

**2023 USMS Colonies Zones SC Championship - 4-14-2023 to 4-16-2023****www.besmarttinc.com for meet results and more****Follow us on FACEBOOK and Twitter****Results - Saturday Morning****Event 5 Women 18-24 100 Yard Freestyle****NATL: 48.18 * 12-06-2014 Katie Meili**

Name	Age	Team	Seed Time	Finals Time
1 Coolidge, Maggie	21	New England Masters Swim Clu	1:45.00	1:23.04
	37.51	1:23.04 (45.53)		
2 Coolidge, Emily	21	New England Masters Swim Clu	2:00.00	1:26.44
	39.72	1:26.44 (46.72)		

Event 5 Women 25-29 100 Yard Freestyle**NATL: 48.58 * 5-12-2018 Katarzyna Wilk**

1 Cubbler, Rebecca	25	Spring Valley YMCA Masters-8	53.76	53.62
	26.03	53.62 (27.59)		
2 Smith, Delaney	26	Agua Masters-6	55.09	55.90
	26.80	55.90 (29.10)		
3 Schaffling, Staci	28	Colonials 1776-8	59.13	58.74
	27.61	58.74 (31.13)		
4 Robertson, Stephanie	29	Spring Valley YMCA Masters-8	1:02.15	1:00.51
	28.57	1:00.51 (31.94)		
5 Strine, Jennifer	25	Uc08	59.75	1:01.47
	28.76	1:01.47 (32.71)		
6 Bromley, Alex	25	Colonials 1776-8	1:03.72	1:04.64
	30.53	1:04.64 (34.11)		
7 Wei, Laurie	28	Lane 4 Swimming-10	1:10.00	1:04.83
	31.04	1:04.83 (33.79)		
8 Walsh, Kaylee	26	YMCA of Greater Monmouth Cou	1:06.12	1:05.28
	30.41	1:05.28 (34.87)		

Event 5 Women 30-34 100 Yard Freestyle**NATL: 48.03 * 2-23-2013 Erika Erndl**

--- Arnn, Molly	34	Chelsea Piers Fitness Ny/Bk-6	59.50	SCR
--- Cichewicz, Morgan	33	Philadelphia Fins-8	58.12	SCR

Event 5 Women 35-39 100 Yard Freestyle**NATL: 49.72 * 2-25-2007 Dara Torres**

1 Sciacca, Krysten	35	Chelsea Piers Fitness Ny/Bk-6	57.88	1:01.52
	29.47	1:01.52 (32.05)		

Event 5 Women 40-44 100 Yard Freestyle**NATL: 48.34 * 4-15-2007 Dara Torres**

1 Grover, Mollie	42	Terrapin Masters-10	54.54	54.71
	26.71	54.71 (28.00)		
2 Gass, Krista	44	Club Tribe-12	58.56	59.08
	28.16	59.08 (30.92)		
3 Powers, Julie	41	Uc07	1:15.00	1:17.42
	36.81	1:17.42 (40.61)		

Event 5 Women 45-49 100 Yard Freestyle**NATL: 51.26 * 3-12-2023 Gabrielle Rose**

1 Maidenberg, Eve	46	Agua Masters-6	1:01.46	1:01.96
	29.52	1:01.96 (32.44)		

Event 5 Women 50-54 100 Yard Freestyle**NATL: 52.77 * 5-01-2022 Erika Braun**

1 Gianniny, Dana	53	Rochester Area Masters Swimmi	1:02.38	1:02.07
	29.96	1:02.07 (32.11)		



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2	Wojnovich, Kristin	50	Uc08	1:09.47	1:08.52
	32.67	1:08.52	(35.85)		
3	Libano, Miren	53	Uc07	1:13.92	1:12.10
	34.37	1:12.10	(37.73)		
4	Torian, Penny	52	Club Tribe-12	1:25.00	1:19.53
	37.18	1:19.53	(42.35)		

Event 5 Women 55-59 100 Yard Freestyle**NATL: 54.72 * 5-04-2008 Laura Val**

1	Tyson, Laura	59	Jersey Aquatic Center Masters-7	1:50.00	1:22.12
	39.79	1:22.12	(42.33)		
---	Willeboordse, Fall	57	Club Tribe-12	55.21	SCR
---	Gary, Kristin	55	New York Athletic Club-6	58.50	SCR
---	Sprietsma, Michele	59	Garden State Masters-7	1:30.00	SCR
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club-12	1:07.00	SCR

Event 5 Women 60-64 100 Yard Freestyle**NATL: 56.45 * 4-29-2012 Laura Val**

1	Mackall, Suni	60	Club Tribe-12	1:12.11	1:14.30
	33.76	1:14.30	(40.54)		
2	Adamoli, Donna	60	Jersey Aquatic Center Masters-7	1:24.66	1:16.22
	36.56	1:16.22	(39.66)		
---	Guy, Amy	64	Uc08	1:19.79	NS

Event 5 Women 65-69 100 Yard Freestyle**NATL: 57.88 * 5-12-2018 Laura Val**

1	Panagacos, Nancy	65	Uc08	1:10.45	1:07.31
	32.21	1:07.31	(35.10)		
2	Hoppenrath, Terri	66	Uc04	1:08.92	1:10.20
	31.54	1:10.20	(38.66)		
3	Hood, Patricia	67	Colonials 1776-8	1:20.27	1:18.65
	37.92	1:18.65	(40.73)		

Event 5 Women 70-74 100 Yard Freestyle**NATL: 59.11 * 5-01-2022 Laura Val**

1	Wolff, Melinda	70	Colonials 1776-8	1:10.49	1:11.10
	33.54	1:11.10	(37.56)		
2	Remak-Ziff, Heidi	71	Jersey Aquatic Center Masters-7	1:11.64	1:15.48
	36.35	1:15.48	(39.13)		
3	Atkinson, Fiona	72	New England Masters Swim Club	1:19.68	1:19.07
	36.95	1:19.07	(42.12)		

Event 5 Women 75-79 100 Yard Freestyle**NATL: 1:09.34 * 5-01-2022 Diann Uustal**

1	Hayes, Christie	75	New England Masters Swim Club	1:20.79	1:15.07
	35.96	1:15.07	(39.11)		

Event 5 Women 80-84 100 Yard Freestyle**NATL: 1:22.34 * 12-13-2015 Johnnie Detrick**

---	Manheim, Lucy	80	Reston Masters Swim Team-10	1:55.00	SCR
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1	Von Autenried, Kurt	24	Chelsea Piers Fitness Ny/Bk-6	47.13	46.44
	22.48	46.44	(23.96)		
2	Brukx, Peter	23	New York Athletic Club-6	47.06	47.40
	22.59	47.40	(24.81)		
3	Marsh, Matthew	23	Spring Valley YMCA Masters-8	49.80	48.72
	22.95	48.72	(25.77)		
4	Chamak, Joshua	23	Swim Unattached-6	49.76	48.87
	23.74	48.87	(25.13)		
5	Vasilkoff, Daniel	20	Pineapples-6	48.99	50.44
	23.81	50.44	(26.63)		
6	Euyoque, Kevin	18	Pineapples-6	49.90	53.22
	25.28	53.22	(27.94)		
---	Zerunyan, Marko	21	Club Tribe-12	47.00	DNF
---	Gallardo, Sal	20	Pineapples-6	1:15.00	SCR

Event 6 Men 25-29 100 Yard Freestyle**NATL: 41.13 * 5-03-2014 Nathan Adrian**

1	Ordabayev, Dayan	27	Pineapples-6	47.96	47.54
	22.53	47.54	(25.01)		
2	Knoll, Daniel	26	Colonials 1776-8	46.22	47.60
	22.82	47.60	(24.78)		
3	Ouano, Peyton	26	Jersey Shore Masters-7	50.48	50.58
	24.05	50.58	(26.53)		
4	Lau, Jacky	29	Uc13	52.00	50.78
	24.00	50.78	(26.78)		
5	Nguyen, Hao	28	Pineapples-6	52.00	51.60
	24.19	51.60	(27.41)		
6	Hymowitz, Josh	28	Red Tide-6	55.00	52.69
	24.46	52.69	(28.23)		
---	De Jesus, Jose	29	Terrapin Masters-10	49.81	NS
---	Kostolansky, Timothy	27	Philadelphia Fins-8	50.21	SCR

Event 6 Men 30-34 100 Yard Freestyle**NATL: 42.75 * 12-21-2014 Darian Townsend**

1	Wahl, Zachary	32	Rochester Area Masters Swimmi	48.99	48.24
	23.40	48.24	(24.84)		
2	Laplante, Brett	34	Terrapin Masters-10	52.03	51.99
	24.95	51.99	(27.04)		
3	McCort, Matthew	33	YMCA of Greater Monmouth Cou	52.42	52.04
	24.60	52.04	(27.44)		
4	Szyszko, Blase	33	YMCA of Greater Monmouth Cou	55.00	52.93
	25.01	52.93	(27.92)		
5	Materniak, Eric	31	Reston Masters Swim Team-10	55.00	54.65
	26.11	54.65	(28.54)		
6	Koons, Andrew	30	Reston Masters Swim Team-10	56.65	59.47
	28.10	59.47	(31.37)		
7	Scheffler, Ian	32	Uc08	1:10.00	1:02.55
	29.74	1:02.55	(32.81)		
8	Gospodarsky, Arty	30	Colonials 1776-8	1:11.27	1:07.45
	31.59	1:07.45	(35.86)		





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Event 6 Men 35-39 100 Yard Freestyle

NATL: 44.24 * 4-20-2009 Vlad Pyshnenko

Table with 5 columns: Rank, Name, Age, Team, Time, and another Time. Includes swimmers like Washington, Darryl and Thomas, Sean.

Event 6 Men 40-44 100 Yard Freestyle

NATL: 45.15 * 5-03-2014 Josh Davis

Table with 5 columns: Rank, Name, Age, Team, Time, and another Time. Includes swimmers like Grados, Michael and Drury, Dan.

Event 6 Men 45-49 100 Yard Freestyle

NATL: 46.21 * 4-26-2015 Nicolas Granger

Table with 5 columns: Rank, Name, Age, Team, Time, and another Time. Includes swimmers like Lathrum, Ryan and Zhukarev, Stan.

Event 6 Men 50-54 100 Yard Freestyle

NATL: 46.59 * 5-10-2009 Rowdy Gaines

Table with 5 columns: Rank, Name, Age, Team, Time, and another Time. Includes swimmers like Gross, Jeremy and Rees, Greg.



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9	Blank, Adam	52	New England Masters Swim Clu	57.82	58.69
	27.10				58.69 (31.59)
10	Reynolds, Sean	54	YMCA Of Bucks County-8	1:00.00	59.73
	27.54				59.73 (32.19)
11	Goodman, Robert	54	Connecticut Masters-5	59.91	1:00.05
	28.07				1:00.05 (31.98)
12	Weiss, Danny	50	Excel Swimming-7	1:10.00	1:06.30
	32.08				1:06.30 (34.22)
---	Matheson, Kurt	50	Uc07	52.10	SCR

Event 6 Men 55-59 100 Yard Freestyle**NATL: 48.37 * 4-30-2000 Richard Abrahams**

1	Dearstyne, Lou	55	Connecticut Masters-5	51.20	52.12
	24.60				52.12 (27.52)
2	Moll, Sebastian	58	Red Tide-6	56.00	59.28
	28.25				59.28 (31.03)
---	Brundage, Patrick	56	Arizona Masters Swim Club Inc-	1:30.00	SCR

Event 6 Men 60-64 100 Yard Freestyle**NATL: 49.14 * 5-22-2005 Richard Abrahams**

1	Kornfeld, Robert	64	Connecticut Masters-5	56.85	56.65
	26.91				56.65 (29.74)
2	Sforzini, Andy	61	New England Masters Swim Clu	57.56	57.37
	27.19				57.37 (30.18)
3	Newman, Steven	61	Sarasota Sharks Masters-14	57.20	57.65
	27.26				57.65 (30.39)
4	Tsuzuki, Ed	64	Somerset County YMCA Masters	1:06.06	1:01.88
	29.45				1:01.88 (32.43)
5	Matz, Michael	61	Colonials 1776-8	1:01.52	1:03.03
	30.40				1:03.03 (32.63)
6	Sinclair, Jeffrey	61	Jersey Aquatic Center Masters-7	1:00.00	1:04.35
	30.02				1:04.35 (34.33)
7	Burbank, Gerald	64	Connecticut Masters-5	1:04.00	1:04.67
	31.19				1:04.67 (33.48)
---	Hersey, Miles	60	Jersey Shore Masters-7	1:25.00	SCR
---	Ballou, Robert	63	New England Masters Swim Clu	1:09.00	SCR
---	Hennessy, William	62	Excel Swimming-7	56.92	SCR

Event 6 Men 65-69 100 Yard Freestyle**NATL: 49.42 * 5-22-2010 Richard Abrahams**

1	Gandee, Brad	68	Uc10	59.00	1:00.14
	29.43				1:00.14 (30.71)
2	Gibson, Christopher	67	Peddie Aquatic Association-7	1:06.50	1:02.66
	30.89				1:02.66 (31.77)
3	Niemi, Ken	68	Somerset County YMCA Masters	1:03.50	1:05.36
	31.16				1:05.36 (34.20)
4	Weinstein, Mark	67	Raritan Bay at South Amboy Y-7	1:18.54	1:16.64
	37.25				1:16.64 (39.39)
5	Lehrer, Elliott	67	Raritan Bay at South Amboy Y-7	1:14.35	1:18.01
	34.59				1:18.01 (43.42)
---	Kahn, Roger	67	Sarasota Sharks Masters-14	1:15.00	SCR
---	Nagle, Steve	65	Ocean County YMCA-7	1:00.00	SCR



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1	Meyer, Geoffrey	71	Colonials 1776-8	1:02.00	1:00.37
		28.53	1:00.37 (31.84)		
2	Gianniny, Bruce	72	Rochester Area Masters Swimmi	1:06.00	1:09.92
		34.25	1:09.92 (35.67)		
3	Dougherty, Kevin	70	Colonials 1776-8	1:08.32	1:10.08
		32.74	1:10.08 (37.34)		
4	Ryan, James	70	Somerset County YMCA Masters	1:09.80	1:10.65
		34.38	1:10.65 (36.27)		
5	Wein, Arthur	72	Garden State Masters-7	1:16.00	1:12.31
		34.49	1:12.31 (37.82)		
---	Paulson, Laurence	74	Reston Masters Swim Team-10	1:30.00	DQ 1:26.11
		40.03	1:26.11 (46.08)		

Event 6 Men 75-79 100 Yard Freestyle**NATL: 58.68 * 5-10-2009 David Radcliff**

1	Zakim, Jack	77	Garden State Masters-7	1:12.00	1:10.20
		34.64	1:10.20 (35.56)		
2	Seidman, Lawrence	75	Garden State Masters-7	1:13.79	1:13.46
		35.26	1:13.46 (38.20)		
3	Amundsen, Joseph	77	Colonials 1776-8	1:05.71	1:14.63
		34.89	1:14.63 (39.74)		

Event 6 Men 80-84 100 Yard Freestyle**NATL: 1:04.60 * 5-03-2014 David Radcliff**

1	Pilette, Sterling	81	Reston Masters Swim Team-10	1:25.00	1:39.32
		44.81	1:39.32 (54.51)		
---	Sober, Harry	80	Virginia Masters Swim Team-12	1:10.00	SCR

Event 6 Men 85-89 100 Yard Freestyle**NATL: 1:10.92 * 4-18-2010 Frank Piemme**

1	Wunderlich, E Dieter	85	Somerset County YMCA Masters	1:46.88	1:44.28
		45.83	1:44.28 (58.45)		
2	Beattie, Cal	88	Uc12	2:00.58	2:17.14

Event 6 Men 90-94 100 Yard Freestyle**NATL: 1:27.26 * 3-21-2004 Woodrow Bowersock**

1	Manheim, Frank	92	Reston Masters Swim Team-10	2:02.57	1:55.67
		53.40	1:55.67 (1:02.27)		

Event 7 Women 18-24 200 Yard Butterfly**NATL: 1:54.62 * 4-28-2012 Katherine Mills**

1	Picchione, Olivia	24	YMCA Of Bucks County-8	2:15.60	2:17.87
		30.26	1:04.50 (34.24) 1:40.45 (35.95)	2:17.87 (37.42)	

Event 7 Women 25-29 200 Yard Butterfly**NATL: 1:57.48 * 12-02-2017 Hannah Saiz**

1	Wei, Laurie	28	Lane 4 Swimming-10	2:40.00	2:29.16
		33.36	1:10.36 (37.00) 1:48.96 (38.60)	2:29.16 (40.20)	

Event 7 Women 30-34 200 Yard Butterfly**NATL: 2:03.46 * 5-12-1996 K Pipes-Neilsen**

1	Marshall, Victoria	34	Colonials 1776-8	2:30.62	2:31.80
		32.18	1:09.34 (37.16) 1:48.20 (38.86)	2:31.80 (43.60)	





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Event 7 Women 35-39 200 Yard Butterfly

NATL: 2:03.48 * 5-22-2005 S Von Der Lippe

1	Sawicz, Kasia	38	Chelsea Piers Fitness Ny/Bk-6	2:20.91	2:25.71
				32.23	1:08.52 (36.29) 1:46.44 (37.92) 2:25.71 (39.27)

Event 7 Women 50-54 200 Yard Butterfly

NATL: 2:15.18 * 5-17-2002 Laura Val

1	Davidson, Michelle	52	Garden State Masters-7	2:48.02	2:52.27
				36.73	1:19.31 (42.58) 2:04.66 (45.35) 2:52.27 (47.61)
2	Sega, Ally	50	Connecticut Masters-5	3:44.59	3:39.74
				51.00	1:45.64 (54.64) 2:41.84 (56.20) 3:39.74 (57.90)

Event 7 Women 55-59 200 Yard Butterfly

NATL: 2:16.28 * 5-10-2009 Laura Val

1	Hug, Laurie	57	Colonials 1776-8	2:37.32	2:36.33
				34.52	1:13.52 (39.00) 1:54.22 (40.70) 2:36.33 (42.11)
---	Weiderman, Jennifer	56	Conejo Valley Masters-33	2:44.00	SCR

Event 7 Women 60-64 200 Yard Butterfly

NATL: 2:24.30 * 5-10-2013 Laura Val

1	Burke, Barbara	61	Colonials 1776-8	3:01.71	2:59.65
				37.72	1:23.03 (45.31) 2:11.78 (48.75) 2:59.65 (47.87)

Event 7 Women 65-69 200 Yard Butterfly

NATL: 2:29.12 * 4-09-2017 Laura Val

1	Steadman Martin, Nancy	68	Garden State Masters-7	2:49.50	2:58.98
				39.29	1:24.16 (44.87) 2:11.89 (47.73) 2:58.98 (47.09)
2	Lampe, Betty	67	Colonials 1776-8	4:15.00	4:04.05
				51.39	1:53.58 (1:02.19) 2:59.65 (1:06.07) 4:04.05 (1:04.40)

Event 7 Women 75-79 200 Yard Butterfly

NATL: 3:36.66 * 4-26-2019 Daniela Barnea

---	Onton, Ann Louise	79	Connecticut Masters-5	8:12.00	DQ DQ
				2:08.70	4:40.09 (2:31.39) 7:11.40 (2:31.31)

Event 8 Men 18-24 200 Yard Butterfly

NATL: 1:44.08 * 4-30-2022 Zachary Fong

1	Jurman, Jasper	24	Uc06	1:47.80	1:55.57
				24.76	53.42 (28.66) 1:23.16 (29.74) 1:55.57 (32.41)

Event 8 Men 25-29 200 Yard Butterfly

NATL: 1:47.62 * 5-20-2007 Erik Scalise

---	Millard, Jelani	29	Uc07	2:30.00	SCR
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Event 8 Men 30-34 200 Yard Butterfly

NATL: 1:45.01 * 4-12-2015 Darian Townsend

1	Callanan, Ryan	30	Colonials 1776-8	2:43.69	2:22.10
				31.71	1:06.69 (34.98) 1:43.35 (36.66) 2:22.10 (38.75)

Event 8 Men 40-44 200 Yard Butterfly

NATL: 1:50.61 * 4-14-2002 Dennis Baker

1	Drury, Dan	42	Jersey Shore Masters-7	2:22.88	2:17.39
				29.04	1:02.46 (33.42) 1:38.61 (36.15) 2:17.39 (38.78)
2	Gass, Kraig	43	Club Tribe-12	2:34.21	2:22.15
				31.42	1:06.74 (35.32) 1:43.67 (36.93) 2:22.15 (38.48)





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Event 8 Men 45-49 200 Yard Butterfly

NATL: 1:50.73 * 12-06-2008 Dennis Baker

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Adkins, Dana, 46, Club Tribe-12, 2:31.97, 2:29.67.

Event 8 Men 55-59 200 Yard Butterfly

NATL: 2:01.59 * 5-12-2018 David Sims

Table with 5 columns: Rank, Name, Age, Club, Time. Rows include Faria, Jose; Hiltabiddle, Steve; Wyckoff, Ben; Brundage, Patrick.

Event 8 Men 60-64 200 Yard Butterfly

NATL: 2:07.21 * 3-28-2021 Mike Lamonica

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Ballou, Robert, 63, New England Masters Swim Club, 3:20.00, SCR.

Event 8 Men 65-69 200 Yard Butterfly

NATL: 2:08.94 * 4-09-2017 Rick Colella

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Chambers, John, 67, Agua Masters-6, 2:29.00, DQ 2:38.32.

Event 8 Men 70-74 200 Yard Butterfly

NATL: 2:19.59 * 2-12-2022 Lawrence Day

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Paulson, Laurence, 74, Reston Masters Swim Team-10, 4:00.00, 4:15.59.

Event 8 Men 75-79 200 Yard Butterfly

NATL: 2:48.81 * 5-14-2022 Douglas Springer

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Amundsen, Joseph, 77, Colonials 1776-8, 4:00.00, NS.

Event 9 Mixed 18+ 400 Yard Freestyle Relay

NATL: 3:14.92 * 4-29-2016 Club Tribe Alum

K GALLAGHER, K LOUGHRAN, K GRIER, G MIZERAK

Table with 5 columns: Rank, Name, Age, Club, Time. Rows include Spring Valley YMCA Masters and YMCA Of Bucks County-8.

Event 9 Mixed 25+ 400 Yard Freestyle Relay

NATL: 3:16.12 * 4-29-2016 The Olympic Club

A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE

Table with 5 columns: Rank, Name, Age, Club, Time. Row 1: Club Tribe-12, 4:10.00, 4:17.53.





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Event 9 Mixed 45+ 400 Yard Freestyle Relay

NATL: 3:33.11 * 1-19-2019 North Carolina

H STEWART, A HOLLAND, M ANDERSEN, E BRAUN

1	Colonials 1776-8	A	4:30.34	4:40.14
	1) Milinkovska, Diana W49	2) Swanson, Vibeke W61	3) Dougherty, Kevin M70	4) Amundsen, Joseph M77
	31.53	1:37.91 ()	2:14.32 ()	
	2:48.88 (34.56)	3:26.82 (1:12.50)	4:01.78 (34.96)	4:40.14 (1:13.32)

Event 11 Women 18-24 50 Yard Breaststroke

NATL: 27.76 * 12-05-2014 Katie Meili

---	Coolidge, Maggie	21	New England Masters Swim Clu	1:00.00	DQ DQ
---	Coolidge, Emily	21	New England Masters Swim Clu	1:03.00	DQ DQ

Event 11 Women 25-29 50 Yard Breaststroke

NATL: 27.10 * 4-30-2016 Katie Meili

1	Wahl, Marley	29	Rochester Area Masters Swimmi	35.37	33.99
2	Strine, Jennifer	25	Uc08	36.95	35.82
3	Isleta, Czsarina Dawn M	27	YMCA Of Bucks County-8	35.00	36.11
4	Crnogorcevic, Milena	28	Terrapin Masters-10	36.61	37.05
5	Walsh, Kaylee	26	YMCA of Greater Monmouth Cou	39.99	38.84
6	Bromley, Alex	25	Colonials 1776-8	40.53	40.35

Event 11 Women 30-34 50 Yard Breaststroke

NATL: 28.48 * 5-04-2008 Katie McClelland

---	Arnn, Molly	34	Chelsea Piers Fitness Ny/Bk-6	45.00	SCR
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Event 11 Women 35-39 50 Yard Breaststroke

NATL: 28.51 * 5-02-2014 Katie Glenn

1	Sawicz, Kasia	38	Chelsea Piers Fitness Ny/Bk-6	36.63	35.97
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Event 11 Women 40-44 50 Yard Breaststroke

NATL: 28.71 * 5-11-2018 Katie Glenn

1	Gass, Krista	44	Club Tribe-12	35.60	35.04
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Event 11 Women 45-49 50 Yard Breaststroke

NATL: 29.00 * 3-12-2023 Gabrielle Rose

1	Morchio, Paola	46	Somerset County YMCA Masters	1:00.00	36.14
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Event 11 Women 50-54 50 Yard Breaststroke

NATL: 31.55 * 4-01-2023 Erika Braun

1	Libano, Miren	53	Uc07	40.94	41.86
2	Davidson, Michelle	52	Garden State Masters-7	45.00	42.99

Event 11 Women 55-59 50 Yard Breaststroke

NATL: 31.83 * 4-01-2023 S Von Der Lippe

1	Tyson, Laura	59	Jersey Aquatic Center Masters-7	2:05.00	48.40
---	Sprietsma, Michele	59	Garden State Masters-7	1:00.00	SCR
---	Weiderman, Jennifer	56	Conejo Valley Masters-33	35.70	SCR
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club-12	42.37	SCR

Event 11 Women 60-64 50 Yard Breaststroke

NATL: 33.79 * 5-07-2017 Melinda Mann

1	Brightwell, Kim	63	Reston Masters Swim Team-10	40.90	38.56
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1	Hood, Patricia	67	Colonials 1776-8	49.07	49.80
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Event 11 Women 70-74 50 Yard BreaststrokeNATL: 38.35 * 5-13-2022 **Kathleen Lewis**

1	Wolff, Melinda	70	Colonials 1776-8	39.62	39.52
2	Atkinson, Fiona	72	New England Masters Swim Clu	46.84	47.52

Event 11 Women 75-79 50 Yard BreaststrokeNATL: 41.53 * 4-13-2014 **Joann Leilich**

1	Hayes, Christie	75	New England Masters Swim Clu	47.57	45.37
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Event 12 Men 18-24 50 Yard BreaststrokeNATL: 24.53 * 2-01-2015 **Rostyslav Fedyna**

1	Montee, Dillon	19	Pineapples-6	29.65	28.82
2	Bonnick, Zail	21	Pineapples-6	30.50	32.28
3	Sostre, Aaron	24	Pineapples-6	35.00	34.28

Event 12 Men 25-29 50 Yard BreaststrokeNATL: 23.87 * 5-21-2010 **Mark Gangloff**

1	Burnam, Alexander	25	New England Masters Swim Clu	27.00	26.67
2	Om, John	26	Lakeland Hills Family YMCA-7	27.11	26.89
*3	Luo, Victor	28	Chelsea Piers Fitness Ny/Bk-6	28.69	27.24
*3	De Jesus, Jose	29	Terrapin Masters-10	26.93	27.24
5	Linaburg, Jeremy	25	Club Tribe-12	30.16	28.55
6	Schnaars, George	28	Chelsea Piers Fitness Ny/Bk-6	31.00	28.96
7	Nguyen, Hao	28	Pineapples-6	29.65	29.59
8	Lau, Jacky	29	Uc13	30.00	29.82

Event 12 Men 30-34 50 Yard BreaststrokeNATL: 24.35 * 4-24-2015 **Matt Grevers**

1	Szyszkowski, Blase	33	YMCA of Greater Monmouth Cou	28.17	27.89
2	Materniak, Eric	31	Reston Masters Swim Team-10	28.69	29.71
3	Laplante, Brett	34	Terrapin Masters-10	30.35	31.36
4	Koons, Andrew	30	Reston Masters Swim Team-10	33.00	34.66
5	Scheffler, Ian	32	Uc08	35.00	36.16

Event 12 Men 35-39 50 Yard BreaststrokeNATL: 25.03 * 3-04-2021 **James Fike**

1	Washington, Darryl	39	Uc08	29.20	27.76
---	Bugby, Eric	39	Nickel City Splash Swim Team-4	30.00	SCR

Event 12 Men 40-44 50 Yard BreaststrokeNATL: 24.19 * 12-19-2021 **James Fike**

---	Sabala, Michael	42	Chelsea Piers Fitness Ny/Bk-6	31.01	SCR
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Event 12 Men 45-49 50 Yard BreaststrokeNATL: 25.66 * 4-27-2019 **Jeff Commings**

1	Williams, Rich	47	Club Tribe-12	28.88	30.04
2	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	34.00	32.86
3	Adkins, Dana	46	Club Tribe-12	37.50	34.32
4	Dittmar, Greg	49	Colonials 1776-8	34.99	34.52
5	Bunyard, Jim	46	Central Maryland YMCA Masters	37.37	37.44





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Event 12 Men 50-54 50 Yard Breaststroke

NATL: 26.20 * 4-29-2022 Steve West

Table with 5 rows of swimmer names, times, and club affiliations for Event 12 Men 50-54 50 Yard Breaststroke.

Event 12 Men 55-59 50 Yard Breaststroke

NATL: 26.32 * 4-27-2019 Carlo Travaini

Table with 5 rows of swimmer names, times, and club affiliations for Event 12 Men 55-59 50 Yard Breaststroke.

Event 12 Men 60-64 50 Yard Breaststroke

NATL: 28.20 * 7-24-2021 David Guthrie

Table with 5 rows of swimmer names, times, and club affiliations for Event 12 Men 60-64 50 Yard Breaststroke.

Event 12 Men 65-69 50 Yard Breaststroke

NATL: 28.88 * 5-11-2018 Rick Colella

Table with 5 rows of swimmer names, times, and club affiliations for Event 12 Men 65-69 50 Yard Breaststroke.

Event 12 Men 70-74 50 Yard Breaststroke

NATL: 29.84 * 4-29-2022 Rick Colella

Table with 3 rows of swimmer names, times, and club affiliations for Event 12 Men 70-74 50 Yard Breaststroke.

Event 12 Men 75-79 50 Yard Breaststroke

NATL: 33.89 * 5-13-2022 Douglas Springer

Table with 1 row of swimmer name, time, and club affiliation for Event 12 Men 75-79 50 Yard Breaststroke.

Event 12 Men 80-84 50 Yard Breaststroke

NATL: 37.48 * 5-01-2021 Mike Freshley

Table with 1 row of swimmer name, time, and club affiliation for Event 12 Men 80-84 50 Yard Breaststroke.

Event 12 Men 85-89 50 Yard Breaststroke

NATL: 42.72 * 3-07-2010 Frank Piemme

Table with 1 row of swimmer name, time, and club affiliation for Event 12 Men 85-89 50 Yard Breaststroke.

Event 13 Women 18-24 200 Yard IM

NATL: 1:54.20 * 12-04-2014 Katie Meili

Table with 1 row of swimmer name, time, and club affiliation for Event 13 Women 18-24 200 Yard IM.



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1	Wahl, Marley	29	Rochester Area Masters Swimmi	2:28.37	2:27.44
	32.23	1:10.62 (38.39)	1:51.94 (41.32)	2:27.44 (35.50)	
2	Strine, Jennifer	25	Uc08	2:45.00	2:31.19
	32.40	1:11.47 (39.07)	1:55.45 (43.98)	2:31.19 (35.74)	

Event 13 Women 35-39 200 Yard IM**NATL: 2:05.24 * 3-14-1998 K Pipes-Neilsen**

1	Sciaccia, Krysten	35	Chelsea Piers Fitness Ny/Bk-6	2:18.09	2:24.52
	33.10	1:09.58 (36.48)	1:52.38 (42.80)	2:24.52 (32.14)	

Event 13 Women 45-49 200 Yard IM**NATL: 2:07.26 * 12-16-2007 K Pipes-Neilsen**

1	Milinkovska, Diana	49	Colonials 1776-8	2:44.67	2:36.07
	35.63	1:14.32 (38.69)	2:00.93 (46.61)	2:36.07 (35.14)	
2	Morchio, Paola	46	Somerset County YMCA Masters	2:44.33	2:47.29
	39.76	1:22.93 (43.17)	2:08.02 (45.09)	2:47.29 (39.27)	

Event 13 Women 50-54 200 Yard IM**NATL: 2:12.57 * 4-15-2018 Ellen Reynolds**

1	Wojnovich, Kristin	50	Uc08	2:49.22	2:45.00
	36.17	1:19.14 (42.97)	2:06.77 (47.63)	2:45.00 (38.23)	
2	Davidson, Michelle	52	Garden State Masters-7	2:48.00	2:45.41
	36.49	1:16.11 (39.62)	2:07.52 (51.41)	2:45.41 (37.89)	
3	Sega, Ally	50	Connecticut Masters-5	3:42.19	3:40.37
	52.18	1:46.86 (54.68)	2:52.91 (1:06.05)	3:40.37 (47.46)	

Event 13 Women 55-59 200 Yard IM**NATL: 2:13.92 * 12-14-2019 Ellen Reynolds**

1	Hug, Laurie	57	Colonials 1776-8	2:36.32	2:34.60
	34.18	1:13.32 (39.14)	1:58.62 (45.30)	2:34.60 (35.98)	
---	Lipstreuer, Marilyn	57	Freedom Aquatic Club-12	3:02.16	SCR
---	Weiderman, Jennifer	56	Conejo Valley Masters-33	2:37.00	SCR

Event 13 Women 60-64 200 Yard IM**NATL: 2:24.28 * 4-03-2022 Amy Rieger**

1	Swanson, Vibeke	61	Colonials 1776-8	2:45.45	2:46.50
	38.15	1:19.28 (41.13)	2:08.57 (49.29)	2:46.50 (37.93)	
2	Burke, Barbara	61	Colonials 1776-8	2:53.66	2:50.10
	38.17	1:23.63 (45.46)	2:12.36 (48.73)	2:50.10 (37.74)	

Event 13 Women 65-69 200 Yard IM**NATL: 2:29.52 * 12-07-2019 Penny Noyes**

1	Steadman Martin, Nancy	68	Garden State Masters-7	2:46.30	2:46.50
	38.67	1:20.38 (41.71)	2:11.35 (50.97)	2:46.50 (35.15)	
2	Lampe, Betty	67	Colonials 1776-8	3:40.00	3:33.57
	47.46	1:49.20 (1:01.74)	2:50.13 (1:00.93)	3:33.57 (43.44)	

Event 13 Women 75-79 200 Yard IM**NATL: 3:14.61 * 4-27-2019 Daniela Barnea**

1	Hayes, Christie	75	New England Masters Swim Clut	3:27.60	3:20.86
	50.04	1:41.67 (51.63)	2:36.45 (54.78)	3:20.86 (44.41)	
2	Onton, Ann Louise	79	Connecticut Masters-5	4:53.77	6:50.23
	2:03.69	3:43.13 (1:39.44)	5:37.50 (1:54.37)	6:50.23 (1:12.73)	



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1	Jurman, Jasper	24	Uc06	1:50.89	1:55.60
	24.58	54.49 (29.91)	1:27.61 (33.12)	1:55.60 (27.99)	
2	Zerunyan, Marko	21	Club Tribe-12	1:55.00	1:59.40
	24.73	54.28 (29.55)	1:30.19 (35.91)	1:59.40 (29.21)	
3	Brukx, Peter	23	New York Athletic Club-6	1:59.99	2:00.45
	24.31	55.77 (31.46)	1:32.24 (36.47)	2:00.45 (28.21)	
4	Von Autenried, Kurt	24	Chelsea Piers Fitness Ny/Bk-6	2:05.99	2:00.65
	24.39	56.39 (32.00)	1:33.82 (37.43)	2:00.65 (26.83)	

Event 14 Men 25-29 200 Yard IM**NATL: 1:41.79 * 12-21-2013 Darian Townsend**

1	Kettlewell-Sites, Sam	25	Club Tribe-12	1:57.50	2:00.07
	24.56	52.59 (28.03)	1:29.81 (37.22)	2:00.07 (30.26)	
2	Luo, Victor	28	Chelsea Piers Fitness Ny/Bk-6	2:05.69	2:00.85
3	Knoll, Daniel	26	Colonials 1776-8	1:55.00	2:04.10
	26.51	57.68 (31.17)	1:34.04 (36.36)	2:04.10 (30.06)	
4	Hymowitz, Josh	28	Red Tide-6	2:20.00	2:24.10
	28.89	1:08.10 (39.21)	1:53.16 (45.06)	2:24.10 (30.94)	
---	Kostolansky, Timothy	27	Philadelphia Fins-8	2:00.91	SCR

Event 14 Men 30-34 200 Yard IM**NATL: 1:42.03 * 12-20-2014 Darian Townsend**

1	Laplante, Brett	34	Terrapin Masters-10	2:06.77	2:07.81
	27.30	58.58 (31.28)	1:37.46 (38.88)	2:07.81 (30.35)	
2	Callanan, Ryan	30	Colonials 1776-8	2:18.06	2:09.28
	26.72	59.65 (32.93)	1:37.91 (38.26)	2:09.28 (31.37)	
3	McCort, Matthew	33	YMCA of Greater Monmouth Cou	2:20.00	2:11.85
	26.43	59.34 (32.91)	1:39.09 (39.75)	2:11.85 (32.76)	

Event 14 Men 35-39 200 Yard IM**NATL: 1:48.74 * 12-22-2002 Ronald Karnaugh**

1	Hagerty, Edward	39	Agua Masters-6	2:05.00	2:07.09
	25.35	55.76 (30.41)	1:32.80 (37.04)	2:07.09 (34.29)	
2	Griffin, Brendan	39	Club Tribe-12	2:50.00	2:18.59
	31.24	1:05.68 (34.44)	1:45.42 (39.74)	2:18.59 (33.17)	
3	Sydlik, David	35	Philadelphia Fins-8	2:41.32	2:41.29
	33.96	1:14.20 (40.24)	2:03.00 (48.80)	2:41.29 (38.29)	

Event 14 Men 40-44 200 Yard IM**NATL: 1:51.85 * 4-26-2009 Michael Ross**

1	Hildebrand, David	42	Club Tribe-12	2:05.38	2:08.88
	27.52	1:00.66 (33.14)	1:39.31 (38.65)	2:08.88 (29.57)	
2	Denrich, David	43	District Of Columbia Aquatics-1C	2:12.20	2:12.59
	27.75	1:00.69 (32.94)	1:41.21 (40.52)	2:12.59 (31.38)	
3	Drury, Dan	42	Jersey Shore Masters-7	2:18.79	2:15.72
4	Strahota, Jeffrey	42	Terrapin Masters-10	2:11.12	2:17.60
	28.15	1:04.32 (36.17)	1:45.00 (40.68)	2:17.60 (32.60)	
5	Storch, Joshua	41	Red Tide-6	2:19.00	2:22.27
	30.80	1:09.31 (38.51)	1:49.21 (39.90)	2:22.27 (33.06)	
6	Boris, Joseph	43	Spring Valley YMCA Masters-8	2:26.00	2:27.34
	33.22	1:11.97 (38.75)	1:54.35 (42.38)	2:27.34 (32.99)	



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7	Fulton, Anthony	40	Philadelphia Fins-8	2:40.00	2:31.33
	32.06	1:11.35 (39.29)	1:55.32 (43.97)	2:31.33 (36.01)	
---	Grados, Michael	44	Nickel City Splash Swim Team-4	2:06.37	NS
---	Sabala, Michael	42	Chelsea Piers Fitness Ny/Bk-6	2:08.90	SCR

Event 14 Men 45-49 200 Yard IM**NATL: 1:51.44 * 4-26-2015 Nicolas Granger**

1	Adkins, Dana	46	Club Tribe-12	2:30.00	2:31.08
	33.34	1:14.12 (40.78)	1:58.20 (44.08)	2:31.08 (32.88)	

Event 14 Men 50-54 200 Yard IM**NATL: 1:58.19 * 3-11-2017 Mike Irvin**

1	Glantz, Joshua	54	Connecticut Masters-5	2:25.00	2:19.07
	30.25	1:05.80 (35.55)	1:45.77 (39.97)	2:19.07 (33.30)	
2	Jotz, Jeffrey	53	Jersey Aquatic Center Masters-7	2:24.00	2:23.54
	33.28	1:09.98 (36.70)	1:50.09 (40.11)	2:23.54 (33.45)	

Event 14 Men 55-59 200 Yard IM**NATL: 2:00.19 * 3-18-2023 Mike Irvin**

1	Evans, Jeff	57	Spring Valley YMCA Masters-8	2:10.50	2:10.46
	27.22	59.61 (32.39)	1:38.63 (39.02)	2:10.46 (31.83)	
2	Hiltabiddle, Steve	56	Colonials 1776-8	5:15.00	2:18.52
	26.55	1:02.77 (36.22)	1:45.25 (42.48)	2:18.52 (33.27)	

Event 14 Men 60-64 200 Yard IM**NATL: 2:03.26 * 5-04-2014 Rick Colella**

1	Gilligan, Philip	60	Talbot Masters-9	2:27.58	2:25.66
	29.99	1:08.46 (38.47)	1:51.21 (42.75)	2:25.66 (34.45)	
2	Doyle, Benn	64	Garden State Masters-7	2:29.00	2:34.70
3	Burbank, Gerald	64	Connecticut Masters-5	2:42.00	2:49.45
	41.30	1:24.54 (43.24)	2:11.28 (46.74)	2:49.45 (38.17)	

Event 14 Men 65-69 200 Yard IM**NATL: 2:03.63 * 4-28-2017 Rick Colella**

1	Keyser, Brian	66	Colonials 1776-8	2:35.00	2:34.22
	34.11	1:16.39 (42.28)	1:58.95 (42.56)	2:34.22 (35.27)	
2	Chambers, John	67	Agua Masters-6	2:32.00	2:36.67
	32.74	1:14.70 (41.96)	2:03.51 (48.81)	2:36.67 (33.16)	
3	Kunkel, Stephen	68	YMCA Of Bucks County-8	3:27.77	3:21.74
	1:40.75	2:36.93 (56.18)	3:21.74 (44.81)		
4	Norek, Francis	66	Raritan Bay at South Amboy Y-7	3:20.90	3:29.86
	45.25	1:44.48 (59.23)	2:45.37 (1:00.89)	3:29.86 (44.49)	

Event 14 Men 70-74 200 Yard IM**NATL: 2:10.59 * 5-01-2022 Rick Colella**

1	Dougherty, Stephen	71	Colonials 1776-8	2:52.94	2:51.33
	36.69	1:23.28 (46.59)	2:11.87 (48.59)	2:51.33 (39.46)	
2	Paulson, Laurence	74	Reston Masters Swim Team-10	3:55.54	3:48.21
	49.58	1:44.97 (55.39)	2:58.22 (1:13.25)	3:48.21 (49.99)	





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Event 15 Mixed 18+ 200 Yard Medley Relay

NATL: 1:35.89 * 4-30-2016 The Olympic Clu

A SAETA, C BABCOCK, A SENKO, M STIPE

- 1 Spring Valley YMCA Masters A 1:49.00 1:51.78
1) Marsh, Matthew M23 2) Sangmeister, Gary M52 3) Cubbler, Rebecca W25 4) Robertson, Stephanie W29
25.18 54.63 (29.45) 1:22.61 (27.98) 1:51.78 (29.17)
2 YMCA Of Bucks County-8 A 2:20.00 2:01.58
1) Maxian, Ondrej M27 2) Isleta, Czsarina Dawn M W3) Picchione, Olivia W24 4) Reynolds, Sean M54
28.91 1:05.69 (36.78) 1:34.57 (28.88) 2:01.58 (27.01)

Event 15 Mixed 25+ 200 Yard Medley Relay

NATL: 1:34.12 * 4-30-2022 The Olympic Clu

F LEE, J PRENOT, E SOLAECHE, C MONSEES

- 1 Terrapin Masters-10 A 1:55.00 1:57.13
1) Strahota, Jeffrey M42 2) De Jesus, Jose M29 3) Rose, Laura W36 4) Crnogorcevic, Milena W28
30.03 57.31 (27.28) 1:27.34 (30.03) 1:57.13 (29.79)
2 Colonials 1776-8 A 1:54.51 2:00.19
1) Bromley, Alex W25 2) Callanan, Ryan M30 3) Marshall, Victoria W34 4) Knoll, Daniel M26
34.76 1:07.07 (32.31) 1:37.31 (30.24) 2:00.19 (22.88)

Event 15 Mixed 35+ 200 Yard Medley Relay

NATL: 1:39.85 * 5-22-2010 Colorado Master

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

- 1 Club Tribe-12 A 1:55.00 1:55.93
1) Choe, Michele W45 2) Williams, Rich M47 3) Ruckdeschel, Jonathan M54) Gass, Krista W44
32.89 1:02.54 (29.65) 1:28.86 (26.32) 1:55.93 (27.07)

Event 15 Mixed 45+ 200 Yard Medley Relay

NATL: 1:44.02 * 5-04-2008 Arizona Masters

J SMITH, G MILLS, S ROLLINS, M BAILEY

- 1 Colonials 1776-8 B 2:08.02 2:12.49
1) Matz, Michael M61 2) Dittmar, Greg M49 3) Burke, Barbara W61 4) Milinkovska, Diana W49
33.86 1:07.66 (33.80) 1:43.76 (36.10) 2:12.49 (28.73)

Event 15 Mixed 55+ 200 Yard Medley Relay

NATL: 1:50.70 * 4-08-2017 North Carolina

F MCEACHRAN, N VESTAL, J KLEIN, S WALSH

- 1 Colonials 1776-8 C 2:13.12 2:27.61
1) Hug, Laurie W57 2) Swanson, Vibeke W61 3) Dougherty, Stephen M71 4) Dougherty, Kevin M70
39.71 1:21.56 (41.85) 1:57.40 (35.84) 2:27.61 (30.21)

Event 17 Women 18-24 500 Yard Freestyle

NATL: 4:49.97 * 10-25-2003 Jessica Foschi

- 1 Coolidge, Emily 21 New England Masters Swim Clu 8:00.00 8:49.16
43.65 1:32.47 (48.82) 2:24.78 (52.31) 3:20.50 (55.72)
4:17.21 (56.71) 5:14.02 (56.81) 6:09.78 (55.76) 7:05.81 (56.03)
8:01.26 (55.45) 8:49.16 (47.90)

Event 17 Women 25-29 500 Yard Freestyle

NATL: 4:49.88 * 1-03-1996 Sheila Taormina

- 1 Cubbler, Rebecca 25 Spring Valley YMCA Masters-8 5:10.10 5:16.14
27.65 57.99 (30.34) 1:29.21 (31.22) 2:01.34 (32.13)
2:33.81 (32.47) 3:06.29 (32.48) 3:38.89 (32.60) 4:11.79 (32.90)
4:44.63 (32.84) 5:16.14 (31.51)



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2	Schaffling, Staci	28	Colonials 1776-8	5:50.82	5:45.95
	30.13	1:03.82 (33.69)	1:38.29 (34.47)	2:13.56 (35.27)	
	2:49.29 (35.73)	3:25.25 (35.96)	4:00.78 (35.53)	4:36.19 (35.41)	
	5:11.79 (35.60)	5:45.95 (34.16)			
3	Robertson, Stephanie	29	Spring Valley YMCA Masters-8	6:30.00	6:11.25
	31.42	1:06.46 (35.04)	1:43.48 (37.02)	2:21.33 (37.85)	
	2:59.67 (38.34)	3:38.20 (38.53)	4:17.07 (38.87)	4:56.33 (39.26)	
	5:35.32 (38.99)	6:11.25 (35.93)			
4	Strine, Jennifer	25	Uc08	6:20.00	6:11.57
	32.61	1:08.39 (35.78)	1:45.87 (37.48)	2:23.39 (37.52)	
	3:01.56 (38.17)	3:39.71 (38.15)	4:17.87 (38.16)	4:56.30 (38.43)	
	5:34.27 (37.97)	6:11.57 (37.30)			
5	Kornberg, Michaela	29	Jersey Shore Masters-7	7:30.64	7:15.64
	37.93	1:19.80 (41.87)	2:03.11 (43.31)	2:47.65 (44.54)	
	3:31.92 (44.27)	4:17.66 (45.74)	5:02.78 (45.12)	5:47.65 (44.87)	
	6:32.03 (44.38)	7:15.64 (43.61)			

Event 17 Women 30-34 500 Yard Freestyle**NATL: 4:46.92 * 4-14-2012 Dawn Heckman**

1	Marshall, Victoria	34	Colonials 1776-8	5:58.80	6:06.93
	33.27	1:09.30 (36.03)	1:46.32 (37.02)	2:23.62 (37.30)	
	3:01.08 (37.46)	3:38.67 (37.59)	4:16.03 (37.36)	4:53.31 (37.28)	
	5:30.81 (37.50)	6:06.93 (36.12)			
---	Arnn, Molly	34	Chelsea Piers Fitness Ny/Bk-6	5:43.18	SCR

Event 17 Women 35-39 500 Yard Freestyle**NATL: 4:56.09 * 5-03-1997 K Pipes-Neilsen**

1	Sciacca, Krysten	35	Chelsea Piers Fitness Ny/Bk-6	5:29.53	5:38.76
	31.29	1:05.24 (33.95)	1:39.44 (34.20)	2:13.87 (34.43)	
	2:48.09 (34.22)	3:22.11 (34.02)	3:56.50 (34.39)	4:30.63 (34.13)	
	5:04.90 (34.27)	5:38.76 (33.86)			
2	Rose, Laura	36	Terrapin Masters-10	5:46.02	5:42.97
	30.82	1:04.60 (33.78)	1:39.32 (34.72)	2:14.20 (34.88)	
	2:48.96 (34.76)	3:23.49 (34.53)	3:58.68 (35.19)	4:34.12 (35.44)	
	5:09.07 (34.95)	5:42.97 (33.90)			

Event 17 Women 40-44 500 Yard Freestyle**NATL: 4:58.98 * 10-05-2002 K Pipes-Neilsen**

---	Powers, Julie	41	Uc07	7:08.55	DFS
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Event 17 Women 45-49 500 Yard Freestyle**NATL: 5:03.45 * 7-22-2021 Heidi George**

1	Maidenberg, Eve	46	Agua Masters-6	5:55.70	5:57.08
	31.70	1:06.22 (34.52)	1:41.11 (34.89)	2:16.72 (35.61)	
	2:52.57 (35.85)	3:28.85 (36.28)	4:06.08 (37.23)	4:43.11 (37.03)	
	5:20.86 (37.75)	5:57.08 (36.22)			
---	Barella, Michelle	47	Rutherford Masters Team-7	11:00.00	NS

Event 17 Women 50-54 500 Yard Freestyle**NATL: 5:14.56 * 5-12-2013 Jill Hernandez**

1	Gianniny, Dana	53	Rochester Area Masters Swimmi	5:40.24	5:43.58
	31.87	1:06.02 (34.15)	1:40.67 (34.65)	2:15.41 (34.74)	
	2:50.23 (34.82)	3:25.07 (34.84)	3:59.91 (34.84)	4:34.83 (34.92)	
	5:09.81 (34.98)	5:43.58 (33.77)			





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Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmers Torian, Penny and Libano, Miren.

Event 17 Women 55-59 500 Yard Freestyle

NATL: 5:20.68 * 4-29-2017 Jill Hernandez

Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmer Hug, Laurie.

Event 17 Women 60-64 500 Yard Freestyle

NATL: 5:39.00 * 1-26-2014 Laura Val

Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmers Adamoli, Donna and Guy, Amy.

Event 17 Women 65-69 500 Yard Freestyle

NATL: 5:52.39 * 5-21-2017 Laura Val

Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmers Steadman Martin, Nancy, Hoppenrath, Terri, Hood, Patricia, and Dean, Penny.

Event 17 Women 75-79 500 Yard Freestyle

NATL: 7:10.67 * 4-01-2023 Christie Hayes

Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmer Hayes, Christie.

Event 18 Men 25-29 500 Yard Freestyle

NATL: 4:20.82 * 4-17-2010 Andy Grant

Table with 6 columns: Rank, Name, Age, Club, Time, and Total Time. Includes swimmers Maxian, Ondrej and Ouano, Peyton.



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1	Callanan, Ryan	30	Colonials 1776-8	5:38.64	5:19.90
	28.89	59.25 (30.36)	1:30.82 (31.57)	2:02.31 (31.49)	
	2:34.28 (31.97)	3:06.29 (32.01)	3:39.29 (33.00)	4:12.27 (32.98)	
	4:46.31 (34.04)	5:19.90 (33.59)			
2	Scheffler, Ian	32	Uc08	7:00.00	6:38.39
	34.12	1:12.11 (37.99)	1:51.80 (39.69)	2:33.16 (41.36)	
	3:14.82 (41.66)	3:56.93 (42.11)	4:38.34 (41.41)	5:19.94 (41.60)	
	6:00.58 (40.64)	6:38.39 (37.81)			
3	Gospodarsky, Arty	30	Colonials 1776-8	7:34.63	7:17.52
	35.66	1:58.67 (1:23.01)	2:42.60 (43.93)	3:26.99 (44.39)	
	4:12.16 (45.17)	4:57.89 (45.73)	5:44.47 (46.58)	6:30.57 (46.10)	
	7:17.61 (47.04)	7:17.52 ()			

Event 18 Men 35-39 500 Yard Freestyle**NATL: 4:33.97 * 5-17-2002 Ronald Karnaugh**

1	Thomas, Sean	39	Uc09	5:40.00	5:28.66
	29.77	1:02.98 (33.21)	1:36.53 (33.55)	2:09.86 (33.33)	
	2:43.30 (33.44)	3:16.70 (33.40)	3:50.14 (33.44)	4:23.42 (33.28)	
	4:56.47 (33.05)	5:28.66 (32.19)			
2	Schwarz, Shane	39	Uc07	6:00.00	5:50.33
	31.29	1:06.13 (34.84)	1:42.30 (36.17)	2:17.72 (35.42)	
	2:52.82 (35.10)	3:28.43 (35.61)	4:04.27 (35.84)	4:40.03 (35.76)	
	5:15.94 (35.91)	5:50.33 (34.39)			
3	Sydlik, David	35	Philadelphia Fins-8	6:08.55	6:02.73
	32.85	1:08.58 (35.73)	1:44.65 (36.07)	2:21.44 (36.79)	
	2:58.37 (36.93)	3:35.85 (37.48)	4:13.86 (38.01)	4:50.77 (36.91)	
	5:27.40 (36.63)	6:02.73 (35.33)			
4	Duguay, Rob	37	Connecticut Masters-5	6:01.98	6:05.58
	32.86	1:08.63 (35.77)	1:45.21 (36.58)	2:22.40 (37.19)	
	2:59.61 (37.21)	3:36.91 (37.30)	4:14.33 (37.42)	4:51.63 (37.30)	
	5:29.22 (37.59)	6:05.58 (36.36)			

Event 18 Men 40-44 500 Yard Freestyle**NATL: 4:33.36 * 4-25-2015 Josh Davis**

1	Hildebrand, David	42	Club Tribe-12	5:03.44	5:08.11
	28.05	58.17 (30.12)	1:28.87 (30.70)	1:59.69 (30.82)	
	2:30.85 (31.16)	3:01.83 (30.98)	3:32.85 (31.02)	4:04.39 (31.54)	
	4:36.67 (32.28)	5:08.11 (31.44)			
2	Dion, Thomas	44	Reston Masters Swim Team-10	5:17.99	5:15.75
	28.87	59.82 (30.95)	1:31.30 (31.48)	2:03.27 (31.97)	
	2:35.50 (32.23)	3:07.28 (31.78)	3:38.74 (31.46)	4:11.03 (32.29)	
	4:43.56 (32.53)	5:15.75 (32.19)			
3	Boris, Joseph	43	Spring Valley YMCA Masters-8	5:55.00	5:55.09
	31.47	1:06.09 (34.62)	1:42.01 (35.92)	2:18.31 (36.30)	
	2:54.56 (36.25)	3:31.33 (36.77)	4:07.93 (36.60)	4:44.69 (36.76)	
	5:21.02 (36.33)	5:55.09 (34.07)			
4	Capuano, Joe	41	Uc07	7:15.00	7:09.15
	37.72	1:18.53 (40.81)	2:02.90 (44.37)	2:48.11 (45.21)	
	3:33.16 (45.05)	4:17.78 (44.62)	5:02.44 (44.66)	5:46.57 (44.13)	
	6:31.39 (44.82)	7:09.15 (37.76)			
---	Denrich, David	43	District Of Columbia Aquatics-10	5:15.63	SCR
---	Sabala, Michael	42	Chelsea Piers Fitness Ny/Bk-6	5:19.44	SCR



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1	Ahlgren, Kyle	47	Club Tribe-12	6:40.00	6:35.54
	36.64	1:16.64 (40.00)	1:56.96 (40.32)	2:37.32 (40.36)	
	3:17.56 (40.24)	3:57.79 (40.23)	4:38.13 (40.34)	5:18.11 (39.98)	
	5:57.69 (39.58)	6:35.54 (37.85)			

Event 18 Men 50-54 500 Yard Freestyle**NATL: 4:47.57 * 5-20-2001 Jim McConica**

1	Glantz, Joshua	54	Connecticut Masters-5	5:45.00	5:34.95
	30.18	1:03.02 (32.84)	1:36.34 (33.32)	2:10.13 (33.79)	
	2:44.03 (33.90)	3:18.23 (34.20)	3:52.05 (33.82)	4:26.39 (34.34)	
	5:00.69 (34.30)	5:34.95 (34.26)			
2	Blank, Adam	52	New England Masters Swim Club	6:20.00	6:12.14
	30.97	1:05.21 (34.24)	1:41.73 (36.52)	2:19.82 (38.09)	
	2:58.00 (38.18)	3:36.79 (38.79)	4:15.95 (39.16)	4:54.54 (38.59)	
	5:33.34 (38.80)	6:12.14 (38.80)			
3	Reynolds, Sean	54	YMCA Of Bucks County-8	6:15.00	6:13.87
	32.25	1:07.29 (35.04)	1:44.06 (36.77)	2:22.28 (38.22)	
	3:00.56 (38.28)	3:39.04 (38.48)	4:18.11 (39.07)	4:57.41 (39.30)	
	5:36.71 (39.30)	6:13.87 (37.16)			
4	Weiss, Danny	50	Excel Swimming-7	6:30.00	6:23.45
	35.80	1:13.49 (37.69)	1:51.74 (38.25)	2:30.80 (39.06)	
	3:09.96 (39.16)	3:49.29 (39.33)	4:28.13 (38.84)	5:07.16 (39.03)	
	5:45.70 (38.54)	6:23.45 (37.75)			

Event 18 Men 55-59 500 Yard Freestyle**NATL: 4:56.82 * 4-11-2010 Michael Mann**

1	Hiltabiddle, Steve	56	Colonials 1776-8	6:00.00	7:03.90
	24.73	51.84 (27.11)	1:49.15 (57.31)	2:38.03 (48.88)	
	3:23.51 (45.48)	4:08.35 (44.84)	4:54.16 (45.81)	5:38.22 (44.06)	
	6:22.33 (44.11)	7:03.90 (41.57)			
---	Brundage, Patrick	56	Arizona Masters Swim Club Inc-	5:02.30	SCR

Event 18 Men 60-64 500 Yard Freestyle**NATL: 5:09.95 * 5-01-2022 Arnaldo Perez**

---	Newman, Steven	61	Sarasota Sharks Masters-14	6:15.00	NS
---	Hennessy, William	62	Excel Swimming-7	5:48.52	SCR
---	Hersey, Miles	60	Jersey Shore Masters-7	7:30.00	SCR

Event 18 Men 65-69 500 Yard Freestyle**NATL: 5:05.44 * 4-09-2017 Rick Colella**

1	Gibson, Christopher	67	Peddie Aquatic Association-7	5:52.34	6:08.39
	33.63	1:10.06 (36.43)	1:47.28 (37.22)	2:25.02 (37.74)	
	3:03.08 (38.06)	3:41.10 (38.02)	4:18.66 (37.56)	4:56.49 (37.83)	
	5:33.10 (36.61)	6:08.39 (35.29)			
---	Gandee, Brad	68	Uc10	6:30.00	NS
---	Nagle, Steve	65	Ocean County YMCA-7	6:00.00	SCR

Event 18 Men 70-74 500 Yard Freestyle**NATL: 5:11.03 * 11-06-2022 Rick Colella**

1	Ryan, James	70	Somerset County YMCA Masters	6:37.57	6:36.52
	37.72	1:16.98 (39.26)	1:57.07 (40.09)	2:37.12 (40.05)	
	3:17.30 (40.18)	3:56.64 (39.34)	4:36.29 (39.65)	5:16.71 (40.42)	
	5:57.48 (40.77)	6:36.52 (39.04)			





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2	Dougherty, Kevin	70	Colonials 1776-8	7:25.50	8:30.11
	37.07	1:21.75 (44.68)	2:12.75 (51.00)	3:04.53 (51.78)	
	3:59.13 (54.60)	4:54.35 (55.22)	5:50.34 (55.99)	6:45.42 (55.08)	
	7:39.99 (54.57)	8:30.11 (50.12)			

Event 18 Men 85-89 500 Yard Freestyle

NATL: 7:37.32 * 5-17-2019 David Radcliff

1	Beattie, Cal	88	Uc12	12:11.22	13:06.08
	1:06.67	2:21.50 (1:14.83)	3:39.34 (1:17.84)	5:00.94 (1:21.60)	
	6:23.65 (1:22.71)	7:45.75 (1:22.10)	9:06.07 (1:20.32)	13:06.08 (4:00.01)	

