



**BMS LAST CHANCE**  
**Sunday, February 12, 2012**

**WARM-UP ASSIGNMENTS**

**SESSION 1: 3 WARMUPS**

CHECK-IN BY 8:35AM: START AT 9:10AM

WARM-UP	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
<b>Group 1</b>						
7:55AM	ESC	ESC	NJW	NJW	BMS	BMS
<b>Group 2</b>						
8:20AM	BAC	BAC	BAC	BWTD	EAG	NJBL
<b>Group 2</b>						
8:45AM	SAC	SAC	SAC	SKYY/JG	<b>ALL OTHERS</b>	

**SESSION 2: 2 WARMUPS**

CHECK-IN BY 1:55PM: START AT 2:30PM (APPROX)

WARM-UP	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
<b>Group 1</b>						
1:25PM	ESC	ESC	BAC	BAC	SAC	SAC
<b>Group 2</b>						
1:55PM	BWTD	NJBL	EAG	BMS	<b>ALL OTHERS</b>	

**TIMING ASSIGNMENTS**

*You are responsible for your lane for the entire session.*

*Please provide your own stopwatches!*

	SESSION 1	SESSION 2	
Lane 1	BMS/ESC	Lane 1	BMS/ESC
Lane 2	BMS/NJW	Lane 2	BMS/BAC
Lane 3	BMS/SAC	Lane 3	BMS/SAC
Lane 4	BMS/BAC	Lane 4	BMS/BWTD
Lane 5	BMS/BWTD	Lane 5	BMS/NJBL
Lane 6	BMS/EAG	Lane 6	BMS/EAG
Alternates:	NJBL/SKYY	Alternates:	SKYY

**REVISED 2/6/2012**