

2018 WFY FALL FRENZY

Saturday-Sunday November 10th-11th

Hosted by WFY at Wyckoff Family YMCA

Fly over starts will be used throughout the meet.

MEET SCHEDULE

DAY	SESSION	AGE GROUP	WARM-UP	CHECK-IN	START
SATURDAY	1	400/500	4:00PM	4:15PM	4:45PM
SUNDAY	2	10 & Under	7:00AM	7:30AM	8:05AM
SUNDAY	2	11 & Older	11:30AM	12:30PM	1:05PM
SUNDAY	3	1000 Free	5:15PM	5:15PM	5:45PM

*Revised
Friday
November
9th*

WARM-UP SCHEDULE

SATURDAY

SUNDAY

	SESSION 1 400/500	SESSION 2 10 & Under			SESSION 3 11 & Over			SESSION 4 1000 FREE
	4:00PM	7:00AM	7:20AM	7:40AM	11:30AM	12:00PM	12:30PM	5:15PM
L1	WFY	WFY	RANY	SAY	SAY	RANY	SAY	WFY
L2	WFY	WFY	RANY	SAY	SAY	RANY	SAY	WFY
L3	WFY	WFY	RANY	SAY	SAY	RANY	SAY	WFY
L4	WFY	WFY	RANY	MEY	SAY/SCY	RANY	MEY	<i>In</i>
L5	MAY	WFY	SCY	MEY	MEY	MAY	MEY	<i>New</i>
L6	MEY/SCY	MAY	SCY	STARTS	MEY	MAY	MAY	<i>Pool</i>
								OPEN WARM-UP

TIMING ASSIGNMENTS

	SESSION	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	ALTS
1	400/500	<i>Swimmers provide own timers and counters</i>						
2	10 & Under	RANY	SAY	MEY	SAY	MAY	RANY	SAY/MEY
3	11 & Over	SAY	RANY	SAY	RANY	MEY	MAY	SAY/MEY
4	1000 Free	<i>Swimmers provide own timers and counters</i>						

Any team without a specific assignment needs to be ready to be a back-up timer.

www.besmarttinc.com for heat sheets, meet results and more

