

	<h1>Distance Derby 2008</h1> <p>Hosted by Elite Swim Club Saturday, November 22 & Sunday, November 23, 2008 At Newark Academy 91 South Orange Avenue Livingston, New Jersey 07039</p> <p style="color: red;">Revised 10-02-08 See Warm-Up/Start Time Changes</p>
<u>Meet Sanction #:</u>	Meet Sanction NJS#112208SC
<u>Date of Meet:</u>	Saturday, November 22 and Sunday, November 23, 2008.
<u>Location:</u>	<ul style="list-style-type: none"> • The pool is located on the campus of Newark Academy in Livingston, New Jersey. • The pool is a 25 yard, 6-lane pool. The pool uses pedestal-style starting blocks, non-turbulent lane lines and a Colorado Timing system. • There is an observation area with bleachers style seating enough for 150 spectators. • There is an auxiliary gym where swimmers will be located when not swimming. During both 12 & Unders sessions, swimmers will be marshaled formally from the gym to the starting blocks. During the 13 & O session and Distance Event sessions, event information will be posted in the gym plus announcements will be made so the swimmers can marshal themselves.
<u>Meet Director:</u>	Bill Deatly: eliteswimclubnj@comcast.net 908-273-6542 If calling, please phone between 8:00 am and 3:30 pm.-weekdays.
<u>Meet Referee:</u>	Moya Chew-Lai: mailto:emmiexilo@aol.com 973-635-1206
<u>Meet Marshall:</u>	Brandy Deatly: eliteswimclubnj@comcast.net 908-273-6542.
<u>Entry Coordinator:</u>	Bill Deatly, Meet Director 32 Prospect Street, Summit, NJ 07901. <ul style="list-style-type: none"> • eliteswimclubnj@comcast.net • 908-273-6542 • If calling, please phone between 8:00 am and 3:30 pm-weekdays.
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> • All entries will be accepted on a first come basis, with receipt of hard copy, waivers and the check as the controlling date. • Meet Entries will be taken until the meet/sessions fill. The host club must stay within the four hour per session rule. • Entry Deadline Date: Wednesday, November 12, 2008 • Hard copy, waivers and check are to be mailed to: Bill Deatly, Elite Swim Club 32 Prospect Street, Summit, New Jersey 07901 • It is not necessary to use overnight or express mail to send hard copy and check that are sent in support of an e-mailed entry. However, the date of receipt of these items will be the controlling date as regards to the first come basis.
<u>Meet Format Waiver:</u>	<p>The host club has the right to change the format of the meet with the approval of the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events and 3) to condense sessions</p>
<u>Internet Website Posting:</u>	Meet Information will be posted on the following 3 websites: <ol style="list-style-type: none"> 1) www.eliteswimclub.org 2) www.besmartinc.com 3) www.njswim.org

	<p>Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> • Meet Information will be posted on each website. • Downloadable Hy-Tek Events list (HYV.file) will be posted on each website. • List Teams whose entries have been received on websites 1 & 2. • List Individual Team Entries on websites 1 & 2 • List “heat limited” events psyche sheet on websites 1 & 2. • List Updated meet schedule on each website. • List Warm-up Schedule and Team Warm-up Assignments on each website. • List Timing assignments on each website. <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> • Downloadable Results (CL.2 file) on websites 1 & 2 • Downloadable Meet Back-up (Backup.zip File) on websites 1 & 2
<u>Meet Requirement Statement:</u>	<ul style="list-style-type: none"> • This meet qualifies as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey National Championship Reimbursement.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches “on the deck” must be members of USA Swimming. Coaches will be required to be in possession of their current coaches card.
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. <p>Unattached Swimmers.</p> <ul style="list-style-type: none"> • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form. <p>Age Groups offered.</p> <ul style="list-style-type: none"> • There will be 10 & Under, 12 & Under & 13-19 Events offered. • There are no time standards being used in this meet. <p>Individual Event Limits:</p> <ul style="list-style-type: none"> • New Jersey Swimming Policy allows swimmers to compete in 3 individual events per day. Eligible swimmers may enter events in multiple sessions each day. <p>Age at Meet:</p> <ul style="list-style-type: none"> • Age-up date for this meet is: 11/22/08
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • This meet will be run as a time final meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers. 12 & Under swimmers will report to the marshalling area for organizing heats and lanes and will be escorted to the pool. 13 & Older & Distance event swimmers will report directly to the blocks.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> • On Saturday, building will open at 11:45 am. On Sunday, building will open at 6:45 am. • On Saturday, there will be 2 sessions. On Sunday, there will be 3 sessions.

Meet Schedule:

Saturday, November 22, 2008		Warm-up	Start
Session 1	12 & Under 500 yd Free Session	12:00 p.m.	12:30 p.m.
Session 2	12 & Under Day 1 Session	1:45 p.m.	2:45 p.m.
Sunday, November 23, 2008		Warm-up	Start
Session 3	13 & Older Session	7:00 a.m.	8:00 a.m.
Session 4	Day 2 Distance Session	11:00 a.m.	11:30 a.m.
Session 5	12 & Under Day 2 Session	2:45 p.m.	3:45 p.m.

<u>Warm-up Procedures:</u>	<p>All teams must be given a minimum of thirty minutes of warm-ups. The sanctioning, and/or age group, and/or senior chairman must approve all new warm-up schedules.</p> <p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. • Swimming Equipment is NOT ALLOWED in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. <p>Entry Into Pool:</p> <ul style="list-style-type: none"> • All swimmers must enter the pool feet first from the starting end of the pool. • Uniformed and designated meet marshals will monitor warm-ups. <p>Warm-up with assigned lane procedures.</p> <ul style="list-style-type: none"> • All teams will be assigned their own warm-up lanes. Teams not sharing a lane can run their own warm-ups. Teams sharing a lane with another team(s) must agree to warm-up within lane. Disagreement among teams within the same lane will mean the warm-up lane will be a general warm-up lane. • For Sessions 2, 3 & 5, the warm-up sessions will be two 30-minute warm-ups divided by teams. For Sessions 1 & 4, there will be open warm-ups
<u>Entry Times:</u>	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards.
<u>Check-In:</u>	<ul style="list-style-type: none"> • All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. • All distance events will have a positive check-in that will be posted at the scoring table or the control room.
<u>Starts:</u>	<ul style="list-style-type: none"> • 'Fly-over' or 'Over-the-top' starts will be used.
<u>Distance Events:</u>	<ul style="list-style-type: none"> • The 1000 yard Freestyle events, the 400 IM events and the 500 Freestyle events will alternate women and men and be run fastest to slowest. Heats will be combined to consolidate a heat. • In each of the above events, swimmer must have their own timer and in the 1000 and 500 free, a person to count.
<u>Heat Limited Events:</u>	<ul style="list-style-type: none"> • Session #1: 12 & U 500 yd free: heat limit to a total of 7 heats between both girls and boys or 42 swimmers. Teams will be notified a minimum of 72 hours in advance by email and by posting on websites 1 & 2 as to # of entries prior to scratches. • Session #4: 13 & Older 500 yard free, 13 & Older 400 IM and Open 1000 yard free: session will be limited to 3 hours of swimming between these 3 events. Event swims will be determined by controlling date of first come (the receipt of payment & waivers). Teams will be notified a minimum of 72 hours in advance by email and by posting on websites 1 & 2 as to how this session will be conducted.

	<ul style="list-style-type: none"> • For Session # 1 & #4, psyche sheet will be posted on the websites 1 & 2 a minimum of 72 hours prior to the start of the meet • Swimmers below the ‘heat limit’ number will have the option of changing to another event. • Swimmers can stay in those ‘heat limited’ events with the possibility that scratches or the time line will allow the opportunity to swim. In either case, if that swimmer is below the ‘heat limit’ number and does not swim, their entry fee will be refunded within 7days of the conclusion of the meet. • Refunds will be mailed to the clubs with swimmers that did not swim and were below the heat limit number. These refunds will include the names of the swimmers and the events that they were cut from. Refunds will be mailed within one week of the conclusion of the meet.
<u>Scoring:</u>	<ul style="list-style-type: none"> • Team Scoring will not be kept.
<u>Awards:</u>	<ul style="list-style-type: none"> • Medals will be awarded for the top 3 swimmers in each individual event. • Heat Winner awards (derby) will be given out for each heat winner in each event.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> • Individual Entry Fee: \$3.00 Make checks payable to: Elite Swim Club • Host club has the right to scratch teams/swimmers for lack of payment of entry fees.
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> • Admission will be \$5.00 per session. • Cost of Program will be \$5.00 for the entire meet.
<u>Entries:</u>	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by E-mail to eliteswimclubnj@comcast.net • All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. • An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. Receipt of this package will be the controlling date regarding the 1st come, first served entry date. • Accuracy of seed times is essential. Incomplete entries will not be accepted. • Deck entries, phone entries & faxed entries will not be accepted. • “NT”s” entries are not permitted.
<u>Results:</u>	<ul style="list-style-type: none"> • All Teams are asked on the meet Summary whether they want results mailed or e-mailed.
<u>Host Club Responsibilities:</u>	<p>The host club responsibilities:</p> <ul style="list-style-type: none"> • The host club will provide a single timer in each lane through out the meet. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entries back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on websites 1, 2 & 3 a minimum of 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	<p>Participating Clubs responsibilities:</p> <ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet websites 1, 2 & 3. a minimum of 72-hours prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Concessions:</u>	Food and drink will be available at reasonable costs at a concession stand adjacent to the pool.
<u>Vendor:</u>	Swimming Etc will be the vendor for the meet.

<p><u>Directions:</u></p>	<p><u>DIRECTIONS TO NEWARK ACADEMY:</u></p> <ul style="list-style-type: none"> • From North: I-287 South toward Morristown-Somerville. Merge onto NJ-24 East via exit 37 towards Springfield. Just under two miles take Exit 2B toward Florham Park onto CR-510 (CR-510=Columbia Turnpike=South Orange Avenue). Newark Academy is 4 miles on the left. • From South #1: From GSP: North on GSP to exit 142 (at Union Toll booth-far right as possible) to Rt. 78 East. Take 1st exit and cross over Rt. 78 and re-enter Rt. 78 going West. Bear right onto Route 24 West. Take Exit 2B toward Florham Park onto CR-510 (CR-510=Columbia Turnpike=South Orange Avenue). Newark Academy is 4 miles on the left. • From South #2: From I-287: I-287 North towards Morristown. Merge onto NJ-24 East via exit 37 towards Springfield. Just under two miles take Exit 2B toward Florham Park onto CR-510 (CR-510=Columbia Turnpike=South Orange Avenue). Newark Academy is 4 miles on the left. • From East: Rt. 78 West toward Clinton. Bear right onto Route 24 West. Take Exit 2B toward Florham Park onto CR-510 (CR-510=Columbia Turnpike=South Orange Avenue). Newark Academy is 4 miles on the left. • From West: Rt. 78 East to I-287 North. Merge onto NJ-24 East via exit 37 towards Springfield. Just under two miles take Exit 2B toward Florham Park onto CR-510 (CR-510=Columbia Turnpike=South Orange Avenue). Newark Academy is 4 miles on the left.
<p><u>Hotels:</u></p>	<p><u>ACCOMMODATIONS:</u></p> <ul style="list-style-type: none"> • Westin Hotel: 2 Whippany Road, Morristown, New Jersey 07960 973-539-7300 • Madison Hotel: 1 Convent Road, Morristown, New Jersey 07960 973-285-1800 • Wellesley Hotel Whippany: 1255 Route 10, Whippany, New Jersey 07981 800-780-5733 <p>Summerfield Suites: 194 Park Avenue, Morristown, New Jersey 07960 973-971-0008</p>

SESSION #1 – 12 & Under 500 yard Free Session:
Warm –Up: 12:00 p.m. Session Starts: 12:30 p.m.

<u>Girls Evt. #</u>	<u>Time Stand.: Slower Than:</u>	<u>Age Group Event</u>	<u>Time Stand.: Slower Than::</u>	<u>Boys Evt. #</u>
#1	N/A	12 & Under 500 yard Free	N/A	#2

Events will be swum fastest to slowest, alternating girls and boys and will be limited to 7 total heats

SESSION #2: 12 & Under Day 1 Events
Warm –Up: 1:45 p.m. Session Starts: 2:45 p.m.

<u>Girls Evt. #</u>	<u>Time Stand.: Slower Than:</u>	<u>Age Group Event</u>	<u>Time Stand.: Slower Than::</u>	<u>Boys Evt. #</u>
#3	N/A	10 & Under - 100 yd. Backstroke	N/A	#4
#5	N/A	12 & Under – 200 yd. Freestyle	N/A	#6
#7	N/A	10 & Under- 100 yd. Butterfly	N/A	#8
#9	N/A	12 & Under - 200 yd. Breaststroke	N/A	#10
#11	N/A	12 & Under – 200 yd. I. M.	N/A	#12

SESSION #3 – 13 & Older Session:
Warm –Up: 7:00 a.m. Session Starts: 8:00 a.m.

<u>Girls Evt. #</u>	<u>Time Stand.: Slower Than:</u>	<u>Age Group Event</u>	<u>Time Stand.: Slower Than::</u>	<u>Boys Evt. #</u>
#13	N/A	13 & Older 200 yd. Freestyle	N/A	#14
#15	N/A	13 & Older - 200 yd. Backstroke	N/A	#16
#17	N/A	13 & Older - 200 yd. I.M.	N/A	#18
#19	N/A	13 & Older – 200 yd. Breaststroke	N/A	#20
#21	N/A	13 & Older – 200 yd. Butterfly	N/A	#22

SESSION #4 – Day 2 Distance Session:
Warm –Up: 11:00 a.m. (REVISED!) Session Starts: 11:30 a.m. (REVISED!)

<u>Girls Evt. #</u>	<u>Time Stand.: Slower Than:</u>	<u>Age Group Event</u>	<u>Time Stand.: Slower Than::</u>	<u>Boys Evt. #</u>
#23	N/A	13 & Older 500 yard Free	N/A	#24
#25	N/A	13 & Older- 400 I.M.	N/A	#26
#27	N/A	Open 1000 yard Freestyle	N/A	#28

SESSION #5: 12 & Under Day 2 Events
Warm –Up: 2:45 p.m. (REVISED!) Session Starts: 3:45 p.m. (REVISED!)

<u>Girls Evt. #</u>	<u>Time Stand.: Slower Than:</u>	<u>Age Group Event</u>	<u>Time Stand.: Slower Than::</u>	<u>Boys Evt. #</u>
#29	N/A	10 & Under - 100 yd. I.M.	N/A	#30
#31	N/A	12 & Under – 200 yd. Butterfly	N/A	#32
#33	N/A	10 & Under- 100 yd. Freestyle	N/A	#34
#35	N/A	12 & Under - 200 yd. Backstroke	N/A	#36
#37	N/A	10 & Under – 100 yd. Breaststroke	N/A	#38
#39	N/A	12 & Under - 400 yd. I.M.	N/A	#40

NEW JERSEY SWIMMING
'DISTANCE DERBY 2008

SATURDAY AND SUNDAY, NOVEMBER 22nd & 23rd, 2008

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Newark Academy, BeSmarttinc., Swimming Etc** and the **Elite Swim Club** and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Meet results via e-mail --or-- Meet results via disk/hard copy

ENTRY _____ Individual Event Entries @ 3.00 = _\$ _____

FEE

SUMMARY:

TOTAL ENTRY FEES = _\$ _____

MAKE CHECKS PAYABLE TO: Elite Swim Club

New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: _____ Club Code: _____

Club E-Mail Address: _____

Head Coaches Name: _____

Club Address: _____



**NEW JERSEY
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for Distance Derby 2008 to be held on November 22 & November 23, 2008 are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____