

2023 XCEL Meet of Xcellence Saturday-Sunday June 10th-11th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	<i>Saturday Doors Open:</i>		6:45am	
1	Saturday 12 & Under	7:00am	7:20am	7:55am
2	Saturday 13 & Over Men	11:55am	11:55am	12:30pm
3	Saturday Distance	3:00pm	3:00pm	3:35pm
4	Saturday 13 & Over Women	5:15pm	5:15pm	5:50pm
	<i>Sunday Doors Open:</i>		6:45am	
5	Sunday 12 & Under	7:00am	7:20am	7:55am
5	Sunday Distance	11:30am	11:30am	12:05pm
6	Sunday 13 & Over	1:15pm	1:45pm	2:20pm

Warm-up Schedule

Session 1 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
7:00am	NJRC	NJRC	NJRC	NJRC	LT	LT/HACY	XCEL	XCEL
7:25am	PTAC	PTAC	PTAC	PTAC	MDY	SWST	TAC	RSA

Session 2 – Saturday 13 & Over Men

	L1	L2	L3	L4	L5	L6	L7	L8
11:55am	XCEL/TAC	NJRC	NJRC/SWST	PTAC	PTAC/LT	CAT	CAT/RANY	RSA/HACY /EEX



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Warm-up Schedule

Session 3 – Saturday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
3:00pm	OPEN WARM-UP ALL TEAMS							

Session 4 – Saturday 13 & Over Women

	L1	L2	L3	L4	L5	L6	L7	L8
5:15pm	PTAC	PTAC	NJRC	NJRC/HACY	CAT/SWST	RANY/EEX	RSA/LT	XCEL/LT/TAC

Session 5 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
7:00am	PTAC	PTAC	PTAC	PTAC	XCEL	XCEL	XCEL	RSA
7:25am	NJRC	NJRC	NJRC	NJRC	LT	LT	HACY/MDY	SWST/TAC

Session 6 – Sunday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
11:30am	OPEN WARM-UP ALL TEAMS							

Session 7 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
1:15pm	PTAC	PTAC	PTAC	PTAC/MDY	HACY	RSA	XCEL	XCEL
1:45pm	NJRC	NJRC	NJRC	CAT	CAT	CAT	LT	LT/SWST /TAC



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Timing Assignments

Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	PTAC	LT	RSA	MDY	SWST	TAC	HACY
<i>Alternates: LT, RSA, MDY</i>							

Session 2 – Saturday 13 & Over Men

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	PTAC	HACY	EEX	SWST	CAT	LT	RANY
<i>Alternates: TAC, RSA</i>							

Session 3 – Saturday Distance

Swimmers provide their own timers

Session 4 – Saturday 13 & Over Women

L1	L2	L3	L4	L5	L6	L7	L8
PTAC	NJRC	CAT	RSA	HACY	RANY	LT	PTAC
<i>Alternates: LT, PTAC, EEX</i>							

Session 5 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	PTAC	NJRC	SWST	LT	RSA	MDY	HACY
<i>Alternates: MDY, LT</i>							

Session 6 – Sunday Distance

Swimmers provide their own timers

Session 7 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
PTAC	NJRC	PTAC	SWST	NJRC	CAT	RSA	HACY
<i>Alternates: CAT, HACY, MDY</i>							

