



## **SONNY WERBLIN INVITATIONAL 2013**

**DATES:** Friday, October 18, 2013 Start: 4:15pm  
Saturday, October 19, 2013 Start: 9:00am

**DIVING:** Full Championship List of Dives (time TBD, based on number of competitors)

**WARM UPS:** Friday, October 18, 2013 Start: 3:00 pm  
Saturday, October 19, 2013 Start: 7:30 am

### **SWIMMING – ORDER OF EVENTS (WOMEN/MEN alternate)**

**FRIDAY – OCTOBER 18**

1	500 Freestyle	2
3	200 IM	4
5	50 Freestyle	6
7	400 Medley Relay	8

WOMEN – 3 METER (6 DIVES)  
MEN – 1 METER (6 DIVES)

**SATURDAY – OCTOBER 19**

9	200 Medley Relay	10
11	200 Back	12
13	100 Free	14
15	200 Breast	16
17	200 Fly	18
19	200 Free Relay	20

WOMEN – 1 METER (6 DIVES)  
MEN – 3 METER (6 DIVES)

**Approximate Start Time: 11:45pm**

21	1650 Freestyle	22
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**Approximate Start Time: 1:00pm**

23	100 Fly	24
25	400 IM	26
27	200 Free	28
29	100 Breast	30
31	100 Back	32
33	400 Free Relay	34

**INSURANCE FORM:** Insurance documentation is required from clubs and universities by Rutgers University. **CLUBS, PLEASE SEND A COPY IMMEDIATELY TO ENSURE A PLACE IN THE MEET (prior to entries).** Please fax it to the Rutgers University Varsity Swimming and Diving Office at 732-445-0474, ATTN: Karen Johnson, RE: Sonny Werblin Invite



**ENTRIES:** Individuals who have met two time standards may swim those events and an additional three events, for a total of five individual events and four relays. You can download the meet packets and event file for entries at [www.besmarttinc.com](http://www.besmarttinc.com). All entries must be Hy-Tek program entries as an attached file to an email. Please email entries directly to Ellen Mace at [entries1@juno.com](mailto:entries1@juno.com) Hard copy submitted with entry fees to Karen Johnson (address below.)

**RELAYS:** Max 3 relays per team, per event.

**SCORING:** THIS IS A NON-SCORING MEET

**SEEDING:** A positive check in will be done at the beginning of each session. The meet will be deck seeded after all check ins are complete.

**DEADLINE:** All entries and fees are due by: **Thursday, October 9, 2013.**

**PAYMENT:** Entry fees should be submitted with team entries. **Please make all checks payable to RUTGERS UNIVERSITY** and mail to: Rutgers University, Varsity Swimming and Diving, Sonny Werblin Rec Center, 656 Bartholomew Road, Piscataway, NJ 08854 Attn: Karen Johnson

**ENTRY FEES:** USA Teams - \$15.00 per swimmer, \$10.00 per relay  
College Teams- \$150.00 per team (both Men's and Women's teams-\$300.00)

**MEET CONDUCT:** Entries will be limited so that sessions will be no longer than three (3) hours in length. Teams indicating a desire to participate will be offered first priority on a "first come first served" basis. Swimmers are limited to 5 individual events throughout the meet and are eligible to swim all relays. The 1650 will be swum slowest to fastest, alternating genders. **In efforts to keep the Friday session to three (3) hours, we may limit the six (6) fastest heats of the men's and women's 500 free to the regular portion of the meet.**

**Time Standards (Yards):**

<b><u>WOMEN</u></b>	<b><u>EVENT</u></b>	<b><u>MEN</u></b>
26.00	50 Free	25.00
56.50	100 Free	53.00
2:01.00	200 Free	1:52.00
5:25.00	500 Free	5:05.00
18:45.00	1650 Free	17:30.00
1:04.00	100 Back	58.00
2:16.00	200 Back	2:07.00
1:11.00	100 Breast	1:04.00
2:36.50	200 Breast	2:26.00
1:03.00	100 Fly	57.00
2:22.00	200 Fly	2:06.00
2:18.00	200 IM	2:06.00
4:52.00	400 IM	4:32.00

