

# ***Colonial Hills Conference Championship Cross Country Meet***

## **Wednesday, October 15, 2008**

**Check in:** 3:30pm – tables will be located near the track where you pick up your team packet

**Gun goes off as follows:**

4:00pm – Boys Varsity

4:30pm – Girls Varsity

5:00pm – JV Race

**Location:** Pingry School

**Buses:** We are waiting for this information from the head of the Pingry grounds staff.

**Entries:** A team consists of 7 runners. The meet is being administered with **HY-TEK Meet Manager**. All team rosters must be emailed to [entries1@juno.com](mailto:entries1@juno.com) please use “CHC CC 08” in the subject line. Please list coaches name and phone number with the team entry.

**Deadline:** All entries and breakdown of team rosters (JV & Varsity) (Boy & Girl) must be received by: **Wednesday, October 8, 2008** email to [entries1@juno.com](mailto:entries1@juno.com), use “CHC CC 08” in the subject line

**Scoring:** Will be based on number positions of the first five finishers. The place finishers will not be changed due to disqualifications or failure of another team to finish five runners. Automated timing will be used.

**Computer Scoring** – each runner will be assigned a bib (pins will be provided) with a “tear off” number to be worn on the front of his/her jersey. The “tear off” section must be completely filled out as legibly as possible if not already filled out by HY-TEK Meet Manager. The “tear off” will be removed in the chute and will be used in computer scoring to determine individual order of finish.

**Uniforms:** All runners on the same team must wear identical tops and bottoms – uniforms that have been provided by the school. Protective covering may be worn under the team shirt, but must conform to NJSIAA regulations. Shoes must be worn.

**Awards:** Championship plaques will be presented to both the Girls and Boys Team Champions. The top 15 individuals in each Varsity race will receive medals.

**Rules:** The meet will follow the 2008-2009 high school rules. At least one coach must accompany each team.

**Map:** The course map will be shared when available.

**Results:** Each participating team will receive a copy of the final results.

**Questions:** Call meet director Ellen Mace 609-558-0988 or email to [entries1@juno.com](mailto:entries1@juno.com)