

<u>Name of Meet:</u>	<b><u>HAMILTON YMCA AQUATIC CLUB</u></b> <b><u>SUMMER SOLSTICE CLASSIC</u></b> <b><u>@</u></b> <b><u>Princeton University DeNunzio Pool</u></b>
<u>Meet Sanction #:</u>	Sanction #NJS062808LC
<u>Host Club:</u>	Hamilton YMCA Aquatic Club.
<u>Date of Meet:</u>	Saturday, June 28, and Sunday, June 29, 2008
<u>Location:</u>	Princeton University DeNunzio Pool is an Olympic-size, 50-meter, 8-lane pool with Colorado timing located on Faculty Road off of Washington Road (Rte. 5). There is ample seating for spectators; no food, massage table or lawn chairs will be allowed.
<u>Meet Director:</u>	Ellen Mace, <a href="mailto:entries1@juno.com">entries1@juno.com</a> , 609.558.0988
<u>Meet Referee:</u>	John Butler, <a href="mailto:j.m.butler@comcast.net">j.m.butler@comcast.net</a>
<u>Meet Marshall:</u>	Jim Devlin, (609) 883-1252, <a href="mailto:swwindad@comcast.net">swwindad@comcast.net</a> .
<u>Entry Coordinator:</u>	<b>Ellen Mace of BE Smartt, Inc.,</b> <a href="mailto:entries1@juno.com">entries1@juno.com</a> . <ul style="list-style-type: none"> <li>• (609) 558-0988</li> <li>• Best time to call after 8:00 p.m. and weekends.</li> </ul>
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> <li>• <b>There will be a New Jersey Swimming early entry date. All New Jersey Swimming Clubs will be accepted up to 5:00PM on Friday, May 16, 2008. Providing the meet is not full, all other LSC and NJS entries will be entered after 5:00PM on Friday, May 16, 2008 on a “when received” basis.</b></li> <li>• <b>No entries will be accepted before noon on May 12, 2008</b></li> </ul> <p>Meet entries will be taken until the meet fills. The host club must stay within the four-hour-per-session rule. Team entries will be considered accepted when entries are inputted into Meet Manager.</p> <p>The entry deadline is <b>Friday, June 20, 2008.</b></p> <p>Mail entries to BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619.</p> <p>If you are mailing your entries, we recommend sending them via overnight delivery or express mail, <b><u>but waive the signature.</u></b></p>
<u>Entries:</u>	<p>In accordance with NJS policy, team entries may be submitted by e-mail to <a href="mailto:entries1@juno.com">entries1@juno.com</a>. (please use SOLSTICE08 in subject line). All entries must be Hy-Tek program entries either on a 3½" diskette or as an e-mail file attachment.</p> <ul style="list-style-type: none"> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your e-mail has not been received. It then becomes the sender’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by e-mail or phone, or mail your entries.</li> <li>• An Entry Summary with a signed NJS waiver and a check must accompany or follow each mailed entry.</li> </ul>

	<ul style="list-style-type: none"> <li>• The host club has the right to scratch swimmers/teams if entry fees and waivers are not received prior to the start of the meet.</li> <li>• Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted.</li> <li>• Teams entered will be posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> </ul>
<u>Meet Format Waiver:</u>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. A reason for change would be:</p> <ul style="list-style-type: none"> <li>• To conform to facility capacity, there will be no more than 350 swimmers per session.</li> </ul>
<u>Internet Website Posting:</u>	<ul style="list-style-type: none"> <li>• Meet Website address is <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> <li>• The following pre-meet Information will be posted on the website: <ul style="list-style-type: none"> <li>• Meet information.</li> <li>• Hy-Tek Events list (.HYV file).</li> <li>• Teams whose entries have been received.</li> <li>• Updated meet schedule.</li> <li>• Warm-up schedule and team warm-up assignments.</li> <li>• Timing assignments.</li> </ul> </li> <li>• The following post-meet information will be posted on website: <ul style="list-style-type: none"> <li>• List downloadable results (HY3.zip file).</li> <li>• List downloadable meet back-up (backup.zip file).</li> </ul> </li> </ul>
<u>Meet Requirement Statement:</u>	<p>This meet does qualify as “one” of the “two” required <u>long-course</u> meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement.</p>
<u>Coaches Eligibility:</u>	<p>All coaches “on the deck” must be a registered member of USA Swimming.</p> <ul style="list-style-type: none"> <li>• Coaches must have coaching card visible at all times.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events, including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use “UN-&lt;New Team Alpha Code&gt;” as their team affiliation. All unattached swimmers must be listed on the team’s official waiver entry form.</li> <li>• No time standards will be used for this meet.</li> <li>• New Jersey Swimming allows swimmers to compete in only 3 individual events per day.</li> <li>• Age for this meet is calculated as of June 28, 2008.</li> </ul>
<u>Meet Format:</u>	<p>This meet will be run in accordance with current USA Swimming Rules. This meet will be run as a timed-final meet.</p> <p>This meet will be deck-seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report directly to the blocks.</p>
<u>Meet Schedule:</u>	<p>The building opening time is no sooner than 7:00 a.m. This meet will have three sessions on Saturday and three sessions on Sunday.</p>

**Meet Schedule:**

<b>Saturday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 1	13/19's – Check-in by 7:50 a.m.	7:15 a.m.	8:20 a.m.
Session 2	13/19 400's – Positive check-in by noon <i>Will be run slowest to fastest; swimmers will provide their own timers.</i>	12:30PM	1:15PM
Session 3	All 12/Unders—Check-in 30 minutes before start.	TBA	TBA
<b>Sunday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 4	All 13/19's – Check-in by 7:50 a.m.	7:15 a.m.	8:20 a.m.
Session 5	13/19 400's –Check-in 30 minutes before start. <i>Will be run slowest to fastest; swimmers will provide their own timers</i>	12:30PM	1:15PM
Session 6	All 12/Under —Check-in 30 minutes before start.	TBA	TBA

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> <li>All teams must be given a minimum of thirty minutes of warm-up.</li> <li>Warm-up will be run under New Jersey Swimming warm-up and safety guidelines. Warm-up will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers must enter the water from the starting end of the pool.</li> <li>HACY Meet Marshals will monitor warm-up.</li> </ul> <p><u>Warm-up procedures based upon number of entries:</u></p> <ul style="list-style-type: none"> <li><b>Based on the number of swimmers/teams in the meet:</b> There will be <b>either</b> a one-hour warm-up session with sprint lanes offered in the final 15 minutes <b>OR</b> there will be two 30-minute warm-up sessions divided by teams with a designated sprint and pace lanes during the last 10 minutes.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in long course meters.</li> </ul>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers who are swimming will have a line through their name. Swimmers who are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.</li> </ul>
<u>Starts:</u>	<ul style="list-style-type: none"> <li>New Jersey Swimming requires that whistle starts be used.</li> <li>The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> </ul>
<u>Scoring:</u>	There will be no team scoring. For award purposes: swimmers in 13/19 age groups will be scored separately as 13/14 and 15/19.
<u>Awards:</u>	Medals will be awarded for the top 3 swimmers in all age groups and for 13/14s and 15/19s, in the combined 13/19 individual age group events.
<u>Entry Fees:</u>	Individual Entry Fee is \$4.00. Make checks payable to <b>HAMILTON YMCA AQUATIC CLUB. There will be a \$2 surcharge per swimmer entered in the meet (approved by New Jersey Swimming.)</b>
<u>Admissions and Programs:</u>	Admission will be \$7.00 per person/per session. The program will be \$10.00 for a two-day program.

<u>Results:</u>	All teams must request on the Meet Summary whether they want results mailed or e-mailed.
<u>Host Club Responsibilities:</u>	The host club will provide a single timer in each lane throughout the meet.  The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website <a href="http://www.besmartinc.com">www.besmartinc.com</a> no later than 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website <a href="http://www.besmartinc.com">www.besmartinc.com</a> 72-hours prior to the meet. Participating club parents must stay off the pool deck except to report for timing assignments. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Food Concessions:</u>	Light refreshments will be available
<u>Vendor:</u>	A swim vendor will be selling merchandise at the meet.
<u>Directions:</u>	Princeton University DeNunzio Pool is conveniently located approximately one mile west of Route 1 via Route 571 (Washington Avenue.) At the first light, Faculty Road make a right, the parking lot and the pool will be on your left.
<u>Hotels:</u>	Holiday Inn, 100 Independence Way, 1.609.520.1200, Staybridge Suites, 4375 Route1, 1.609.951.0009, ask of sports group rate Residence Inn by Marriott, 4225 Route 1, 1.732.329.9600, Includes breakfast Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1.609.716.9100; includes breakfast Host Hotel: <i>Somerset Holiday Inn, (732) 584-4612</i> ; ask for special Summer Solstice rates.

## Events List

#	Event Name	#	Event Name
<b>SATURDAY AM - 13-19 Events</b>		<b>SUNDAY AM - 13-19 Events</b>	
1	Boys 13-19 200 IM	36	Girls 13-19 200 Butterfly
2	Girls 13-19 200 Freestyle	37	Boys 13-19 200 Butterfly
3	Boys 13-19 200 Freestyle	38	Girls 13-19 50 Breaststroke
4	Girls 13-19 50 Backstroke	39	Boys 13-19 50 Breaststroke
5	Boys 13-19 50 Backstroke	40	Girls 13-19 100 Backstroke
6	Girls 13-19 100 Breaststroke	41	Boys 13-19 100 Backstroke
7	Boys 13-19 100 Breaststroke	42	Girls 13-19 50 Butterfly
8	Girls 13-19 100 Butterfly	43	Boys 13-19 50 Butterfly
9	Boys 13-19 100 Butterfly	44	Girls 13-19 200 Breaststroke
10	Girls 13-19 200 Backstroke	45	Boys 13-19 200 Breaststroke
11	Boys 13-19 200 Backstroke	46	Girls 13-19 100 Freestyle
12	Girls 13-19 50 Freestyle	47	Boys 13-19 100 Freestyle
13	Boys 13-19 50 Freestyle	48	Girls 13-19 200 IM
<b>SATURDAY MID - 13/19 Distance</b>		<b>SUNDAY MID - 13/19 Distance</b>	

- 14 Girls 13-19 400 IM
- 15 Boys 13-19 400 Freestyle

- 49 Girls 13-19 400 Freestyle
- 50 Boys 13-19 400 IM

**SATURDAY PM - 12-and-Under Events**

- 16 Girls 10 & Under 200 Freestyle
- 17 Boys 10 & Under 200 Freestyle
- 18 Girls 11-12 200 Freestyle
- 19 Boys 11-12 200 Freestyle
- 20 Girls 10 & Under 100 Breaststroke
- 21 Boys 10 & Under 100 Breaststroke
- 22 Girls 11-12 100 Breaststroke
- 23 Boys 11-12 100 Breaststroke
- 24 Girls 10 & Under 50 Backstroke
- 25 Boys 10 & Under 50 Backstroke
- 26 Girls 11-12 50 Backstroke
- 27 Boys 11-12 50 Backstroke
- 28 Girls 10 & Under 100 Butterfly
- 29 Boys 10 & Under 100 Butterfly
- 30 Girls 11-12 100 Butterfly
- 31 Boys 11-12 100 Butterfly
- 32 Girls 10 & Under 50 Freestyle
- 33 Boys 10 & Under 50 Freestyle
- 34 Girls 11-12 50 Freestyle
- 35 Boys 11-12 50 Freestyle

**SUNDAY PM - 12-and-Under Events**

- 51 Girls 10 & Under 200 IM
- 52 Boys 10 & Under 200 IM
- 53 Girls 11-12 200 IM
- 54 Boys 11-12 200 IM
- 55 Girls 10 & Under 50 Breaststroke
- 56 Boys 10 & Under 50 Breaststroke
- 57 Girls 11-12 50 Breaststroke
- 58 Boys 11-12 50 Breaststroke
- 59 Girls 10 & Under 100 Backstroke
- 60 Boys 10 & Under 100 Backstroke
- 61 Girls 11-12 100 Backstroke
- 62 Boys 11-12 100 Backstroke
- 63 Girls 10 & Under 50 Butterfly
- 64 Boys 10 & Under 50 Butterfly
- 65 Girls 11-12 50 Butterfly
- 66 Boys 11-12 50 Butterfly
- 67 Girls 10 & Under 100 Freestyle
- 68 Boys 10 & Under 100 Freestyle
- 69 Girls 11-12 100 Freestyle
- 70 Boys 11-12 100 Freestyle

# New Jersey Swimming Inc.

*Official Meet Verification Form*

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

Club Address: \_\_\_\_\_



**NEW JERSEY  
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries for the **2008 SUMMER SOLSTICE CLASSIC** to be held on June 30 and July 1, 2008, are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. I also acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature: \_\_\_\_\_  
(Signature cannot be photocopied)

Date: \_\_\_\_\_

Article 302.4 of the USA Swimming Rules and Regulations

**FALSE REGISTRATION.** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC, and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS BELOW**

_____	_____	_____
_____	_____	_____
_____	_____	_____

# 2008 SUMMER SOLSTICE CLASSIC

## ENTRY SUMMARY

Team: \_\_\_\_\_

USA-S Club Code: \_\_\_\_\_

### WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Hamilton YMCA Aquatic Club, **Princeton** University, BE Smartt, Inc., and their staff for any injuries and/or expenses incurred by me/us at the swim meet or while on the road to and from the meet. I/we am/are a bona-fide amateur athlete(s), USA-S-registered, and eligible to compete in all of the events I/we have entered.

\_\_\_\_\_  
*Signature of Club Official, Coach, and/or Parent or Guardian*

Coach(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

#### Contact Person for Entries

#### Contact Person for Timers and Officials

Name: \_\_\_\_\_

\_\_\_\_\_

E-Mail: \_\_\_\_\_

\_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Fax: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

### ENTRY FEE SUMMARY

Total # of Individual Entries \_\_\_\_\_ x \$4.00 = \$

Total # of Swimmers: \_\_\_\_\_ x \$2.00 Surcharge fee = \$ \_\_\_\_\_

Totals: \$ \_\_\_\_\_

*Make checks payable to "Hamilton YMCA Aquatic Club"*