

<u>Name of Meet</u>	The Atlantic Club Short Course Invitational
<u>Meet Sanction #:</u>	NJ Swimming Sanction #: NJS012608SC
<u>Host Club:</u>	The Atlantic Club (TAC)
<u>Date of Meet:</u>	Saturday, January 26, 2008
<u>Location:</u>	The Atlantic Club. 1904 Atlantic Avenue, Manasquan , NJ TAC pool is a six-lane, 25 meter pool ; non-turbulent lane lines; Colorado timing system with display board, and spectator seating.
<u>Meet Director:</u>	Janice Grasso, janiceg@theatlanticclub.com , 732.292.4474
<u>Meet Referee:</u>	Rod Rodis, rrodis@msn.net , 732.651.1031
<u>Safety Marshal:</u>	Andreas Roestenberg, 732.223.2100
<u>Team Contact</u>	Andreas Roestenberg, 732.223.2100, andreas@h2ovelocity.com
<u>Entry Coordinator:</u>	BE Smartt, Inc. , 604 Paxson Avenue, Mercerville, NJ 08619 Phone: 609-587-3628 Fax: 609-587-7751 E-Mail: entries1@juno.com <ul style="list-style-type: none"> • When e-mailing your entries, please put 'TACJAN2008' in the subject line. <ul style="list-style-type: none"> • Overnight or express delivery is recommended, however, <i>please sign the waiver</i> so that the package will be delivered even if no one is there sign for it. • Call BE Smartt at 1.609.558.0988 • Best time to call after 8:00PM and weekends
<u>Questions:</u>	<ul style="list-style-type: none"> • For entries questions, please call the entry coordinator Ellen 609.558.0988 or email entries1@juno.com.
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Team entries will not be considered as <u>accepted</u> unless the waiver and entry fees have been received. • Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. • Entry Deadline Date: Thursday, Jan. 17, 2008 • Mail Entries to: BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 • When e-mailing your entries, please put 'TACJAN2008' in the subject line. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> • It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes would be: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns: limited to approx. 200 swimmers per session, except 400 m freestyles (see below) • To condense the meet into smaller time frame. Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) to condense sessions and 4) eliminate relays.
<u>Internet Website Posting:</u>	Swim Meet Website address: www.besmarttinc.com Pre-Meet Information posted on website. <ul style="list-style-type: none"> • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (HYV.file) will be posted on the website. • List Teams whose entries have been received. • List Updated meet schedule. • List Warm-up Schedule and Team Warm-up Assignments. • List Timing assignments. Post-Meet Information posted on website. <ul style="list-style-type: none"> • Downloadable Results (CL.2 file) • Downloadable Meet Back-up (Backup.zip File)
<u>Meet Requirement</u>	This meet qualifies as "one" of the three required short course meets to be eligible for the New

<u>Statement:</u>	Jersey SC Zone Championship Team or for New Jersey National Championship Reimbursement.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> All coaches “on the deck” must be members of USA Swimming. Coaches must have coaching card visible at all times while on deck.
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events including relays. <p>Unattached Swimmers:</p> <ul style="list-style-type: none"> All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form. <p>Age Groups that we be offered:</p> <ul style="list-style-type: none"> There will be events for 8/U, 9-10, 11-12, 13-14, 15-19. <p>Time Standards that will be used:</p> <ul style="list-style-type: none"> none <p>Individual Entry Limits:</p> <ul style="list-style-type: none"> New Jersey Swimming only allows swimmers to enter and compete in 3 individual events per day. <p>Age for this meet is: January 26, 2008</p>
<u>Meet Format:</u>	<ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a timed final meet. The 10/Under events will award medals to both 8/Unders and 9-10’s. The 13-14 and 15-19 age groups will be swum together as 13-19 age group. The 13-19 Events will award medals to both 13-14 and 15-19 This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will be marshaled in the adjacent gymnasium and escorted by heat to the blocks by host team volunteers.
<u>Meet Schedule:</u>	This meet will have four sessions.

Meet Schedule:

Saturday, January 26, 2008		Warm-up	Start
Session 1	10 & Under Girls and 11/12 Boys	7:00 a.m.	8:05 a.m.
Session 2	10 & Under Boys and 11/12 Girls	TBA	TBA
Session 3	13/19 Girls and Boys	TBA	TBA
Session 4	13/19 400M Freestyles (Limited to the four fastest heats of girls and four fastest heats of boys; it will be seeded fastest to slowest with alternating heats of girls then boys.	Immediately following 13/19 session	½ hour after completion of 13/19 session

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes. <p>Entry Into Pool:</p> <ul style="list-style-type: none"> All swimmers must enter the pool from the starting end of the pool. <p>Host Team Monitoring Warm-ups:</p> <ul style="list-style-type: none"> New Jersey Swimming officials will monitor warm-ups. <p>Warm-up Schedules:</p> <ul style="list-style-type: none"> Teams in the meet will be e-mailed their warm-up assignments at least 72 hours prior to the start of the meet. Warm-up assignments will also be posted on www.besmarttinc.com
<u>Entry Times:</u>	<ul style="list-style-type: none"> New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time. Although this meet is held in a short course meter pool, all entry times must be in short course yards.
<u>Check-In:</u>	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event

	number circled with "SCR" next to the circle.
<u>Starts:</u>	<ul style="list-style-type: none"> The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.
<u>Distance Events</u>	<ul style="list-style-type: none"> In Session 4, swimmers are using their 500 SCY freestyle time to enter a 400 SCM event. The 400 SCM events are limited to the six fastest heats of girls and six fastest heats of boys; it will be seeded fastest to slowest with alternating heats of girls then boys. Teams will be notified at least 72 hours prior to the meet as to the psych sheets of these events and those swimmers scheduled to swim these events. Swimmers not scheduled to swim the 400 SCM event will have the option of a refund or to enter another event.
<u>Awards:</u>	<ul style="list-style-type: none"> Medals will be awarded for the top 3 times in each individual event in each division Medals will be awarded for the top 3 individuals in both the 13-14 and 15-19 in the 13-19 age group events and 8/Unders and 9-10's in the 10/Under age group events.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> Individual Entry Fee: \$3.00 Make checks payable to: The Atlantic Club There will be refunds only for swimmers who no longer qualify for individual events.
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> Admission will be \$5.00 per session. Cost of Program will be \$5.00.
<u>Entries:</u>	<ul style="list-style-type: none"> In accordance with NJS policy, team entries may be submitted by E-mail to: entries1@juno.com. (When e-mailing your entries, please put 'TACJAN2008' in the subject line.) All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. E-mailed entries will not be processed until entry fees are received. The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. Accuracy of seed times is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Results:</u>	<ul style="list-style-type: none"> All Teams will be asked on the meet Summary whether they want results mailed or e-mailed.
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> The host club will provide a single timer in each lane through out the meet. The host club will have stopwatches available for volunteers helping to time. The host club will e-mail all club entries back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 72 hours before the meet. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: www.besmartinc.com no later than 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmartinc.com 72-hours prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible.
<u>Concessions:</u>	A light fare will be available.
<u>Vendor:</u>	A vendor will be at this meet.
<u>Directions:</u>	Take NJ Turnpike South to Exit 11 Garden State Parkway South: Take Exit #98 to Route 34 South. Take Route 34 South through a light and a traffic circle to Sea Girt/Manasquan Exit (approx. 1.2 miles). Go to the end of the ramp and bear right. Go 1 mile on Atlantic Avenue. Club is on the left. From Route 35 North or South: Take Route 35 to Sea Girt Circle in Wall Township. Take Atlantic Avenue west (Circle Factory Outlet is on the left.) The club is 1/2 mile on the right.

Order of Events and Qualifying Times

Note: *Entry times will be in yards; finish times will be in meters!*

Session 1

Event

Event 1 Boys 11-12 100 IM
Event 2 Girls 8&U 100 IM
Event 2 Girls 9-10 100 IM
Event 3 Boys 11-12 50 Free
Event 4 Girls 8&U 100 Free
Event 4 Girls 9-10 100 Free
Event 5 Boys 11-12 100 Back
Event 6 Girls 8&U 25 Breast
Event 7 Girls 8&U 50 Breast
Event 7 Girls 9-10 50 Breast
Event 8 Boys 11-12 50 Fly
Event 9 Girls 8&U 25 Free
Event 10 Girls 8&U 50 Free
Event 10 Girls 9-10 50 Free
Event 11 Boys 11-12 100 Breast
Event 12 Girls 8&U 25 Back
Event 13 Girls 8&U 50 Back
Event 13 Girls 9-10 50 Back
Event 14 Boys 11-12 100 Free
Event 15 Girls 8&U 25 Fly
Event 16 Girls 8&U 50 Fly
Event 16 Girls 9-10 50 Fly
Event 17 Boys 11-12 50 Back

Session 2

Event

Event 18 Girls 11-12 100 IM
Event 19 Boys 8&U 100 IM
Event 19 Boys 9-10 100 IM
Event 20 Girls 11-12 50 Free
Event 21 Boys 8&U 100 Free
Event 21 Boys 9-10 100 Free
Event 22 Girls 11-12 100 Back
Event 23 Boys 8&U 25 Breast
Event 24 Boys 8&U 50 Breast
Event 24 Boys 9-10 50 Breast
Event 25 Girls 11-12 50 Fly
Event 26 Boys 8&U 25 Free
Event 27 Boys 8&U 50 Free
Event 27 Boys 9-10 50 Free
Event 28 Girls 11-12 100 Breast
Event 29 Boys 8&U 25 Back
Event 30 Boys 8&U 50 Back
Event 30 Boys 9-10 50 Back
Event 31 Girls 11-12 100 Free
Event 32 Boys 8&U 25 Fly
Event 33 Boys 8&U 50 Fly
Event 33 Boys 9-10 50 Fly
Event 34 Girls 11-12 50 Back

Session 3

Event

Event 35 Girls 13-14 200 IM
Event 35 Girls 15-19 200 IM
Event 36 Boys 13-14 200 IM
Event 36 Boys 15-19 200 IM
Event 37 Girls 13-14 50 Free
Event 37 Girls 15-19 50 Free
Event 38 Boys 13-14 50 Free
Event 38 Boys 15-19 50 Free
Event 39 Girls 13-14 200 Back
Event 39 Girls 15-19 200 Back
Event 40 Boys 13-14 200 Back
Event 40 Boys 15-19 200 Back
Event 41 Girls 13-14 100 Fly
Event 41 Girls 15-19 100 Fly
Event 42 Boys 13-14 100 Fly
Event 42 Boys 15-19 100 Fly
Event 43 Girls 13-14 100 Breast
Event 43 Girls 15-19 100 Breast
Event 44 Boys 13-14 100 Breast
Event 44 Boys 15-19 100 Breast
Event 45 Girls 13-14 100 Free
Event 45 Girls 15-19 100 Free
Event 46 Boys 13-14 100 Free
Event 46 Boys 15-19 100 Free

Session 4

Event

Event 47 Girls 12&U 400m Free
Event 47 Girls 13-14 400m Free
Event 47 Girls 15&O 400m Free
Event 48 Boys 12&U 400m Free
Event 48 Boys 13-14 400m Free
Event 48 Boys 15&O 400m Free

Enter 500 yard time; swim 400 meters

* The 13-14 events and the 15-19 events will be swum together with awards being given to both the 13-14 top 3 swimmers and 15-19 top 3 swimmers in each division.

The Atlantic Club Short Course Invitational



Entry Recap Sheet and Waiver

TEAM NAME: _____

CHECK HERE IF YOU WANT TO HAVE YOUR RESULTS MAILED!

TOTAL NUMBER OF SWIMMERS ATTENDING: _____

TOTAL NUMBER OF INDIVIDUAL ENTRIES: _____ X \$3.00 = \$ _____

Make check payable to **The Atlantic Club**

Team Contact Name: _____

Telephone: _____

E-mail: _____

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, The Atlantic Club, BE Smartt, Inc, and their staff for any injuries and /or expenses incurred by me/us at the *The Atlantic Club Short Course Invitational 2008*, or while on the road to and from the meet. I/we am/are a bona-fide amateur athlete(s), USA Swimming registered, and eligible to compete in all of the events I/we have entered.

Signature of club official, coach and/or guardian

New Jersey Swimming Inc.

Meet Verification Form

Club Name _____ Club Code _____

Coach's Name _____ Phone # _____

E-mail Address _____

Postal Address _____



I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for **The Atlantic Club Short Course Invitational 2008** to be held on **January 26, 2008** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

