2026 Caitlin Lehmann Memorial

Hosted by the Cougar Aquatic Team
at the Wellness & Events Center, NJIT
Held under the sanction of USA Swimming

NJ Swimming:	**NJ Swimming Sanction Document**		
Date of Meet:	**Friday-Saturday November 20th-21st, 2026**		
Link to Facility Info:	**Wellness & Events Center, NJIT** *(link to facility location & directions, pool certification, and medical information)*		
Host Team Contact:	Jon Siegel		jon@cougaraquatic.com
Meet Director:	Jon Siegel		jon@cougaraquatic.com
Meet Referee:	John Kelly		Johnfk41965@gmail.com
Admin Official:	Ellen Mace, John Lister		besmarttinc@gmail.com
Safety Marshall:	Terry Murray Rich Palm		teammurray@verizon.net rich@cougaraquatic.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	**Monday October 26th, 2026 at 6:00am**		
Entry Deadline:	**Friday November 13th, 2026, at 6:00pm** or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: **Saturday November 21st, 2026**		
Entry Fees:	Individual Entry: **$12.00,** 1000/1650 Freestyle: **$16.00** **There will be a $15 per day swimmer surcharge.**		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	• This meet will be run as a timed final meet. • There will be 12 & Under, and 13 & Over events. • **There are no qualifying times for this meet. "NT" or "No Time" entries will not be accepted at this meet.** • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own.		
Entry Limits:	Daily: 13 & Over: **3** Individual events 12 & Over: **5** Individual events	Meet: **6** Individual Events	
Checks Payable To:	**Cougar Aquatic Team, LLC**		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

Tentative Meet Schedule

This schedule is tentative pending receipt of entries.
Depending on the entries, sessions may be combined or split.
The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet website, the meet section of the NJS website and e- mailed to the coaches of participating teams.

Friday		
Session 1	Evening	13 & Over
Saturday		
Session 2	Morning	12 & Under
Session 3	Midday	Distance
Session 4	Afternoon	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	• No awards.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions:	• Spectators will be admitted up to the capacity of the gallery. • Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	• None.
Vendor:	• None.
Heat Limited Events – Distance Sessions	• The middle-distance sessions will be limited to two hours. • Psych sheets for these events will be posted on the meet website at one week before the meet. • The coaches of swimmers over the limits will be notified. If there are scratches, the entry coordinator will notify teams as places open up. • Swimmers over the limit are welcome to arrive at the meet to see if any day of meet scratches create openings. • The events will be seeded fast to slow, alternating genders. Swimmers must provide their own timers and (if desired) counters.
Internet Website Posting:	• Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.

Event List

#	Event
Session: 1 Friday	
1	Women 13 & Over 50 Butterfly
2	Men 13 & Over 50 Butterfly
3	Women 13 & Over 100 Backstroke
4	Men 13 & Over 100 Backstroke
5	Women 13 & Over 50 Breaststroke
6	Men 13 & Over 50 Breaststroke
7	Women 13 & Over 100 Freestyle
8	Men 13 & Over 100 Freestyle
9	Women 13 & Over 50 Backstroke
10	Men 13 & Over 50 Backstroke
11	Women 13 & Over 100 Breaststroke
12	Men 13 & Over 100 Breaststroke
13	Women 13 & Over 50 Freestyle
14	Men 13 & Over 50 Freestyle
15	Women 13 & Over 100 Butterfly
16	Men 13 & Over 100 Butterfly

#	Event
Session: 2 Saturday 12 & Under	
17	Girls 12 & Under 50 Freestyle
18	Boys 12 & Under 50 Freestyle
19	Girls 12 & Under 100 IM
20	Boys 12 & Under 100 IM
21	Girls 12 & Under 200 Freestyle
22	Boys 12 & Under 200 Freestyle
23	Girls 12 & Under 100 Backstroke
24	Boys 12 & Under 100 Backstroke
25	Girls 9-12 200 Breaststroke
26	Boys 9-12 200 Breaststroke
27	Girls 12 & Under 50 Breaststroke
28	Boys 12 & Under 50 Breaststroke
29	Girls 12 & Under 100 Butterfly
30	Boys 12 & Under 100 Butterfly
31	Girls 9-12 200 IM
32	Boys 9-12 200 IM
33	Girls 12 & Under 50 Butterfly
34	Boys 12 & Under 50 Butterfly
35	Girls 12 & Under 100 Freestyle
36	Boys 12 & Under 100 Freestyle

#	Event
Session: 2 Saturday 12 & Under *...continued*	
37	Girls 12 & Under 50 Backstroke
38	Boys 12 & Under 50 Backstroke
39	Girls 9-12 200 Butterfly
40	Boys 9-12 200 Butterfly
41	Girls 12 & Under 100 Breaststroke
42	Boys 12 & Under 100 Breaststroke
43	Girls 9-12 200 Backstroke
44	Boys 9-12 200 Backstroke

#	Event
Session: 3 Saturday Distance	
45	Women 13 & Over 1000 Freestyle
46	Men 13 & Over 1000 Freestyle

#	Event
Session: 4 Saturday 13 & Over	
47	Women 13 & Over 400 IM
48	Men 13 & Over 400 IM
49	Women 13 & Over 50 Butterfly
50	Men 13 & Over 50 Butterfly
51	Women 13 & Over 200 Freestyle
52	Men 13 & Over 200 Freestyle
53	Women 13 & Over 50 Backstroke
54	Men 13 & Over 50 Backstroke
55	Women 13 & Over 200 Breaststroke
56	Men 13 & Over 200 Breaststroke
57	Women 13 & Over 200 IM
58	Men 13 & Over 200 IM
59	Women 13 & Over 50 Freestyle
60	Men 13 & Over 50 Freestyle
61	Women 13 & Over 200 Butterfly
62	Men 13 & Over 200 Butterfly
63	Women 13 & Over 50 Breaststroke
64	Men 13 & Over 50 Breaststroke
65	Women 13 & Over 200 Backstroke
66	Men 13 & Over 200 Backstroke
67	Women 13 & Over 500 Freestyle
68	Men 13 & Over 500 Freestyle