

**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmartinc.com](http://www.besmartinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****Event 31 Women 18-24 200 Yard Freestyle****NATL: 1:43.28 \* 11-08-2009 Dana Vollmer**

| Name                | Age   | Team                           | Seed Time       | Finals Time     |
|---------------------|-------|--------------------------------|-----------------|-----------------|
| 1 Picchione, Olivia | 24    | YMCA Of Bucks County-8         | 2:01.74         | 2:03.32         |
|                     | 28.41 | 59.37 (30.96)                  | 1:31.39 (32.02) | 2:03.32 (31.93) |
| 2 Morris, Stephanie | 21    | Raritan Bay at South Amboy Y-7 | 2:50.00         | 3:02.75         |
|                     | 38.73 | 1:24.72 (45.99)                | 2:14.03 (49.31) | 3:02.75 (48.72) |

**Event 31 Women 25-29 200 Yard Freestyle****NATL: 1:48.80 \* 5-20-2001 Limin Liu**

|                        |       |                              |                 |                 |
|------------------------|-------|------------------------------|-----------------|-----------------|
| 1 Cubbler, Rebecca     | 25    | Spring Valley YMCA Masters-8 | 1:54.38         | 1:55.91         |
|                        | 26.42 | 55.56 (29.14)                | 1:25.78 (30.22) | 1:55.91 (30.13) |
| 2 Smith, Delaney       | 26    | Agua Masters-6               | 2:05.19         | 2:03.47         |
| 3 Schaffling, Staci    | 28    | Colonials 1776-8             | 2:09.50         | 2:10.45         |
|                        | 29.10 | 1:01.43 (32.33)              | 1:35.65 (34.22) | 2:10.45 (34.80) |
| 4 Robertson, Stephanie | 29    | Spring Valley YMCA Masters-8 | 2:20.30         | 2:15.21         |
|                        | 29.35 | 1:03.33 (33.98)              | 1:39.59 (36.26) | 2:15.21 (35.62) |

**Event 31 Women 30-34 200 Yard Freestyle****NATL: 1:43.46 \* 11-30-2012 Erika Erndl**

|                      |       |                               |                   |                 |
|----------------------|-------|-------------------------------|-------------------|-----------------|
| 1 Marshall, Victoria | 34    | Colonials 1776-8              | 2:11.59           | 2:08.12         |
|                      | 29.77 | 1:02.17 (32.40)               | 1:35.22 (33.05)   | 2:08.12 (32.90) |
| 2 Smith, Elizabeth   | 32    | Chelsea Piers Fitness Ny/Bk-6 | 2:31.21           | 2:29.18         |
|                      | 32.61 | 1:08.59 (35.98)               | 2:29.18 (1:20.59) |                 |
| --- Arnn, Molly      | 34    | Chelsea Piers Fitness Ny/Bk-6 | 2:06.01           | SCR             |

**Event 31 Women 35-39 200 Yard Freestyle****NATL: 1:51.55 \* 5-03-1997 K Pipes-Neilsen**

|                    |       |                               |                 |                 |
|--------------------|-------|-------------------------------|-----------------|-----------------|
| 1 Sciacca, Krysten | 35    | Chelsea Piers Fitness Ny/Bk-6 | 2:07.02         | 2:08.11         |
|                    | 29.81 | 1:02.25 (32.44)               | 1:34.91 (32.66) | 2:08.11 (33.20) |
| --- Rose, Laura    | 36    | Terrapin Masters-10           | 2:16.92         | SCR             |

**Event 31 Women 40-44 200 Yard Freestyle****NATL: 1:51.06 \* 12-22-2002 K Pipes-Neilsen**

|                   |    |      |         |     |
|-------------------|----|------|---------|-----|
| --- Powers, Julie | 41 | Uc07 | 2:50.00 | SCR |
|-------------------|----|------|---------|-----|

**Event 31 Women 45-49 200 Yard Freestyle****NATL: 1:52.97 \* 3-12-2023 Gabrielle Rose**

|                   |           |                                |                   |                 |
|-------------------|-----------|--------------------------------|-------------------|-----------------|
| 1 Maidenberg, Eve | 46        | Agua Masters-6                 | 2:10.71           | 2:08.77         |
|                   | 29.86     | 1:02.16 (32.30)                | 1:35.42 (33.26)   | 2:08.77 (33.35) |
| 2 Gruppuso, Suh   | 49        | Raritan Bay at South Amboy Y-7 | 3:45.00           | 3:13.02         |
|                   | 43.81 ( ) | 1:31.22 (47.41)                | 3:13.02 (1:41.80) |                 |

**Event 31 Women 50-54 200 Yard Freestyle****NATL: 1:57.96 \* 4-01-2022 Alison Zamanian**

|                      |       |                               |                 |                 |
|----------------------|-------|-------------------------------|-----------------|-----------------|
| 1 Gianniny, Dana     | 53    | Rochester Area Masters Swimmi | 2:11.72         | 2:12.53         |
|                      | 30.82 | 1:04.15 (33.33)               | 1:38.33 (34.18) | 2:12.53 (34.20) |
| 2 Leveroni, Amy      | 52    | New England Masters Swim Club | 2:17.74         | 2:18.84         |
|                      | 29.21 | 1:02.94 (33.73)               | 1:40.05 (37.11) | 2:18.84 (38.79) |
| 3 Wojnovich, Kristin | 50    | Uc08                          | 2:30.00         | 2:28.82         |
|                      | 33.38 | 1:10.24 (36.86)               | 1:49.81 (39.57) | 2:28.82 (39.01) |
| 4 Libano, Miren      | 53    | Uc07                          | 2:40.36         | 2:39.71         |
|                      | 37.58 | 1:18.61 (41.03)               | 2:00.30 (41.69) | 2:39.71 (39.41) |
| 5 Torian, Penny      | 52    | Club Tribe-12                 | 2:45.30         | 2:44.36         |
|                      | 38.10 | 1:18.46 (40.36)               | 2:01.71 (43.25) | 2:44.36 (42.65) |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmarttinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****(Event 31 Women 50-54 200 Yard Freestyle)**

|     |                 |    |                             |             |                   |
|-----|-----------------|----|-----------------------------|-------------|-------------------|
| 6   | Horiuchi, Linda | 52 | Red Tide-6                  | 3:29.63     | 3:25.94           |
|     |                 |    |                             | 1:35.60 ( ) | 3:25.94 (1:50.34) |
| --- | Bass, Amy       | 52 | Reston Masters Swim Team-10 | 2:19.00     | SCR               |

**Event 31 Women 60-64 200 Yard Freestyle****NATL: 2:05.75 \* 5-22-2016 Laura Val**

|   |                |    |                                 |                 |                 |
|---|----------------|----|---------------------------------|-----------------|-----------------|
| 1 | Adamoli, Donna | 60 | Jersey Aquatic Center Masters-7 | 2:53.36         | 2:49.43         |
|   |                |    |                                 | 38.04           | 1:21.00 (42.96) |
|   |                |    |                                 | 2:05.40 (44.40) | 2:49.43 (44.03) |

**Event 31 Women 65-69 200 Yard Freestyle****NATL: 2:07.23 \* 5-11-2018 Laura Val**

|   |                        |    |                        |                 |                 |
|---|------------------------|----|------------------------|-----------------|-----------------|
| 1 | Steadman Martin, Nancy | 68 | Garden State Masters-7 | 2:22.20         | 2:23.54         |
| 2 | Panagacos, Nancy       | 65 | Uc08                   | 2:40.30         | 2:30.21         |
|   |                        |    |                        | 34.10           | 1:11.33 (37.23) |
|   |                        |    |                        | 1:50.60 (39.27) | 2:30.21 (39.61) |
| 3 | Hoppenrath, Terri      | 66 | Uc04                   | 2:29.04         | 2:36.83         |
|   |                        |    |                        | 33.96           | 1:13.33 (39.37) |
|   |                        |    |                        | 1:54.51 (41.18) | 2:36.83 (42.32) |
| 4 | Hood, Patricia         | 67 | Colonials 1776-8       | 2:50.24         | 2:47.89         |
|   |                        |    |                        | 38.46           | 1:21.24 (42.78) |
|   |                        |    |                        | 2:06.10 (44.86) | 2:47.89 (41.79) |
| 5 | Lampe, Betty           | 67 | Colonials 1776-8       | 3:03.00         | 2:59.28         |
|   |                        |    |                        | 40.86           | 1:26.37 (45.51) |
|   |                        |    |                        | 2:13.25 (46.88) | 2:59.28 (46.03) |

**Event 31 Women 75-79 200 Yard Freestyle****NATL: 2:32.99 \* 4-29-2022 Diann Uustal**

|   |                 |    |                               |                 |                 |
|---|-----------------|----|-------------------------------|-----------------|-----------------|
| 1 | Hayes, Christie | 75 | New England Masters Swim Club | 2:52.04         | 2:42.18         |
|   |                 |    |                               | 37.05           | 1:18.22 (41.17) |
|   |                 |    |                               | 2:00.61 (42.39) | 2:42.18 (41.57) |

**Event 32 Men 18-24 200 Yard Freestyle****NATL: 1:35.02 \* 11-08-2009 Andy Grant**

|     |                     |    |                               |                 |                 |
|-----|---------------------|----|-------------------------------|-----------------|-----------------|
| 1   | Von Autenried, Kurt | 24 | Chelsea Piers Fitness Ny/Bk-6 | 1:50.99         | 1:44.89         |
|     |                     |    |                               | 24.61           | 51.74 (27.13)   |
|     |                     |    |                               | 1:18.74 (27.00) | 1:44.89 (26.15) |
| 2   | Chamak, Joshua      | 23 | Swim Unattached-6             | 1:53.91         | 1:52.90         |
|     |                     |    |                               | 26.62           | 55.20 (28.58)   |
|     |                     |    |                               | 1:24.35 (29.15) | 1:52.90 (28.55) |
| --- | Jurman, Jasper      | 24 | Uc06                          | 1:43.98         | SCR             |
| --- | Gallardo, Sal       | 20 | Pineapples-6                  | 3:00.00         | SCR             |

**Event 32 Men 25-29 200 Yard Freestyle****NATL: 1:31.93 \* 12-06-2013 Darian Townsend**

|     |                      |    |                        |                 |                 |
|-----|----------------------|----|------------------------|-----------------|-----------------|
| 1   | Maxian, Ondrej       | 27 | YMCA Of Bucks County-8 | 1:51.00         | 1:52.14         |
|     |                      |    |                        | 26.65           | 55.05 (28.40)   |
|     |                      |    |                        | 1:23.72 (28.67) | 1:52.14 (28.42) |
| --- | Kostolansky, Timothy | 27 | Philadelphia Fins-8    | 1:50.03         | SCR             |

**Event 32 Men 30-34 200 Yard Freestyle****NATL: 1:34.00 \* 12-19-2014 Darian Townsend**

|   |                 |    |                               |                 |                 |
|---|-----------------|----|-------------------------------|-----------------|-----------------|
| 1 | Wahl, Zachary   | 32 | Rochester Area Masters Swimmi | 1:48.51         | 1:45.25         |
|   |                 |    |                               | 24.62           | 51.57 (26.95)   |
|   |                 |    |                               | 1:19.01 (27.44) | 1:45.25 (26.24) |
| 2 | Callanan, Ryan  | 30 | Colonials 1776-8              | 2:01.82         | 1:55.90         |
|   |                 |    |                               | 26.34           | 55.03 (28.69)   |
|   |                 |    |                               | 1:25.20 (30.17) | 1:55.90 (30.70) |
| 3 | Frawley, Robert | 34 | New York Athletic Club-6      | 2:05.22         | 2:02.68         |
|   |                 |    |                               | 28.02           | 59.44 (31.42)   |
|   |                 |    |                               | 1:30.50 (31.06) | 2:02.68 (32.18) |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmarttinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****Event 32 Men 35-39 200 Yard Freestyle****NATL: 1:36.56 \* 5-04-2008 Josh Davis**

|     |                  |                 |                       |                 |         |
|-----|------------------|-----------------|-----------------------|-----------------|---------|
| 1   | Hagerty, Edward  | 39              | Agua Masters-6        | 1:48.90         | 1:48.52 |
|     | 24.94            | 52.42 (27.48)   | 1:19.50 (27.08)       | 1:48.52 (29.02) |         |
| 2   | Yasinkas, Joseph | 39              | Uc08                  | 2:14.00         | 2:13.93 |
|     | 30.33            | 1:03.90 (33.57) | 1:39.02 (35.12)       | 2:13.93 (34.91) |         |
| 3   | Duguay, Rob      | 37              | Connecticut Masters-5 | 2:16.81         | 2:14.67 |
|     | 32.36            | 1:06.63 (34.27) | 1:41.38 (34.75)       | 2:14.67 (33.29) |         |
| --- | Thomas, Sean     | 39              | Uc09                  | 2:05.00         | SCR     |

**Event 32 Men 40-44 200 Yard Freestyle****NATL: 1:38.23 \* 4-24-2015 Josh Davis**

|     |                   |                 |                                |                 |         |
|-----|-------------------|-----------------|--------------------------------|-----------------|---------|
| 1   | Hildebrand, David | 42              | Club Tribe-12                  | 1:48.77         | 1:50.33 |
|     | 25.36             | 52.74 (27.38)   | 1:20.89 (28.15)                | 1:50.33 (29.44) |         |
| 2   | Strahota, Jeffrey | 42              | Terrapin Masters-10            | 1:56.51         | 2:01.07 |
|     | 28.03             | 58.74 (30.71)   | 1:30.06 (31.32)                | 2:01.07 (31.01) |         |
| 3   | Grados, Michael   | 44              | Nickel City Splash Swim Team-4 | 1:57.78         | 2:08.43 |
|     | 24.08             | 50.58 (26.50)   | 1:30.69 (40.11)                | 2:08.43 (37.74) |         |
| 4   | Boris, Joseph     | 43              | Spring Valley YMCA Masters-8   | 2:11.00         | 2:11.41 |
|     | 30.23             | 1:03.68 (33.45) | 1:37.72 (34.04)                | 2:11.41 (33.69) |         |
| --- | Sabala, Michael   | 42              | Chelsea Piers Fitness Ny/Bk-6  | 1:55.86         | SCR     |

**Event 32 Men 45-49 200 Yard Freestyle****NATL: 1:41.69 \* 5-21-2010 David Sims**

|     |                |               |                              |                 |         |
|-----|----------------|---------------|------------------------------|-----------------|---------|
| 1   | Zhukarev, Stan | 45            | Spring Valley YMCA Masters-8 | 2:06.00         | 2:03.98 |
|     | 27.77          | 58.56 (30.79) | 1:30.87 (32.31)              | 2:03.98 (33.11) |         |
| --- | Adkins, Dana   | 46            | Club Tribe-12                | 2:12.29         | SCR     |

**Event 32 Men 50-54 200 Yard Freestyle****NATL: 1:43.76 \* 5-10-2009 Rowdy Gaines**

|   |                |                 |                              |                 |         |
|---|----------------|-----------------|------------------------------|-----------------|---------|
| 1 | Reynolds, Sean | 54              | YMCA Of Bucks County-8       | 2:14.00         | 2:12.66 |
|   | 29.36          | 1:02.36 (33.00) | 1:37.45 (35.09)              | 2:12.66 (35.21) |         |
| 2 | Rees, Greg     | 53              | Spring Valley YMCA Masters-8 | 1:58.00         | 2:16.88 |
|   | 24.28          | 50.96 (26.68)   | 1:35.44 (44.48)              | 2:16.88 (41.44) |         |

**Event 32 Men 55-59 200 Yard Freestyle****NATL: 1:48.79 \* 4-10-2010 Michael Mann**

|     |                   |                 |                                |                 |         |
|-----|-------------------|-----------------|--------------------------------|-----------------|---------|
| 1   | Leary, Patrick    | 55              | Team New York Aquatics-6       | 2:32.34         | 2:32.04 |
|     | 32.17             | 1:09.61 (37.44) | 1:50.81 (41.20)                | 2:32.04 (41.23) |         |
| --- | Brundage, Patrick | 56              | Arizona Masters Swim Club Inc- | 1:55.84         | SCR     |

**Event 32 Men 60-64 200 Yard Freestyle****NATL: 1:51.08 \* 4-24-2015 Rick Colella**

|     |                |    |                            |         |     |
|-----|----------------|----|----------------------------|---------|-----|
| --- | Newman, Steven | 61 | Sarasota Sharks Masters-14 | 2:09.45 | SCR |
|-----|----------------|----|----------------------------|---------|-----|

**Event 32 Men 65-69 200 Yard Freestyle****NATL: 1:52.57 \* 4-30-2017 Rick Colella**

|   |                |                 |                                |                 |         |
|---|----------------|-----------------|--------------------------------|-----------------|---------|
| 1 | Chambers, John | 67              | Agua Masters-6                 | 2:08.00         | 2:10.23 |
|   | 29.61          | 1:02.09 (32.48) | 1:35.94 (33.85)                | 2:10.23 (34.29) |         |
| 2 | Niemi, Ken     | 68              | Somerset County YMCA Masters   | 2:16.00         | 2:21.14 |
|   | 32.40          | 1:08.05 (35.65) | 1:44.80 (36.75)                | 2:21.14 (36.34) |         |
| 3 | Norek, Francis | 66              | Raritan Bay at South Amboy Y-7 | 2:44.40         | 2:38.12 |
|   | 34.21          | 1:13.73 (39.52) | 1:56.58 (42.85)                | 2:38.12 (41.54) |         |





2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023

www.besmartinc.com for meet results and more

Follow us on FACEBOOK and Twitter

Results - Sunday Morning

(Event 32 Men 65-69 200 Yard Freestyle)

|   |              |                 |                 |                 |         |
|---|--------------|-----------------|-----------------|-----------------|---------|
| 4 | Gandee, Brad | 68              | Uc10            | 2:14.00         | 2:43.16 |
|   | 27.28        | 1:16.57 (49.29) | 1:58.93 (42.36) | 2:43.16 (44.23) |         |

Event 32 Men 70-74 200 Yard Freestyle

NATL: 1:56.50 \* 4-29-2022 Rick Colella

|   |                  |                 |                              |                 |         |
|---|------------------|-----------------|------------------------------|-----------------|---------|
| 1 | Ryan, James      | 70              | Somerset County YMCA Masters | 2:29.41         | 2:31.37 |
|   | 35.56            | 1:12.97 (37.41) | 1:52.13 (39.16)              | 2:31.37 (39.24) |         |
| 2 | Dougherty, Kevin | 70              | Colonials 1776-8             | 3:00.63         | 3:11.61 |
|   | 39.11            | 1:26.02 (46.91) | 2:17.83 (51.81)              | 3:11.61 (53.78) |         |

Event 32 Men 75-79 200 Yard Freestyle

NATL: 2:08.77 \* 5-10-2009 David Radcliff

|     |                   |                 |                        |                 |         |
|-----|-------------------|-----------------|------------------------|-----------------|---------|
| 1   | Zakim, Jack       | 77              | Garden State Masters-7 | 2:39.00         | 2:38.47 |
|     | 36.73             | 1:16.91 (40.18) | 1:58.05 (41.14)        | 2:38.47 (40.42) |         |
| 2   | Amundsen, Joseph  | 77              | Colonials 1776-8       | 2:50.53         | 2:55.92 |
|     | 39.38             | 1:23.47 (44.09) | 2:09.21 (45.74)        | 2:55.92 (46.71) |         |
| --- | Seidman, Lawrence | 75              | Garden State Masters-7 | 2:50.02         | SCR     |

Event 32 Men 80-84 200 Yard Freestyle

NATL: 2:23.60 \* 4-12-2015 David Radcliff

|   |                   |                   |                             |         |         |
|---|-------------------|-------------------|-----------------------------|---------|---------|
| 1 | Pilette, Sterling | 81                | Reston Masters Swim Team-10 | 4:25.00 | 4:06.50 |
|   | 52.54             | 2:00.37 (1:07.83) | 4:06.50 (2:06.13)           |         |         |

Event 32 Men 85-89 200 Yard Freestyle

NATL: 2:42.78 \* 5-19-2019 David Radcliff

|   |              |    |             |                   |         |
|---|--------------|----|-------------|-------------------|---------|
| 1 | Beattie, Cal | 88 | Uc12        | 4:31.13           | 4:52.05 |
|   | 1:06.64      |    | 3:38.40 ( ) | 4:52.05 (1:13.65) |         |

Event 33 Women 18-24 100 Yard IM

NATL: 53.02 \* 12-21-2014 Katie Meili

|   |                 |                   |                               |         |         |
|---|-----------------|-------------------|-------------------------------|---------|---------|
| 1 | Coolidge, Emily | 21                | New England Masters Swim Club | 2:50.00 | 1:58.30 |
|   | 56.67           | 1:58.30 (1:01.63) |                               |         |         |

Event 33 Women 25-29 100 Yard IM

NATL: 54.40 \* 4-29-2017 Danielle Herrmann

|   |                         |                 |                               |         |         |
|---|-------------------------|-----------------|-------------------------------|---------|---------|
| 1 | Kaminski, Paulina       | 26              | New York Athletic Club-6      | 1:00.62 | 1:06.17 |
|   | 30.88                   | 1:06.17 (35.29) |                               |         |         |
| 2 | Wahl, Marley            | 29              | Rochester Area Masters Swimmi | 1:09.03 | 1:10.18 |
|   | 34.19                   | 1:10.18 (35.99) |                               |         |         |
| 3 | Isleta, Czsarina Dawn M | 27              | YMCA Of Bucks County-8        | 1:06.00 | 1:11.19 |
|   | 32.42                   | 1:11.19 (38.77) |                               |         |         |
| 4 | Kornberg, Michaela      | 29              | Jersey Shore Masters-7        | 1:20.75 | 1:17.68 |
|   | 33.74                   | 1:17.68 (43.94) |                               |         |         |

Event 33 Women 30-34 100 Yard IM

NATL: 57.01 \* 4-15-2000 Angel Martino

|     |                   |                 |                               |         |         |
|-----|-------------------|-----------------|-------------------------------|---------|---------|
| 1   | Cichewicz, Morgan | 33              | Philadelphia Fins-8           | 1:08.87 | 1:07.08 |
|     | 30.51             | 1:07.08 (36.57) |                               |         |         |
| 2   | King, Molly       | 30              | Colonials 1776-8              | 1:50.00 | 1:34.84 |
|     | 41.17             | 1:34.84 (53.67) |                               |         |         |
| --- | Arnn, Molly       | 34              | Chelsea Piers Fitness Ny/Bk-6 | 2:00.00 | SCR     |





2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023

www.besmartinc.com for meet results and more

Follow us on FACEBOOK and Twitter

Results - Sunday Morning

Event 33 Women 40-44 100 Yard IM

NATL: 57.95 \* 4-28-2012 Erika Braun

Table with 5 columns: Rank, Name, Age, Club, Time, and another Time. Includes entries for McMeen, Lyndsay and Kopistecki, Megan.

Event 33 Women 45-49 100 Yard IM

NATL: 59.39 \* 4-28-2012 Fall Willeboordse

Table with 5 columns: Rank, Name, Age, Club, Time, and another Time. Includes entries for Milinkovska, Diana, Morchio, Paola, and Maidenberg, Eve.

Event 33 Women 50-54 100 Yard IM

NATL: 1:00.21 \* 4-30-2022 Erika Braun

Table with 5 columns: Rank, Name, Age, Club, Time, and another Time. Includes entries for Leveroni, Amy, Wojnovich, Kristin, Davidson, Michelle, Sega, Ally, Horiuchi, Linda, and Gianniny, Dana.

Event 33 Women 55-59 100 Yard IM

NATL: 1:02.34 \* 4-29-2017 Karlyn Pipes

Table with 5 columns: Rank, Name, Age, Club, Time, and another Time. Includes entries for Hug, Laurie, Gary, Kristin, Myers, Karen, Sprietsma, Michele, Weiderman, Jennifer, and Lipstreuer, Marilyn.

Event 33 Women 60-64 100 Yard IM

NATL: 1:05.01 \* 4-30-2022 Karlyn Pipes

Table with 5 columns: Rank, Name, Age, Club, Time, and another Time. Includes entries for Brightwell, Kim, Swanson, Vibeke, and Mackall, Suni.



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmarttinc.com](http://www.besmarttinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****Event 33 Women 65-69 100 Yard IM**NATL: **1:07.03** \* 2-01-2020 **Penny Noyes**

|   |                     |                 |                              |         |         |
|---|---------------------|-----------------|------------------------------|---------|---------|
| 1 | Panagacos, Nancy    | 65              | Uc08                         | 1:22.70 | 1:17.53 |
|   | 35.44               | 1:17.53 (42.09) |                              |         |         |
| 2 | Keisling, Christine | 66              | Spring Valley YMCA Masters-8 | 1:25.65 | 1:24.70 |
|   | 38.96               | 1:24.70 (45.74) |                              |         |         |

**Event 33 Women 70-74 100 Yard IM**NATL: **1:11.64** \* 4-02-2022 **Laura Val**

|   |                |                 |                  |         |         |
|---|----------------|-----------------|------------------|---------|---------|
| 1 | Wolff, Melinda | 70              | Colonials 1776-8 | 1:19.84 | 1:23.53 |
|   | 38.20          | 1:23.53 (45.33) |                  |         |         |

**Event 33 Women 75-79 100 Yard IM**NATL: **1:20.26** \* 4-03-2022 **Diann Uustal**

|   |                   |                   |                              |         |         |
|---|-------------------|-------------------|------------------------------|---------|---------|
| 1 | Hayes, Christie   | 75                | New England Masters Swim Clu | 1:31.80 | 1:29.45 |
|   | 43.78             | 1:29.45 (45.67)   |                              |         |         |
| 2 | Onton, Ann Louise | 79                | Connecticut Masters-5        | 2:59.00 | 3:07.76 |
|   | 1:40.46           | 3:07.76 (1:27.30) |                              |         |         |

**Event 33 Women 80-84 100 Yard IM**NATL: **1:41.47** \* 4-30-2022 **Susan Meyers**

|     |               |    |                             |         |     |
|-----|---------------|----|-----------------------------|---------|-----|
| --- | Manheim, Lucy | 80 | Reston Masters Swim Team-10 | 2:40.00 | SCR |
|-----|---------------|----|-----------------------------|---------|-----|

**Event 34 Men 18-24 100 Yard IM**NATL: **48.96** \* 4-26-2019 **Andrew Appleby**

|   |                        |                 |                                  |         |         |
|---|------------------------|-----------------|----------------------------------|---------|---------|
| 1 | Scerbo, Joseph         | 23              | Swim Club at Indiana Universit-5 | 53.00   | 52.07   |
|   | 23.67                  | 52.07 (28.40)   |                                  |         |         |
| 2 | Zerunyan, Marko        | 21              | Club Tribe-12                    | 53.00   | 53.78   |
|   | 24.18                  | 53.78 (29.60)   |                                  |         |         |
| 3 | Brukx, Peter           | 23              | New York Athletic Club-6         | 54.99   | 54.91   |
|   | 24.22                  | 54.91 (30.69)   |                                  |         |         |
| 4 | Blindenbach, Jacob     | 23              | Club Tribe-12                    | 53.60   | 55.17   |
|   | 25.24                  | 55.17 (29.93)   |                                  |         |         |
| 5 | Xia, Vincent           | 23              | Philadelphia Fins-8              | 1:30.00 | 1:09.91 |
|   | 30.75                  | 1:09.91 (39.16) |                                  |         |         |
| 6 | Gonzalez-Flores, James | 22              | Pineapples-6                     | 1:10.00 | 1:10.11 |
|   | 32.15                  | 1:10.11 (37.96) |                                  |         |         |

**Event 34 Men 25-29 100 Yard IM**NATL: **47.77** \* 5-03-2014 **Darian Townsend**

|     |                      |                 |                                 |         |         |
|-----|----------------------|-----------------|---------------------------------|---------|---------|
| 1   | Om, John             | 26              | Lakeland Hills Family YMCA-7    | 59.99   | 54.54   |
|     | 26.13                | 54.54 (28.41)   |                                 |         |         |
| 2   | Luo, Victor          | 28              | Chelsea Piers Fitness Ny/Bk-6   | 55.69   | 54.88   |
|     | 25.19                | 54.88 (29.69)   |                                 |         |         |
| 3   | Chung, David         | 28              | Chelsea Piers Fitness Ny/Bk-6   | 57.99   | 56.10   |
|     | 26.49                | 56.10 (29.61)   |                                 |         |         |
| 4   | Schnaars, George     | 28              | Chelsea Piers Fitness Ny/Bk-6   | 1:00.00 | 58.06   |
|     | 26.64                | 58.06 (31.42)   |                                 |         |         |
| 5   | Linaburg, Jeremy     | 25              | Club Tribe-12                   | 1:04.88 | 59.67   |
|     | 26.87                | 59.67 (32.80)   |                                 |         |         |
| 6   | Hauck, David         | 28              | Rwj Fitness and Wellness Cente- | 1:18.00 | 1:11.16 |
|     | 32.45                | 1:11.16 (38.71) |                                 |         |         |
| --- | Kostolansky, Timothy | 27              | Philadelphia Fins-8             | 55.01   | SCR     |





**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmartinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****Event 34 Men 30-34 100 Yard IM****NATL: 47.71 \* 4-29-2017 Ryan Lochte**

|     |                 |         |                               |         |         |
|-----|-----------------|---------|-------------------------------|---------|---------|
| 1   | Manfredi, Luca  | 31      | Chelsea Piers Fitness Ny/Bk-6 | 57.00   | 56.29   |
|     | 25.90           | 56.29   | (30.39)                       |         |         |
| 2   | Callanan, Ryan  | 30      | Colonials 1776-8              | 1:00.58 | 58.28   |
|     | 26.92           | 58.28   | (31.36)                       |         |         |
| 3   | Laplante, Brett | 34      | Terrapin Masters-10           | 58.57   | 58.92   |
|     | 26.10           | 58.92   | (32.82)                       |         |         |
| 4   | Materniak, Eric | 31      | Reston Masters Swim Team-10   | 59.50   | 1:01.41 |
|     | 28.36           | 1:01.41 | (33.05)                       |         |         |
| --- | Wahl, Zachary   | 32      | Rochester Area Masters Swimmi | 56.99   | SCR     |

**Event 34 Men 35-39 100 Yard IM****NATL: 49.01 \* 4-29-2017 Jeff Natalizio**

|   |                   |         |                                  |         |         |
|---|-------------------|---------|----------------------------------|---------|---------|
| 1 | Griffin, Brendan  | 39      | Club Tribe-12                    | 1:08.83 | 1:03.87 |
|   | 29.95             | 1:03.87 | (33.92)                          |         |         |
| 2 | Wong, Jason       | 38      | Long Island City YMCA Masters-10 | 1:05.84 | 1:09.52 |
|   | 32.27             | 1:09.52 | (37.25)                          |         |         |
| 3 | Yasinskas, Joseph | 39      | Uc08                             | 1:12.00 | 1:12.41 |
|   | 33.63             | 1:12.41 | (38.78)                          |         |         |

**Event 34 Men 40-44 100 Yard IM****NATL: 50.65 \* 4-30-2022 James Fike**

|     |                 |         |                               |         |         |
|-----|-----------------|---------|-------------------------------|---------|---------|
| 1   | Storch, Joshua  | 41      | Red Tide-6                    | 1:05.00 | 1:04.43 |
|     | 31.51           | 1:04.43 | (32.92)                       |         |         |
| --- | Sabala, Michael | 42      | Chelsea Piers Fitness Ny/Bk-6 | 58.17   | SCR     |
| --- | McCann, Kevin   | 43      | YMCA Of Bucks County-8        | 1:01.00 | SCR     |

**Event 34 Men 45-49 100 Yard IM****NATL: 52.14 \* 5-23-2010 Richard Hughey**

|     |                    |         |                              |         |         |
|-----|--------------------|---------|------------------------------|---------|---------|
| 1   | Lathrum, Ryan      | 46      | Agua Masters-6               | 58.80   | 58.80   |
|     | 27.98              | 58.80   | (30.82)                      |         |         |
| 2   | Houchins, Bradford | 45      | Spring Valley YMCA Masters-8 | 1:05.00 | 1:03.53 |
|     | 31.41              | 1:03.53 | (32.12)                      |         |         |
| 3   | Zhukarev, Stan     | 45      | Spring Valley YMCA Masters-8 | 1:06.00 | 1:06.03 |
|     | 32.10              | 1:06.03 | (33.93)                      |         |         |
| 4   | Adkins, Dana       | 46      | Club Tribe-12                | 1:09.25 | 1:07.69 |
|     | 32.14              | 1:07.69 | (35.55)                      |         |         |
| --- | Wehmann, Kurt      | 46      | Team New York Aquatics-6     | 1:11.60 | SCR     |

**Event 34 Men 50-54 100 Yard IM****NATL: 53.60 \* 4-29-2017 Mike Irvin**

|   |                       |         |                              |         |         |
|---|-----------------------|---------|------------------------------|---------|---------|
| 1 | Gross, Jeremy         | 51      | Spring Valley YMCA Masters-8 | 57.67   | 58.73   |
|   | 27.06                 | 58.73   | (31.67)                      |         |         |
| 2 | Ruckdeschel, Jonathan | 54      | Club Tribe-12                | 1:00.48 | 1:01.77 |
|   | 29.60                 | 1:01.77 | (32.17)                      |         |         |
| 3 | Palmberg, Michael     | 50      | Uc07                         | 1:05.71 | 1:07.25 |
|   | 30.54                 | 1:07.25 | (36.71)                      |         |         |
| 4 | Goodman, Robert       | 54      | Connecticut Masters-5        | 1:16.91 | 1:11.11 |
|   | 33.47                 | 1:11.11 | (37.64)                      |         |         |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmarttinc.com](http://www.besmarttinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****Event 34 Men 55-59 100 Yard IM**NATL: **55.09** \* 4-26-2019 **Carlo Travaini**

|     |                 |       |                 |                                     |         |         |
|-----|-----------------|-------|-----------------|-------------------------------------|---------|---------|
| 1   | Evans, Jeff     | 27.48 | 59.90 (32.42)   | 57 Spring Valley YMCA Masters-8     | 58.20   | 59.90   |
| 2   | Esser, John     | 35.16 | 1:16.67 (41.51) | 59 YMCA of Greater Monmouth Cou     | 1:14.50 | 1:16.67 |
| --- | Creech, Thomas  |       |                 | 56 Philadelphia Fins-8              | 1:12.00 | SCR     |
| --- | Wyckoff, Ben    |       |                 | 58 Connecticut Masters-5            | 1:05.98 | SCR     |
| --- | Williams, Neill |       |                 | 55 District Of Columbia Aquatics-10 | 57.88   | SCR     |

**Event 34 Men 60-64 100 Yard IM**NATL: **57.23** \* 5-11-2013 **Rick Colella**

|     |                  |       |                 |                                  |         |         |
|-----|------------------|-------|-----------------|----------------------------------|---------|---------|
| 1   | Kornfeld, Robert | 30.42 | 1:06.51 (36.09) | 64 Connecticut Masters-5         | 1:02.25 | 1:06.51 |
| 2   | Burbank, Gerald  | 33.43 | 1:11.13 (37.70) | 64 Connecticut Masters-5         | 1:10.00 | 1:11.13 |
| 3   | Matz, Michael    | 32.83 | 1:13.04 (40.21) | 61 Colonials 1776-8              | 1:11.50 | 1:13.04 |
| --- | Sforzini, Andy   |       |                 | 61 New England Masters Swim Club | 1:08.60 | SCR     |
| --- | Doyle, Benn      |       |                 | 64 Garden State Masters-7        | 1:05.80 | SCR     |

**Event 34 Men 65-69 100 Yard IM**NATL: **57.37** \* 4-26-2019 **Rick Colella**

|     |                 |       |                 |                                   |         |            |
|-----|-----------------|-------|-----------------|-----------------------------------|---------|------------|
| 1   | WuShanley, Ying | 33.70 | 1:11.34 (37.64) | 65 Germantown Maryland Masters-   | 1:11.86 | 1:11.34    |
| 2   | Lehrer, Elliott | 46.97 | 1:42.08 (55.11) | 67 Raritan Bay at South Amboy Y-7 | 1:34.55 | 1:42.08    |
| --- | Keyser, Brian   | 33.58 | 1:07.58 (34.00) | 66 Colonials 1776-8               | 1:10.00 | DQ 1:07.58 |
| --- | Kahn, Roger     |       |                 | 67 Sarasota Sharks Masters-14     | 1:20.00 | SCR        |

**Event 34 Men 70-74 100 Yard IM**NATL: **59.97** \* 4-30-2022 **Rick Colella**

|   |                    |       |                 |                     |         |         |
|---|--------------------|-------|-----------------|---------------------|---------|---------|
| 1 | Meyer, Geoffrey    | 31.50 | 1:09.08 (37.58) | 71 Colonials 1776-8 | 1:10.50 | 1:09.08 |
| 2 | Dougherty, Stephen | 36.47 | 1:17.04 (40.57) | 71 Colonials 1776-8 | 1:16.83 | 1:17.04 |
| 3 | Dougherty, Kevin   | 38.26 | 1:25.96 (47.70) | 70 Colonials 1776-8 | 1:22.81 | 1:25.96 |

**Event 34 Men 80-84 100 Yard IM**NATL: **1:14.86** \* 4-16-2016 **David Costill**

|   |                   |         |                   |                                |         |         |
|---|-------------------|---------|-------------------|--------------------------------|---------|---------|
| 1 | Pilette, Sterling | 1:02.78 | 2:16.31 (1:13.53) | 81 Reston Masters Swim Team-10 | 2:00.00 | 2:16.31 |
|---|-------------------|---------|-------------------|--------------------------------|---------|---------|

**Event 34 Men 85-89 100 Yard IM**NATL: **1:28.37** \* 3-07-2010 **Frank Piemme**

|   |                      |         |                   |                                 |         |         |
|---|----------------------|---------|-------------------|---------------------------------|---------|---------|
| 1 | Wunderlich, E Dieter | 1:04.83 | 2:24.30 (1:19.47) | 85 Somerset County YMCA Masters | 2:20.25 | 2:24.30 |
|---|----------------------|---------|-------------------|---------------------------------|---------|---------|







2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023

www.besmartinc.com for meet results and more

Follow us on FACEBOOK and Twitter

Results - Sunday Morning

Event 35 Mixed 18+ 800 Yard Freestyle Relay

NATL: 7:21.24 \* 4-15-2018 Club Tribe

A GREENHALGH, E RYCZEK, J HENDERSON, A WUJCIAK

Table with 4 columns: Rank, Club, Name, Time. Includes results for Spring Valley YMCA Masters and YMCA Of Bucks County-8.

Event 35 Mixed 25+ 800 Yard Freestyle Relay

NATL: 7:20.49 \* 4-09-2017 Club Tribe

M FALCONE, K GRIER, L ROBBINS, K GALLAGHER

Table with 4 columns: Rank, Club, Name, Time. Includes results for Colonials 1776-8.

Event 37 Mixed 18+ 400 Yard Medley Relay

NATL: 3:41.42 \* 4-15-2018 Club Tribe

S GLASS, L SCHWARTZ, A GLASS, K GRIER

Table with 4 columns: Rank, Club, Name, Time. Includes results for YMCA Of Bucks County-8.

Event 37 Mixed 25+ 400 Yard Medley Relay

NATL: 3:45.13 \* 4-25-2010 Red Tide OF Nyc

K GARY, N WERNER, T SHPAIZER, D LIPPIN

Table with 4 columns: Rank, Club, Name, Time. Includes results for Agua Masters-6 and Colonials 1776-8.

Event 39 Women 18-24 50 Yard Backstroke

NATL: 25.47 \* 3-23-2019 C Bartholomew

Table with 4 columns: Rank, Name, Club, Time. Includes results for Coolidge, Maggie and Coolidge, Emily.

Event 39 Women 25-29 50 Yard Backstroke

NATL: 25.26 \* 5-22-2010 Tanica Jamison

Table with 4 columns: Rank, Name, Club, Time. Includes results for Schaffling, Staci and Robertson, Stephanie.



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmarttinc.com](http://www.besmarttinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****(Event 39 Women 25-29 50 Yard Backstroke)**

|   |                    |    |                        |       |       |
|---|--------------------|----|------------------------|-------|-------|
| 3 | Kornberg, Michaela | 29 | Jersey Shore Masters-7 | 36.50 | 34.85 |
|---|--------------------|----|------------------------|-------|-------|

**Event 39 Women 30-34 50 Yard Backstroke**NATL: 24.96 \* 5-01-2011 **Noriko Inada**

|     |                   |    |                               |       |       |
|-----|-------------------|----|-------------------------------|-------|-------|
| 1   | Cichewicz, Morgan | 33 | Philadelphia Fins-8           | 29.96 | 30.69 |
| 2   | King, Molly       | 30 | Colonials 1776-8              | 42.32 | 44.05 |
| --- | Smith, Elizabeth  | 32 | Chelsea Piers Fitness Ny/Bk-6 | 50.00 | NS    |
| --- | Arnn, Molly       | 34 | Chelsea Piers Fitness Ny/Bk-6 | 45.00 | SCR   |

**Event 39 Women 40-44 50 Yard Backstroke**NATL: 26.12 \* 5-01-2011 **Sheri Hart**

|   |                  |    |                                  |       |       |
|---|------------------|----|----------------------------------|-------|-------|
| 1 | Stakem, Meredith | 41 | District Of Columbia Aquatics-10 | 29.21 | 28.63 |
| 2 | Grover, Mollie   | 42 | Terrapin Masters-10              | 29.85 | 29.32 |

**Event 39 Women 45-49 50 Yard Backstroke**NATL: 27.35 \* 12-21-2008 **K Pipes-Neilsen**

|   |               |    |               |       |       |
|---|---------------|----|---------------|-------|-------|
| 1 | Choe, Michele | 45 | Club Tribe-12 | 31.62 | 32.84 |
|---|---------------|----|---------------|-------|-------|

**Event 39 Women 50-54 50 Yard Backstroke**NATL: 27.04 \* 5-10-2013 **Leslie Livingston**

|     |                    |    |                               |       |       |
|-----|--------------------|----|-------------------------------|-------|-------|
| 1   | Davidson, Michelle | 52 | Garden State Masters-7        | 32.00 | 32.71 |
| 2   | Leveroni, Amy      | 52 | New England Masters Swim Club | 35.58 | 35.87 |
| --- | Gianniny, Dana     | 53 | Rochester Area Masters Swimmi | 36.00 | SCR   |

**Event 39 Women 55-59 50 Yard Backstroke**NATL: 28.14 \* 10-30-2016 **Leslie Livingston**

|     |                     |    |                               |         |       |
|-----|---------------------|----|-------------------------------|---------|-------|
| 1   | Gary, Kristin       | 55 | New York Athletic Club-6      | 29.50   | 30.70 |
| 2   | Buscaglia, Caycee   | 58 | Virginia Masters Swim Team-12 | 34.31   | 33.99 |
| --- | Sprietsma, Michele  | 59 | Garden State Masters-7        | 1:00.00 | SCR   |
| --- | Williams, Susan     | 57 | Club Tribe-12                 | 29.13   | SCR   |
| --- | Lipstreuer, Marilyn | 57 | Freedom Aquatic Club-12       | 37.70   | SCR   |

**Event 39 Women 60-64 50 Yard Backstroke**NATL: 29.58 \* 4-26-2015 **Laura Val**

|   |                 |    |                             |       |       |
|---|-----------------|----|-----------------------------|-------|-------|
| 1 | Brightwell, Kim | 63 | Reston Masters Swim Team-10 | 34.99 | 33.39 |
| 2 | Restrepo, Marie | 60 | Club Tribe-12               | 33.50 | 33.42 |

**Event 39 Women 65-69 50 Yard Backstroke**NATL: 29.65 \* 5-12-2018 **Laura Val**

|   |                        |    |                        |       |       |
|---|------------------------|----|------------------------|-------|-------|
| 1 | Steadman Martin, Nancy | 68 | Garden State Masters-7 | 37.50 | 36.78 |
| 2 | Hoppenrath, Terri      | 66 | Uc04                   | 38.31 | 38.66 |

**Event 39 Women 70-74 50 Yard Backstroke**NATL: 30.49 \* 5-01-2022 **Laura Val**

|     |                |    |                  |       |    |
|-----|----------------|----|------------------|-------|----|
| --- | Wolff, Melinda | 70 | Colonials 1776-8 | 40.00 | NS |
|-----|----------------|----|------------------|-------|----|

**Event 39 Women 80-84 50 Yard Backstroke**NATL: 43.57 \* 4-19-2009 **Betty Lorenzi**

|     |               |    |                             |         |     |
|-----|---------------|----|-----------------------------|---------|-----|
| --- | Manheim, Lucy | 80 | Reston Masters Swim Team-10 | 1:10.00 | SCR |
|-----|---------------|----|-----------------------------|---------|-----|

**Event 40 Men 18-24 50 Yard Backstroke**NATL: 22.33 \* 5-10-2013 **Andrew Elliott**

|   |                |    |                              |       |       |
|---|----------------|----|------------------------------|-------|-------|
| 1 | Marsh, Matthew | 23 | Spring Valley YMCA Masters-8 | 25.58 | 24.82 |
| 2 | Brukx, Peter   | 23 | New York Athletic Club-6     | 25.69 | 26.10 |





2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023

www.besmartinc.com for meet results and more

Follow us on FACEBOOK and Twitter

Results - Sunday Morning

(Event 40 Men 18-24 50 Yard Backstroke)

|     |                |    |                     |       |       |
|-----|----------------|----|---------------------|-------|-------|
| 3   | Montee, Dillon | 19 | Pineapples-6        | 27.23 | 27.05 |
| 4   | Sostre, Aaron  | 24 | Pineapples-6        | 31.00 | 32.41 |
| 5   | Xia, Vincent   | 23 | Philadelphia Fins-8 | 50.00 | 33.00 |
| --- | Chamak, Joshua | 23 | Swim Unattached-6   | 26.07 | SCR   |
| --- | Jurman, Jasper | 24 | Uc06                | 24.14 | SCR   |

Event 40 Men 25-29 50 Yard Backstroke

NATL: 21.46 \* 4-16-2010 Adam Mania

|     |                  |    |                               |       |     |
|-----|------------------|----|-------------------------------|-------|-----|
| --- | Schnaars, George | 28 | Chelsea Piers Fitness Ny/Bk-6 | 28.00 | DFS |
| --- | Luo, Victor      | 28 | Chelsea Piers Fitness Ny/Bk-6 | 25.69 | DFS |
| --- | Buckley, Greg    | 26 | Philadelphia Fins-8           | 25.50 | SCR |

Event 40 Men 30-34 50 Yard Backstroke

NATL: 21.37 \* 4-26-2019 Matt Grevers

|   |                 |    |                     |       |       |
|---|-----------------|----|---------------------|-------|-------|
| 1 | Laplante, Brett | 34 | Terrapin Masters-10 | 27.24 | 27.42 |
|---|-----------------|----|---------------------|-------|-------|

Event 40 Men 35-39 50 Yard Backstroke

NATL: 22.62 \* 4-29-2017 Jeff Natalizio

|     |                  |    |                                |       |       |
|-----|------------------|----|--------------------------------|-------|-------|
| 1   | Yasinkas, Joseph | 39 | Uc08                           | 33.00 | 35.32 |
| --- | Bugby, Eric      | 39 | Nickel City Splash Swim Team-4 | 25.82 | SCR   |

Event 40 Men 40-44 50 Yard Backstroke

NATL: 22.77 \* 4-26-2009 Michael Ross

|     |                 |    |                               |       |       |
|-----|-----------------|----|-------------------------------|-------|-------|
| 1   | Gass, Kraig     | 43 | Club Tribe-12                 | 29.18 | 29.69 |
| --- | Sabala, Michael | 42 | Chelsea Piers Fitness Ny/Bk-6 | 28.15 | SCR   |

Event 40 Men 45-49 50 Yard Backstroke

NATL: 23.58 \* 4-26-2015 Michael Ross

|   |                       |    |                              |       |       |
|---|-----------------------|----|------------------------------|-------|-------|
| 1 | Williams, Rich        | 47 | Club Tribe-12                | 27.49 | 28.77 |
| 2 | Townsend, Christopher | 49 | Uc07                         | 30.06 | 30.65 |
| 3 | Zhukarev, Stan        | 45 | Spring Valley YMCA Masters-8 | 33.00 | 31.93 |
| 4 | Dittmar, Greg         | 49 | Colonials 1776-8             | 30.99 | 32.60 |

Event 40 Men 50-54 50 Yard Backstroke

NATL: 24.57 \* 5-04-2014 Fritz Bedford

|     |                       |    |                              |       |       |
|-----|-----------------------|----|------------------------------|-------|-------|
| 1   | Rees, Greg            | 53 | Spring Valley YMCA Masters-8 | 25.97 | 25.61 |
| 2   | Robertson, John       | 51 | Spring Valley YMCA Masters-8 | 27.55 | 27.31 |
| 3   | Palmberg, Michael     | 50 | Uc07                         | 31.43 | 31.99 |
| 4   | Reynolds, Sean        | 54 | YMCA Of Bucks County-8       | 34.37 | 35.89 |
| --- | Ruckdeschel, Jonathan | 54 | Club Tribe-12                | 30.27 | NS    |

Event 40 Men 55-59 50 Yard Backstroke

NATL: 25.08 \* 3-17-2023 Mike Irvin

|   |                 |    |                              |       |       |
|---|-----------------|----|------------------------------|-------|-------|
| 1 | Evans, Jeff     | 57 | Spring Valley YMCA Masters-8 | 27.10 | 27.58 |
| 2 | Faria, Jose     | 56 | Garden State Masters-7       | 29.00 | 28.73 |
| 3 | Moll, Sebastian | 58 | Red Tide-6                   | 30.00 | 31.86 |
| 4 | Esser, John     | 59 | YMCA of Greater Monmouth Cou | 34.70 | 35.87 |

Event 40 Men 60-64 50 Yard Backstroke

NATL: 26.60 \* 4-07-2018 Bruce Kone

|     |                  |    |                            |       |       |
|-----|------------------|----|----------------------------|-------|-------|
| 1   | Kornfeld, Robert | 64 | Connecticut Masters-5      | 31.00 | 32.76 |
| 2   | Matz, Michael    | 61 | Colonials 1776-8           | 32.39 | 33.68 |
| --- | Newman, Steven   | 61 | Sarasota Sharks Masters-14 | 30.97 | SCR   |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmarttinc.com](http://www.besmarttinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****(Event 40 Men 60-64 50 Yard Backstroke)**

--- Sforzini, Andy 61 New England Masters Swim Clut 32.70 SCR

**Event 40 Men 65-69 50 Yard Backstroke**NATL: 27.74 \* 5-23-2010 **Richard Abrahams**

|   |                 |    |                                |       |       |
|---|-----------------|----|--------------------------------|-------|-------|
| 1 | Niemi, Ken      | 68 | Somerset County YMCA Masters   | 33.60 | 33.89 |
| 2 | Weinstein, Mark | 67 | Raritan Bay at South Amboy Y-7 | 42.46 | 40.81 |
| 3 | Lehrer, Elliott | 67 | Raritan Bay at South Amboy Y-7 | 43.58 | 47.47 |

**Event 40 Men 70-74 50 Yard Backstroke**NATL: 28.79 \* 11-06-2022 **Rick Colella**

|   |                  |    |                        |       |       |
|---|------------------|----|------------------------|-------|-------|
| 1 | Meyer, Geoffrey  | 71 | Colonials 1776-8       | 32.50 | 32.33 |
| 2 | Wein, Arthur     | 72 | Garden State Masters-7 | 43.00 | 39.97 |
| 3 | Dougherty, Kevin | 70 | Colonials 1776-8       | 39.82 | 44.73 |

**Event 40 Men 75-79 50 Yard Backstroke**NATL: 30.90 \* 4-26-2019 **Richard Burns**

|   |             |    |                        |       |       |
|---|-------------|----|------------------------|-------|-------|
| 1 | Zakim, Jack | 77 | Garden State Masters-7 | 38.05 | 36.70 |
| 2 | Dragon, Jim | 78 | Garden State Masters-7 | 36.50 | 37.84 |

**Event 40 Men 80-84 50 Yard Backstroke**NATL: 34.49 \* 4-29-2016 **Yoshi Oyakawa**

|     |                   |    |                               |         |       |
|-----|-------------------|----|-------------------------------|---------|-------|
| 1   | Pilette, Sterling | 81 | Reston Masters Swim Team-10   | 1:10.00 | 58.45 |
| --- | Sober, Harry      | 80 | Virginia Masters Swim Team-12 | 39.00   | SCR   |

**Event 40 Men 85-89 50 Yard Backstroke**NATL: 36.72 \* 4-21-2018 **Clarke Mitchell**

|   |              |    |                        |       |       |
|---|--------------|----|------------------------|-------|-------|
| 1 | Schade, Hans | 86 | YMCA Of Bucks County-8 | 53.36 | 53.26 |
|---|--------------|----|------------------------|-------|-------|

**Event 40 Men 90-94 50 Yard Backstroke**NATL: 48.69 \* 7-23-2021 **Frank Manheim**

|   |                |    |                             |       |       |
|---|----------------|----|-----------------------------|-------|-------|
| 1 | Manheim, Frank | 92 | Reston Masters Swim Team-10 | 53.00 | 52.66 |
|---|----------------|----|-----------------------------|-------|-------|

**Event 41 Women 18-24 100 Yard Breaststroke**NATL: 58.71 \* 12-05-2014 **Katie Meili**

|   |                 |    |                               |         |         |
|---|-----------------|----|-------------------------------|---------|---------|
| 1 | Coolidge, Emily | 21 | New England Masters Swim Clut | 3:30.00 | 2:33.65 |
|---|-----------------|----|-------------------------------|---------|---------|

**Event 41 Women 25-29 100 Yard Breaststroke**NATL: 59.58 \* 2-06-2010 **Megan Jendrick**

|   |                         |    |                               |         |         |
|---|-------------------------|----|-------------------------------|---------|---------|
| 1 | Kaminski, Paulina       | 26 | New York Athletic Club-6      | 1:06.38 | 1:11.40 |
|   | 33.80                   |    | 1:11.40 (37.60)               |         |         |
| 2 | Wahl, Marley            | 29 | Rochester Area Masters Swimmi | 1:15.71 | 1:15.57 |
|   | 35.27                   |    | 1:15.57 (40.30)               |         |         |
| 3 | Crnogorcevic, Milena    | 28 | Terrapin Masters-10           | 1:19.61 | 1:20.91 |
|   | 37.57                   |    | 1:20.91 (43.34)               |         |         |
| 4 | Isleta, Czsarina Dawn M | 27 | YMCA Of Bucks County-8        | 1:15.00 | 1:21.28 |
|   | 38.29                   |    | 1:21.28 (42.99)               |         |         |

**Event 41 Women 30-34 100 Yard Breaststroke**NATL: 58.81 \* 3-06-2022 **Danielle Herrmann**

|     |             |    |                               |         |         |
|-----|-------------|----|-------------------------------|---------|---------|
| 1   | King, Molly | 30 | Colonials 1776-8              | 1:50.00 | 1:59.79 |
|     | 55.70       |    | 1:59.79 (1:04.09)             |         |         |
| --- | Arnn, Molly | 34 | Chelsea Piers Fitness Ny/Bk-6 | 1:20.00 | SCR     |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmartinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****Event 41 Women 35-39 100 Yard Breaststroke****NATL: 1:01.88 \* 4-25-2015 Katie Glenn**

--- Sciacca, Krysten 35 Chelsea Piers Fitness Ny/Bk-6 1:15.04 NS

**Event 41 Women 40-44 100 Yard Breaststroke****NATL: 1:02.70 \* 5-13-2018 Katie Glenn**1 McMeen, Lyndsay 43 Garden State Masters-7 1:18.83 1:13.89  
35.26 1:13.89 (38.63)2 Gass, Krista 44 Club Tribe-12 1:16.65 1:16.13  
35.91 1:16.13 (40.22)3 McRorie, Jessica 44 Red Tide-6 1:35.50 1:40.91  
45.57 1:40.91 (55.34)**Event 41 Women 45-49 100 Yard Breaststroke****NATL: 1:04.45 \* 4-30-2022 Katie Glenn**1 Morchio, Paola 46 Somerset County YMCA Masters 1:15.85 1:19.79  
37.57 1:19.79 (42.22)2 Gruppuso, Suh 49 Raritan Bay at South Amboy Y-7 1:48.00 1:48.63  
53.56 1:48.63 (55.07)**Event 41 Women 50-54 100 Yard Breaststroke****NATL: 1:09.21 \* 2-18-2012 Caroline Krattli**1 Davidson, Michelle 52 Garden State Masters-7 1:35.65 1:32.47  
44.45 1:32.47 (48.02)2 Libano, Miren 53 Uc07 1:36.28 1:33.57  
43.25 1:33.57 (50.32)3 Sega, Ally 50 Connecticut Masters-5 1:58.65 2:02.49  
58.84 2:02.49 (1:03.65)**Event 41 Women 55-59 100 Yard Breaststroke****NATL: 1:10.55 \* 4-28-2017 Caroline Krattli**1 Myers, Karen 55 YMCA Of Bucks County-8 1:28.30 1:28.79  
42.57 1:28.79 (46.22)

--- Lipstreuer, Marilyn 57 Freedom Aquatic Club-12 1:31.50 SCR

--- Weiderman, Jennifer 56 Conejo Valley Masters-33 1:17.50 SCR

**Event 41 Women 60-64 100 Yard Breaststroke****NATL: 1:16.55 \* 5-06-2017 Melinda Mann**1 Swanson, Vibeke 61 Colonials 1776-8 1:30.00 1:26.59  
41.86 1:26.59 (44.73)2 Adamoli, Donna 60 Jersey Aquatic Center Masters-7 1:48.00 1:37.45  
46.47 1:37.45 (50.98)**Event 41 Women 65-69 100 Yard Breaststroke****NATL: 1:20.08 \* 4-02-2022 Colette Crabbe**1 Lampe, Betty 67 Colonials 1776-8 1:51.00 1:48.27  
52.20 1:48.27 (56.07)2 Hood, Patricia 67 Colonials 1776-8 1:48.51 1:49.33  
51.53 1:49.33 (57.80)**Event 41 Women 70-74 100 Yard Breaststroke****NATL: 1:24.44 \* 8-22-2021 Charlotte Davis**1 Wolff, Melinda 70 Colonials 1776-8 1:28.91 1:29.01  
41.59 1:29.01 (47.42)



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmarttinc.com](http://www.besmarttinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****(Event 41 Women 70-74 100 Yard Breaststroke)**

|   |                 |         |                              |         |         |
|---|-----------------|---------|------------------------------|---------|---------|
| 2 | Atkinson, Fiona | 72      | New England Masters Swim Clu | 1:45.83 | 1:47.21 |
|   | 50.61           | 1:47.21 | (56.60)                      |         |         |

**Event 41 Women 75-79 100 Yard Breaststroke****NATL: 1:29.24 \* 4-11-2014 Joann Leilich**

|   |                   |         |                              |         |         |
|---|-------------------|---------|------------------------------|---------|---------|
| 1 | Hayes, Christie   | 75      | New England Masters Swim Clu | 1:42.91 | 1:37.57 |
|   | 46.02             | 1:37.57 | (51.55)                      |         |         |
| 2 | Onton, Ann Louise | 79      | Connecticut Masters-5        | 2:29.12 | 3:26.31 |
|   | 1:37.57           | 3:26.31 | (1:48.74)                    |         |         |

**Event 42 Men 18-24 100 Yard Breaststroke****NATL: 52.63 \* 2-03-2018 Josh Prenot**

|     |                    |         |                                  |         |         |
|-----|--------------------|---------|----------------------------------|---------|---------|
| 1   | Scerbo, Joseph     | 23      | Swim Club at Indiana Universit-5 | 59.09   | 58.45   |
|     | 27.34              | 58.45   | (31.11)                          |         |         |
| 2   | Blindenbach, Jacob | 23      | Club Tribe-12                    | 1:00.25 | 1:01.76 |
|     | 29.12              | 1:01.76 | (32.64)                          |         |         |
| 3   | Bonnick, Zail      | 21      | Pineapples-6                     | 1:05.00 | 1:11.34 |
|     | 32.71              | 1:11.34 | (38.63)                          |         |         |
| 4   | Euyoque, Kevin     | 18      | Pineapples-6                     | 1:12.00 | 1:13.86 |
|     | 34.59              | 1:13.86 | (39.27)                          |         |         |
| --- | Vasilkoff, Daniel  | 20      | Pineapples-6                     | 58.97   | SCR     |

**Event 42 Men 25-29 100 Yard Breaststroke****NATL: 51.57 \* 4-25-2015 Marcus Titus**

|     |                      |         |                                  |         |         |
|-----|----------------------|---------|----------------------------------|---------|---------|
| 1   | Husch, Stephen       | 26      | Swim Club at Indiana Universit-5 | 56.57   | 56.67   |
|     | 26.17                | 56.67   | (30.50)                          |         |         |
| 2   | Burnam, Alexander    | 25      | New England Masters Swim Clu     | 59.50   | 58.63   |
|     | 27.74                | 58.63   | (30.89)                          |         |         |
| 3   | Luo, Victor          | 28      | Chelsea Piers Fitness Ny/Bk-6    | 1:01.69 | 58.99   |
|     | 28.16                | 58.99   | (30.83)                          |         |         |
| 4   | Om, John             | 26      | Lakeland Hills Family YMCA-7     | 59.76   | 1:00.69 |
|     | 28.40                | 1:00.69 | (32.29)                          |         |         |
| 5   | De Jesus, Jose       | 29      | Terrapin Masters-10              | 1:00.34 | 1:01.64 |
|     | 28.26                | 1:01.64 | (33.38)                          |         |         |
| 6   | Chung, David         | 28      | Chelsea Piers Fitness Ny/Bk-6    | 1:05.69 | 1:02.71 |
|     | 29.01                | 1:02.71 | (33.70)                          |         |         |
| 7   | Linaburg, Jeremy     | 25      | Club Tribe-12                    | 1:07.42 | 1:03.38 |
|     | 29.16                | 1:03.38 | (34.22)                          |         |         |
| 8   | Hauck, David         | 28      | Rwj Fitness and Wellness Cente-  | 1:18.25 | 1:18.55 |
|     | 37.38                | 1:18.55 | (41.17)                          |         |         |
| --- | Lau, Jacky           | 29      | Uc13                             | 1:05.00 | SCR     |
| --- | Kostolansky, Timothy | 27      | Philadelphia Fins-8              | 1:04.97 | SCR     |

**Event 42 Men 30-34 100 Yard Breaststroke****NATL: 52.09 \* 12-18-2021 Brandon Fischer**

|     |                 |         |                          |         |         |
|-----|-----------------|---------|--------------------------|---------|---------|
| 1   | Frawley, Robert | 34      | New York Athletic Club-6 | 1:10.21 | 1:09.96 |
|     | 33.17           | 1:09.96 | (36.79)                  |         |         |
| --- | Laplante, Brett | 34      | Terrapin Masters-10      | 1:08.01 | SCR     |

**Event 42 Men 35-39 100 Yard Breaststroke****NATL: 54.14 \* 3-04-2021 James Fike**

|   |                   |         |         |         |         |
|---|-------------------|---------|---------|---------|---------|
| 1 | Yasinskas, Joseph | 39      | Uc08    | 1:24.50 | 1:26.39 |
|   | 42.31             | 1:26.39 | (44.08) |         |         |





**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**[www.besmartinc.com](http://www.besmartinc.com) for meet results and moreFollow us on **FACEBOOK** and **Twitter****Results - Sunday Morning****Event 42 Men 40-44 100 Yard Breaststroke****NATL: 53.13 \* 3-04-2023 James Fike**

|     |                 |       |                               |         |         |
|-----|-----------------|-------|-------------------------------|---------|---------|
| 1   | Storch, Joshua  | 41    | Red Tide-6                    | 1:10.00 | 1:10.31 |
|     |                 | 33.54 | 1:10.31 (36.77)               |         |         |
| --- | Sabala, Michael | 42    | Chelsea Piers Fitness Ny/Bk-6 | 1:11.48 | SCR     |

**Event 42 Men 45-49 100 Yard Breaststroke****NATL: 55.69 \* 5-13-2018 Steve West**

|     |                    |       |                               |         |         |
|-----|--------------------|-------|-------------------------------|---------|---------|
| 1   | Houchins, Bradford | 45    | Spring Valley YMCA Masters-8  | 1:03.10 | 1:03.42 |
|     |                    | 28.97 | 1:03.42 (34.45)               |         |         |
| 2   | Bunyard, Jim       | 46    | Central Maryland YMCA Masters | 1:26.99 | 1:26.50 |
|     |                    | 39.55 | 1:26.50 (46.95)               |         |         |
| --- | Wehmann, Kurt      | 46    | Team New York Aquatics-6      | 1:16.85 | SCR     |

**Event 42 Men 50-54 100 Yard Breaststroke****NATL: 56.25 \* 4-30-2022 Steve West**

|   |                   |       |                                 |         |         |
|---|-------------------|-------|---------------------------------|---------|---------|
| 1 | Sangmeister, Gary | 52    | Spring Valley YMCA Masters-8    | 1:08.25 | 1:06.93 |
|   |                   | 30.40 | 1:06.93 (36.53)                 |         |         |
| 2 | Jotz, Jeffrey     | 53    | Jersey Aquatic Center Masters-7 | 1:16.00 | 1:12.96 |
|   |                   | 34.68 | 1:12.96 (38.28)                 |         |         |

**Event 42 Men 55-59 100 Yard Breaststroke****NATL: 57.95 \* 5-13-2018 Carlo Travaini**

|     |                  |       |                                  |         |         |
|-----|------------------|-------|----------------------------------|---------|---------|
| 1   | Haftkowycz, Mark | 55    | Garden State Masters-7           | 1:15.43 | 1:14.19 |
|     |                  | 34.86 | 1:14.19 (39.33)                  |         |         |
| 2   | Wyckoff, Ben     | 58    | Connecticut Masters-5            | 1:15.12 | 1:14.49 |
|     |                  | 35.56 | 1:14.49 (38.93)                  |         |         |
| 3   | Esser, John      | 59    | YMCA of Greater Monmouth Cou     | 1:28.50 | 1:30.79 |
|     |                  | 42.84 | 1:30.79 (47.95)                  |         |         |
| --- | Williams, Neill  | 55    | District Of Columbia Aquatics-10 | 1:03.10 | SCR     |

**Event 42 Men 60-64 100 Yard Breaststroke****NATL: 1:00.64 \* 4-30-2022 David Guthrie**

|     |                  |       |                        |         |         |
|-----|------------------|-------|------------------------|---------|---------|
| 1   | Kornfeld, Robert | 64    | Connecticut Masters-5  | 1:12.55 | 1:17.04 |
|     |                  | 37.15 | 1:17.04 (39.89)        |         |         |
| 2   | Burbank, Gerald  | 64    | Connecticut Masters-5  | 1:18.00 | 1:19.51 |
|     |                  | 37.73 | 1:19.51 (41.78)        |         |         |
| --- | Gilligan, Philip | 60    | Talbot Masters-9       | 1:16.00 | SCR     |
| --- | Doyle, Benn      | 64    | Garden State Masters-7 | 1:11.50 | SCR     |

**Event 42 Men 65-69 100 Yard Breaststroke****NATL: 1:02.75 \* 4-28-2017 Rick Colella**

|   |                 |       |                              |         |         |
|---|-----------------|-------|------------------------------|---------|---------|
| 1 | Keyser, Brian   | 66    | Colonials 1776-8             | 1:11.00 | 1:11.75 |
|   |                 | 32.49 | 1:11.75 (39.26)              |         |         |
| 2 | WuShanley, Ying | 65    | Germantown Maryland Masters- | 1:12.52 | 1:13.81 |
|   |                 | 35.27 | 1:13.81 (38.54)              |         |         |

**Event 42 Men 70-74 100 Yard Breaststroke****NATL: 1:04.95 \* 4-30-2022 Rick Colella**

|   |                    |       |                              |         |         |
|---|--------------------|-------|------------------------------|---------|---------|
| 1 | Dougherty, Stephen | 71    | Colonials 1776-8             | 1:24.86 | 1:26.25 |
|   |                    | 42.51 | 1:26.25 (43.74)              |         |         |
| 2 | Ryan, James        | 70    | Somerset County YMCA Masters | 1:30.21 | 1:38.04 |
|   |                    | 45.82 | 1:38.04 (52.22)              |         |         |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmartinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****(Event 42 Men 70-74 100 Yard Breaststroke)**

|   |              |    |                        |         |         |
|---|--------------|----|------------------------|---------|---------|
| 3 | Wein, Arthur | 72 | Garden State Masters-7 | 1:49.00 | 1:41.78 |
|   | 46.85        |    | 1:41.78 (54.93)        |         |         |

**Event 42 Men 85-89 100 Yard Breaststroke****NATL: 1:34.67 \* 4-18-2010 Frank Piemme**

|   |                      |    |                              |         |         |
|---|----------------------|----|------------------------------|---------|---------|
| 1 | Wunderlich, E Dieter | 85 | Somerset County YMCA Masters | 2:59.34 | 2:40.46 |
|   | 1:06.60              |    | 2:40.46 (1:33.86)            |         |         |

**Event 43 Mixed 18+ 200 Yard Freestyle Relay****NATL: 1:24.76 \* 5-02-2014 The Olympic Clu****N ADRIAN, K RAATZ, K KASTES, A ERVIN**

|   |                              |                           |                               |                          |         |
|---|------------------------------|---------------------------|-------------------------------|--------------------------|---------|
| 1 | New York Athletic Club-6     | A                         |                               | 1:36.64                  | 1:39.59 |
|   | 1) Frawley, Robert M34       | 2) Brukx, Peter M23       | 3) Gary, Kristin W55          | 4) Kaminski, Paulina W26 |         |
|   | 25.38                        | 46.25 (20.87)             | 1:13.66 (27.41)               | 1:39.59 (25.93)          |         |
| 2 | Spring Valley YMCA Masters   | A                         |                               | 1:38.00                  | 1:40.32 |
|   | 1) Robertson, Stephanie W29  | 2) Robertson, John M51    | 3) Cubbler, Rebecca W25       | 4) Marsh, Matthew M23    |         |
|   | 27.58                        | 52.76 (25.18)             | 1:18.26 (25.50)               | 1:40.32 (22.06)          |         |
| 3 | Club Tribe-12                | A                         |                               | 1:41.70                  | 1:44.31 |
|   | 1) Kettlewell-Sites, Sam M25 | 2) Blindenbach, Jacob M23 | 3) Mackall, Suni W60          | 4) Gass, Krista W44      |         |
|   | 21.11                        | 44.24 (23.13)             | 1:16.81 (32.57)               | 1:44.31 (27.50)          |         |
| 4 | YMCA Of Bucks County-8       | A                         |                               | 2:00.00                  | 1:51.82 |
|   | 1) Picchione, Olivia W24     | 2) Maxian, Ondrej M27     | 3) Isleta, Czsarina Dawn M W4 | 4) Reynolds, Sean M54    |         |
|   | 27.77                        | 54.58 (26.81)             | 1:24.57 (29.99)               | 1:51.82 (27.25)          |         |

**Event 43 Mixed 25+ 200 Yard Freestyle Relay****NATL: 1:27.70 \* 4-28-2017 The Olympic Clu****M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD**

|   |                          |                    |                       |                      |         |
|---|--------------------------|--------------------|-----------------------|----------------------|---------|
| 1 | Colonials 1776-8         | A                  |                       | 1:57.51              | 1:58.72 |
|   | 1) Schaffling, Staci W28 | 2) King, Molly W30 | 3) Callanan, Ryan M30 | 4) Dittmar, Greg M49 |         |
|   | 27.93                    | 1:05.13 (37.20)    | 1:30.18 (25.05)       | 1:58.72 (28.54)      |         |

**Event 43 Mixed 35+ 200 Yard Freestyle Relay****NATL: 1:30.17 \* 4-25-2004 Rocky Mountain****K GARNIER, S VON DER LIPPE, J SMITH, P SMITH**

|     |                        |                        |                         |                       |       |
|-----|------------------------|------------------------|-------------------------|-----------------------|-------|
| --- | Red Tide-6             | A                      |                         | 1:50.00               | DQ DQ |
|     | 1) Horiuchi, Linda W52 | 2) Moll, Sebastian M58 | 3) McRorie, Jessica W44 | 4) Storch, Joshua M41 |       |
|     | 39.77                  | 1:05.89 (26.12)        | 1:40.05 (34.16)         |                       |       |

**Event 43 Mixed 45+ 200 Yard Freestyle Relay****NATL: 1:34.48 \* 5-04-2008 Arizona Masters****J SMITH, M BAILEY, S ROLLINS, P SMITH**

|   |                             |                           |                       |                         |         |
|---|-----------------------------|---------------------------|-----------------------|-------------------------|---------|
| 1 | Club Tribe-12               | B                         |                       | 1:42.40                 | 1:42.42 |
|   | 1) Ruckdeschel, Jonathan M5 | 2) Williams, Rich M47     | 3) Choe, Michele W45  | 4) Restrepo, Marie W60  |         |
|   | 23.71                       | 47.41 (23.70)             | 1:15.05 (27.64)       | 1:42.42 (27.37)         |         |
| 2 | Colonials 1776-8            | B                         |                       | 2:19.12                 | 2:05.66 |
|   | 1) Matz, Michael M61        | 2) Milinkovska, Diana W49 | 3) Hood, Patricia W67 | 4) Amundsen, Joseph M77 |         |
|   | 28.82                       | 58.99 (30.17)             | 1:19.00 (20.01)       | 2:05.66 (46.66)         |         |

**Event 45 Women 18-24 400 Yard IM****NATL: 4:17.48 \* 3-27-2021 Destiny Nelson**

|   |                   |    |                        |                 |                 |
|---|-------------------|----|------------------------|-----------------|-----------------|
| 1 | Picchione, Olivia | 24 | YMCA Of Bucks County-8 | 4:53.00         | 4:53.01         |
|   | 30.73             |    | 1:04.94 (34.21)        | 1:43.18 (38.24) | 2:22.29 (39.11) |
|   | 3:02.73 (40.44)   |    | 3:46.01 (43.28)        | 4:19.59 (33.58) | 4:53.01 (33.42) |



**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmarttinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Sunday Morning****Event 45 Women 25-29 400 Yard IM****NATL: 4:19.02 \* 2-22-2013 Justine Mueller**

|     |                  |                 |                               |                 |         |
|-----|------------------|-----------------|-------------------------------|-----------------|---------|
| 1   | Cubbler, Rebecca | 25              | Spring Valley YMCA Masters-8  | 4:58.24         | 4:49.54 |
|     | 30.13            | 1:04.29 (34.16) | 1:42.95 (38.66)               | 2:20.94 (37.99) |         |
|     | 3:03.23 (42.29)  | 3:47.11 (43.88) | 4:19.23 (32.12)               | 4:49.54 (30.31) |         |
| --- | Wahl, Marley     | 29              | Rochester Area Masters Swimmi | 5:21.98         | SCR     |

**Event 45 Women 30-34 400 Yard IM****NATL: 4:14.84 \* 1-20-2013 Erika Erndl**

|     |                    |                 |                  |                 |       |
|-----|--------------------|-----------------|------------------|-----------------|-------|
| --- | Marshall, Victoria | 34              | Colonials 1776-8 | 5:23.20         | DQ DQ |
|     | 32.69              | 1:10.53 (37.84) | 1:54.84 (44.31)  | 2:38.65 (43.81) |       |
|     | 3:26.52 (47.87)    | 4:13.95 (47.43) | 4:49.38 (35.43)  |                 |       |

**Event 45 Women 35-39 400 Yard IM****NATL: 4:24.18 \* 3-14-1998 K Pipes-Neilsen**

|   |                  |                 |                               |                 |         |
|---|------------------|-----------------|-------------------------------|-----------------|---------|
| 1 | Sciacca, Krysten | 35              | Chelsea Piers Fitness Ny/Bk-6 | 4:50.21         | 5:04.28 |
|   | 33.74            | 1:12.15 (38.41) | 1:52.15 (40.00)               | 2:31.29 (39.14) |         |
|   | 3:14.25 (42.96)  | 3:57.23 (42.98) | 4:31.02 (33.79)               | 5:04.28 (33.26) |         |

**Event 45 Women 40-44 400 Yard IM****NATL: 4:28.43 \* 5-04-2008 S Von Der Lippe**

|   |                   |                 |                                 |                 |         |
|---|-------------------|-----------------|---------------------------------|-----------------|---------|
| 1 | Kopistecki, Megan | 41              | Long Island City YMCA Masters-4 | 5:36.34         | 5:28.81 |
|   | 33.53             | 1:13.49 (39.96) | 1:56.63 (43.14)                 | 2:39.35 (42.72) |         |
|   | 3:26.18 (46.83)   | 4:13.21 (47.03) | 4:51.90 (38.69)                 | 5:28.81 (36.91) |         |

**Event 45 Women 50-54 400 Yard IM****NATL: 4:43.11 \* 4-09-2016 Ellen Reynolds**

|   |                    |                 |                        |                 |         |
|---|--------------------|-----------------|------------------------|-----------------|---------|
| 1 | Davidson, Michelle | 52              | Garden State Masters-7 | 5:55.50         | 5:53.17 |
|   | 36.61              | 1:20.03 (43.42) | 2:02.98 (42.95)        | 2:45.52 (42.54) |         |
|   | 3:37.88 (52.36)    | 4:30.64 (52.76) | 5:12.51 (41.87)        | 5:53.17 (40.66) |         |

**Event 45 Women 55-59 400 Yard IM****NATL: 4:45.55 \* 11-22-2019 Ellen Reynolds**

|     |                     |                 |                          |                 |         |
|-----|---------------------|-----------------|--------------------------|-----------------|---------|
| 1   | Hug, Laurie         | 57              | Colonials 1776-8         | 5:23.25         | 5:20.36 |
|     | 34.38               | 1:13.88 (39.50) | 1:55.36 (41.48)          | 2:37.04 (41.68) |         |
|     | 3:21.74 (44.70)     | 4:08.63 (46.89) | 4:44.95 (36.32)          | 5:20.36 (35.41) |         |
| --- | Weiderman, Jennifer | 56              | Conejo Valley Masters-33 | 5:45.00         | SCR     |

**Event 45 Women 60-64 400 Yard IM****NATL: 5:07.38 \* 4-01-2022 Amy Rieger**

|   |                 |                 |                  |                 |         |
|---|-----------------|-----------------|------------------|-----------------|---------|
| 1 | Burke, Barbara  | 61              | Colonials 1776-8 | 5:48.76         | 6:02.49 |
|   | 37.50           | 1:20.20 (42.70) | 2:10.27 (50.07)  | 3:00.11 (49.84) |         |
|   | 3:49.29 (49.18) | 4:41.79 (52.50) | 5:22.62 (40.83)  | 6:02.49 (39.87) |         |

**Event 45 Women 65-69 400 Yard IM****NATL: 5:21.70 \* 5-21-2017 Laura Val**

|   |                        |                   |                              |                   |         |
|---|------------------------|-------------------|------------------------------|-------------------|---------|
| 1 | Steadman Martin, Nancy | 68                | Garden State Masters-7       | 5:55.50           | 5:58.00 |
|   | 40.43                  | 1:25.95 (45.52)   | 2:09.87 (43.92)              | 2:54.26 (44.39)   |         |
|   | 3:47.46 (53.20)        | 4:40.66 (53.20)   | 5:19.71 (39.05)              | 5:58.00 (38.29)   |         |
| 2 | Keisling, Christine    | 66                | Spring Valley YMCA Masters-8 | 6:33.45           | 6:39.83 |
|   | 42.16                  | 1:33.55 (51.39)   | 2:28.46 (54.91)              | 3:21.79 (53.33)   |         |
|   | 4:16.65 (54.86)        | 5:12.16 (55.51)   | 5:56.38 (44.22)              | 6:39.83 (43.45)   |         |
| 3 | Lampe, Betty           | 67                | Colonials 1776-8             | 7:45.00           | 7:38.10 |
|   | 51.94                  | 1:55.10 (1:03.16) | 2:59.73 (1:04.63)            | 5:03.48 (2:03.75) |         |
|   | 6:04.39 (1:00.91)      | 6:51.88 (47.49)   | 7:38.10 (46.22)              |                   |         |





2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023

www.besmartinc.com for meet results and more

Follow us on FACEBOOK and Twitter

Results - Sunday Morning

Event 45 Women 75-79 400 Yard IM

NATL: 7:01.26 \* 4-02-2023 Christie Hayes

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entries for Hayes, Christie and Onton, Ann Louise.

Event 46 Men 25-29 400 Yard IM

NATL: 3:41.85 \* 12-20-2013 Darian Townsend

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entry for Maxian, Ondrej.

Event 46 Men 30-34 400 Yard IM

NATL: 3:40.98 \* 12-19-2014 Darian Townsend

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entry for Callanan, Ryan.

Event 46 Men 35-39 400 Yard IM

NATL: 3:56.76 \* 12-16-2001 Ron Karnaugh

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entry for Wong, Jason.

Event 46 Men 40-44 400 Yard IM

NATL: 4:01.87 \* 4-19-2009 Roque Santos

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entries for Hildebrand, David; Denrich, David; Dion, Thomas; Boris, Joseph; Sabala, Michael; and Drury, Dan.

Event 46 Men 45-49 400 Yard IM

NATL: 4:01.32 \* 4-24-2015 Nicolas Granger

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entry for Weiss, Adam.

Event 46 Men 55-59 400 Yard IM

NATL: 4:28.66 \* 5-02-2014 Jim Sauer

Table with 6 columns: Rank, Name, Age, Club, Time, and Result. Includes entry for Brundage, Patrick.





**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023**

**www.besmartinc.com for meet results and more**

**Follow us on FACEBOOK and Twitter**

**Results - Sunday Morning**

**Event 46 Men 65-69 400 Yard IM**

**NATL: 4:30.64 \* 5-11-2018 Rick Colella**

|                  |                 |                 |                 |                 |
|------------------|-----------------|-----------------|-----------------|-----------------|
| 1 Chambers, John | 67              | Agua Masters-6  | 5:25.00         | 5:33.71         |
|                  | 33.15           | 1:12.27 (39.12) | 1:56.47 (44.20) | 2:41.60 (45.13) |
|                  | 3:31.26 (49.66) | 4:23.14 (51.88) | 4:59.09 (35.95) | 5:33.71 (34.62) |

**Event 46 Men 75-79 400 Yard IM**

**NATL: 5:43.80 \* 4-15-2016 Mike Freshley**

|                   |                 |                   |                 |                 |
|-------------------|-----------------|-------------------|-----------------|-----------------|
| 1 Bernstein, Rich | 77              | Agua Masters-6    | 7:15.86         | 7:13.60         |
|                   | 1:00.86         | 2:06.53 (1:05.67) | 3:02.20 (55.67) | 3:55.63 (53.43) |
|                   | 4:51.61 (55.98) | 5:47.45 (55.84)   | 6:31.73 (44.28) | 7:13.60 (41.87) |

