



**NATIONAL
CATHOLIC**



Swimming and Diving Championship

PRELIMS

SATURDAY, JANUARY 26, 2013

FINALS

SUNDAY, JANUARY 27, 2013

HOSTED BY:



**LOYOLA UNIVERSITY MARYLAND
BALTIMORE, MARYLAND**

HOTEL INFORMATION REVISED JAN 3RD, 2013



Dear Teams,

Loyola University Maryland is proud to host the 79th National Catholic Swimming and Diving Championship Meet.

The National Catholic Championships will be held on the weekend of January 26th & 27th, 2013 at the Mangione Aquatic Center on the Evergreen campus of Loyola University Maryland in Baltimore. All pre-meet information is included in this packet.

The following changes will be made for this year's meet:

- Preliminary swimming events will be contested in a ten lane pool configuration. Two heats of finals will be swum in the Sunday Finals session in an eight lane pool configuration.
- Each team may enter an unlimited number of swimmers per event, however only the top 4 may advance to the Final or Consolation heat.
- Diving will be added to the meet and scored as a separate championship. Points earned towards diving will not be added to the swimming championship; rather they will be totaled separately to determine a champion. An unlimited number of divers can be entered by each team, however only the top 4 from each team will score points.

As in the past, if a swimmer makes one time standard, he or she may swim in one other individual event in which he or she does not have the standard, but he or she may not exceed four events in the meet, including individual and relay events, of which no more than two may be individual events.

Non-scoring B relays may be entered; however, these relays cannot advance to the Final or Consolation heat. Swimmers that compete on B relays may advance to A relays.

Please feel free to call the swim office if any questions should arise at (610) 519-4136. Best wishes for a successful season. We hope to see you at the National Catholic Meet!

Sincerely,

Ellen Mace (609-558-0988 voice; 609-587-7751 fax)

Entries1@juno.com

Meet Director



Meet Format

Friday, January 25, 2013

Pool will be open for warm-ups from 5:00 PM – 9:00 PM.

Saturday, January 26, 2013

The following times are tentative, but we will try to adhere to it as closely as possible

SWIMMING PRELIMS FOR GIRLS AND BOYS:

Girls: Morning Session

Warm-up: 7:00am

Sprint & Pace Lanes Open: 7:45am

Coaches Meeting: 7:45am in Pool Vestibule

Pool Cleared: 8:15am

Girls Meet Begins: 8:30am

Boys: Afternoon Session

Warm-up: 12:30pm

Sprint & Pace Lanes Open: 1:15pm

Coaches Meeting: 1:15pm in Pool Vestibule

Pool Cleared: 1:45pm

Boys Meet Begins: 2:00pm

DIVING FOR GIRLS AND BOYS:

Girls and Boys: Diving Session

Warm-up: 6:00pm

Meet Begins: 7:00pm

Sunday, January 27, 2013

SWIMMING FINALS FOR GIRLS AND BOYS:

Girls & Boys Finals

Warm-up: 10:15am - 11:45am

Finals Begin: 12:00 noon



Meet Information

- Site:** Loyola University Maryland Fitness and Aquatic Center
- Meet Director:** Ellen Mace phone: 609-558-0988 voice and 609-587-7751 fax
- Pool:** The pool is located in the Fitness and Aquatic Center on the Campus of Loyola University Maryland. 4900 N. Charles Street Baltimore, Maryland. See the enclosed directions.
- Parking:** Limited parking is available in main lot at Fitness and Aquatic Center. Additional parking is available on Charles Street (adhere to City signage) and at the Cathedral of Mary Our Queen (lower tier only). Parking in "No Loyola Parking" posted areas will result in ticketing and towing.
- Locker Rooms:** Daily use lockers are available, but no locks or towels will be provided.
- Staging Area:** There will be no staging area. Teams will be assigned seating areas on deck, and swimmers will arrive to starting blocks prior to event.
- Hotel:** You are responsible for your own reservations. **Make your reservations immediately to insure yourself a room! See attached hotel listing for preferred room rates.**
- Programs & Admission:** There will be a \$5.00 admission fee for all spectators for each session. Children under 10 are free. Programs for each session will be \$3.00 (Morning is considered one session and afternoon another session)
NOTE: The gallery will hold no more than 600 spectators based on fire occupancy limits. The pool deck will hold no more than 436 swimmers/coaches/officials based on fire occupancy.
- Concessions:** Concessions will be available at the Fitness and Aquatic Center.
- Mail entries and fees to:**
Ellen W. Mace – Meet director
604 Paxson Avenue
Mercerville, NJ 08619

**TM Export entries are due by Wednesday,
January 16, 2013!**



Swimming Events and Qualifying Times

<u>Event</u>	<u>Girls</u>	<u>Boys</u>
200 medley relay	2:06.49	1:46.50
200 freestyle	2:15.50	1:57.50
200 IM	2:35.00	2:14.00
50 freestyle	28.50	24.50
100 butterfly	1:10.50	58.50
100 freestyle	1:01.50	53.00
500 freestyle	5:40.00	5:20.00
200 freestyle relay	1:48.50	1:37.00
100 backstroke	1:10.00	1:01.00
100 breaststroke	1:18.00	1:07.50
400 freestyle relay	4:21.00	3:40.00



Entries & Fees

- All entries and fees must be received by Wednesday, January 16, 2013.
- Hy-Tek Team Manager entries should be used to enter team. Team Manager file can be found on website. Email entries to entries1@juno.com. Please contact me if you are unable to submit entries electronically.
- If Express mail or Fedex is used, PLEASE WAIVE SIGNATURE.
- The current High School Federation rules will be used.
- If a swimmer makes one time standard, he or she may swim in one other individual event in which he or she does not have the qualifying time standard.
- Each swimmer may enter a maximum of four events, of which no more than two may be individual events.
- Each team may enter an unlimited number of swimmers in each individual event, however only the top 4 will advance to Finals or Consolation Heats.
- One meter diving for boys and girls will be added as a separate event. Boy and Girls will dive separately 1 Voluntary dive and 5 optional dives. The eight divers will score points towards the team championship title.

Fees: \$5.00 per individual swimming event
\$10.00 per individual diving event
\$15.00 per relay
Make checks payable to: Loyola University Maryland Swimming and Diving

Scoring: The top 16 finishers in each preliminary swimming event will qualify for the finals on Sunday. Eight swimmers will swim in the consolation finals and eight will swim in the championship finals. Heats will be awarded points for 1st - 16th place as follows:

Individual	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay	40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Individual Medals will be awarded for 1st - 8th place.
Relay Medals will be awards for 1st, 2nd, & 3rd place:

- Swim Team 1st, 2nd, & 3rd place teams (both boys and girls)
- Diving Team 1st (both boys and girls)
- Special Most Outstanding Swimmer (1 Boy, 1 Girl)
- Coach Coach of the Year (1 Boy, 1 Girl)



Hotel Information

Holiday Inn

301 W. Lombard St
Baltimore, MD 21201

Contact – Lindsey Grocholski
Email lgrocholski@innerharborhi.com
Phone - 410 637 4625

Rate - \$99.00 per room – must mention National Catholic Swim Meet

Courtyard Baltimore BWI Airport

1671 West Nursery Rd
Linthicum, MD 21090

Phone - 1 888 236 2427

Rate - \$109.00 per room – must mention National Catholic Swim Meet

Residence Inn Baltimore BWI Airport

1160 Winterson Rd
Linthicum, MD 21090

Phone - 1 888 236 2427

Rate - \$99.00 per room – must mention National Catholic Swim Meet

Courtyard Baltimore Hunt Valley

221 International Circle
Hunt Valley, MD 21030

Phone - 1 888 236 2427

Rate - \$99.00 per room – must mention National Catholic Swim Meet

