

SONNY WERBLIN INVITATIONAL 2008

DATES: Friday, October 10, 2008 Start: 4:30pm
Saturday, October 11, 2008 Start: 9:00am

DIVING: Full Championship List of Dives (time TBD, based on number of competitors)

WARM UPS: Friday, October 10, 2008 Start: 3:00 pm
Saturday, October 11, 2008 Start: 7:30 am

SWIMMING – ORDER OF EVENTS (WOMEN/MEN alternate)

| | | | | |
|---------------------------------------|------------------------------|---------------------------|------------------|----|
| FRIDAY – OCTOBER 10 | 1 | 200 Free Relay | 2 | |
| | 3 | 500 Freestyle* | 4 | |
| | 5 | 200 IM | 6 | |
| | 7 | 50 Freestyle | 8 | |
| | 9 | 400 Medley Relay | 10 | |
| | | WOMEN – 3 METER (6 DIVES) | | |
| | | MEN – 1 METER (6 DIVES) | | |
| | SATURDAY – OCTOBER 11 | 11 | 200 Medley Relay | 12 |
| | | 13 | 400 IM | 14 |
| | | 15 | 100 Fly | 16 |
| 17 | | 200 Freestyle | 18 | |
| 19 | | 100 Breaststroke | 20 | |
| 21 | | 100 Backstroke | 22 | |
| | | WOMEN – 1 METER (6 DIVES) | | |
| | | MEN – 3 METER (6 DIVES) | | |
| Approximate Start Time: 1:00pm | | 25 | 1650 Freestyle | 26 |
| Approximate Start Time: 2:00pm | | 27 | 200 Backstroke | 28 |
| | 29 | 100 Freestyle | 30 | |
| | 31 | 200 Breaststroke | 32 | |
| | 33 | 200 Fly | 34 | |
| | 35 | 400 Freestyle Relay | 36 | |

INSURANCE FORM: Insurance documentation is required from clubs and universities by Rutgers University. **CLUBS, PLEASE SEND A COPY IMMEDIATELY TO ENSURE A PLACE IN THE MEET (prior to entries). Please fax it to the Rutgers University Varsity Swimming and Diving Office at 732-445-0474, ATTN: Karen Johnson, RE: Sonny Werblin Invite**

ENTRIES: Individuals who have met two time standards may swim those events and an additional three events, for a total of five individual events and four relays. You can download the meet packets and event file for entries at www.besmartinc.com. All entries must be HY-Tek program entries either on a 3 1/2" diskette or as an attached file to an email. Please email entries directly to Ellen Mace at purplemommy@juno.com Hard copy submitted with entry fees to Adele Morgan (address below.). HYTEK MEET NAME: SONNY WERBLIN INVITATIONAL OCT08.

DEADLINE:

All entries and fees are due by: **Thursday, October 2, 2008.**

PAYMENT:

Entry fees should be submitted with team entries. **Please make all checks payable to RUTGERS UNIVERSITY** and mail to: Rutgers University, Varsity Swimming and Diving, 656 Bartholomew Road, Piscataway, NJ 08854
Attn: Karen Johnson

ENTRY FEES:

USA Teams - \$15.00 per swimmer, \$10.00 per relay
College Teams- \$200.00 per team (both Men's and Women's teams-\$400.00)

MEET CONDUCT:

Entries will be limited so that sessions will be no longer than three (3) hours in length. Two courses *may* be used. Teams indicating a desire to participate will be offered first priority on a "first come first served" basis. Swimmers are limited to 5 individual events throughout the meet and are eligible to swim all relays. The 1650 will be swum slowest to fastest. *In efforts to keep the Friday session to three (3) hours, we may limit the five (5) fastest heats of the men's and women's 500 free to the regular portion of the meet. Any additional heats will be swum after the conclusion of the diving.

Time Standards (Yards):

| <u>WOMEN</u> | <u>EVENT</u> | <u>MEN</u> |
|--------------|--------------|------------|
| 26.00 | 50 Free | 25.00 |
| 56.50 | 100 Free | 53.00 |
| 2:01.00 | 200 Free | 1:52.00 |
| 5:25.00 | 500 Free | 5:05.00 |
| 18:45.00 | 1650 Free | 17:30.00 |
| 1:04.00 | 100 Back | 58.00 |
| 2:16.00 | 200 Back | 2:07.00 |
| 1:11.00 | 100 Breast | 1:04.00 |
| 2:36.50 | 200 Breast | 2:26.00 |
| 1:03.00 | 100 Fly | 57.00 |
| 2:22.00 | 200 Fly | 2:06.00 |
| 2:18.00 | 200 IM | 2:06.00 |
| 4:52.00 | 400 IM | 4:32.00 |