

MYM JULY Summer Challenge 2011



NJS SANCTION **NJS# 071311LC**
NO.:

Hosted by Montclair YMCA

DATES: Wednesday, JULY 13TH, 2011

LOCATION: **Sonny Werblin Recreation Center**
Rutgers University
656 Bartholomew Road
Piscataway, NJ 08854
732-445-0460 (for emergencies ONLY)

FACILITY: The pool is Olympic-sized - 8 lane by 50 meters. The pool uses pedestal-style starting blocks, with non-turbulent lane lines, and a Colorado Timing system. *The minimum water depth in the competition pool is 6 ft.* There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. Access to the pool deck will be via the staircase nearest the diving tower end of the pool. Officials, timers and other meet workers, and swimmers exiting the Main Pool will only use stairs at the scoreboard end of the pool. Parking is available in various Rutgers lots. Please park only where "SWIM MEET PARKING" signs are posted and follow the instruction of the Rutgers Security Guards.

MEET Jon Siegel JSIEGELN@montclairYMCA.org

DIRECTOR: Chris Jung, chrisleexx@aol.com

MEET
REFEREE:

ENTRY Ellen W. Mace, entries1@juno.com, 609.558.0988
COORDINATOR

MEET Marvin Navata
MARSHAL:

ENTRY Entries must be **received no later than** Wednesday, June 29th, 2011. The
DEADLINE: entry coordinator will accept entries as they are received and will stop
accepting entries when the meet is full. Entry fees and team paperwork
must be received prior to start of competition.

Entries will not be considered complete unless the waiver form is in accordance with the 2011 New Jersey Swimming rules, and a non-refundable entry fee of \$5.00 per individual event and \$9.00 per relay event are submitted.
Make checks payable to "Montclair YMCA."



**MEET FORMAT
WAIVER:**

The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be to allow more swimmers to swim; to conform to facility capacity limits or for facility safety concerns; to condense the meet into smaller time frame.

**INTERNET
WEB POSTING:**

Meet information and a Hy-Tek event list, importable into Team Manager, will be posted on the BE Smartt and New Jersey Swimming websites: www.besmarttinc.com and www.njswim.org

Additional pre-meet information will be posted at www.besmarttinc.com. A Hy-tek file of results, including splits, will also be available on the website.

Any changes to the meet format or schedule will be posted on the website.

**Meet Requirement
Statement:**

This meet qualifies, as "one" of the two required long course meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement. A swimmer who has participated in 1 long course meet and 3 short course meets from Sept 1 thru Aug 1 will also be eligible for the NJ National Championship Reimbursement.

COACHES:

All coaches "on the deck" must be members of USA Swimming with 2011 coaching credentials including background checks. Coaches must show coaching card with background check validation for entrance to facility. Coaches must show coaching card before picking up any meet information or scratch sheets. Coaches must have coaching card visible at all times while on deck, when entering hospitality area or when asking for food at concessions.

OFFICIALS:

Participating clubs are requested to provide as many USA-S certified officials as possible. Please email Judy Sharkey if you plan to volunteer.

**SWIMMER
ELIGIBILITY:**

Swimmers must be USA-S registered in order to enter and compete in this meet. All swimmers must be listed in the team's official entry file in order to participate in the meet, **including relay only swimmers**. Any transfer swimmer(s) must swim unattached for 120 days from their last competition. Please enter them as a separate team named XXXUN where XXX is the first three letters of your team abbreviation. Entries for swimmers without valid 2011 USA-S registrations will not be entered in the meet. NJ Swimming performs a registration check a few days after the official deadline and ineligible swimmers will be notified at that time.

There will be no qualifying times for this meet. Times converted from



short course are allowed.

Age is determined by the swimmer's age on **Wednesday July 13th, 2011**.

Swimmers
Unaccompanied
by a USAS
Certified Coach

Any swimmer entered into this meet that is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

MEET FORMAT: This meet will be run in accordance with the current USA Swimming Rules.

This will be a timed final meet; it will have one session. All events will be open events. There is no minimum age. Swimmers may participate in 3 individual events and two relay events. The 400 Freestyle will be limited to a total of 8 heats

CHECK-IN and
SCRATCHES:

All check in sheets must be turned into the control room 30 minutes before the start of the session. Swimmers who are competing will have lines through their names. Swimmers who are being scratched will have their names circled with "SCR" next to the circle. A swimmer scratching a single event will have a line through his or her name and the event number circled with "SCR" next to the circle.

If a coach fails to return the scratch sheet to the control room by 30 minutes before the end of the warm up, the entire team will be scratched from the meet. Unattached swimmers must also check at the control room not later than 30 minutes before the end of warm up or they will be scratched from the session.

SCHEDULE: Warm-up at 4:55PM
Check-in by 5:25PM
Start at 6:00PM

DOORS WILL OPEN AT 4:45PM

WARM UP
PROCEDURES:

Warm-ups will be run under current NJ Swimming Warm-up and Safety Guidelines. Circle swimming will be in the counterclockwise direction. Entry shall be from the main scoreboard end of each pool and must be feet first.

A specific Warm-Up procedure will be created upon receipt of entries and emailed to participating clubs no later than one week prior to the meet. Since there are no time qualifications nor age group delineations, the Meet Host will be diligent about organizing a warm-up that provides a safe warm-up environment for the younger and/or smaller swimmers.

At the Meet Referee's discretion, Lane 1 may be designated a pace lane and Lanes 6, 7 and 8 may be designated one way lanes. Relay starts may



not be used. The warm-up will be conducted in accordance with New Jersey Swimming Warm up Policies. Uniformed and designated Safety Marshals will monitor warm-ups.

ENTRY TIMES: All entry times shall be in LCM. Times may be converted from short course but must be entered as long course meter times. There will be **no** qualifying times.

DISTANCE EVENT: There will be no distance events.

HEATLIMITED EVENTS: The 400 Freestyle will be limited to a total of 8 heats. Girls and boys heats will be combined, if necessary, to provide the most opportunities (and opposite gender swimmers may not, if necessary, be separated by lane, again to provide the most opportunities).

At least 1 week prior to the meet, psych sheets of the 400 IM will be posted on the Be Smartt website. Prior to the start of the meet (up to check-in), a swimmer can opt to remain in the event or select another event. If they choose to remain in the event and do not swim (due to not being in the top 64), they will not receive a refund of their entry fee.

RELAYS: All relays must have the correct four names listed on the relay card in the correct order for that relay to be eligible. Coaches must turn in relay cards no later than 30 minutes prior to the event. All swimmers must be listed in the team's official entry file in order to participate in the meet, **including relay only swimmers**. The order of the swimmers and the names may be changed by notifying the timer in the relay lane or the computer desk but must be done prior to the start of the heat. No changes will be made after the relay is swum.

SCORING: There will be no team scoring.

AWARDS: There will be no awards.

ENTRY FEES:

Individual Events:	\$5.00
Relay events:	\$9.00

Please make all checks payable to *Montclair YMCA*

ADMISSION AND PROGRAMS: Admission will be \$6.00; heats sheets will be complimentary, one per family as long as the supply lasts.

ENTRIES: In accordance with NJS policy, entries may be submitted by email to entries1@juno.com. All entries must be Hy-Tek program entries as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48



hours, assume that your email has not been received. It is the **e-mailer's** responsibility to make sure that the entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by email or phone or mail in your entries. An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. Entries must be submitted in meters times only but may be converted from yards. No phone or faxed entries will be accepted. If you are not emailing your entries, overnight or express mail is recommended, but waive the signature. It is not necessary to overnight or express mail checks and waivers which are sent in support of an emailed entry.

Entry Fees must be paid before the start of meet. Please make all checks payable to **Montclair YMCA**

Please mail all entries to:

BE Smartt Inc, 604 Paxson Avenue, Mercerville, NJ 08619

MAIL ENTRIES:

Telephone: 609.558.0988

If the meet fills and teams are closed out, then in order to provide the most “splash” opportunities, upon receipt of entries, the host team will allow all teams 5 days to “pre-meet scratch” (reduce their entries). This “pre-meet scratch” procedure is meant to allow additional teams into the meet based upon “entered” teams being “good citizens” and adjusting their entries based upon knowledge of swimmers non-attendance post entries received by the meet host. Room created by this procedure will be filled by entries received by “closed out teams” in the order the entries were received.

RESULTS:

Results will be posted at www.besmarttinc.com.

HOST CLUB RESPONSIBILITIES

Light refreshments will be available for coaches and officials. It is located behind the control room on the pool deck.

Montclair YMCA will provide one timer per lane.

Host team will provide all teams the warm-up procedures and the participating teams’ timing assignments at least one week prior to the meet.

PARTICIPATING CLUB RESPONSIBILITIES

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Participating clubs are encouraged to provide as many officials as possible.

Clubs will be asked to provide timers.

Parents of the participating teams must stay off the pool deck unless they are fulfilling their timing assignments.

CONCESSIONS: Rutgers University may have a food concession available.

VENDOR: There may be a suit vendor at the meet





Directions to Sonny Werblin Recreation Center

Address: 656 Bartholomew Rd, Piscataway

Campus: Busch Campus

Garden State Parkway Southbound

Turn off at Exit 129 for the New Jersey Turnpike and head south. Turn off at Exit 9, bear right after the tollbooths and follow signs for “Route 18 North – New Brunswick.” Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Garden State Parkway Northbound

Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Interstate 287

Turn off at Exit 9 “Bound Brook/Highland Park.” Proceed East on River Road toward Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Make the next left onto Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

New Jersey Turnpike

Turn off at Exit 9, bear right after the tollbooths and follow signs for “Route 18 North – New Brunswick.” Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

US Route 1

Turn off at exit marked “Route 18 North-New Brunswick.” Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.



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ENTRY SUMMARY

TEAM: _____

USA-S CLUB CODE _____

Names of Coaches			
Club Mailing Address			
Contact Person Regarding These Entries			
Phone No.			
Fax No.			
Contact Person Regarding Timers and Officials-parent-not coach			
Phone No.			
Fax No.			

ENTRY FEE SUMMARY

Individual Entries		x \$5.00 =	\$
Number of Relays		x \$9.00 =	\$
<u>TOTAL</u>			

MAKE CHECKS PAYABLE TO *MONTCLAIR YMCA*

Do you have any unattached swimmers? If so, please list here:



**NEW JERSEY
SWIMMING**



*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Rutgers University, Montclair YMCA, and BE Smartt, Inc.** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

I hereby certify that all swimmers and coaches listed on the NJSI Master Entry Sheet or in any electronic file, for **'MONTCLAIR JULY SUMMER CHALLENGE'** to be held on **WEDNESDAY, JULY 13, 2011** at **Rutgers University**, are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____

(Signature can not be photocopied)

Article 302.4 of the United States Swimming Rules and regulations.

False Registration: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

ORDER OF EVENTS



Event #	Event Name
1	Girls 200 Freestyle Relay
2	Boys 200 Freestyle Relay
3	Girls 200 IM
4	Boys 200 IM
5	Girls 50 Backstroke
6	Boys 50 Backstroke
7	Girls 100 Butterfly
8	Boys 100 Butterfly
9	Girls 400 Freestyle
10	Boys 400 Freestyle
11	Girls 50 Butterfly
12	Boys 50 Butterfly
13	Girls 100 Backstroke
14	Boys 100 Backstroke
15	Girls 200 Freestyle
16	Boys 200 Freestyle
17	Girls 400 Medley Relay
18	Boys 400 Medley Relay