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| <u>Name of Meet</u> | Scarlet Aquatic Club's TYR Winterfest 2009 Amended 12-03-08 |
| <u>Meet Sanction #:</u> | Sanction # NJS#010309SC |
| <u>Host Club:</u> | <i>Scarlet Aquatic Club</i> |
| <u>Date of Meet:</u> | Saturday, January 3 and Sunday, January 4, 2009 |
| <u>Location:</u> | Facility: The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. There are two 8-lane courses with Colorado Timing.. There is an auxiliary pool (patio pool) for warm-up and cool down, and ample seating for spectators. |
| <u>Meet Director:</u> | Ellen W. Mace, 609.558.0988, purplemommy@juno.com |
| <u>Meet Referee:</u> | Judy Sharkey, 732-225-4067, jmsharkey@aol.com |
| <u>Meet Marshal:</u> | Carl Leonhard, 732-463-7934, CARKLUNG@aol.com |
| <u>Team Contact:</u> | Thomas Speedling, 732-742-4600, tspeed@rci.rutgers.edu |
| <u>Entry Coordinator:</u> | BE Smartt, Inc. will be the Entry Coordinator, E-Mail: entries1@juno.com <ul style="list-style-type: none"> • 1.609.558.0988 • Best time to call after 8:00PM and weekends • Make checks payable to SCARLET AQUATIC CLUB |
| <u>Entry Deadline:</u> | All entries will be accepted on a first come basis. All entries must be either MM or TM entries. Entry Deadline Date: Friday, Dec. 19, 2008 Mail Entries to: BE SMARTT INC., 604 Paxson Avenue, Mercerville, NJ 08619 <ul style="list-style-type: none"> • Team entries will not be considered as accepted unless the waiver and entry fees have been received. • Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> • It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry. |
| <u>Meet Format Waiver:</u> | The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits. |
| <u>Internet Website Posting:</u> | Website address: www.besmarttinc.com Pre-Meet Information posted on website. <ul style="list-style-type: none"> • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (HYV.file) will be posted on the website. • Teams whose entries have been received. • Updated meet schedule. • Warm-up Schedule and Team Warm-up Assignments. • Timing assignments. Post-Meet Information will be posted at www.besmarttinc.com . <ul style="list-style-type: none"> • Downloadable Results (HY3.zip file) • Downloadable Meet Back-up (Backup.zip File) |
| <u>Meet Requirement Statement:</u> | <ul style="list-style-type: none"> • This meet qualifies, as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey Championship Reimbursement. |
| <u>Coaches Eligibility:</u> | <ul style="list-style-type: none"> • All coaches "on the deck" must be registered members of USA Swimming. • Coaches must show coaching card for entrance to facility. • Coaches must have coaching card visible at all times while on deck. • Coaches must have a visible coaches card when entering hospitality area. |
| <u>Swimmer Eligibility:</u> | <ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. • All swimmers must be listed on a team's official entry form (hardcopy for TM) to be eligible to participate in this swim meet in any events including relays. |

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| | <ul style="list-style-type: none"> All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. There will be 10 & Under, 12 and under, 11-12, 13-14, and Open events All swimmers must have times faster than the meet qualifying time standards. New Jersey Swimming only allows swimmers to compete in 3 individual events per day. Age for this meet is calculated as of January 3, 2009. |
| <u>Meet Format:</u> | <ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a timed final meet for all age groups This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks. Pool assignments will be made based on entries received. <p>NOTE: Depending on the entries received, the all or portions of the meet may be run using one section of the pool for ODD numbered Heats, and the other section for EVEN numbered Heats. If necessary, the Meet Director will arrange for short (5-10 minute) breaks between events if s/he determine it is in the best interest of the competitors</p> |
| <u>Meet Schedule:</u> | <ul style="list-style-type: none"> The building will open at 7:10AM. This will be a two-day, three session/per day meet. This meet will have a session for 13/14 and Open swimmers in the AM, a distance session, and a session for 12/under swimmers both days. |

| Session Schedule for both days | | Warm-up | Start |
|--------------------------------|------------------------------|---------|--------|
| AM Session | 13/Overs, Check-in by 7:50AM | 7:15AM | 8:20AM |
| Distance | 1000/1650 Freestyles | TBA | TBA |
| PM Session | 12/Unders, Check-in by TBA | TBA | TBA |

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| <u>Warm-up Procedures:</u> | <p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes. <p>Entry Into Pool:</p> <ul style="list-style-type: none"> All swimmers must enter the pool from the starting end of the pool. <p>Host Team Monitoring Warm-ups.</p> <ul style="list-style-type: none"> Uniformed and designated meet marshals will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. <p>Warm-up Schedules.</p> <ul style="list-style-type: none"> The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes. Warm-up schedules will be e-mailed and posted on the website. Warm-up for the 1000/1650 events will be in the patio pool, if necessary. |
| <u>Entry Times:</u> | <ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be equal to or faster than the qualifying time standard for this meet. All entry times must be in short course yards. Proof of time will be required for any individual event 400 yards and longer; Hy-tek proof of time on the entry file will be acceptable. For the 1650 free, the meet host will accept proof of time of the 1000 yard qualifying time, and such swimmers will be entered at the minimum time standard for the 1650. |
| <u>Check-In:</u> | <ul style="list-style-type: none"> All check-in sheets must be turned into the control room 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. All distance events will have a positive check-in that will be posted in the control room. |

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| | <ul style="list-style-type: none"> • Failure of positive check-in will result in the swimmer not participating in that event |
| <u>Starts:</u> | <ul style="list-style-type: none"> • New Jersey Swimming requires that whistle starts be used. • The host club will determine if overhead starts will be used after a time line has been produced. This information will be e-mailed and posted in the pre-meet information. |
| <u>Distance Events:</u> | <ul style="list-style-type: none"> • The 1000/1650 Freestyle events will be run fastest to slowest as a separate session at the conclusion of the AM prelims. (These events will be heat limited. See below.) • Heats will be combined to consolidate if appropriate. • Swimmer must have their own timer and a person to count. • Refunds will be processed after the meet to swimmers who don't get the opportunity to swim. |
| <u>Heat Limited Events:</u> | <ul style="list-style-type: none"> • The following events will have a limited number of heats: 1000 and 1650 freestyles • 1000's - Maximum of 12 heats total (male and female heats totaled together) • 1650's - Maximum of 8 heats total (male and female heats totaled together) • These heats limits will be split evenly between males and females provided enough entries for each gender are received. However, should one gender not have sufficient swimmers to fill that half of the heat limit, the remaining heats will be used to service the other gender's entries. • Heats may combine male and female swimmers to consolidate, if appropriate. • These events/competitors will be posted at www.besmarttinc.com when all entries are received. • After posting, no additional swimmers will be added; refunds will be processed after the meet. • Swimmers who, according to the psyche sheets, may not get to swim in one of these events due to the heat limitations have the option to either: 1) Enter another event or 2) Wait and take their chances with the scratches. Those who choose to wait on the scratches and do not get to swim will be given a refund. |
| <u>Awards:</u> | <ul style="list-style-type: none"> • Medals will be awarded to the top 3 swimmers in each individual event. |
| <u>Entry Fees:</u> | <ul style="list-style-type: none"> • Individual Entry Fee is \$3.00/ per individual event • Make checks payable to: Scarlet Aquatic Club. |
| <u>Admissions and Programs:</u> | <ul style="list-style-type: none"> • Admission will be \$6.00 per AM, Distance, and afternoon session. • Cost of the TYR Winterfest Program will be \$10.00. |
| <u>Entries:</u> | <ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by E-mail to entries1@juno.com. • All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. • An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. • Accuracy of seed times is essential. Incomplete entries will not be accepted. • Deck entries will not be accepted. No phone or faxed entries will be accepted. • Teams entered will be posted at www.besmarttinc.com. |
| <u>Results:</u> | <ul style="list-style-type: none"> • All Teams will be asked on the meet summary whether they want results mailed or e-mailed. • Paper results can be ordered from the admission table at a cost of \$10.00 |
| <u>Host Club Responsibilities:</u> | <ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet, except for distance events. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entries back to the participating clubs that are received via email. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.besmarttinc.com no later than 72 hours before the meet. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all |

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| | participating clubs and posted on the website: www.besmarttinc.com no later than 72 hours before the meet. |
| <u>Participating Club Responsibilities:</u> | <ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 72-hours prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. |
| <u>Concessions:</u> | Refreshments will be available in the lobby. |
| <u>Vendor:</u> | A swim vendor will be in attendance |
| <u>Hotels:</u> | <p><i>Somerset Holiday Inn, 1.732.584.4612</i>, ask for special TYR Winterfest rates.</p> <p><i>The Somerset Marriott, 1.732.716.1175, ask for Tamara Williams</i></p> <p><i>The Courtyard by Marriott on Davidson Avenue</i></p> <p><i>The Doubletree Executive Somerset on Atrium Drive</i></p> |

Directions:

From the NJ Turnpike, North or South - Take Exit 9-New Brunswick and pay toll.
**Follow signs for Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River on the John Lynch Bridge, approximately 3.7 miles. Continue to Busch Campus Exit, bear right on exit ramp and proceed on the entrance road to the traffic circle. Bear right at first turn off, go to first intersection, turn left to lot 64.

From the Garden State Parkway Traveling South - Follow Parkway South to Exit 129-New Jersey Turnpike. Travel south on the New Jersey Turnpike to Exit 9-New Brunswick. Follow directions from ** above.

From the Garden State Parkway Traveling North - Follow Parkway North to Exit 105-Route 18. Take Route 18 North and follow directions from ** above.

From Route 287 Traveling North - Take Route 287 North to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur). Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3rd exit (Bartholomew Rd.). At stop sign, turn left to lot 64.

From Route 287 Traveling South - Take Route 287 South to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur) Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane West, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3rd exit (Bartholomew Rd.). At stop sign, turn left to lot 64.

From US Highway 1, North or South - Take the exit for Route 18 North - New Brunswick and proceed from ** above.

NEW JERSEY SWIMMING
TYR Winterfest 2009

SATURDAY AND SUNDAY, January 3 & 4, 2009

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Rutgers University, Scarlet Aquatic Club and BE Smartt, Inc.** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Meet results via e-mail --or-- Meet results via disk/hard copy

ENTRY FEE

_____ Individual Event Entries @ \$3.00 = __ \$ _____

SUMMARY:

TOTAL ENTRY FEES = __ \$ _____

MAKE CHECKS PAYABLE TO: *SCARLET AQUATIC CLUB*

New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: _____ Club Code: _____

Club E-Mail Address: _____

Head Coaches Name: _____

Club Address: _____



**NEW JERSEY
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **TYR Winterfest 2009** to be held on **January 3 & 4, 2009** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

TYR WINTERFEST EVENTS & QUALIFYING TIMES

SATURDAY 13/14 AND OPEN

SUNDAY 13/14 AND OPEN

| Event | No Slower Than |
|---------------------------------|----------------|
| Event 1 Women 13-14 200 Back | 2:39.59 |
| Event 2 Men 13-14 200 Back | 2:31.09 |
| Event 3 Women 100 Back | 1:11.69 |
| Event 4 Men 100 Back | 1:06.39 |
| Event 5 Women 13-14 400 IM | 5:30.99 |
| Event 6 Men 13-14 400 IM | 5:25.49 |
| Event 7 Women 200 IM | 2:30.29 |
| Event 8 Men 200 IM | 2:20.29 |
| Event 9 Women 13-14 200 Free | 2:19.79 |
| Event 10 Men 13-14 200 Free | 2:16.29 |
| Event 11 Women 100 Free | 1:01.09 |
| Event 12 Men 100 Free | 56.29 |
| Event 13 Women 13-14 100 Breast | 1:22.89 |
| Event 14 Men 13-14 100 Breast | 1:19.29 |
| Event 15 Women 200 Breast | 2:52.69 |
| Event 16 Men 200 Breast | 2:42.59 |
| Event 17 Women 13-14 200 Fly | 2:43.99 |
| Event 18 Men 13-14 200 Fly | 2:40.59 |
| Event 19 Women 100 Fly | 1:10.99 |
| Event 20 Men 100 Fly | 1:05.59 |
| Event 21 Women 13-14 50 Free | 29.59 |
| Event 22 Men 13-14 50 Free | 28.79 |
| Event 23 Women 500 Free | 5:50.99 |
| Event 24 Men 500 Free | 5:37.29 |

SATURDAY DISTANCE

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|--------------------------|----------|
| Event 25 Women 1000 Free | 12:11.09 |
| Event 26 Men 1000 Free | 11:29.19 |

SATURDAY 12/UNDERS

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|---------------------------------|---------|
| Event 27 Women 11-12 500 Free | 6:30.09 |
| Event 28 Men 11-12 500 Free | 6:30.09 |
| Event 29 Women 10&U 50 Free | 36.19 |
| Event 30 Men 10&U 50 Free | 36.19 |
| Event 31 Women 11-12 50 Back | 36.59 |
| Event 32 Men 11-12 50 Back | 36.59 |
| Event 33 Women 12&U 200 Back | 2:48.89 |
| Event 34 Men 12&U 200 Back | 2:48.89 |
| Event 35 Women 10&U 100 Back | 1:33.99 |
| Event 36 Men 10&U 100 Back | 1:33.99 |
| Event 37 Women 11-12 100 Free | 1:08.29 |
| Event 38 Men 11-12 100 Free | 1:08.29 |
| Event 39 Women 10&U 200 Free | 2:58.29 |
| Event 40 Men 10&U 200 Free | 2:58.29 |
| Event 41 Women 11-12 100 Breast | 1:29.29 |
| Event 42 Men 11-12 100 Breast | 1:29.29 |
| Event 43 Women 10&U 50 Breast | 48.19 |
| Event 44 Men 10&U 50 Breast | 48.19 |
| Event 45 Women 11-12 50 Fly | 35.39 |
| Event 46 Men 11-12 50 Fly | 35.39 |
| Event 47 Women 12&U 200 Fly | 2:55.99 |

| Event | No Slower Than |
|---------------------------------|----------------|
| Event 55 Women 13-14 500 Free | 6:11.89 |
| Event 56 Men 13-14 500 Free | 6:07.69 |
| Event 57 Women 50 Free | 28.19 |
| Event 58 Men 50 Free | 25.79 |
| Event 59 Women 13-14 100 Back | 1:14.39 |
| Event 60 Men 13-14 100 Back | 1:10.89 |
| Event 61 Women 200 Back | 2:32.99 |
| Event 62 Men 200 Back | 2:23.69 |
| Event 63 Women 13-14 200 IM | 2:37.89 |
| Event 64 Men 13-14 200 IM | 2:33.69 |
| Event 65 Women 400 IM | 5:18.99 |
| Event 66 Men 400 IM | 5:07.09 |
| Event 67 Women 13-14 100 Free | 1:04.89 |
| Event 68 Men 13-14 100 Free | 1:02.89 |
| Event 69 Women 200 Free | 2:10.49 |
| Event 70 Men 200 Free | 2:01.79 |
| Event 71 Women 13-14 200 Breast | 3:01.99 |
| Event 72 Men 13-14 200 Breast | 2:53.89 |
| Event 73 Women 100 Breast | 1:21.49 |
| Event 74 Men 100 Breast | 1:14.99 |
| Event 75 Women 13-14 100 Fly | 1:13.79 |
| Event 76 Men 13-14 100 Fly | 1:10.99 |
| Event 77 Women 200 Fly | 2:38.79 |
| Event 78 Men 200 Fly | 2:28.09 |

SUNDAY DISTANCE

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|--------------------------|----------|
| Event 79 Women 1650 Free | 20:08.99 |
| Event 80 Men 1650 Free | 19:00.99 |

SUNDAY 12/UNDERS

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|--------------------------------|---------|
| Event 81 Women 11-12 200 Free | 2:30.49 |
| Event 82 Men 11-12 200 Free | 2:30.49 |
| Event 83 Women 10&U 100 Free | 1:21.59 |
| Event 84 Men 10&U 100 Free | 1:21.59 |
| Event 85 Women 11-12 100 Back | 1:20.59 |
| Event 86 Men 11-12 100 Back | 1:20.59 |
| Event 87 Women 10&U 50 Back | 43.49 |
| Event 88 Men 10&U 50 Back | 43.49 |
| Event 89 Women 11-12 50 Free | 31.39 |
| Event 90 Men 11-12 50 Free | 31.39 |
| Event 91 Women 10&U 100 Breast | 1:46.69 |
| Event 92 Men 10&U 100 Breast | 1:46.69 |
| Event 93 Women 11-12 50 Breast | 41.09 |
| Event 94 Men 11-12 50 Breast | 41.09 |
| Event 95 Women 12&U 200 Breast | 3:11.69 |
| Event 96 Men 12&U 200 Breast | 3:11.69 |
| Event 97 Women 10&U 50 Fly | 42.99 |
| Event 98 Men 10&U 50 Fly | 42.99 |
| Event 99 Women 11-12 100 Fly | 1:20.59 |
| Event 100 Men 11-12 100 Fly | 1:20.59 |
| Event 101 Women 10&U 200 IM | 3:19.39 |

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|----------|--------------------|---------|-----------|--------------------|---------|
| Event 48 | Men 12&U 200 Fly | 2:55.99 | Event 102 | Men 10&U 200 IM | 3:19.39 |
| Event 49 | Women 10&U 100 Fly | 1:42.09 | Event 103 | Women 11-12 100 IM | 1:20.09 |
| Event 50 | Men 10&U 100 Fly | 1:42.09 | Event 104 | Men 11-12 100 IM | 1:20.09 |
| Event 51 | Women 11-12 200 IM | 2:49.69 | | | |
| Event 52 | Men 11-12 200 IM | 2:49.69 | | | |
| Event 53 | Women 10&U 100 IM | 1:33.79 | | | |
| Event 54 | Men 10&U 100 IM | 1:33.79 | | | |