

<u>Name of Meet</u>	CAITLIN LEHMANN MEMORIAL MINI & BRONZE MEET
<u>Meet Sanction #:</u>	New Jersey Sanction #: NJS#120608SC
<u>Host Club:</u>	Cougar Aquatic Team
<u>Date of Meet:</u>	Saturday, December 6, 2008
<u>Location:</u>	The pool is located in the Bergen Community College Recreation Center, in Paramus New Jersey. Address: Bergen Community College, 400 Paramus Rd., Paramus, NJ 07652 The pool is a six (6) lane 25 yard pool with non-turbulent lane lines, with pedestal-style starting blocks, and Colorado Timing System. Bleacher seating is available; swimmer's bags and equipment is not permitted in the pool area and must be stored in designated swimmers marshalling room/area's.
<u>Meet Director:</u>	Suzanne Zurcher – Meet Director zurcherfamily@comcast.net
<u>Meet Referee:</u>	Peter Ravettine – Meet Referee / pravettine@aol.com
<u>Meet Marshal:</u>	Judy Montalbano, coachjudym@comcast.net
<u>Team Contact</u>	Judy Montalbano, coachjudym@comcast.net
<u>Entry Coordinator:</u>	BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 Phone: Ellen 609-558-0988 Fax: 609-587-7751 E-Mail: entries1@juno.com <ul style="list-style-type: none"> • When e-mailing your entries, please put clehmann08 in the subject line. • Overnight or express delivery is recommended, however, <i>please sign the waiver</i> so that the package will be delivered even if no one is there to sign for it. • Call Be Smartt, Inc at 1.609.558.0988 • Best time to call after 8:00PM and weekends
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Team entries will not be considered as <u>accepted</u> unless the waiver and entry fees have been received. • Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. • Entry Deadline Date: Friday, November 28, 2008 • Mail Entries to: BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 • When e-mailing your entries, please put clehmann08 in the subject line. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> • It is not necessary to use overnight or express mail to send a hard copy and check which are sent in support of an email entry.
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) to

	condense sessions and 4) eliminate relays.
<u>Internet Website Posting:</u>	<p>Swim Meet Website address: www.besmarttinc.com</p> <p>Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (HYV.file) will be posted on the website. • List Teams whose entries have been received. • List Updated meet schedule. • List Warm-up Schedule and Team Warm-up Assignments. • List Timing assignments. <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> • Downloadable Results (CL.2 file) • Downloadable Meet Back-up (Backup.zip File)
<u>Meet Requirement Statement:</u>	<ul style="list-style-type: none"> • This meet qualifies as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey Championship Reimbursement.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches "on the deck" must be members of USA Swimming. • All coaches must display their 2007 USA Swimming card at all times.
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. • All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays. <p>Unattached Swimmers.</p> <ul style="list-style-type: none"> • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. <p>Age Groups that will be offered.</p> <ul style="list-style-type: none"> • There will be 5/6, 7/8, & 9/10 mini meet events and 11/12, 13/14, and 15/19 bronze events. • Time standards will be used. • This is an Invitational Meet, all swimmers must have times slower than the meet qualifying time standards. <p>Individual Entry Limits:</p> <ul style="list-style-type: none"> • New Jersey Swimming only allows swimmers to enter and to compete in 3 individual events per day. <p>Age at Meet:</p> <ul style="list-style-type: none"> • Age for this meet is: December 6, 2008
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • This meet will be run as a timed final meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks. • The gym or classrooms will be used for marshalling and staging the mini meet swimmers; the 11/Overs will also use the gym or classrooms.

MEET SCHEDULE: This is a one day meet consisting of two sessions:

Saturday, December 8, 2007	Warm-up Time	Start Time
Session #1 - A.M. Mini Meet Events for 10/Unders	7:00 A.M.	8:05 A.M.
Session #2 - P.M. 11/Over Bronze Events	12:30 P.M.	1:35 P.M.

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> • All teams must be given a minimum of thirty minutes of warm-ups. • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool from the starting end of the pool. • New Jersey Swimming officials will monitor warm-ups. <p><u>Warm-up Procedures based upon number of entries:</u></p> <ul style="list-style-type: none"> • There will be a one-hour warm-up session with sprint lanes offered in the final 15 minutes of warm-ups. • <u>OR (based on the number of swimmers/teams in the meet)</u> • The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes. • Teams will be notified via email and on the web at www.besmartinc.com as to which warm-up procedure and schedule will be in force after all entries are received.
<u>Entry Times:</u>	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be slower than the qualifying time for this meet. • All entry times must be in short course yards.
<u>Check-In:</u>	<ul style="list-style-type: none"> • All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.
<u>Starts:</u>	<ul style="list-style-type: none"> • The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.
<u>Distance Events:</u>	<ul style="list-style-type: none"> • None
<u>Heat Limited Events:</u>	<ul style="list-style-type: none"> • None
<u>Scoring:</u>	<ul style="list-style-type: none"> • No team scoring
<u>Awards:</u>	<ul style="list-style-type: none"> • Medals will be awarded for the top 3 swimmers in each individual event and each of the designated age groups (i.e., 5/6, 7/8, 9/10, 11/12, 13/14, 15/19).
<u>Entry Fees:</u>	<ul style="list-style-type: none"> • Individual Entry Fee: \$3.00 • Make checks payable to: In Depth Aquatics
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> • Admission will be \$5.00 per session. • Cost of Program will be \$5.00 for the entire meet.
<u>Entries:</u>	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by E-mail to: entries1@juno.com (When e-mailing your entries, please put CLEHMANN08 in the subject line.) • All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. Note: Teams should also send a HARD COPY OF THEIR ENTRIES. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. • An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. • Accuracy of seed times is essential. Incomplete entries will not be accepted.

	<ul style="list-style-type: none"> Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Results:</u>	<ul style="list-style-type: none"> All Teams will be asked on the meet summary whether they want results mailed or e-mailed. Results can be found at www.besmartinc.com
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> The host club will provide a single timer in each lane through out the meet. The host club will have stopwatches available for volunteers helping to time. The host club will e-mail all club entries back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 72 hours before the meet. The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.besmartinc.com no later than 72 hours before the meet. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: www.besmartinc.com no later than 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmartinc.com 72-hours prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Concessions:</u>	A concession will be in the lobby.
<u>Vendor:</u>	A swim vendor will be at the meet.
<u>Directions:</u>	<p>Bergen Community College is located in Paramus, New Jersey; with entrances on Paramus Road, and Midland Avenue.</p> <p>Garden State Parkway North to exit 163 (RT. 17 North) Go 0.5 miles on Rt. 17 to Midland Avenue exit – Glen Rock, continue right and proceed on overpass (over Rt. 17) to traffic light. Continue straight 1.3 miles until traffic light at Paramus Road. Make left unto Paramus Road and continue for 1.0 miles pass first traffic light. Take jug-handle <u>prior</u> to 2nd. traffic light and bare right as you proceed into Bergen Community College. Use Parking lots “B”, “C”, or “D”. Pool is located up path past security station in the building to the left of the tennis courts.</p>

SATURDAY A.M. SESSION #1: 7:00 AM Warm-up; 8:05 AM Start

	No faster than		No faster than
Event 1 Girls 9-10 50 Free	36.19	Event 13 Girls 9-10 100 IM	1:34.39
Event 2 Boys 9-10 50 Free	36.19	Event 14 Boys 9-10 100 IM	1:34.39
Event 3 Girls 7-8 50 Free	N/A	Event 15 Girls 9-10 50 Breast	48.19
Event 4 Boys 7-8 50 Free	N/A	Event 16 Boys 9-10 50 Breast	48.19

Event 5 Girls 5-6 25 Free	N/A	Event 17 Girls 7-8 25 Breast	N/A
Event 6 Boys 5-6 25 Free	N/A	Event 18 Boys 7-8 25 Breast	N/A
Event 7 Girls 9-10 50 Back	43.89	Event 19 Girls 9-10 50 Fly	42.99
Event 8 Boys 9-10 50 Back	43.89	Event 20 Boys 9-10 50 Fly	42.99
Event 9 Girls 7-8 50 Back	N/A	Event 21 Girls 7-8 25 Fly	N/A
Event 10 Boys 7-8 50 Back	N/A	Event 22 Boys 7-8 25 Fly	N/A
Event 11 Girls 5-6 25 Back	N/A	Event 23 Girls 7-8 100 IM	N/A
Event 12 Boys 5-6 25 Back	N/A	Event 24 Boys 7-8 100 IM	N/A

SATURDAY AFTERNOON SESSION #2: 12:30 PM Warm-up; 1:35PM Start

	No faster than		No faster than
Event 25 Girls 11-12 200 IM	2:51.79	Event 35 Girls 11-12 50 Breast	41.99
Event 25 Girls 13-14 200 IM	2:36.89	Event 36 Boys 11-12 50 Breast	41.99
Event 25 Girls 15-19 200 IM	2:30.29	Event 37 Girls 13-14 100 Breast	1:22.49
Event 26 Boys 11-12 200 IM	2:51.79	Event 37 Girls 15-19 100 Breast	1:19.39
Event 26 Boys 13-14 200 IM	2:34.49	Event 38 Boys 13-14 100 Breast	1:20.39
Event 26 Boys 15-19 200 IM	2:20.29	Event 38 Boys 15-19 100 Breast	1:14.99
Event 27 Girls 11-12 100 Free	1:08.29	Event 39 Girls 11-12 100 Fly	1:21.99
Event 27 Girls 13-14 100 Free	1:02.89	Event 39 Girls 13-14 100 Fly	1:13.79
Event 28 Boys 11-12 100 Free	1:08.29	Event 39 Girls 15-19 100 Fly	1:09.89
Event 28 Boys 13-14 100 Free	1:01.49	Event 40 Boys 11-12 100 Fly	1:21.99
Event 29 Girls 15-19 200 Free	2:11.49	Event 40 Boys 13-14 100 Fly	1:10.99
Event 30 Boys 15-19 200 Free	2:01.79	Event 40 Boys 15-19 100 Fly	1:05.59
Event 31 Girls 11-12 100 Back	1:21.89	Event 41 Girls 11-12 50 Free	31.39
Event 32 Boys 11-12 100 Back	1:21.89	Event 41 Girls 13-14 50 Free	28.99
Event 33 Girls 13-14 200 Back	2:39.39	Event 41 Girls 15-19 50 Free	28.19
Event 33 Girls 15-19 200 Back	2:30.99	Event 42 Boys 11-12 50 Free	31.39
Event 34 Boys 13-14 200 Back	2:35.69	Event 42 Boys 13-14 50 Free	27.99
Event 34 Boys 15-19 200 Back	2:23.69	Event 42 Boys 15-19 50 Free	25.39

Caitlin Lehmann Memorial Mini & Bronze Meet

December 6, 2008

ENTRY SUMMARY

TEAM: _____ **USA CLUB CODE:** _____

NAME (S) COACH (ES): _____

CLUB MAILING ADDRESS: _____

ENTRY CONTACT PERSON: _____

Phone No. _____ Fax No. _____ E-Mail _____

TIMERS/OFFICIALS CONTACT PERSON: _____

Phone No. _____ Fax No. _____ E-Mail _____

ENTRY FEE SUMMARY:

Number of Individual Entries: _____ X \$3.00 = _____

Please make checks payable to: In Depth Aquatics

WAIVER

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignors, waive and release any and all claims against USA SWIMMING, Bergen Community College, BE SMARTT, Inc., and Cougar Aquatic Club and their staff for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we an/are bona-fide amateur athlete(s), USA SWIMMING registered and eligible to compete in all of the events I/we have entered.

Signature: _____
(Club Official, Coach, and/or Parent or Guardian)

Date: _____

New Jersey Swimming Inc.

Meet Verification Form

Club Name _____ Club Code _____

Coach's Name _____ Phone # _____

E-mail Address _____

Postal Address _____



**NEW JERSEY
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **2008 Caitlin Lehmann Memorial Meet** to be held on December 6, 2008 are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____

(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____