

Name of Meet	<b>JFAC PRESIDENTS' DAY WEEKEND MEET AT SECAUCUS SWIM CENTER</b> (Held under the sanction of USA Swimming.)
Meet Sanction #	<b><i>NJS021514SCB</i></b> In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Dates of Meet	<b>February 15<sup>th</sup> and 16<sup>th</sup>, 2014</b>
Location	<b>Secaucus Swim Center, 2000 Koelle Blvd., Secaucus, NJ 07094</b>
Facility Information	The Secaucus Swim Center is a 6 lane 25 yard pool, with Colorado Timing. There is gallery seating for all participants and spectators. The depth of the pool at the block end is 7 feet; the depth of the pool at the turn end is 4 feet.
Pool Certification Statement	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
Audio/Visual Recording Statement	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Internet Address	Internet location for all meet information: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>
Meet Director	<b>Walter Benzija</b> , <a href="mailto:jerseyflyers2010@yahoo.com">jerseyflyers2010@yahoo.com</a>
Meet Referee	<b>Bach Lequang</b> , <a href="mailto:blequang@gmail.com">blequang@gmail.com</a>
Meet Safety Marshall	<b>Judy Garcia</b> , <a href="mailto:jerseyflyers2010@yahoo.com">jerseyflyers2010@yahoo.com</a>
Entry Coordinator	Be Smartt Inc — <a href="mailto:entries1@juno.com">entries1@juno.com</a> , 609.558.0988
Entry Deadline:	<p><b>Entry Deadline: Saturday, February 1, 2014 at 6pm. E-Mail entry file to: <a href="mailto:entries1@juno.com">entries1@juno.com</a></b></p> <p>There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt.</p> <ul style="list-style-type: none"> <li>• All entries will be accepted on a first come basis.</li> <li>• <b>Mail the signed waiver and entry fee check to:</b> Be Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619</li> <li>• <b>Entry forms, verification forms, waiver release, and fees must be received no later than 8:15am, on February 15<sup>th</sup>, 2014.</b></li> <li>• Team entries will be considered accepted when the host club accepts the entries.</li> <li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li> <li>• If the meet doesn't fill by the entry deadline, the meet director may, at his discretion, accept entries beyond the stated deadline.</li> <li>• It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.</li> </ul>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chair and either the age group or senior chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into smaller time period.</li> </ul> <p>Some of the changes that may be made include: 1) add a session, 2) limiting heats in distance events, 3) condense sessions and 4) eliminate relays.</p>



<b>Meet Requirement Statement:</b>	In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards those participation requirements.
<b>Coaches Eligibility:</b>	<ul style="list-style-type: none"> <li>• All coaches “on the deck” must be currently registered coach members of USA Swimming.</li> <li>• All coaches must have coaching cards when picking up check-in sheets.</li> <li>• All coaches must have coaching cards when getting food from concessions.</li> </ul>
<b>Internet Website Posting:</b>	<p>Internet location for all meet information <a href="http://www.besmarttinc.com">http://www.besmarttinc.com</a>. Pre-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (.HYV file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List “heat limited” events psych sheet.</li> <li>• List Updated meet schedule.</li> <li>• List Warm-up Schedule and Team Warm-up Assignments.</li> <li>• List Timing assignments.</li> </ul> <p>Post-Meet Information posted on website.</p> <ul style="list-style-type: none"> <li>• Downloadable Results (.CL2 file)</li> <li>• Printable meet results (.PDF file)</li> </ul>
<b>Swimmer Eligibility:</b>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet.</li> <li>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.</li> <li>• There will be 10 &amp; Under, 11-12, 13 &amp; Over, and Open events</li> <li>• 13/Over Events will be combined age groups: 13-14 and 15-Over.</li> <li>• There will be no qualifying times for this meet.</li> <li>• Swimmers may compete in a maximum of four (4) individual events per day.</li> <li>• Age for this meet is calculated as of: <b>Saturday, February 15, 2014</b></li> </ul>
<b>Swimmers Unaccompanied by a USAS Certified Coach:</b>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. If a swimmer is not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<b>USAS Deck Change Policy Statement:</b>	Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
<b>Meet Format:</b>	<ul style="list-style-type: none"> <li>• This meet will be run in accordance to current USA Swimming Rules.</li> <li>• This meet will be run as a timed final meet.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.</li> </ul>

**MEET SCHEDULE:**

<b>SATURDAY</b>		<b>Warm-up</b>	<b>Start</b>
SESSION 1	12/UNDER	7:55 a.m.	9:05 a.m.
SESSION 2	13/OVER	TBA	TBA
<b>SUNDAY</b>		<b>Warm-up</b>	<b>Start</b>
SESSION 3	12/UNDER	7:55 a.m.	9:05 a.m.
SESSION 4	13/OVER	TBA	TBA



<b>Warm-up Procedures</b>	<ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• Swimming Equipment is <b>not allowed</b> in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>must</b> receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the pool feet first from the starting end of the pool.</li> <li>• New Jersey Swimming officials will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> <li>• Warm-ups will consist of two (2) 25-minute warm-up sessions with teams assigned to a session, followed by a 10-minute session of all sprint lanes for all teams.</li> </ul>
<b>Entry Times</b>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>• All entry times must be in short course yards.</li> </ul>
<b>Check-In</b>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle.</li> <li>• Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</li> <li>• The Open 400 yard IM and the Open 500 yard Freestyle events will have a positive check-in that will be posted at the scoring table during the session.</li> </ul>
<b>Starts</b>	The host club will determine if 'Fly-over/Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information e-mailed to coaches.
<b>Distance Events:</b> (400 IM, 500 Free)	<ul style="list-style-type: none"> <li>• Heats of Women &amp; Men will be combined if needed to conserve time.</li> <li>• Swimmers must provide their own timers and counters.</li> </ul>
<b>Heat Limited Events</b>	<ul style="list-style-type: none"> <li>• The Open 400 yard IM and 500 yard Freestyle events may be limited to the fastest 24 swimmers entered into those events. Psych sheets for these events will be posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a></li> <li>• Swimmers who get closed out of these events will have the option of changing to another event.</li> <li>• Swimmers can stay in those 'heat limited' events with the possibility that scratches or the time line will allow them an opportunity to swim. In either case, if that swimmer is below the 'heat limit' number and does not swim, they will have their entry fee refunded.</li> <li>• <b>Refunds will be given back at the announcer's table during the meet. Swimmers or Coaches must sign for their refund. It is the responsibility of the swimmer/coach to collect their refund during the meet. <u>Once the meet is over no more refunds will be given.</u></b></li> </ul>
<b>Scoring:</b>	<ul style="list-style-type: none"> <li>• Team Scoring will not be kept.</li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>• Medals will be awarded for the top three swimmers in each individual event.</li> <li>• Medals will be awarded for the top three swimmers in both the 13-14 and 15-Over in the 13-Over age group individual events.</li> </ul>
<b>Entry Fees:</b>	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$4.00</li> <li>• Make checks payable to: <b>JFAC</b></li> <li>• Host club has the right to scratch teams/swimmers for lack of payment of entry fees, lack of completed and signed waiver forms.</li> <li>• Special Notice: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.</li> </ul>
<b>Admissions and Programs:</b>	Admission will be \$7.00 per session. Cost of Program will be \$3.00.
<b>Results:</b>	<ul style="list-style-type: none"> <li>• Results will be e-mailed to teams participating in the meet.</li> <li>• Results will be posted on the meet websites.</li> </ul>
<b>Host Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet.</li> <li>• The host club will e-mail entry verification back to the participating clubs.</li> </ul>



	<ul style="list-style-type: none"> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible.</li> <li>• Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the <a href="http://www.besmartinc.com">www.besmartinc.com</a> web site no later than 1 week before the meet.</li> </ul>
<b>Participating Club Responsibilities:</b>	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments and <b>MUST BRING THEIR OWN STOPWATCHES</b>. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmartinc.com">www.besmartinc.com</a> 1 week prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> <li>• <b>ABSOLUTELY NO SWIMMERS WILL BE PERMITTED IN THE SPECTATOR GALLERY AREA!</b> Parents may meet their swimmers in the gym area.</li> </ul>
<b>Concessions:</b>	Food and drink will be available at reasonable cost.
<b>Vendor:</b>	A swim vendor will be at this meet.
<b>Hotels:</b>	Meadowlands Plaza Hotel, 40 woods Avenue, Secaucus, NJ 07094, 201.272.1000 Hampton Inn Secaucus, 250 Harmon Meadow Boulevard, Secaucus, NJ 07094, 201.867.4400 Courtyard Secaucus Meadowlands, 455 Harmon Meadow Blvd., Secaucus, NJ 07094, 201.617.8888 LaQuinta Inn and Suites, 350 Lighting Way, Secaucus, NJ 07094, 201.863.8700
<b>Directions</b>	From the NJ Turnpike... Take Exit 16E toward the Lincoln Tunnel/RT-3. Take the NJ3 exit on the left toward Secaucus. Turn right onto Paterson Plank Road. Take the RT-3 W ramp. Turn slight right onto RT-3W. Take the ramp toward Secaucus. Turn right onto Radio Avenue. Turn right onto Huber Street. Take the 2 <sup>nd</sup> left onto Koelle Blvd.



New Jersey Swimming  
**JFAC PRESIDENTS' DAY WEEKEND MEET**

SATURDAY, FEBRUARY 15<sup>th</sup> and

SUNDAY, FEBRUARY 16<sup>th</sup>, 2014

**Order of Events**

**Session #1—10 & Under, 11-12 SWIMMERS**

**Warm-Up:** 7:55am (Split Warm-up: Two 25 minute warm-ups divided by teams/ followed by 10 minutes of 6 one way sprint lanes for all teams.) Meet Starts: 9:05am.

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**SATURDAY AM**

- 1 Girls 11-12 200 Freestyle
- 2 Boys 11-12 200 Freestyle
- 3 Girls 10 & Under 200 Freestyle
- 4 Boys 10 & Under 200 Freestyle
- 5 Girls 11-12 100 Breaststroke
- 6 Boys 11-12 100 Breaststroke
- 7 Girls 10 & Under 100 Breaststroke
- 8 Boys 10 & Under 100 Breaststroke
- 9 Girls 11-12 50 Backstroke
- 10 Boys 11-12 50 Backstroke
- 11 Girls 10 & Under 50 Backstroke
- 12 Boys 10 & Under 50 Backstroke
- 13 Girls 11-12 100 Butterfly
- 14 Boys 11-12 100 Butterfly
- 15 Girls 10 & Under 100 Butterfly
- 16 Boys 10 & Under 100 Butterfly
- 17 Girls 11-12 50 Freestyle
- 18 Boys 11-12 50 Freestyle
- 19 Girls 10 & Under 50 Freestyle
- 20 Boys 10 & Under 50 Freestyle
- 21 Girls 11-12 200 Backstroke
- 22 Boys 11-12 200 Backstroke
- 23 Girls 10 & Under 100 IM
- 24 Boys 10 & Under 100 IM
- 25 Girls 11-12 100 IM
- 26 Boys 11-12 100 IM



## Session #2—13/OVER SWIMMERS

**Warm-Up:** TBA (Split Warm-up: Two 25 minute warm-ups divided by teams/ followed by 10 minutes of 6 one way sprint lanes for all teams.) Meet Starts: TBA after 60 minute warm-up

### Saturday Afternoon Schedule

Warm-ups: TBA (65minutes)

- 27 Girls 13 & Over 200 Freestyle
- 28 Boys 13 & Over 200 Freestyle
- 29 Girls 13 & Over 100 Breaststroke
- 30 Boys 13 & Over 100 Breaststroke
- 31 Girls 13 & Over 100 Butterfly
- 32 Boys 13 & Over 100 Butterfly
- 33 Girls 13 & Over 200 Backstroke
- 34 Boys 13 & Over 200 Backstroke
- 35 Girls 13 & Over 50 Freestyle
- 36 Boys 13 & Over 50 Freestyle
- 37 Girls Open 400 IM
- 38 Boys Open 400 IM



## Session #3—10 & Under, 11-12 SWIMMERS

**Warm-Up:** 7:55am (Split Warm-up: Two 25 minute warm-ups divided by teams/ followed by 10 minutes of 6 one way sprint lanes for all teams.) Meet Starts: 9:05am.

### SUNDAY Morning Schedule

Warm-ups: 7:55am

#### SUNDAY AM

- 39 Girls 11-12 200 IM
- 40 Boys 11-12 200 IM
- 41 Girls 10 & Under 200 IM
- 42 Boys 10 & Under 200 IM
- 43 Girls 11-12 200 Breaststroke
- 44 Boys 11-12 200 Breaststroke
- 45 Girls 10 & Under 50 Breaststroke
- 46 Boys 10 & Under 50 Breaststroke
- 47 Girls 11-12 50 Butterfly
- 48 Boys 11-12 50 Butterfly
- 49 Girls 10 & Under 100 Backstroke
- 50 Boys 10 & Under 100 Backstroke
- 51 Girls 11-12 100 Backstroke
- 52 Boys 11-12 100 Backstroke
- 53 Girls 10 & Under 50 Butterfly
- 54 Boys 10 & Under 50 Butterfly
- 55 Girls 11-12 50 Breaststroke
- 56 Boys 11-12 50 Breaststroke
- 57 Girls 10 & Under 100 Freestyle
- 58 Boys 10 & Under 100 Freestyle
- 59 Girls 11-12 100 Freestyle
- 60 Boys 11-12 100 Freestyle



## Session #4—13/OVER SWIMMERS

**Warm-Up:** TBA (Split Warm-up: Two 25 minute warm-ups divided by teams/ followed by 10 minutes of 6 one way sprint lanes for all teams.) Meet Starts: TBA after 60 minute warm-up

**Sunday Afternoon Schedule**

**Warm-ups: TBA (65minutes)**

### SUNDAY PM

- 61 Girls 13 & Over 200 IM
- 62 Boys 13 & Over 200 IM
- 63 Girls 13 & Over 200 Butterfly
- 64 Boys 13 & Over 200 Butterfly
- 65 Girls 13 & Over 100 Freestyle
- 66 Boys 13 & Over 100 Freestyle
- 67 Girls 13 & Over 100 Backstroke
- 68 Boys 13 & Over 100 Backstroke
- 69 Girls 13 & Over 200 Breaststroke
- 70 Boys 13 & Over 200 Breaststroke
- 71 Girls Open 500 Freestyle
- 72 Boys Open 500 Freestyle







NEW JERSEY SWIMMING

# JFAC PRESIDENTS' DAY WEEKEND MEET

## Saturday February 15<sup>th</sup> and Sunday February 16<sup>th</sup>, 2014

### Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Jersey Flyers Aquatic Club, Secaucus Community Center, and BE Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

### Meet Verification

I hereby certify that all entered swimmers and coaches listed below are registered members of United States Swimming. All United States Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code \_\_\_\_\_

Signature of Coach and/or Parent/Guardian \_\_\_\_\_

Address: \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name(s) of Coach(es): \_\_\_\_\_

Name/E-Mail/Phone Number of person to contact regarding this entry: \_\_\_\_\_

NAME/E-Mail/Phone Number of person to contact regarding timers/officials: \_\_\_\_\_

Entry Fee Summary: \_\_\_\_\_ Individual event entries @ \$4.00 = \$ \_\_\_\_\_

Make checks payable to: JFAC

### Article 302.4 of the United States Swimming Rules and Regulations

**False Registration:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### List all Unattached Swimmers:

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_