

<u>Name of Meet</u>	<p style="text-align: center;">REVISED 1/30/12 NEW JERSEY SWIMMING'S SHORT COURSE 13-14 & 15-19 'SILVER/BRONZE' CHAMPIONSHIPS – Region A 2012 Co-Hosted by Elite Swim Club & Morris County Swim Club AT RUTGERS UNIVERSITY</p>
<u>Changes 1/30/12:</u>	<ul style="list-style-type: none"> • Age up date for this meet is now March 10, 2012.
<u>Meet Sanction #:</u>	<p>NJS031012SC</p> <p>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
<u>Date(s) of Meet:</u>	Saturday and Sunday, March 10-11, 2012
<u>Location:</u>	<p>Sonny Werblin Recreation Center Pool 656 Bartholomew Rd Piscataway, NJ 08854</p> <p>The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. The Center's main number is 732-445-0460; (this number is for emergencies only). All calls regarding this meet should be directed to the Meet Director.</p>
<u>Facility Info:</u>	<ul style="list-style-type: none"> • The Sonny Werblin Recreation Center pool has two 8-lane, 25 yard courses with a Colorado Timing system. • There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. • The minimum water depth in the competition pool is 6 ft.
<u>Pool Certification Statement:</u>	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
<u>Audio/Visual Recording Statement:</u>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<u>Meet Director:</u>	<p>Bill Deatly, Meet Director, 32 Prospect Street, Summit, NJ 07901 Phone: 908-273-6542 Email: eliteswimclubnj@comcast.net</p>
<u>Meet Referees:</u>	Moya Chew-Lai 973-635-1206 emmiexilo@aol.com
<u>Meet Marshal:</u>	Brandy Deatly: brando32@comcast.net
<u>Entry Coordinator:</u>	<p>Bill Deatly, Meet Director, 32 Prospect Street, Summit, NJ 07901 Phone: 908-273-6542 E-mail: eliteswimclubnj@comcast.net Ok to call during the day-please call before 10:00 pm</p>
<u>Meet Requirement Statement:</u>	In order to be eligible for the SC New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.
<u>Internet Posting:</u>	All meet information will be posted at: http://www.eliteswimclub.org/ & http://www.besmarttinc.com/ in addition to NJ Swimming's website of http://www.njswim.org/
<u>Entry Deadline:</u>	<p>Entry Deadline Date: Wednesday, February 29, 2012</p> <p>All entries will be accepted up until the entry deadline. As an NJS Championship designated meet, the 4 hour per session rule does not does not pertain to this meet.</p> <p>Email entries to: eliteswimclubnj@comcast.net (Please use 13 & O SBMEET in subject line)</p> <p>Mail the entry summary, signed waiver and check to : Bill Deatly, Meet Director, 32 Prospect Street, Summit, NJ 07901</p>

	<p>It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.</p> <p>NOTE: The meet host reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by the start of the meet.</p>
<u>Entries:</u>	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries must be submitted by E-mail to: eliteswimclubnj@comcast.net • All entries should be Hy-Tek program entries as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. • An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. • Accuracy of seed times is essential. Incomplete entries will not be accepted. • Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Teams Competing In Region A:</u>	<p>BAC, BB, BMS, BWTD, CAT, CBGC, CCC, DESC, EAG, ESC, FSPY, GBCY, HAC, JFAC, JG, LHY, MAY, MCSC, MCY, MEY, MYM, NJBL, NJW, NPR, OTT, PIAC, PSC, RANY, RHSC, RUT, RVYM, RY, SAC, SAY, SCY, SDSC, SHU, SHY, SKYY, STVN, SVY, TWST, WAVE, WEY, WFY, WMY, WY</p>
<u>Meet Format Waiver:</u>	<p>The host club has the right to change the format of the meet with the approval of the administrative chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frames.
<u>Amending Entries Process:</u>	<p>Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The Entry Coordinator is Bill Deatly, e-mail: eliteswimclubnj@comcast.net The process shall be as follows:</p> <ol style="list-style-type: none"> 1. The Host Team will enter each team into meet database as the entries are received. 2. The entries for each team will be e-mailed to that team and posted on the 13-19 SilverBronze Champs webpage: http://www.eliteswimclub.org/ www.besmarttinc.com 3. Upon receipt of the entry list for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. 4. After the entry deadline has passed, should a swimmer be missing from the entry list or if a swimmer is missing from an event, then the coach can enter the swimmer through the following process: <ul style="list-style-type: none"> • The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number and entry time. • The list of the missing swimmers and their events are then to be e-mailed to the Host Team Entry Coordinator (e-mail: eliteswimclubnj@comcast.net) no later than 9:00 PM on the Wednesday (March 7th) before the start of the meet. Please do not email a Hy-Tek file. • The entry fee for all events entered in this manner will be \$10.00 per event and payable before the start of the meet. Should the entry fee not be paid, then the swimmer(s) will not be permitted to swim in the amended event(s) in the meet.
<u>Internet Website Posting:</u>	<p>Official website for the 13-19 Silver/Bronze SC Championships Region A 2012 is: http://www.eliteswimclub.org/. Duplication information will be posted on BeSmartt's website: http://www.besmarttinc.com/ & New Jersey Swimming's website: http://www.njswim.org/</p> <p>Pre-Meet Information:</p> <ul style="list-style-type: none"> • Meet Information • Hy-Tek Meet Events (HYV File)

	<ul style="list-style-type: none"> • Relay Eligibility Meet Info for Team Manager • Team Entry Status • Distance Event Information • Warm-up Assignments • Timing Assignments <p><u>Post-Meet Information:</u></p> <ul style="list-style-type: none"> • Final Results by sessions • Hy-Tek Meet Manager Back-up • Hy-Tek C-File Results
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches “on the deck” must be members of USA Swimming. • Coaches must show coaching card for entrance to facility. • Coaches must have a visible coach’s card when entering hospitality area.
<u>Swimmer Eligibility:</u>	<p><u>NOTES:</u> Starting with the 2011-2012 winter season, the qualifying time period for winter JO’s and Silver/Bronze meets is from Jan 1st of the previous year thru the entry deadline of the meet.</p> <p>For the 2012 Winter Silver/Bronze Championship meet series, the age-up date for all of these meets will be March 16th, 2012 (first day of JOs).</p> <p><u>Registration Requirements:</u></p> <ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. • All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events including relays. • This is a New Jersey Swimming Championship Meet; only New Jersey Swimming athletes may enter and compete in this meet. <p><u>Unattached Swimmers:</u></p> <ul style="list-style-type: none"> • Before a transfer swimmer can represent their new USA Swimming club as an attached member, 120 days must have elapsed since they last represented another USA Swimming club in USA Swimming competition. (See rule 203.3). Swimmers are to use an UN- (New Team Alpha Code) as their team affiliation until the 120 day period has elapsed. All Unattached swimmers must be listed on the team’s official waiver entry form. <p><u>Age Groups that will be offered:</u></p> <ul style="list-style-type: none"> • There will be Girls 13-14 and 15-19 Events & Boys 13-14, 15-16 & 17-19 Events. • All swimmers must have times slower than the current New Jersey Gold Time Standards. • There are no minimum time standards to enter any event in this meet. • If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer MUST be removed from that event(s). They will be allowed to substitute another eligible event(s) if they have any or the entry fee will be refunded if a swimmer is ineligible to compete in a substitute event. Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer’s club may be penalized and/or fined by NJ Swimming for each such infraction. • Similarly, if a swimmer was initially entered in the Bronze division of an event, and then achieves a Silver time in said event prior to the start of this meet, then that swimmer’s entry needs to be amended so that they do not compete in the Bronze division of that event. Again, failure to do so will result in the penalties stated above. <p><u>Individual Limits:</u></p> <ul style="list-style-type: none"> • New Jersey Swimming allows swimmers to compete in 3 individual events per day. Swimmers may enter as many events as they qualify for but must scratch down to 3 events prior to the start of the session. If a swimmer is not scratched down to three events, then the first three entered events that are contested will then be considered as the three events that the swimmer is eligible to compete in. • Swimmers may compete in one relay per day.

	<p><u>Age at Meet:</u></p> <ul style="list-style-type: none"> • Age for this meet is as of: Saturday, March 10, 2012 <p><u>Qualifying Period:</u></p> <ul style="list-style-type: none"> • The qualifying period for this meet is Jan 1, 2011 thru the entry deadline. <p><u>Bronze “Bottom Cuts”:</u></p> <ul style="list-style-type: none"> • There are 5 Bronze events (50 free, 100 free, 100 back, 100 breast & 100 fly) that have no bottom cuts. • There are “bottom cuts” for Bronze Events of 200 yards. • A Bronze level swimmer who does not have times faster than any of the 200 bottom cuts may choose 1 (one) 200 yard event where they do not have a bottom cut in which to participate (giving them 6 events). • All individual events of 400 yards or longer are only open to swimmers who have Silver times in those events during the meet qualifying period (since Jan 1, 2011). • A bronze level swimmer can’t pick the 400 IM, 500 free, 1000 free or 1650 free as their 6th event!
<u>State Championships Restriction:</u>	Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieved the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs.
<u>Swimmers Unaccompanied by a USAS Certified Coach</u>	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will use both ends of the pool. See Possible Special Meet Format (below). • This meet will be run in accordance to current USA Swimming Rules. • This meet will be run as a time final meet. <p><u>How seeding will be done.</u></p> <ul style="list-style-type: none"> • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to directly to the blocks.
<u>Special Meet Format:</u> (Odd Heat Pool/ Even Heat Pool)	<p>This meet will be run concurrently with a Region B meet.</p> <p>The volume of swimmers at this meet requires the meet host to be run as follows:</p> <ul style="list-style-type: none"> • All events will be swum in both pools simultaneously. • The pools will be divided into “Odd Heat Pool-Scoreboard Pool” & “Even Heat Pool-Dive Pool”: Thus, event 1 heat 1 will be swum in the scoreboard pool while event 1 heat 2 will be swum in the dive pool, virtually simultaneously. • Heat 1 of an event will not begin until all heats of the previous event have completed. • This format could be run for all 6 sessions. • If necessary, the Meet Director will arrange for short (5-10 minute) breaks between events to give swimmers rest between events.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> • The building will not open before 7:00 a.m. for swimmers and 7:15 a.m. for spectators. • This meet will have three sessions per day.

Meet Schedule

Saturday, March 10, 2012		Warm-up	Start
Session 1	13-14 Girls Events (including distance)	7:15 a.m.	8:20 a.m.
Session 2	13-16 Boys Events (including distance)	TBA (apprx 11:15 am)	TBA (apprx 12:30 pm)
Session 3	15-19 Girls Events & 17-19 Boys Events (including distance)	TBA (apprx 4:15 pm)	TBA (apprx 5:30 pm)
Sunday, March 11, 2012		Warm-up	Start
Session 4	13-14 Girls Events (including distance)	7:15 a.m.	8:20 a.m.
Session 5	13-16 Boys Events (including distance)	TBA (apprx 10:30 am)	TBA (apprx 11:45 pm)
Session 6	15-19 Girls Events & 17-19 Boys Events (including distance)	TBA (apprx 3:00 pm)	TBA (apprx 4:00 pm)

Warm-up & Start times for Sessions 2, 3, 5 & 6 will be provided once all entries for the meet have been received and the timeline determined.

<u>Warm-up Procedures:</u>	<p>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</p> <p><u>Entry Into Pool:</u></p> <ul style="list-style-type: none"> All swimmers must enter the pool feet first from the starting end of the pool. <p><u>Host Team Monitoring Warm-ups.</u></p> <ul style="list-style-type: none"> The warm-ups will be monitored by the Elite Swim Club & Morris County Swim Club meet marshals. All general warm-up lanes will swim in a counterclockwise direction. No equipment of any kind will be allowed during warm-ups. <p><u>Warm-up Schedules.</u></p> <ul style="list-style-type: none"> The warm-up sessions will be divided fairly and equitably by teams. There will be specific assigned lanes for each team.
<u>Entry Times:</u>	<ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be slower than the New Jersey Short Course Yards Gold Time Standards. All entry times must be in short course yards. NJ Swimming does not allow deck entries.
<u>Check-In:</u>	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session. <p>Since Distance Events will be swum within each main session, coaches are requested to be particularly accurate with their scratch sheets with regards to the distance events.</p>
<u>Starts:</u>	<p>New Jersey Swimming requires that whistle starts be used.</p> <ul style="list-style-type: none"> The Meet Time Line will determine if 'Fly-over'/'Over-the-top' starts will be used. If there is a need to slow down the meet and at the discretion of the meet referee, swimmers will be allowed to get out of the pool.
<u>Distance Events:</u>	<ul style="list-style-type: none"> All Distance Events will be swum slowest to fastest. Swimmers for the 500 yd. Freestyle, 1000 yard Freestyle & the 1650 yd Freestyle must provide their own counter. Host Clubs & assigned team timers will time these events. The Boys 13-14 & Boys 15-16 1000 yd free and 1650 yd free will be swum as a single combined event but will be scored as separate age groups. The Girls 15-19 & Boys 17-19 1000 yd free and 1650 yd free may be swum with a combined heat but will be scored as separate age groups. If necessary, genders will NOT be separated by a lane during competition.
<u>Heat Limited Events:</u>	<ul style="list-style-type: none"> None anticipated at this time, although if the time-line requires it, the 1000 yd free & the 1650 yd free may be heat limited.

<u>Relays:</u>	<ul style="list-style-type: none"> All relays MUST HAVE THE CORRECT FOUR NAMES LISTED AND THE CORECT order for that relay to be eligible. Coaches must turn in relay cards prior to that relay swimming, listing correct swimmers names and correct order. In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay. For example, a swimmer with a previous gold time in the 50 free cannot swim the freestyle leg of a 200 yd medley relay. If a team doesn't have enough eligible swimmers to complete in a relay, then that relay must be scratched and may not be swum with an ineligible swimmer. Any relay team in violation of this requirement will be disqualified and the information will be turned over to New Jersey Swimming for possible penalties and fines. (See the NJS Policy Manual for list of fines.) The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet.
<u>Scoring:</u>	Team Scoring will not be kept.
<u>Awards:</u>	<ul style="list-style-type: none"> Medals will be awarded for the top 6 swimmers in both the Bronze and Silver categories in each individual event that is of 200 yards or less. For the Silver Only individual events (400 IM & 500, 1000, 1650 Free), medals will be awarded to the top 6 swimmers overall. Relay awards for 1st thru 3rd places A swimmer seeded with a Bronze Time will not receive an award if a 'GOLD' time is achieved. The results for boys 15-16 and 17-19 individual events will be combined and medals awarded to this group as a single age-group.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> Individual Entry Fee: \$5.00 Relay Entry Fee: \$8.00 Make checks payable to: Elite Swim Club
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> Admission will be \$8.00 per session. Cost of Program will be \$10.00 for the entire meet.
<u>Host Clubs Responsibilities:</u>	<ul style="list-style-type: none"> The host clubs will provide a single timer in each lane throughout the meet. The host clubs will have stopwatches available for volunteers helping to time. The host clubs will e-mail all club entries and exception reports back to the participating clubs. The host clubs will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet. The host clubs will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Concessions:</u>	Rutgers University will provide refreshments throughout the meet.
<u>Vendor:</u>	Metro Swim Shop will be the on-site vendor.
<u>Hotels:</u>	<ul style="list-style-type: none"> Brunswick Hilton, Three Center Drive, East Brunswick, NJ 732-828-2001 Days Inn-South Plainfield, 2989 Hamilton Boulevard, South Plainfield, NJ 732-753-2600 Embassy Suite (closest to pool) 212 Centennial Ave, Piscataway, NJ 732-980-0500 Holiday Inn-Somerset, 195 Davidson Avenue, Somerset, NJ 732-356-1700

<p><u>Directions:</u></p>	<p><i>From the NJ Turnpike, North or South</i> - Take Exit 9-New Brunswick and pay toll. **Follow signs for Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River on the John Lynch Bridge, approximately 3.7 miles. Continue to Busch Campus Exit, bear right on exit ramp and proceed on the entrance road to the traffic circle. Bear right at first turn off, go to first intersection, turn left to lot 64.</p> <p><i>From the Garden State Parkway Traveling South</i> - Follow Parkway South to Exit 129-New Jersey Turnpike. Travel south on the New Jersey Turnpike to Exit 9-New Brunswick. Follow directions from ** above.</p> <p><i>From the Garden State Parkway Traveling North</i> - Follow Parkway North to Exit 105- Route 18. Take Route 18 North and follow directions from ** above.</p> <p><i>From Route 287 Traveling North</i> - Take Route 287 North to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur). Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3rd exit (Bartholomew Rd.). At stop sign, turn left to lot 64.</p> <p><i>From Route 287 Traveling South</i> - Take Route 287 South to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur) Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane West, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3rd exit (Bartholomew Rd.). At stop sign, turn left to lot 64.</p> <p><i>From US Highway 1, North or South</i> - Take the exit for Route 18 North - New Brunswick and proceed from ** above.</p>
---------------------------	--

NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' REGION A CHAMPIONSHIPS
SATURDAY AND SUNDAY, MARCH 10-11, 2012
SATURDAY - ORDER OF EVENTS

SESSION #1 – 13-14 Girls : Warm Up: 7:15 a.m. Split Warm-ups: divided by teams. Session Start Time: 8:20 a.m.

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#1	N/A	N/A	Girls 13-14 - 200 Medley Relay *	N/A
#2	20.21.69	19.21.69	Girls 13-14 – 1650 yd. Freestyle	20.21.70
#3	1.13.59	1.05.29	Girls 13-14 – 100 yd. Backstroke	N/A
#4	2.36.89	2.22.49	Girls 13-14 – 200 yd. Ind. Medley	2.47.50
#5	1:22.49	1.14.89	Girls 13-14 – 100 yd. Breaststroke	N/A
#6	1:02.89	57.09	Girls 13-14 – 100 yd. Freestyle	N/A
#7	2.43.99	2.27.79	Girls 13-14 – 200 yd. Butterfly	2.56.10
#8	6.04.99	5.35.59	Girls 13-14 – 500 yd. Freestyle	6.05.00

SESSION #2 – 13-14 & 15-16 Boys: Warm Up: TBA Start Time: TBA

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#9	N/A	N/A	Boys 13-14 - 200 Medley Relay *	N/A
#10	N/A	N/A	Boys 15-16 - 200 Medley Relay *	N/A
#11A	19.50.29	18.50.29	Boys 13-14 - 1650 yd. Freestyle	19.50.30
#11B	19.00.99	18.00.99	Boys 15-16 - 1650 yd. Freestyle	19.01.00
#12	1.11.59	1.02.89	Boys 13-14 – 100 yd. Backstroke	N/A
#13	1.05.19	56.79	Boys 15-16 – 100 yd. Backstroke	N/A
#14	2.34.49	2.14.19	Boys 13-14 – 200 yd. Ind. Medley	2.46.90
#15	2.20.29	2.04.59	Boys 15-16 – 200 yd. Ind. Medley	2.36.10
#16	1.20.39	1.10.39	Boys 13-14 – 100 yd. Breaststroke	N/A
#17	1.14.99	1.04.99	Boys 15-16 – 100 yd. Breaststroke	N/A
#18	1:01.49	53.29	Boys 13-14 – 100 yd. Freestyle	N/A
#19	55.39	49.19	Boys 15-16 – 100 yd. Freestyle	N/A
#20	2.40.59	2.22.69	Boys 13-14 – 200 yd. Butterfly	2.55.90
#21	2.25.59	2.07.69	Boys 15-16 – 200 yd. Butterfly	2.41.00
#22A	6.03.19	5.22.19	Boys 13-14 – 500 yd. Freestyle	6.03.20
#22B	5.31.69	4.58.59	Boys 15-16 – 500 yd. Freestyle	5.31.70

SESSION #3 – 15-19 Girls & 17-19 Boys Warm Up: TBA Start Time: TBA

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#23	N/A	N/A	Girls 15-19 - 200 Medley Relay *	N/A
#24	N/A	N/A	Boys 17-19 - 200 Medley Relay *	N/A
#25	20.08.99	18.45.59	Girls 15-19 –1650 yd. Freestyle	20.09.00
#26	19.00.99	18.00.99	Boys 17-19 - 1650 yd. Freestyle	19.01.00
#27	1.10.19	1.02.39	Girls 15-19 – 100 yd. Backstroke	N/A
#28	1.05.19	56.79	Boys 17-19 – 100 yd. Backstroke	N/A
#29	2.30.29	2.15.59	Girls 15-19 – 200 yd. Ind. Medley	2.42.60
#30	2.20.29	2.04.59	Boys 17-19 – 200 yd. Ind. Medley	2.36.10
#31	1.19.39	1.11.29	Girls 15-19 –100 yd. Breaststroke	N/A
#32	1.14.99	1.04.99	Boys 17-19 –100 yd. Breaststroke	N/A
#33	1.01.09	54.79	Girls 15-19 – 100 yd. Freestyle	N/A
#34	55.39	49.19	Boys 17-19 – 100 yd. Freestyle	N/A
#35	2.38.79	2.17.39	Girls 15-19 – 200 yd. Butterfly	2.53.10
#36	2.25.59	2.07.69	Boys 17-19 – 200 yd. Butterfly	2.41.00
#37	5.52.19	5.18.69	Girls 15-19 – 500 yd. Freestyle	5.52.20
#38	5.31.69	4.58.59	Boys 17-19 – 500 yd. Freestyle	5.31.70

*** In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' REGION A CHAMPIONSHIPS
SATURDAY AND SUNDAY, MARCH 10-11, 2012
SUNDAY - ORDER OF EVENTS

SESSION #4 – 13-14 Girls : Warm Up: 7:15 a.m. Split Warm-ups: divided by teams. Session Start Time: 8:20 a.m.

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#39	N/A	N/A	Girls 13-14 - 200 Free Relay *	N/A
#40	5.39.69	5.04.09	Girls 13-14- 400 yd. Individual Medley	5.39.70
#41	28.99	26.29	Girls 13-14 – 50 yd. Freestyle	N/A
#42	12:22.29	11:37.29	Girls 13-14 – 1000 yd. Freestyle	12.22.30
#43	1:13.79	1.04.79	Girls 13-14 – 100 yd. Butterfly	N/A
#44	2:59.89	2.43.69	Girls 13-14 – 200 yd. Breaststroke	3.12.10
#45	2:39.39	2.19.89	Girls 13-14 – 200 yd. Backstroke	2.48.10
#46	2.16.79	2.04.59	Girls 13-14 – 200 yd. Freestyle	2.24.40

SESSION #5 – 13-14 & 15-16 Boys: Warm Up: TBA Start Time: TBA

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#47	N/A	N/A	Boys 13-14 - 200 Free Relay *	N/A
#48	N/A	N/A	Boys 15-16 - 200 Free Relay *	N/A
#49	5.34.29	4.53.09	Boys 13-14- 400 yd. Individual Medley	5.34.30
#50	5.13.19	4.31.19	Boys 15-16- 400 yd. Individual Medley	5.13.20
#51	27.99	24.19	Boys 13-14 – 50 yd. Freestyle	N/A
#52	25.39	22.89	Boys 15-16 – 50 yd. Freestyle	N/A
#53A	11.59.49	11.14.49	Boys 13-14 – 1000 yd. Freestyle	11.59.50
#53B	11.29.19	10.27.29	Boys 15-16 – 1000 yd. Freestyle	11.29.20
#54	1.10.99	1.01.59	Boys 13-14 – 100 yd. Butterfly	N/A
#55	1.05.59	55.19	Boys 15-16 – 100 yd. Butterfly	N/A
#56	2.55.89	2.35.99	Boys 13-14 – 200 yd. Breaststroke	3.11.90
#57	2.42.59	2.23.09	Boys 15-16 – 200 yd. Breaststroke	3.01.90
#58	2.35.69	2.15.89	Boys 13-14 – 200 yd. Backstroke	2.47.90
#59	2.23.69	2.05.19	Boys 15-16 – 200 yd. Backstroke	2.38.10
#60	2.14.89	1.58.39	Boys 13-14 – 200 yd. Freestyle	2.23.90
#61	2.01.79	1.49.29	Boys 15-16 – 200 yd. Freestyle	2.13.00

SESSION #6 – 15-19 Girls & 17-19 Boys Warm Up: TBA Start Time: TBA

Event #	Silver Time Standard:	Gold Time Standard:	Age Group Event	"Faster Than Qualifying Time"
#62	N/A	N/A	Girls 15-19 - 200 Free Relay *	N/A
#63	N/A	N/A	Boys 17-19 - 200 Free Relay *	N/A
#64	5.28.99	4.50.09	Girls 15-19 –400 yd. Individual Medley	5.29.00
#65	5.13.19	4.31.19	Boys 17-19- 400 yd. Individual Medley	5.13.20
#66	28.19	25.39	Girls 15-19 – 50 yd. Freestyle	N/A
#67	25.39	22.89	Boys 17-19 – 50 yd. Freestyle	N/A
#68	12.11.09	11.12.09	Girls 15-19 – 1000 yd. Freestyle	12.11.10
#69	11.29.19	10.27.29	Boys 17-19 – 1000 yd. Freestyle	11.29.20
#70	1.09.89	1.00.59	Girls 15-19 –100 yd. Butterfly	N/A
#71	1.05.59	55.19	Boys 17-19 – 100 yd. Butterfly	N/A
#72	2.52.69	2.34.79	Girls 15-19 – 200 yd. Breaststroke	3.09.90
#73	2.42.59	2.23.09	Boys 17-19 – 200 yd. Breaststroke	3.01.90
#74	2.30.99	2.14.99	Girls 15-19 – 200 yd. Backstroke	2.44.10
#75	2.23.69	2.05.19	Boys 17-19 – 200 yd. Backstroke	2.38.10
#76	2.11.49	1.57.99	Girls 15-19 – 200 yd. Freestyle	2.20.20
#77	2.01.79	1.49.29	Boys 17-19 – 200 yd. Freestyle	2.13.00

*** In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

13-14 & 15-19 'Silver/Bronze' Region A Championships - March 10-11, 2012
Elite Swim Club & Morris County Swim Club

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Elite Swim Club, Morris County Swim Club, Rutgers University, BeSmartinc., Metro Swim Shop and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all swimmers and coaches listed on the NJSI master Entry Sheet or hard copy with disk entries are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

CLUB NAME CLUB CODE: _____

SIGNATURE of COACH and/or PARENT/GUARDIAN: _____

ADDRESS: _____

TELEPHONE: _____ **e-mail ADDRESS:** _____

NAME(S) of COACH(ES): _____

NAME and PHONE NUMBER of person to contact regarding this entry: _____

NAME and ADDRESS of person to receive final results: _____

ENTRY FEE SUMMARY Individual event entries @ \$5.00 = \$_____

Relay event entries @ \$8.00= \$_____

TOTAL ENTRY FEES= \$_____

MAKE CHECKS PAYABLE TO: **ELITE SWIM CLUB**

Article 302.4 of the United States Swimming Rules and Regulations

FALSE REGISTRATION: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____