



2025 Cougar Snow Storm

Hosted by the Cougar Aquatic Team
at the Sonny Werblin Recreation Center, Rutgers University

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Saturday January 18th, 2025		
Facility:	Sonny Werblin Recreation Center, Rutgers University <i>(link to facility location & directions, and pool certification information)</i>		
Host Team Contact:	Jon Siegel		jon@cougaraquatic.com
Meet Director:	Jon Siegel		jon@cougaraquatic.com
Meet Referee:	Gretchen Van de Walle		njhikers@gmail.com
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Terry Murray Rich Palm		teammurray@verizon.net rich@cougaraquatic.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Monday January 6th, 2025 at 6:00am		
Entry Deadline:	Friday January 10th, 2025, at 6:00pm or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: Saturday January 18th, 2025		
Entry Fees:	Individual Entry: \$12.00 There will be a \$15 per swimmer surcharge.		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • This meet will be run as a timed final meet. • There will be 12 & Under, and 13 & Over events. • There are no qualifying times for this meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own. 		
Entry Limits:	Daily: 3 Individual events	Meet: 3 Individual Events	
Checks Payable To:	Cougar Aquatic Team, LLC		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet website, the meet section of the NJS website and e- mailed to the coaches of participating teams.

Saturday

Session 1	Midday	13 & Over
Session 2	Late Afternoon	12 & Under

Scoring:	Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none"> No awards.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions & Programs:	<ul style="list-style-type: none"> Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none"> Rutgers will have limited snacks and beverages available in the upper lobby.
Vendor:	<ul style="list-style-type: none"> None.
Internet Website Posting:	<ul style="list-style-type: none"> Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.

Event List

#	Event
Session: 1 13 & Over	
1	Girls 13 & Over 200 IM
2	Boys 13 & Over 200 IM
3	Women 13 & Over 100 Freestyle
4	Men 13 & Over 100 Freestyle
5	Women 13 & Over 50 Backstroke
6	Men 13 & Over 50 Backstroke
7	Women 13 & Over 200 Butterfly
8	Men 13 & Over 200 Butterfly
9	Women 13 & Over 100 Breaststroke
10	Men 13 & Over 100 Breaststroke
11	Women 13 & Over 50 Butterfly
12	Men 13 & Over 50 Butterfly
13	Women 13 & Over 200 Backstroke
14	Men 13 & Over 200 Backstroke
15	Women 13 & Over 500 Freestyle
16	Men 13 & Over 500 Freestyle

#	Event
Session: 2 12 & Under	
17	Girls 12 & Under 200 IM
18	Boys 12 & Under 200 IM
19	Girls 12 & Under 100 Freestyle
20	Boys 12 & Under 100 Freestyle
21	Girls 12 & Under 50 Backstroke
22	Boys 12 & Under 50 Backstroke
23	Girls 12 & Under 200 Butterfly
24	Boys 12 & Under 200 Butterfly
25	Girls 12 & Under 100 Breaststroke
26	Boys 12 & Under 100 Breaststroke
27	Girls 12 & Under 50 Butterfly
28	Boys 12 & Under 50 Butterfly
29	Girls 12 & Under 200 Backstroke
30	Boys 12 & Under 200 Backstroke