

## 2014 CAT LC SENIOR CHAMPIONSHIP

SESSIONS	GROUPS	WARMUP	CHECKIN	START	COMMENT
SATURDAY	ALL SWIMMERS	NOON	12:30PM	1:05PM	ONE COMBINED SESSION
SUNDAY AM	ALL SWIMMERS	8:00AM	8:30AM	9:05AM	ONE COMBINED SESSION
SUNDAY DISTANCE 800's/1500's	ALL SWIMMERS	TBA	12:30PM	1:00PM	NO EARLIER THAN OWN TIMERS, OWN COUNTERS

TIMING ASSIGNMENTS					
SATURDAY 1:05PM	LANE 1	OCY	SUNDAY 9:05AM	LANE 1	SAY
	LANE 2	SHY		LANE 2	MYM
	LANE 3	LHY		LANE 3	RANY
	LANE 4	PAA		LANE 4	RY
	LANE 5	WY		LANE 5	OCY
	LANE 6	SAY		LANE 6	SHY
	LANE 7	RY		LANE 7	LHY
	LANE 8	MCSC		LANE 8	PAA
ALT: MYM, RANY, PTAC			ALT: WY, MCSC, PTAC		

WARMUP ASSIGNMENTS			
SATURDAY: ALL SWIMMERS		SUNDAY: ALL SWIMMERS	
NOON	12:30pm	8:00AM	8:30AM
CAT		CAT	
LHY		PAA	ALL
OCY	ALL	SAY	
SHY	OTHER	WY	OTHER
	SWIMMERS	MCSC	
		RY	SWIMMERS
		RANY	
		MYM	

