

2025 EEX Jeffrey S Mace Memorial Summer Sizzle XXXIII

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Friday	<i>Doors Open</i>		<i>7:00am</i>	
1	Friday Open Prelims	7:15am	7:45am	8:20am
2	Friday 400 Freestyle	TBA**	9:30am	11:00am†
3	Friday 14 & Under Prelims	12:50pm	1:10pm	1:45pm
4	Friday Finals	5:00pm	5:25pm‡	6:00pm
Saturday	<i>Doors Open</i>		<i>7:00am</i>	
5	Saturday Open Prelims	7:15am	7:45am	8:20am
6	Saturday 800 Freestyle	TBA**	9:30am	11:30am†
7	Saturday 14 & Under Prelims	12:50pm	1:10pm	1:45pm
8	Saturday Finals	5:15pm	5:40pm‡	6:15pm
Sunday	<i>Doors Open</i>		<i>7:00am</i>	
9	Sunday Open Prelims	7:15am	7:45am	8:20am
10	Sunday 1500 Freestyle	TBA**	9:30am	11:10am†
11	Sunday 14 & Under Prelims	12:50pm	1:10pm	1:45pm
11	Sunday Finals	5:00pm	5:25pm‡	6:00pm



**** Warm-Up will start in the Patio Pool, then move to the Main Pool (when available).**

† Will not start before this time

‡ Relay Scratches

Warm-up Arrangement for Finals

Friday 1st Period: 5:00-5:30pm, 2nd Period: 5:30-5:55pm

Saturday 1st Period: 5:15-5:45pm, 2nd Period: 5:45-6:10pm

Sunday 1st Period: 5:00-5:30pm, 2nd Period: 5:30-5:55pm

	L1	L2	L3	L4	L5	L6	L7	L8
Period 1	General	General	General	General	General	General	General	Relay Starts
Period 2	Pace	Pace	12 & Under Only	General	General	General	Starts	Starts



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Warm-up Schedule

Friday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	GSCY	GSCY	GMNY	GMNY/WMY	FSPY	LIFE	WEST/PDR	EEX/STAC/ MAY
7:45am	ASC/XCEL	FREE/WW	JAC/GSA	WFY/SCAR	CAT/SCHE	PAA/JFAC	NJRC/PTAC	CS & <i>Others</i>

Friday 400 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available Swimmers will provide timers. Session will not start before 11:00am</i>							

Friday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	GSCY	GSCY/MAY	LIFE	LIFE/XCEL	SCAR	SCAR/CAT	JAC	NJRC/EEX
1:15pm	WW/BWA/ OCY	GMNY/PAA	PDR/WMY/ RY	WEST/CBGC	FREE/WFY	FSPY/RSA	PTAC/WY	<i>Others</i>

Saturday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	WEST/GSA	JAC/SCHE	PAA/WY	ASC/PDR	FREE/JFAC	CAT/NJRC	PTAC/WMY	WFY/SCAR
7:45am	EEX/STAC/ MAY/OCY	GSCY	GSCY	GMNY	GMNY/CS	FSPY	LIFE	<i>Others</i>



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Warm-up Schedule

Saturday 800 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available Swimmers will provide timers & counters. Session will not start before 11:45am</i>							

Saturday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	FSPY/WFY	WEST/MAY	WY/CBGC	GMNY/EAG	PDR/CAT/EEX	WW/WMY	OCY/PAA/RV	JAC
1:15pm	GSCY	GSCY/RSA	LIFE/XCEL	NJRC/GSA	SCAR	SCAR/FREE	PTAC/BB/JFAC	<i>Others</i>

Sunday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	GSCY	GSCY/WW	GMNY	GMNY/SCHE	FSPY/OCY	LIFE	JAC/PDR	EEX/STAC/MAY
7:45am	SCAR/WMY	CAT/WY	ASC/CS	PAA/NJRC	FREE/JFAC	WEST/GSA	PTAC/WFY	<i>Others</i>

Sunday 1500 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available Swimmers will provide timers & counters. Session will not start before 11:10am</i>							

Sunday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	SCAR/EEX	SCAR	JAC	NJRC/GSA	WW/BB	WEST/WMY	GMNY/CBGC	FSPY/MAY
1:15pm	GSCY	GSCY/WFY	LIFE	LIFE/PTAC	WY/XCEL/BWA	RSA/EAG/CAT	FREE/PDR	<i>Others</i>



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Timing Assignments – Timers Please check-in 40 min before session start

Session 1 – Friday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
PAA	ASC	WEST	GMNY	CAT	FREE	JAC	NJRC
JFAC	PTAC	WMY	GMNY	CAT	PDR	GSA	STAC
<i>Backups: EEX, WW, XCEL</i>							

Session 2 – Friday 400 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers</i>							

Session 3 – Friday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
JAC	SCAR	LIFE	GSCY	NJRC	WW	GMNY	PDR
FREE	FSPY	PTAC	WY	RSA	MAY	XCEL	WEST
<i>Backups: CBGC, WMY, BWA</i>							

Session 4 – Friday Finals

L1	L2	L3	L4	L5	L6	L7	L8
FREE	FSPY	GSCY	EEX	LIFE	PTAC	JAC	WFY
EEX	FSPY	GSCY	EEX	LIFE	PDR	JAC	WFY
<i>Backups: EEX, WY, PAA</i>							



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Timing Assignments – Timers Please check-in 40 min before session start

Session 5 – Saturday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
FREE	GSA	CAT	GMNY	FSPY	JAC	WEST	PAA
PTAC	WFY	CAT	GMNY	WMY	NJRC	JFAC	CS
<i>Backups: EEX, WY, ASC</i>							

Session 6 – Saturday 800 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers & counters</i>							

Session 7 – Saturday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
GMNY	FSPY	WW	NJRC	SCAR	JAC	WEST	WY
CBGC	RSA	WFY	PTAC	XCEL	FREE	MAY	WMY
<i>Backups: EEX, EAG, OCY</i>							

Session 8 – Saturday Finals

L1	L2	L3	L4	L5	L6	L7	L8
JAC	WY	PDR	EEX	PAA	LIFE	WFY	PTAC
GSCY	NJRC	PDR	EEX	PAA	LIFE	WFY	WEST
<i>Backups: EEX, XCEL, FREE</i>							



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Timing Assignments – Timers Please check-in 40 min before session start

Session 9 – Sunday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
PAA	JAC	CAT	GMNY	LIFE	WEST	PTAC	WFY
FREE	SCAR	CAT	WY	GSA	NJRC	JFAC	WMY
<i>Backups: EEX, GSCY, CS</i>							

Session 10 – Sunday 1500 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers & counters</i>							

Session 11 – Sunday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
PDR	RSA	GMNY	CBGC	WFY	XCEL	FREE	SCAR
NJRC	WEST	GMNY	PTAC	WY	FSPY	WW	JAC
<i>Backups: EEX, LIFE, GSCY</i>							

Session 12 – Sunday Finals

L1	L2	L3	L4	L5	L6	L7	L8
WY	JAC	LIFE	EEX	GSCY	PAA	FREE	WFY
WY	PDR	LIFE	EEX	GSCY	PAA	EEX	WMY
<i>Backups: EEX, XCEL, PTAC</i>							

