



2025 Smash the Pumpkin

Hosted by the Cougar Aquatic Team
at the Wellness & Events Center, NJIT

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Sunday October 26th, 2025		
Facility:	Wellness & Events Center, NJIT <i>(link to facility location & directions, pool certification, and medical information)</i>		
Host Team Contact:	Jon Siegel		jon@cougaraquatic.com
Meet Director:	Jon Siegel		jon@cougaraquatic.com
Meet Referee:	Michael Chow		Michaelchow39@gmail.com
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Terry Murray Rich Palm		teammurray@verizon.net rich@cougaraquatic.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Tuesday September 30th, 2025 at 6:00am		
Entry Deadline:	Friday October 17th, 2025, at 6:00pm or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: Sunday October 26th, 2025		
Entry Fees:	Individual Entry: \$12.00 There will be a \$15 per swimmer surcharge.		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> This meet will be run as a timed final meet. There will be 12 & Under, and 13 & Over events. There are no qualifying times for this meet. "NT" or "No Time" entries will not be accepted at this meet. This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own. 		
Entry Limits:	Daily: 3 Individual events	Meet: 3 Individual Events	
Checks Payable To:	Cougar Aquatic Team, LLC		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet website, the meet section of the NJS website and e- mailed to the coaches of participating teams.

Sunday

Session 1	Morning	13 & Over
Session 2	Late Afternoon	12 & Under

Scoring:	Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none">• No awards.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions:	<ul style="list-style-type: none">• Spectators will be admitted up to the capacity of the gallery.• Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none">• None.
Vendor:	<ul style="list-style-type: none">• None.
Internet Website Posting:	<ul style="list-style-type: none">• Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event
Session: 1 13 & Over	
1	Women 13 & Over 200 Freestyle
2	Men 13 & Over 200 Freestyle
3	Women 13 & Over 100 Butterfly
4	Men 13 & Over 100 Butterfly
5	Women 13 & Over 50 Freestyle
6	Men 13 & Over 50 Freestyle
7	Women 13 & Over 100 Backstroke
8	Men 13 & Over 100 Backstroke
9	Women 13 & Over 50 Breaststroke
10	Men 13 & Over 50 Breaststroke
11	Women 13 & Over 100 Freestyle
12	Men 13 & Over 100 Freestyle
13	Women 13 & Over 50 Backstroke
14	Men 13 & Over 50 Backstroke
15	Women 13 & Over 100 Breaststroke
16	Men 13 & Over 100 Breaststroke
17	Women 13 & Over 50 Butterfly
18	Men 13 & Over 50 Butterfly

#	Event
Session: 2 12 & Under	
19	Girls 12 & Under 100 IM
20	Boys 12 & Under 100 IM
21	Girls 12 & Under 50 Freestyle
22	Boys 12 & Under 50 Freestyle
23	Girls 12 & Under 100 Butterfly
24	Boys 12 & Under 100 Butterfly
25	Girls 12 & Under 50 Breaststroke
26	Boys 12 & Under 50 Breaststroke
27	Girls 12 & Under 100 Backstroke
28	Boys 12 & Under 100 Backstroke
29	Girls 12 & Under 50 Butterfly
30	Boys 12 & Under 50 Butterfly
31	Girls 12 & Under 100 Freestyle
32	Boys 12 & Under 100 Freestyle
33	Girls 12 & Under 50 Backstroke
34	Boys 12 & Under 50 Backstroke
35	Girls 12 & Under 100 Breaststroke
36	Boys 12 & Under 100 Breaststroke

