There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. All entries will be accepted on a first come basis. Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. Team entries will be considered accepted when the host club accepts the entries. All entries must be accompanied by e-mailed proof of time (see below). Entries without proof of time will not be accepted Special Notice: All entry fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Proof of Time:	<ul style="list-style-type: none"> This is a NJ Championship event. All entries must be accompanied by a proof of time report: Run a TM entries report with the <i>Include Proof of Time</i> option, or the Team Unify equivalent. This report should be saved as a PDF file and the file emailed to the entry coordinator along with the entry file.
Entry Times:	<ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards. Converted times are permitted. All entry times must meet the time standards for this meet as approved by NJ Swimming. All entry times must be proved upon meet entry. See "Proof of Times" above. All entry times must be achieved during the meet qualifying period of January 1st, 2016 through the entry date of the meet.
Entry Amendment Procedures:	<p>Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The process shall be as follows:</p> <ol style="list-style-type: none"> The meet coordinator will enter each team as the entries are received. An entry report for each team will be e-mailed to that team. Upon receipt of the entry report for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. After the entry deadline has passed, should a swimmer be missing from the entry list or missing from an event, then the coach can enter the swimmer through the following process: <ul style="list-style-type: none"> The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number(s), and entry time(s). The list of the missing swimmers and their events are then to be e-mailed to the Entry Coordinator no later than 9:00pm on the Wednesday before the start of the meet. Please do not email a Hy-Tek file. The entry fee for all events entered in this manner will be the regular entry fee for the event, plus an additional \$5.00 late fee per entry. This money is payable before the start of the meet. If this fee not be paid, then the swimmer(s) will not be permitted to swim in the amended events in the meet. Entries which are amended due to a swimmer achieving a new Gold or Silver time after the original entry is submitted do not incur this additional fee.



Relays	<p>Only swimmers that do not have Gold times in that stroke and distance can swim on relays. Where a relay leg distance is not normally contested for 13 & Over (ie 50 backstroke, breaststroke, butterfly), the athlete swimming that stroke may not have a Gold time in the 100 of that stroke. A relay team with any swimmer found to have had a Gold time in that stroke and distance prior to the meet will be disqualified (even after the conclusion of the meet) and the information will be turned over to New Jersey Swimming for possible further disciplinary actions and fines. (See NJS Policy & Procedures Manual for explanation)</p> <ul style="list-style-type: none"> • All relays must have the correct four names listed in the correct order for that relay to be eligible. Coaches must turn in completed relay cards, prior to the relay swimming • The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet. (See NJ Swimming Policy & Procedures Manual)
Distance Events	<ul style="list-style-type: none"> • All distance events in sessions 2 & 5 will be swum fastest to slowest. • Swimmers must provide their own timers and counters. • Host clubs and assigned team counters will time the 400 IM events. • Swimmers will be responsible for providing their own timers and counters for the 500 yard freestyle events. • Depending on entries, the 13-14 and 15-19 age groups of the 1000 and 1650 freestyles may be combined but scored as separate age groups. • If necessary, the slowest heats of the Women/Men 1000 and 1650 freestyles may be swum as a combined heat and the genders may not have an empty lane separating them.
Heat Limited Events:	<ul style="list-style-type: none"> • None.
Swimmer Eligibility:	<ul style="list-style-type: none"> • This is a New Jersey Swimming Championship Meet. As such, only New Jersey Swimming athletes may enter and compete in this meet. Swimmers may not compete in any event in which they have received a New Jersey Swimming Gold Time since January 1st, 2016. • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer must be removed from that event(s). Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction. The swimmer will be allowed to substitute another eligible event or the entry fee will be refunded if the swimmer cannot/does not wish to compete in a substitute event. • Similarly, if a swimmer was initially entered in the Bronze division of an event, and then achieves a Silver time in the event prior to the start of this meet, then that swimmer's entry must be amended so they compete in the Silver division of the event. Again, failure to do so may result in the penalties stated above. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.
Bronze "Bottom" Cuts:	<ul style="list-style-type: none"> • There are 5 events (50, 100 freestyle, 100 backstroke, 100 breaststroke, and 100 butterfly) that have no bottom cuts for the bronze division. • There are bottom cuts for the bronze division of 200 yard events. • A bronze level swimmer who does not have times faster than any of the 200 bottom cuts may choose one (1) 200 yard event where they do not have the cut in which to participate (giving the swimmer 6 events). • A bronze level swimmer may not choose an event 400 yards or longer. These events are open to silver level swimmers only.
State Championships Restriction:	<ul style="list-style-type: none"> • Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieve the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs.



Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet, except for distance events where swimmers will provide their own timers and lap counters. • The host club will e-mail entry verification back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. • Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmarttinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
Coaches Eligibility:	<ul style="list-style-type: none"> • All coaches “on the deck” must be currently registered coach members of USA Swimming. • Coaches must show coaching card for entrance to facility. • All coaches must have coaching cards visible at all times while on deck.
Officials:	<ul style="list-style-type: none"> • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. • Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	<ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. • Swimming Equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. • All swimmers must enter the pool feet first from the starting end of the pool. • New Jersey Swimming officials will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction.
Check-In:	<ul style="list-style-type: none"> • All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with “SCR” next to the circle. • Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Procedure:	<p>No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.</p>



Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com</p> <p>Pre-Meet Information posted on website:</p> <ul style="list-style-type: none"> • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. • List Teams whose entries have been received. • List “heat limited” events psych sheet. • List Updated meet schedule. • List Warm-up Schedule and Team Warm-up Assignments. • List Timing assignments. <p>Post-Meet Information posted on website:</p> <ul style="list-style-type: none"> • Downloadable Results (Zipped .CL2 & .HY3 files) for TM • Printable meet results (.PDF file),
Results:	<ul style="list-style-type: none"> • Meet result files for TM will be emailed to all participating teams. • Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotels:	<ul style="list-style-type: none"> • Holiday Inn, 100 Independence Way, 1.609.520.1200, • Staybridge Suites, 4375 Route 1, 1.609.951.0009 • Residence Inn by Marriott, 4225 Route 1, 1.732.329.9600, Includes breakfast • Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1.609.716.9100; includes breakfast
Directions:	The College of New Jersey is off I-95S, Route 31S, Exit 4, take 31S (Pennington Road) to the entrance of the college. Please use lots 3, 4, or 5 for parking; they are to the right of the Pennington Road entrance to the college.





NEW JERSEY SWIMMING

2017 13 & Over Silver Bronze Championships

Region B Hosted by Eastern Express

Saturday-Sunday March 4th-5th



Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, The College of New Jersey, Eastern Express Swimming, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers, and coaches listed on this waiver form, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer rule. Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____ Individual non-1000/1650 event entries @ \$5.00 =	\$ _____
	_____ 1000/1650 event entries @ \$11.00 -	\$ _____
	_____ Relay event entries @ \$8.00 =	\$ _____
	Total:	\$ _____

Make checks payable to: **Express Sports Inc**

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____