

2025 Fall Club Cup

Hosted by Eastern Express Swim Team

at the Jersey Aquatic Center

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Saturday-Sunday November 8th-9th, 2025		
Facility:	Jersey Aquatic Center <i>(link to facility location & directions, pool certification, and medical information)</i>		
Host Team Contact:	Michael Randazzo	908-448-8476	EasternExpressSwimTeam@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referees:	Janice Rein		janice.rein@rutgers.edu
Admin Officials:	Be Smartt		besmarttinc@gmail.com
Safety Marshall:	Jeffrey Verga Shannon Nelson		EasternExpressSwimTeam@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Tuesday October 14th, 2025, at 6:00am		
Entry Deadline:	Friday October 31st, 2025, at 6:00pm or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: November 8th, 2025		
Entry Fees:	Individual Entry: 14 & Under Event: \$10		Relay Event: \$5
	Open Events: \$15		
	<i>There will be a \$25 per swimmer surcharge.</i>		
Meet Course:	Short Course Yards (SCY), converted times are acceptable.		
Meet Format:	<ul style="list-style-type: none"> • There will be 14 & Under, and Open events. • This meet will be run as timed finals for all 14 & Under events, and Open events on Saturday. • The Open events on Sunday will be prelims/finals with three heats at finals. Finals will run in 8 lanes, swimming A-final, B-final, C-final. • There are minimum (“faster than”) time standards for this meet. Saturday 14 & Under and main Open session, a swimmer who qualifies for one event may swim four, “Make 1, Swim 4”. A swimmer who qualifies for one event on Sunday may swim three events “Make 1 Swim 3”. Swimmers must qualify for the 1650 freestyle. “NT/No Time” entries are not permitted at this meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. Once a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		
Entry Limits:	Daily: Saturday: 4 Individual Events Sunday: 3 Individual Events 1 Relay	Meet: 7 Individual Events 2 Relays	
Checks Payable To:	Express Sports Inc		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

***This schedule is tentative pending receipt of entries.
Depending on the entries, sessions may be combined or split.
The complete schedule with session warm-up and start times will be established when
all entries have been received and a timeline developed.
The schedule will be published on the meet website, the meet section of the NJS website, and e-
mailed to the coaches of participating teams.***

Saturday		
Session 1	Morning	14 & Under
Session 2	Afternoon	Open
Session 3	Late Afternoon	1650 Freestyle
Sunday		
Session 4	Morning	Open Preliminaries
Session 5	Afternoon	14 & Under
Session 6	Evening	Open Finals

Scoring:	<ul style="list-style-type: none"> No team scoring.
Awards:	<ul style="list-style-type: none"> There will be individual high-point awards, 14 & Under, Open. Events will be scored to 16 places: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. The 200 Butterfly, 400 IM, and 500 & 1650 Freestyle events will receive double points.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts may be used during this meet
Admissions and Programs:	<ul style="list-style-type: none"> Spectators will be allowed into the facility up to its capacity. Heat sheets will be available online at www.besmarttinc.com and Meet Mobile.
Concessions:	<ul style="list-style-type: none"> None.
Vendor:	<ul style="list-style-type: none"> Jolyn Swim will be on-site as the swim equipment vendor.
Internet Website Posting:	<ul style="list-style-type: none"> Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	<ul style="list-style-type: none"> In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event	Equal/ Faster
Session: 1 Saturday 14 & Under		
1	Girls 14 & Under 200 Medley Relay	
2	Boys 14 & Under 200 Medley Relay	
3	Girls 14 & Under 50 Freestyle	39.99
4	Boys 14 & Under 50 Freestyle	39.99
5	Girls 14 & Under 100 IM	1:29.99
6	Boys 14 & Under 100 IM	1:29.99
7	Girls 14 & Under 50 Breaststroke	49.99
8	Boys 14 & Under 50 Breaststroke	49.99
9	Girls 14 & Under 100 Butterfly	1:29.99
10	Boys 14 & Under 100 Butterfly	1:29.99
11	Girls 14 & Under 50 Backstroke	44.99
12	Boys 14 & Under 50 Backstroke	44.99
13	Girls 14 & Under 100 Freestyle	1:19.99
14	Boys 14 & Under 100 Freestyle	1:19.99
15	Girls 14 & Under 50 Butterfly	44.99
16	Boys 14 & Under 50 Butterfly	44.99
17	Girls 14 & Under 100 Breaststroke	1:39.99
18	Boys 14 & Under 100 Breaststroke	1:39.99
19	Girls 14 & Under 100 Backstroke	1:29.99
20	Boys 14 & Under 100 Backstroke	1:29.99
21	Girls 14 & Under 200 Freestyle	2:39.99
22	Boys 14 & Under 200 Freestyle	2:39.99

#	Event	Equal/ Faster
Session: 2 Saturday Open		
23	Mixed 200 Medley Relay	
25	Women 50 Freestyle	29.99
26	Men 50 Freestyle	26.99
27	Mixed 200 Butterfly	2:39.99
29	Women 50 Breaststroke	38.99
30	Men 50 Breaststroke	35.99
31	Women 50 Backstroke	33.99
32	Men 50 Backstroke	30.99
33	Mixed 400 IM	5:19.99
35	Women 50 Butterfly	33.99
36	Men 50 Butterfly	30.99
37	Women 100 IM	1:14.99
38	Men 100 IM	1:09.99
39	Mixed 500 Freestyle	5:49.99

#	Event	Equal/ Faster
Session: 3 Saturday 1650 Freestyle		
41	Mixed 1650 Freestyle	20:29.99

#	Event	Equal/ Faster
Session: 4 Sunday Open Prelims		
51	Women 100 Freestyle	1:03.99
52	Men 100 Freestyle	59.99
53	Women 200 Breaststroke	2:50.99
54	Men 200 Breaststroke	2:39.99
55	Women 200 Backstroke	2:34.99
56	Men 200 Backstroke	2:26.99
57	Women 100 Butterfly	1:14.99
58	Men 100 Butterfly	1:09.99
59	Women 200 IM	2:34.99
60	Men 200 IM	2:26.99
61	Women 100 Backstroke	1:14.99
62	Men 100 Backstroke	1:09.99
63	Women 100 Breaststroke	1:20.99
64	Men 100 Breaststroke	1:16.99
65	Women 200 Freestyle	2:19.99
66	Men 200 Freestyle	2:11.99

#	Event	Equal/ Faster
Session: 5 Sunday 14 & Under		
43	Mixed 14 & Under 200 Freestyle Relay	
44	Mixed 14 & Under 400 IM	5:39.99
45	Mixed 14 & Under 200 Backstroke	2:39.99
46	Mixed 14 & Under 200 IM	2:39.99
47	Mixed 14 & Under 200 Butterfly	2:49.99
48	Mixed 14 & Under 200 Breaststroke	2:59.99
49	Mixed 14 & Under 500 Freestyle	6:29.99

#	Event	Equal/ Faster
Session: 6 Sunday Finals		
	Finals of #51-66, 3 Heats, A, B, C	
67	Mixed 200 Freestyle Relay	

