



## WARM-UP ASSIGNMENTS for SWIMMING

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
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### MONDAY

#### SESSION 1

7:00AM	CR	NA	NA	FR	FR/HH	LSA
7:25AM	ALL OTHERS	RAV/ TCC	HQH/ HVT	CVCC/ PB	HVG/ BBC	CPARK

CHECK-IN BY 7:25AM; START AT 8:00AM

#### SESSION 2

10:30AM	CR	LSA	CVCC	BFSC	FR	FR/RAV
10:55AM	CPARK	HVG	HQH	PB/TCC	WW	<i>all others</i>

CHECK-IN BY 10:55; START AT 11:30AM

### TUESDAY

#### SESSION 3

7:00AM	FR	FR	CR	CR/CVCC	HH	HH
7:25AM	BFSC	WWW	HVT/HVG	TR/TCC	HGH/PB	<i>all others</i>

CHECK-IN BY 7:25AM; START AT 8:00AM

#### SESSION 4

10:00AM	FR	FR	FR	NA	HH	RAV
10:25AM	TR	CR	CR/HVT	WWW/HVG	CP/LSA	<i>all others</i>

CHECK-IN BY 10:25AM; START BY 11:00AM

**MEET RESULTS WILL BE AVAILABLE AT**

**[www.besmarttinc.com](http://www.besmarttinc.com)**

# PASDA TIMING ASSIGNMENTS



**EVENTS** **Lane 1** **Lane 2** **Lane 3** **Lane 4** **Lane 5** **Lane 6**

## ***SESSION 1: ALL 10/UNDER GIRLS (MONDAY)***

ALL	NA	FRCP	WWW	LSA	CPARK	RAV
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Alternates: HQH, PB, HH

## ***SESSION 2: ALL 10/UNDER BOYS (MONDAY)***

ALL	BFSC	PB	HQH	FRCP	NA	LSA
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Alternates: WWW, HVG, CPARK

## ***SESSION 3: 11/12 GIRLS AND BOYS (TUESDAY)***

ALL	TR	HVT	WWW	BFSC	HH	FRCP
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Alternates: LSA, HQH, CPARK

## ***SESSION 4: ALL 14 & 17/UNDER GIRLS & BOYS (TUESDAY)***

ALL	CPARK	TR	RAV	NA	HH	FRCP
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Alternate:

Timers need to provide their own stopwatches.

Listen for the announcement calling for timers at the beginning of the session.

Two timers per team for the entire session.

All teams not assigned are requested to volunteer to do back-up timing.

# Custom or Stock Awards For All Events



Trophies, Medals, Plaques, Embroidered  
Patches, & Ribbons

Contact Ellen: [Purplemommy@juno.com](mailto:Purplemommy@juno.com)

609-558-0988



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