Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Friday	Doors Open		7:00am	
1	Group A, Event List 1	7:15am	7:45am	8:20am
2	Group A 800 Free, Group B 1500 Free	12:30pm	12:30pm	1:00pm
3	Group B Event List 1	2:30pm	3:00pm	3:35pm
Saturday	Doors Open		7:00am	
4	Group C, Event List 1	7:15am	7:45am	8:20am
5	Group C 800 Free, Group A 1500 Free	12:00pm	12:00pm	12:30pm
6	Grou A, Event List 2	2:00pm	2:30pm	3:05pm
Sunday	Doors Open		7:00am	
7	Group C, Event List 2	7:15am	7:45am	8:20am
8	Group C 1500 Free, Group B 800 Free	12:00pm	12:00pm	12:30pm
9	Group B, Event List 2	1:50pm	2:20pm	2:55pm



Warm-up Schedule

Session 1 - Group A, Event List 1

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	PTAC	PTAC	PTAC/ACE	PAA	PAA/EEX	STAC	APEX	HACY
7:45am	JAC	JAC	RSA/	RSA/TWST	STAR/GMY	PPST	CBGC	Others

Session 2 – Group A 800 Freestyle, Group B 1500 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
12:30pm				Open Warm-Up				

Session 3 - Group B, Event List 1

	L1	L2	L3	L4	L5	L6	L7	L8
2:30pm	XCEL	XCEL	XCEL	BB	BB	CAT	CAT	HQH/NJSD
3:00pm	NJRC	NJRC	NJRC	RY	RY/EBGC	OCY	WW	WW/CJAC

Session 4 – Group C, Event List 1

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	SCAR	SCAR	SCAR	EAG	SCAR	SCAR	SCAR	SCAR
7:45am	SCAR	SCAR	SCAR	SCAR	SCAR	BWTD	BWTD/WAVE	Others

Session 5 – Group C 800 Freestyle, Group A 1500 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
12:00pm				Open Warm-Up				



Warm-up Schedule

Session 6 – Group A, Event List 2

	L1	L2	L3	L4	L5	L6	L7	L8
2:00pm	JAC	JAC	RSA	RSA	STAC	STAC/MAY	HACY	PPST
2:30pm	PTAC	PTAC	PTAC/APEX	PAA	PAA	STAR/GMY	ACE/CBGC	Others

Session 7 – Group C Event List 2

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	BWTD	EAG
7:45am	SCAR	SCAR	SCAR	SCAR	SCAR		Others	

Session 8 – Group C 1500 Freestyle, Group A 800 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8					
12:00pm				Open Warm-Up									

Session 9 – Group B Event List 2

	L1	L2	L3	L4	L5	L6	L7	L8
2:00pm	NJRC	NJRC	NJRC	XCEL	XCEL	CAT	CAT	OCY
2:30pm	BB	BB	RY	RY	WW	WW/NJSD	Oth	ers



Timing Assignments

Session 1 - Group A, Event List 1

L1	L2	L3	L4	L5	L6	L7	L8			
PTAC	JAC	RSA	PAA	STAC	APEX	PPST	STAR			
	Backups: PTAC, MAY, CBGC									

Session 2 – Group A 800 Freestyle, Group B 1500 Freestyle

Swimmers provide their own timers & counters

Session 3 - Group B, Event List 1

L1	L2	L3	L4	L5	L6	L7	L8
XCEL	XCEL	OCY	WW	RY	CAT	NJRC	NJRC
		В	ackups: OCY	, HQH, NJSD,	CJAC		

Session 4 - Group C, Event List 1

L1	L2	L3	L4	L5	L6	L7	L8	
SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	BWTD	EAG	
Backups: MDY, WAVE, HCY								



Timing Assignments

Session 5 – Group C 800 Freestyle, Group A 1500 Freestyle

Swimmers provide their own timers & counters

Session 6 – Group A, Event List 2

L1	L2	L3	L4	L5	L6	L7	L8	
PTAC	JAC	PAA	RSA	STAC	PPST	MAY	STAR	
Backups: APEX, ACE, CBGC, TWST								

Session 7 – Group C Event List 2

L1	L2	L3	L4	L5	L6	L7	L8	
SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	BWTD	EAG	
Backups: MDY, RVYM, HCY								

Session 8 – Group C 1500 Freestyle, Group A 800 Freestyle

Swimmers provide their own timers & counters

Session 9 – Group B Event List 2

L1	L2	L3	L4	L5	L6	L7	L8	
NJRC	NJRC	XCEL	XCEL	CAT	RY	WW	OCY	
Backups: NJSD, CJAC, HQH								

