

# No entries before noon on 9/24.



Name of Meet	<b>Eastern Express'</b> <b>23<sup>rd</sup> Annual HOLIDAY CLASSIC</b> <b>December 11<sup>th</sup>, 12<sup>th</sup>, &amp; 13<sup>th</sup>, 2009</b>
Meet Sanction #:	Sanction # NJS#121109SC
Host Club:	<i>Eastern Express Swim Team</i>
Date of Meet:	Friday, December 11 to Sunday, December 13, 2009
Location:	<b>Facility:</b> The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. There are two 8-lane courses with Colorado Timing. There is an auxiliary pool (patio pool) for warm-up and cool down, and ample seating for spectators.
Meet Director:	Ellen W. Mace, 609.558.0988, purplemommy@juno.com
Meet Referee:	<b>Jill Christen– Meet Referee / Officials Coordinator-- <a href="mailto:jchristenbeach@comcast.net">jchristenbeach@comcast.net</a></b>
Meet Marshal	Gray Jones, <a href="mailto:grey.jones@filelearning.com">grey.jones@filelearning.com</a> , 609.466.9000
Team Contact:	Brent Matheson, <a href="mailto:bmatheson@aol.com">bmatheson@aol.com</a> , 908.295.8133
Entry Coordinator:	BE Smartt, Inc. will be the Entry Coordinator, E-Mail: <a href="mailto:entries1@juno.com">entries1@juno.com</a> <ul style="list-style-type: none"> <li>• 1.609.558.0988</li> <li>• Best time to call after 8:00PM and weekends</li> <li>• Make checks payable to Express Sports, Inc.</li> </ul>
Entry Deadline:	All entries will be accepted on a first come basis. No entries will be accepted before <b>noon, Sept 24, 2009</b> . All entries must be either MM or TM entries. Deadline Date: <b>Friday, Nov 27, 2009 or when meet is full</b>  Mail Entries to : <b>BE SMARTT INC., 604 Paxson Avenue, Mercerville, NJ 08619</b> <ul style="list-style-type: none"> <li>• Team entries will not be considered as accepted unless the waiver and entry fees have been received.</li> <li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li> <li>• If you are not e-mailing your entries, then overnight or express mail is recommended, <b><i>but waive the signature.</i></b></li> <li>• It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.</li> </ul>
Meet Format Waiver:	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits.</li> </ul>
Internet Website Posting:	Website address: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> Pre-Meet Information posted on website. <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (HYV.file) will be posted on the website.</li> <li>• Teams whose entries have been received.</li> <li>• Updated meet schedule.</li> <li>• Warm-up Schedule and Team Warm-up Assignments.</li> <li>• Timing assignments.</li> </ul> Post-Meet Information will be posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> . <ul style="list-style-type: none"> <li>• Downloadable Results (CL.2 file)</li> <li>• Downloadable Meet Back-up (Backup.zip File)</li> </ul>
Meet Requirement Statement:	<ul style="list-style-type: none"> <li>• This meet qualifies, as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey Championship Reimbursement.</li> </ul>
Coaches Eligibility:	<ul style="list-style-type: none"> <li>• All coaches "on the deck" must be registered members of USA Swimming.</li> <li>• Coaches must show coaching card for entrance to facility.</li> <li>• Coaches must have coaching card visible at all times while on deck.</li> <li>• Coaches must have a visible coaches card when entering hospitality area.</li> </ul>
Swimmer Eligibility:	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> <li>• All swimmers must be listed on a team's official entry form (hardcopy for TM) to be eligible to participate in this swim meet in any events including relays.</li> </ul>

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	<ul style="list-style-type: none"> <li>All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.</li> <li>There will be 10 &amp; Under, 11-12, 13-14, and Open events</li> <li>This is an Invitational meet, all swimmers must have times faster than the meet qualifying time standards. Proof of time will be required for any event 400 yards and longer, except relays.</li> </ul> <p>Individual and Relay Limits:</p> <ul style="list-style-type: none"> <li>New Jersey Swimming only allows swimmers to compete in 3 individual events per day.</li> <li>Swimmers may compete in one (1) relay per day/session. All 13/14 and Open relays will be timed finals with the fastest two heats swimming during Finals.</li> </ul> <p>Age at Meet:</p> <ul style="list-style-type: none"> <li>Age for this meet is calculated as of <b>December 11, 2009.</b></li> </ul>
<u>Meet Format:</u>	<ul style="list-style-type: none"> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be run as a timed final meet for 10/Unders and 11/12's.</li> <li>This meet will be run as a prelim and final meet for 13/14's and Open swimmers with consolation and final heats, exceptions: 1000 and 1650 freestyles will be timed final events with the fastest seeded 8 swimmers competing during the PM finals and 13/14 and Open relays will be timed final events with the two fastest heats swimming during the PM finals.</li> <li>This meet will be run using two pools. Pools will be divided by age groups once all entries are received and a time line established. This information will be sent out with the pre-meet meet update information.</li> <li>The USA Swimming scratch rule will be in effect.</li> <li>This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks.</li> </ul>
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> <li>The building will open at 7:10AM.</li> <li>This meet will have a 13/14 and Open prelim session in the AM, a 12/under session in the afternoon and Finals for 13/14's and Open in the PM; a separate session for the 1000 and the 1650 Freestyles will be run on Friday and Sunday after AM prelims.</li> </ul>

Session Schedule:	Warm-up	Start	
AM Session (Fri. & Sun.)	13/Overs, Check-in by 7:45AM	7:15AM	8:20AM
Saturday 500 Frees	13/Overs, check-in by 7:25AM	7:15AM	7:50AM
Sat. AM Session	13/Overs, check-in by 10:00AM	TBA (9:30?)	TBA
1000/1650	Open (Fri. & Sun.); check-in by 10:30AM	Patio Pool?	TBA
Friday Afternoon	12/Unders; Check-in TBA	TBA (2:00 pm?)	TBA (3:00?)
Saturday/Sunday	12/Under; Check in by 1:55PM	1:25PM	2:30PM
Finals	Finals for 13/14's and Open & Relays	5:55PM	7:00PM

<u>Warm-up Procedures:</u>	<p>All teams must be given a minimum of thirty minutes of warm-ups.</p> <p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> <li>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> </ul> <p>Entry into Pool:</p> <ul style="list-style-type: none"> <li>All swimmers must enter the pool from the starting end of the pool.</li> </ul> <p>Host Team Monitoring Warm-ups.</p> <ul style="list-style-type: none"> <li>Uniformed and designated meet marshals will monitor warm-ups.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> </ul> <p>Warm-up Schedules.</p> <ul style="list-style-type: none"> <li>The warm-up sessions will be two 30-minute warm-ups divided by teams or three 20 minute warm-ups with ten minutes of sprints at the end.</li> <li>There will be designated sprint lanes/pace lanes during the last 10 minutes.</li> <li>Warm-up schedules will be e-mailed and posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a>.</li> <li>Warm-up for the 1000/1650 events will be in the patio pool, if necessary.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>All entry times must be equal to or faster than the qualifying time standard for this meet.</li> <li>All entry times must be in short course yards.</li> </ul>

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	<ul style="list-style-type: none"> <li>• <b>Proof of time</b> will be required for any individual event 400 yards and longer; Hy-tek proof of time on the entry file will be acceptable.</li> </ul>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the control room 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.</li> <li>• All distance events will have a positive check-in that will be posted in the control room. All relay events will have a positive check-in that will be posted in the control room.</li> <li>• Failure to follow any of the above positive check-in procedures will result in the swimmer(s) or relay not participating in the event/session.</li> </ul>
<u>Scratch Rule</u>	<ul style="list-style-type: none"> <li>• The meet will follow USA Swimming rule 207.12.6.D and rule 207.12.6E for scratches from finals.</li> <li>• A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.12.6E will be barred from further competition for the remainder of the meet.</li> <li>• In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet shall be fined \$50 for each occurrence.</li> </ul>
<u>Starts:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming requires that whistle starts be used.</li> <li>• The host club will determine if overhead starts will be used after a time line has been produced. <u>This information will be e-mailed and posted in the pre-meet information.</u></li> </ul>
<u>Distance Events:</u>	<ul style="list-style-type: none"> <li>• The 1000/1650 Freestyle events will be run fastest to slowest as a separate session at the conclusion of the AM prelims.</li> <li>• Heats will be combined to consolidate if appropriate.</li> <li>• Swimmer must have their own timer and a person to count.</li> <li>• <b>Proof of time</b> is required for entry into these events; can be done in TM entry file.</li> <li>• 1000 and 1650 freestyles will be timed final events with the fastest 8 seeded swimmers competing during the PM finals</li> </ul>
<u>Heat Limited Events:</u>	<p>The following events will have a limited number of heats:</p> <ul style="list-style-type: none"> <li>• ONLY THOSE SWIMMERS LISTED AS THE FASTEST 32 OR 48 SWIMMERS ON THE PSYCH SHEET WILL BE ALLOWED TO SWIM. THESE LISTS TO BE POSTED AT <a href="http://www.besmartinc.com">www.besmartinc.com</a> 72 HOURS PRIOR TO THE START OF THE MEET</li> <li>• 13/14 and Open 500 Freestyles, minimum 6 heats/per event.</li> <li>• 13/14 and Open 400 IM, 6 heats/per event.</li> <li>• 1000/1650 Freestyles, minimum 4 heats/per event.</li> <li>• 12/Under 500 Freestyles, 4 heats/per events.</li> <li>• 11/12 400 IM, 4 heats/per event.</li> <li>• These events/competitors will be posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a> when all entries are received.</li> <li>• After posting, additional swimmers will be added only if swimmers are scratched prior to the session; refunds will be processed after the meet for swimmers <b>not given the opportunity</b> to participate in the event.</li> </ul>
<u>Relays:</u>	<ul style="list-style-type: none"> <li>• Coaches must turn in relay cards prior to that relay swimming listing correct swimmers names and correct order.</li> </ul>
<u>Scoring:</u>	<ul style="list-style-type: none"> <li>• Team scoring will be kept. 16 place scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 and double for relays.</li> </ul>
<u>Awards:</u>	<ul style="list-style-type: none"> <li>• Medals will be awarded to the top 3 swimmers in each individual event.</li> <li>• Medals will be awarded to the top 3 relays in each relay event.</li> </ul>
<u>Entry Fees:</u>	<ul style="list-style-type: none"> <li>• Individual Entry Fee for 13/Over events: \$4.00</li> <li>• Individual Entry Fee for 12/Under events: \$3.00</li> <li>• Relay Entry Fee: \$8.00</li> <li>• Make checks payable to: <b>Express Sports Inc.</b></li> </ul>
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> <li>• Admission will be \$7.00 for AM or Distance or afternoon sessions.</li> <li>• Cost of HC XXIII Meet Program will be \$10.00.</li> <li>• Admission to the 13/Over finals will be \$3.00.</li> <li>• 13/Over PM heat sheets will be free of charge; one per family while supply lasts.</li> </ul>
<u>Entries:</u>	<ul style="list-style-type: none"> <li>• In accordance with NJS policy, team entries may be submitted by E-mail to <a href="mailto:entries1@juno.com">entries1@juno.com</a>.</li> </ul>

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	<ul style="list-style-type: none"> <li>All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail.; <b>HC2009</b> will be the meet entry file name.</li> <li>The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li> <li>An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry.</li> <li>Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> <li>Teams entered will be posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a>.</li> </ul>
<u>Results:</u>	<ul style="list-style-type: none"> <li>All Teams will be asked on the meet summary whether they want results mailed or e-mailed.</li> <li>Paper results can be ordered from the admission table at a cost of \$10.00</li> </ul>
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> <li>The host club will provide a single timer in each lane throughout the meet, except for distance events and PM finals.</li> <li>The host club will have stopwatches available for volunteers helping to time.</li> <li>The host club will e-mail all club entries back to the participating clubs that are received via email.</li> <li>The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmartinc.com">www.besmartinc.com</a> no later than 72 hours before the meet.</li> <li>The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmartinc.com">www.besmartinc.com</a> no later than 72 hours before the meet.</li> </ul>
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> <li>Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmartinc.com">www.besmartinc.com</a> 72-hours prior to the meet.</li> <li>Participating club parents must stay off the pool deck except for timing assignments.</li> <li>Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<u>Concessions:</u>	Refreshments will be available in the lobby.
<u>Vendor:</u>	A swim host vendor will be in attendance
<u>Hotels:</u>	<p><u>Host Hotel:</u> <b>Somerset Holiday Inn, 1.732.584.4612</b>, ask for special Holiday Classic rates.</p> <p><i>The Crowne Plaza, 1.732.716.1175</i>  <i>The Courtyard by Marriott on Davidson Avenue</i>  <i>The Doubletree Executive Somerset on Atrium Drive</i></p>
<u>Directions:</u>	<p><b>From the NJ Turnpike, North or South</b> - Take Exit 9-New Brunswick and pay toll. **Follow signs for Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River on the John Lynch Bridge, approximately 3.7 miles. Continue to Busch Campus Exit, bear right on exit ramp and proceed on the entrance road to the traffic circle. Bear right at first turn off, go to first intersection, turn left to lot 64.</p> <p><b>From the Garden State Parkway Traveling South</b> - Follow Parkway South to Exit 129-New Jersey Turnpike. Travel south on the New Jersey Turnpike to Exit 9-New Brunswick. Follow directions from ** above.</p> <p><b>From the Garden State Parkway Traveling North</b> - Follow Parkway North to Exit 105-Route 18. Take Route 18 North and follow directions from ** above.</p> <p><b>From Route 287 Traveling North</b> - Take Route 287 North to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur). Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane, turn left about ½ mile bear right and on campus just past the golf course entrance.</p> <p><b>From Route 287 Traveling South</b> - Take Route 287 South to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur) Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane West, turn left about ½ mile bear right and on campus just past the golf</p>

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	course entrance.  <b>From US Highway 1, North or South</b> - Take the exit for Route 18 North - New Brunswick and proceed from ** above.
<u>Order of Events:</u>	13/Over events will be swum in the same order in the finals as in preliminaries after the fastest heats of 1000 freestyles on Friday and 1650 freestyles on Sunday. The two fastest heats of relays will be in the PM finals session only.

## HOLIDAY CLASSIC EVENTS

AND QUALIFYING TIMES (no slower than,,)

## FRIDAY AM 13/14 AND OPEN PRELIMS

Event 3 Women 13-14 200 Free	2:06.99
Event 4 Men 13-14 200 Free	2:03.69
Event 5 Women 200 Free	2:00.99
Event 6 Men 200 Free	1:51.79
Event 7 Women 13-14 200 IM	2:24.99
Event 8 Men 13-14 200 IM	2:21.49
Event 9 Women 200 IM	2:17.99
Event 10 Men 200 IM	2:07.99
Event 11 Women 13-14 50 Free	26.69
Event 12 Men 13-14 50 Free	25.69
Event 13 Women 50 Free	25.59
Event 14 Men 50 Free	23.29
Event 15 Women 800 Free Relay	
Event 16 Men 800 Free Relay	

## FRIDAY DISTANCE AFTER PRELIMS

Event 1 Women 1000 Free	10:59.99
Event 2 Men 1000 Free	10:27.29

## FRIDAY PM FOR 12/U'S TIMED FINALS

Event 17 Girls 11-12 500 Free	6:09.29
Event 18 Boys 11-12 500 Free	6:09.29
Event 19 Girls 10&U 500 Free	7:07.09
Event 20 Boys 10&U 500 Free	7:07.09
Event 21 Girls 11-12 50 Back	35.19
Event 22 Boys 11-12 50 Back	34.79
Event 23 Girls 10&U 50 Breast	44.59
Event 24 Boys 10&U 50 Breast	45.59
Event 25 Girls 11-12 200 IM	2:41.19
Event 26 Boys 11-12 200 IM	2:40.29
Event 27 Girls 10&U 200 IM	3:05.49
Event 28 Boys 10&U 200 IM	3:09.29

## SATURDAY AM 13/14 AND OPEN PRELIMS:

### 500 Freestyles

Event 29 Women 13-14 500 Free	5:37.99
Event 30 Men 13-14 500 Free	5:35.19
Event 31 Women 500 Free	5:20.99
Event 32 Men 500 Free	5:05.99

## SATURDAY AM 13/14 AND OPEN PRELIMS

Event 33 Women 13-14 100 Fly	1:06.59
Event 34 Men 13-14 100 Fly	1:04.39
Event 35 Women 100 Fly	1:02.79
Event 36 Men 100 Fly	57.09
Event 37 Women 13-14 200 Breast	2:43.09
Event 38 Men 13-14 200 Breast	2:39.19
Event 39 Women 200 Breast	2:38.09
Event 40 Men 200 Breast	2:24.99
Event 41 Women 13-14 100 Back	1:07.09

Event 42 Men 13-14 100 Back	1:05.49
Event 43 Women 100 Back	1:03.99
Event 44 Men 100 Back	59.19
Event 45 Women 13-14 400 IM	5:03.99
Event 46 Men 13-14 400 IM	4:54.09
Event 47 Women 400 IM	4:50.99
Event 48 Men 400 IM	4:35.99
Event 49 Women 13-14 400 Medley Relay	
Event 50 Men 13-14 400 Medley Relay	
Event 51 Women 400 Medley Relay	
Event 52 Men 400 Medley Relay	

## SATURDAY PM 12/U'S TIMED FINALS

Event 53 Girls 11-12 100 IM	1:15.39
Event 54 Boys 11-12 100 IM	1:14.79
Event 55 Girls 11-12 200 Fly	2:42.29
Event 56 Boys 11-12 200 Fly	2:42.29
Event 57 Girls 10&U 100 Free	1:15.19
Event 58 Boys 10&U 100 Free	1:16.09
Event 59 Girls 11-12 50 Free	29.99
Event 60 Boys 11-12 50 Free	29.89
Event 61 Girls 10&U 100 Fly	1:28.99
Event 62 Boys 10&U 100 Fly	1:31.39
Event 63 Girls 11-12 100 Breast	1:23.69
Event 64 Boys 11-12 100 Breast	1:22.59
Event 65 Girls 10&U 50 Back	40.49
Event 66 Boys 10&U 50 Back	41.89
Event 67 Girls 11-12 200 Back	2:41.89
Event 68 Boys 11-12 200 Back	2:41.89
Event 69 Girls 10&U 100 IM	1:26.29
Event 70 Boys 10&U 100 IM	1:29.09
Event 71 Girls 11-12 50 Fly	32.99
Event 72 Boys 11-12 50 Fly	32.49
Event 73 Girls 11-12 200 Free	2:20.19
Event 74 Boys 11-12 200 Free	2:21.29
Event 75 Girls 10&U 200 Medley Relay	
Event 76 Boys 10&U 200 Medley Relay	
Event 77 Girls 11-12 200 Medley Relay	
Event 78 Boys 11-12 200 Medley Relay	

## SUNDAY AM 13/14 AND OPEN PRELIMS

Event 81 Women 13-14 100 Breast	1:16.09
Event 82 Men 13-14 100 Breast	1:13.29
Event 83 Women 100 Breast	1:13.29
Event 84 Men 100 Breast	1:06.99
Event 85 Women 13-14 200 Back	2:25.09
Event 86 Men 13-14 200 Back	2:21.19
Event 87 Women 200 Back	2:19.49
Event 88 Men 200 Back	2:08.59
Event 89 Women 13-14 200 Fly	2:25.19
Event 90 Men 13-14 200 Fly	2:22.69
Event 91 Women 200 Fly	2:20.19
Event 92 Men 200 Fly	2:08.29
Event 93 Women 13-14 100 Free	58.09

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Event 94 Men 13-14 100 Free	56.09
Event 95 Women 100 Free	55.59
Event 96 Men 100 Free	50.99
Event 97 Women 13-14 400 Free Relay	
Event 98 Men 13-14 400 Free Relay	
Event 99 Women 400 Free Relay	
Event 100 Men 400 Free Relay	

## **SUNDAY DISTANCE AFTER PRELIMS**

Event 79 Women 1650 Free	18:37.99
Event 80 Men 1650 Free	17:53.99

## **SUNDAY PM 12/U's TIMED FINALS**

Event 101 Girls 11-12 200 Breast	3:00.79
Event 102 Boys 11-12 200 Breast	3:00.79
Event 103 Girls 10&U 100 Breast	1:37.89
Event 104 Boys 10&U 100 Breast	1:40.09
Event 105 Girls 11-12 100 Back	1:15.79
Event 106 Boys 11-12 100 Back	1:14.99
Event 107 Girls 10&U 50 Free	34.29
Event 108 Boys 10&U 50 Free	35.39
Event 109 Girls 11-12 100 Fly	1:11.99
Event 110 Boys 11-12 100 Fly	1:11.89
Event 111 Girls 10&U 50 Fly	38.99
Event 112 Boys 10&U 50 Fly	40.19
Event 113 Girls 11-12 50 Breast	38.69
Event 114 Boys 11-12 50 Breast	38.09
Event 115 Girls 10&U 100 Back	1:28.09
Event 116 Boys 10&U 100 Back	1:30.89
Event 117 Girls 11-12 100 Free	1:05.29
Event 118 Boys 11-12 100 Free	1:05.19
Event 119 Girls 10&U 200 Free	2:41.79
Event 120 Boys 10&U 200 Free	2:45.19
Event 121 Girls 11-12 400 IM	5:43.99
Event 122 Boys 11-12 400 IM	5:43.99
Event 123 Girls 10&U 200 Free Relay	
Event 124 Boys 10&U 200 Free Relay	
Event 125 Girls 11-12 200 Free Relay	
Event 126 Boys 11-12 200 Free Relay	

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## RELAY ENTRY FORM

(For relays not included on entry file)

COACH \_\_\_\_\_ TEAM \_\_\_\_\_ PHONE # \_\_\_\_\_

The two fastest heats of 13/14 and Open Relays will be swum during the PM Finals. Positive check-in is required. All 12/Under relays will be swum in their respective session. Teams are *not* limited to two relays per event.

List all entered relays (i.e. A, B, etc.)

EVENT 15	WOMEN'S 800 FREE RELAY		
EVENT 16	MEN'S 800 FREE RELAY		
EVENT 49	13/14 WOMEN 400 MEDLEY RELAY		
EVENT 50	13/14 MEN 400 MEDLEY RELAY		
EVENT 51	WOMEN'S 400 MEDLEY RELAY		
EVENT 52	MEN'S 400 MEDLEY RELAY		
EVENT 75	10/U GIRL'S 200 MEDLEY RELAY		
EVENT 76	10/U BOY'S 200 MEDLEY RELAY		
EVENT 77	11/12 GIRL'S 200 MEDLEY RELAY		
EVENT 78	11/12 BOY'S 200 MEDLEY RELAY		
EVENT 97	13/14 WOMEN 400 FREE RELAY		
EVENT 98	13/14 MEN 400 FREE RELAY		
EVENT 99	WOMEN'S 400 FREE RELAY		
EVENT 100	MEN'S 400 FREE RELAY		
EVENT 123	10/U GIRL'S 200 FREE RELAY		
EVENT 124	10/U BOY'S 200 FREE RELAY		
EVENT 125	11/12 GIRL'S 200 FREE RELAY		
EVENT 126	11/12 BOY'S 200 FREE RELAY		

**No entries before noon on 9/24.**



**NEW JERSEY SWIMMING**  
**HOLIDAY CLASSIC XXI**

**FRIDAY, SATURDAY AND SUNDAY, December 11<sup>th</sup>, 12<sup>th</sup>, & 13<sup>th</sup>, 2009**

**\*\*\*WAIVER\*\*\***

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Rutgers University, Express Sports Inc. and BE Smartt, Inc.** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: \_\_\_\_\_

USS CLUB ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

\_\_\_\_\_ (Telephone)

NAME(S) OR COACH: \_\_\_\_\_

LOCATION OF CLUB: \_\_\_\_\_ (City) \_\_\_\_\_ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:  
\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:  
\_\_\_\_\_

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:  
\_\_\_\_\_

Meet results via e-mail      --or--       Meet results via disk/hard copy

**ENTRY**      \_\_\_\_\_ Individual Event Entries @ \$4.00 = \_\_ \$ \_\_\_\_\_

\_\_\_\_\_ Individual Event Entries @ \$3.00 = \_\_ \$ \_\_\_\_\_

**FEE**  
**SUMMARY:**      \_\_\_\_\_ Relay Event Entries @ \$8.00 = \_\_ \$ \_\_\_\_\_

**TOTAL ENTRY FEES = \_\_ \$ \_\_\_\_\_**

**MAKE CHECKS PAYABLE TO: EXPRESS SPORTS, INC.**

**No entries before noon on 9/24.**



# New Jersey Swimming Inc.

*Official Meet Verification Form*

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coaches Name: \_\_\_\_\_

Club Address: \_\_\_\_\_



## NEW JERSEY SWIMMING

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **HOLIDAY CLASSIC XXIII** to be held on **December 11-13, 2009** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_