



2015 BIG EAST CONFERENCE
MEN'S AND WOMEN'S
SWIMMING AND DIVING
CHAMPIONSHIPS

ITHACA, NEW YORK

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**Appendix D-G sent as a separate attachment*

2015 SWIMMING & DIVING CHAMPIONSHIPS
DATES AT A GLANCE / CHECK LIST

ITEMS TO REMEMBER	DUE DATE or EVENT DATE	TIME	PERSONAL NOTES
Coaches: Lodging and Travel Questionnaire Form via Email to James Greene jgreene@bigeast.com	Wednesday, February 11	NOON	See Appendix D Form sent in a separate e-mail
Coaches: Official Travel Party Form via Email to James Greene jgreene@bigeast.com	Sunday, February 15	NOON	See Appendix E Form sent in a separate e-mail
Coaches: Senior Recognition Form via Email to James Greene jgreene@bigeast.com	Sunday, February 15	NOON	See Appendix F Form sent in a separate e-mail
Coaches: Roster Declaration Form	Tuesday, February 17	At the 4:30 p.m. ET Technical Meeting	See Appendix G Form sent in a separate e-mail
Coaches: ENTRIES via Online Meet Entry (Swimming)	Sunday, February 15	Midnight	See pages 6-7
Coaches: ENTRIES via Email or In-Person (Diving)	No later than Tuesday, February 17	At the 4:30 p.m. ET Technical Meeting	See page 7
CHAMPIONSHIP PRACTICE SCHEDULE	Tuesday, February 17 – Saturday, February 21	Page 9	NOTE: Please confirm practice times with James Greene (jgreene@bigeast.com) and Mike Ariel (mariel@ithaca.edu)
CHAMPIONSHIP TECHNICAL MEETING for Participating Coaches and Championship Personnel	Tuesday, February 17	4:30 p.m.	NOTE: See page 4. Please bring your roster declaration form – sent via email (Appendix G)

ACCOMMODATIONS:

Each school is responsible for making its own arrangements at the hotel of its preference.

AWARDS (Men & Women):

1. Team Champion (trophy and 28 individual awards)
2. Runner-up Team (trophy)
3. Most Outstanding Swimmer**
4. Most Outstanding Diver**
5. Individual Finishers 1st-6th medals (1st to 8th place finishers will be announced, 1st to 6th place will receive medals)
6. All-Conference Team (top 3 finishers in each event – announced in the days subsequent to the meet)
7. Swimming Coach of the Year**
8. Diving Coach of the Year**

**A vote of head coaches (one vote per institution), with final approval by the Conference staff, determines award recipients. Voting is conducted at the Championship site.

AWARDS CEREMONY

The awards ceremonies for individual events and relays will be held immediately following each Championship Final. Competitors must go to the awards stand immediately following the Championship Final for their respective event(s).

CHALLENGE PROCESS:

1. Coaches are responsible for validating submitted entry times/scores on-line.
2. Times/scores may be challenged at the Championship technical meeting on Tuesday, February 17.
3. If a time or score is challenged, the challenged coach MUST provide valid meet results at the technical meeting that verify the submitted performance.

PROTEST COMMITTEE (Both Men & Women):

Ron Farina, Seton Hall, Coaches Group Chair *

Molly Sullivan, Associate Athletic Director, Butler University – SWA Liaison

Bridgette Cahill, Assistant Athletics Director, Seton Hall

Joe Nicastro, Associate Athletics Director, Providence

Katie LeGrand, Assistant Athletics Director, Villanova

James Greene, Director of Championships, BIG EAST Conference

**If Seton Hall is involved in the protest, the next head coach alphabetically will serve as the alternate (Villanova, etc.).*

The Protest Committee hears privately and separately from the meet referee and the school(s) involved in order to resolve any conflict.

CHAMPIONSHIP MEET PERSONNEL:

ITHACA COLLEGE STAFF

Mike Ariel – Aquatics Director and Athletics & Events Center Coordinator

Phone: 607-274-1068

Cell: 508-212-2130

Email: mariel@ithaca.edu

Bill Scheddin – Assistant Director for Event Planning and Business Development

Phone: 607-274-3313

Email: wscheddin@ithaca.edu

CONFERENCE OFFICE STAFF

James Greene – Director of Championships

Phone: 646-663-3439

Cell: 908-399-0286

Email: jgreene@bigeast.com

Kristin Quinn – Associate Commissioner, Olympic Sports and Marketing Communications

Phone: 646-663-3456

Cell: 914-819-8751

Email: kquinn@bigeast.com

EVENT STAFF

Ellen and Jason Mace – Meet Coordinator, Meet Entries, Computer Operations

Cell: 609-558-0988

Email: entries1@juno.com

Mush Masters – Diving Coordinator

Home: 516-431-0991

Cell: 516-318-1897

Email: Rmasters@optonline.net

MEDICAL SERVICES

Provided by Cayuga Medical Center, 101 Dates Drive, Ithaca, New York 14850.

CHAMPIONSHIP TECHNICAL MEETING

Date: Tuesday, February 17, 2015

Time: 4:30 p.m.

Site: Ithaca College Athletics and Event Center

Room: Wet Conference Room (located just off the pool deck to the left of the timing desk as

you face the desk)

Meet officials and meet directors along with BIG EAST and Ithaca College staff, will be present to discuss pertinent information regarding the Championships as well as distribute meet materials. All head coaches **MUST** be present at the meeting. Coaches must bring the Roster Declaration form to the Championship technical meeting.

COMMITTEE:

Molly Sullivan, Associate Athletic Director, Butler University – SWA Liaison
Bridgette Cahill, Assistant Athletics Director, Seton Hall
Joe Nicasro, Associate Athletics Director, Providence
Katie LeGrand, Assistant Athletic Director, Villanova

CREDENTIALS:

OFFICIAL TRAVEL PARTY & STUDENT-ATHLETES: Credentials for student-athletes, coaches and other members of the official travel party will be issued at the Championship technical meetings on Tuesday, February 17. Please complete the attached “Official Travel Party” form (Appendix E) and return it via email to James Greene at jgreene@bigeast.com no later than Noon on Sunday, February 15. Credentials must be displayed at all times while inside the facility. Those who are not members of your official travel party will be required to purchase tickets in advance to enter the venue.

ENTRIES:

Swimming Entries:

The Qualifying Period for the 2015 Championships runs from September 7, 2014 through February 15, 2015, with the Championship Meet being held February 18-21, 2015.

- The 2015 BIG EAST Swimming Championships will be using the Online Meet Entry (OME) application as part of the NCAA/USA-Swimming database. The swimming entry window opens Monday, February 2 at 12:00 a.m. Entries must be submitted by 11:59 p.m. ET on Sunday, February 15, 2015. To enter swimmers in the meet using your Internet Browser, go to www.usaswimming.org.
 - ✓ Select the Events / Online Meet Entry from the menu across the top of the USA Swimming home page.
 - ✓ Click on Available Meets and choose “**Other**” (make sure “NCAA Div I” is selected and select NY as the state where the meet is being contested) and then click “**Search**”.
 - ✓ You will now see a list of non-USA Swimming meets that are using OME for entries. Scroll down until you see 2015 BIG EAST Championships. Under the meet header, you will see a link that says “Enter Team”. Click on this link. From here follow the instructions on each screen.
- To help with your planning of the meet, an event file will be emailed to you for you to use in your Team Management software. It is recommended that you plan your meet in your meet

management software and then enter your swimmers in the meet using On-line Meet Entry.

- If you find that a swimmer has achieved a time that is not in the NCAA Database, override the time and enter where the swimmer achieved the time. After completing your entries send proof of the time (either backup of the meet or official results of the meet) to Ellen Mace.
- **1650 FREESTYLE-** Non-scoring competitors will not swim in the final heats of the 1650, which is swum at night. Non-scoring competitors whose entry times would place them into the finals of the 1650 will swim in the fastest heat in the afternoon, prior to finals.
- **SCRATCHES** – will be due 30 minutes after the conclusion of the Technical Meeting on Tuesday. **During each session, scratches are due 5 minutes after the conclusion of the final individual event (during the break prior to the Relay). Please note, coaches can hand in relay cards and scratches at the same time.** A swimmer or relay team that does not want to participate in a final based upon results of the preliminaries must complete a scratch card signed by a coach and submit it to the designated official within thirty (30) minutes after the announcement of qualifiers for that event.
- Each competitor is permitted to compete in a maximum of seven (7) events, of which no more than three (3) may be individual events.

In addition to a scoring squad of 18 competitors, a team may also bring a developmental squad of six (6) competitors who may compete in the preliminary heats only. Divers will count as 1/3 competitor in the developmental squad as well. Competitors will be seeded into the preliminaries according to their entry times. Teams must declare their scoring squad as well as developmental squad at the Championship Technical meeting on Tuesday, February 18 (Declaration Form will be sent as a separate email).

DIVING ENTRIES:

The Qualifying Period for the 2015 Championships runs from September 7, 2014 through February 15, 2015, with the Championships Meet being held on February 18-21, 2015. Diving entries should be submitted no later than the Technical Meeting on Tuesday, February 17. Diving coaches unable to attend that meeting can email entries directly to Mush Masters at Rmasters@optonline.net. Any questions regarding the entries, please call Mush Masters at 516-431-0991 or 516-318-1897.

HOSPITALITY:

VIP Hospitality

Hospitality will be provided to all coaches, administrators, deck staff, officials and volunteers only. Credentials will be required for admittance. The hospitality room will be the Wet Conference room off the pool deck, the same location as the Technical Meeting. Hospitality will be available Wednesday, February 18 through Saturday, February 21. The hours are detailed as

follows**:

Breakfast: 8:45 a.m. – 10:45 a.m.

Lunch: 11:30 a.m. – 1:30 p.m.

Dinner: 5:00 p.m. – 7:30 p.m.

**** Wednesday's abbreviated session will be available for dinner only.**

Student-Athlete Hospitality

Water, sports drinks, sports bars and fruit will be available in the athletes' locker rooms. This area will be stocked one hour prior to the start of each session, and replenished throughout the competition.

LIABILITY ISSUE:

Athletes and coaches jumping/diving from the awards platform at the end of the Championships is a potential liability issue for Ithaca College and the BIG EAST Conference. **PLEASE INSTRUCT YOUR TEAM MEMBERS AND STAFF THAT THIS PRACTICE IS PROHIBITED BEHAVIOR.**

MEDICAL COVERAGE:

As part of the BIG EAST Championship Medical Policy, the following criteria will be met during the Swimming & Diving Championships.

1. Each institution is strongly encouraged to travel with a certified athletic trainer (ATC) when traveling with six (6) or more student-athletes to every BIG EAST Championship in all sports other than men's and women's golf, men's and women's tennis and women's rowing. An information packet will be sent to the visiting athletic training staffs a minimum of two weeks prior to the event.
2. The medical staff will compile an information packet to include the following information:
 - Host athletic trainers office and cell numbers
 - Primary physicians on call with office and cell numbers
 - Other specialty physician phone numbers, if applicable
 - Area rescue service/hospitalization/emergency room treatment with maps
 - List of supplies and equipment that will be available on site. Therapy equipment will be available to team athletic trainers ONLY. Teams that travel with less than six (6) will be treated by the host ATC if presented with a written therapy prescription from that institutions athletic trainer
 - Access to host facilities/athletic training room with maps (training room hours should accommodate pre and post contest) access to host facilities and athletic training room with maps

- Available transportation by host school for non-rescue situations
 - Copy of reporting form for injuries. The host school should utilize its standard reporting form.
 - Host ATC must be in possession of an AED.
3. A reporting form must be utilized by the host institution for all treatment/injuries. One copy must be kept on file at the host school and a copy should be sent back with the visiting trainer, coach or administrator.
 4. The NCAA Blood Policy will be followed (NCAA Swimming & Diving 2014 & 2015 Rules: Rule 3, Section I, Article 5). Aggressive treatment of open wounds or skin lesions shall be followed. In particular, whenever a swimmer or diver suffers a laceration or wound where oozing or bleeding occurs, the practice or competition shall be stopped at the earliest possible time, and the swimmer or diver shall leave the pool and be given appropriate medical treatment. The meet referee or Swimming & Diving Committee shall have the authority to suspend the competition until medical personnel have had an appropriate amount of time to treat the injury. The student-athlete should not return to the pool without approval of medical personnel.
 5. Swimming and diving have been classified as high risk; therefore, a certified athletic trainer, physician, EMS unit and a transportation vehicle for a non-emergency situation will be on site.

PARKING:

Team and Spectator parking information is available in Attachment I. Please note that on Friday, Feb. 20, Ithaca College will be hosting a track meet in the Athletics & Events center which will increase the demand for parking. More specific information is to follow.

PRACTICE SCHEDULES:

Tuesday, February 17:

12:00 p.m. – 10:00 p.m. BIG EAST teams will have access to the competition pool. Please e-mail James Greene, jgreene@bigeast.com, with the times that you anticipate practicing **by Tuesday, February 10 so we can ensure ATC availability.**

Wednesday, February 18 through Saturday, February 21:

6:00 a.m. – 9:30 p.m.: BIG EAST to have exclusive use of the warm-up and competition pool.

QUALIFYING STANDARDS:

See enclosed qualifying standards and information for swimming, diving and relays on Appendices A & B. Beginning with the 2015 Championships, there is only an “A” qualifying standard. Once a student-athlete has achieved an “A” standard, they may be entered into

additional events ONLY if they have a recorded time in that event achieved during the current qualifying period.

RELAYS:

1. All institutions with at least one (1) “A” standard swimmer may bring “Relay Only” swimmers based on the sliding scale listed on the swimming qualifying standards page (see Appendix A and below). These additional team members will be eligible to swim only on relays (not in any individual events).
2. Only athletes who are competing at the Championship Meet, either as Qualified Athletes or Developmental Squad Members, are permitted to enter the Time Trials held at the meet. This will include swimmers who come to the meet as “Relay Only” swimmers.
3. An institution with no individual “A” standard qualifiers will not be permitted to enter the meet in individual or relay events.
4. All relays are timed final events in the evening program.

RELAY ONLY QUALIFIERS (ROQs):

1. Relay Only Qualifiers may be permitted in the following instances:
 - (1) Team(s) with 1-5 individual qualifiers → may bring up to three (3) ROQs
 - (2) Team(s) with 6-10 individual qualifiers → may bring up to two (2) ROQs
 - (3) Team(s) with 11-15 individual qualifiers → may bring one (1) ROQ
 - (4) Team(s) with 16 or more individual qualifiers → may not bring ROQs
2. The aforementioned Relay Only Qualifiers will be eligible to swim only on relays (not in any individual events).

RELAYS CONDUCTED IN THE PRELIMINARIES:

1. A “positive check-in” system (entry form) will be used for teams who wish to swim in the “Optional Relays” conducted in the preliminaries.
2. Coaches will be required to “positively check-in” their relays prior to the scratch deadline for that day’s events.
3. Relays that are not “positively checked-in” by the scratch deadline will be scratched from the “Optional Relays.”
4. All teams, regardless of the outcome of the “Optional Relay” events, will be seeded into the finals according to their entry time for the meet. (A team that is disqualified in the optional preliminary relays will still be seeded into the finals according to its original entry time).
5. An “Optional Relay” swum in the preliminaries will count as an official time trial; therefore, a school will not be permitted to swim that relay a third time.
6. Swimmers who swim on an “Optional Relay” in the preliminaries will not have used one of their

seven (7) allowable events (because it is a time trial).

RELAY JUDGING PLATFORMS:

RJPs are approved for and may be used at the BIG EAST Championships. In the event that RJPs are used, the BIG EAST Swimming & Diving Committee, along with the timing company will inspect the hardware (starting blocks) and RJP equipment prior to every session to confirm proper functioning of the equipment.

Policies for relay take offs and RJPs will be in accordance with NCAA Swimming and Diving Rule 4 Section 14 Articles 3, 5 and 6.

SCORING:

Championships meet scoring when sixteen (16) competitors qualify for the Championships (scoring 16 places).

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Except in time final events (see NCAA Swimming & Diving 2014 & 2015 Rules: Rule 5-2-4-a), points for first through eighth shall be awarded solely on the basis of a championship final and points for ninth through 16th place shall be awarded solely on the basis of a consolation final.

SHOWER AND LOCKER ROOM FACILITIES:

There are limited men's and women's locker rooms located off of the pool deck and located in the facility. Athletes are responsible to bring their own towels and locks if they chose to utilize the lockers.

Food and/or beverages (excluding water & sports drinks provided by the BIG EAST Conference) are not permitted in the locker rooms. Continual violation of this rule by meet participants, coaches and/or officials may result in delay or cancellation of the swim meet. Food and/or beverages are permitted in designated areas – the hospitality areas, lobby and upper level concourse.

SPECTATOR SEATING:

There will be no designated fan seating blocks inside of the facility. It is not permissible for fans to save/reserve seats; all seating is general admission. Additionally, permanent signage may not be hung in the stands by fans. Any other banners, posters, signs, etc. must be removed from the facility following each session. Signage **may not** be taped on any surfaces. Balloons of any type are **not allowed** inside of the facility.

TICKET PRICES:

Advanced Sales: \$ 30.00 Adults (All-Session)
 \$15.00 Children under 18/Seniors 65 and over (All-Session)

Everyone in the facility who does not have a credential must purchase a ticket.

Advanced ticket sales are being coordinated by Villanova University. For questions, please contact Bob Nyce at 610-519-4097.

It is highly encouraged that tickets be purchased in advance. Tickets are available at the following link: <http://ev8.eventue.net/cgi-bin/ncommerce3/SEGetEventInfo?ticketCode=GS%3ANOVA%3ACE%3ABESD15%3A&linkID=villanova&shopperContext=&pc=&caller=&appCode=&groupCode=CE&cgc>

UNIFORMS:

In accordance with NCAA Bylaw 12.5.4, an institution's uniform or any item of apparel (e.g., bathing suits and warm-ups) that is worn by a student-athlete while representing the institution in intercollegiate competition may contain only a single manufacturer's or distributor's logo or trademark on the outside of the apparel (regardless of the visibility of the logo or trademark). The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram) that does not exceed 2¼ square inches. Such an item of apparel may contain more than one manufacturer's or distributor's logo or trademark on the inside of the apparel provided the logo or trademark is not visible.

Manufacturer's or distributor's nonpermeable logos or trademarks that exceed 2 ¼ square inches are not permissible on the swimsuit and must result in disqualification of the swimmer or relay team. The use of a pen or similar item to mark out such logos or trademarks is not an acceptable method to remove the offending logo or trademark. (NCAA Rule 3.1.d.4)

If an institution's uniform or any item of apparel worn by a student-athlete in competition contains washing instructions on the outside of the apparel or on a patch that also includes the manufacturer's or distributor's logo or trademark, the entire patch must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram) that does not exceed 2¼ square inches.

The restriction of the size of a manufacturer's or distributor's logo is applicable to all apparel worn by student-athletes during the conduct of the institution's competition, which includes any pregame or post-game activities (e.g., postgame celebrations or pre- or postgame media conferences) involving student-athletes.

VIDEO REVIEW:

Video review to determine if the electronic judging equipment (if used) has failed is approved for use at the BIG EAST Championships. The meet referee, in conjunction with the committee and BIG EAST office administrator, will determine when there is a need for video review based on NCAA Rules. Video review for electronic judging equipment, if used, will comply with NCAA Swimming and Diving Rule 4 Section 14 Article 7.

VIDEOTAPING:

Institutions are permitted to videotape championship competition by its teams or its individual student-athletes for archival, coaching or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for any commercial purposes. Teams may video from their designated seating section or from the general seating section located in the upper level.

APPENDIX A

**2015 SWIMMING QUALIFYING STANDARDS AND
ACCOMPANYING INFORMATION**

The minimum performance standards for entry into the meet are as follows:

2015 "A" QUALIFYING STANDARDS		
Events	MEN	WOMEN
50 Free	22.64	25.73
100 Free	49.55	56.63
200 Free	1:50.19	2:02.32
500 Free	4:55.18	5:25.38
1650 Free	17:13.89	18:42.83
100 Fly	54.52	1:02.68
200 Fly	2:03.07	2:16.97
100 Back	57.66	1:03.84
200 Back	2:03.58	2:18.00
100 Breast	1:03.84	1:11.67
200 Breast	2:20.06	2:35.10
200 I.M	2:04.43	2:16.97
400 I.M.	4:23.66	4:45.56
1 M. Dive	233 pts.	218 pts
3 M. Dive	243 pts.	228 pts

Note: NCAA conversion factors and altitude adjustments apply.

Note: Qualifying Times for all events are in yards.

1. Each swimming event will have ONLY an "A" Standard. A swimmer may only qualify for the BIG EAST Championships by achieving one or more "A" Standard(s).
2. Once an "A" Standard has been achieved, a swimmer may enter and swim other events as long as they have recorded a time in the event during the current qualifying period. (Swimmers who qualify for more than three (3) individual events would be required to swim at least one (1) event for which they had achieved an "A" Standard.)
3. Developmental squad members are required to meet the same qualifying and entry standards that are defined in items #1 and #2 above.
4. Only athletes who are competing at the Championship Meet either as Qualified Athletes or Developmental Squad Members are permitted to enter the Time Trials held at the meet. This will include swimmers who come to the meet as "relay only" swimmers.
5. The NCAA rule for Division I (NCAA Swimming & Diving 2014 & 2015 Rules: Rule 3-3-2 "Number of Events") by which an athlete may compete in a total of seven (7) events, no more than three (3) of which may be individual events will apply.
6. An athlete who wishes to swim and dive must qualify in both Swimming and Diving.

APPENDIX B

2015 DIVING QUALIFYING STANDARDS AND ACCOMPANYING INFORMATION

1. The minimum diving standards for entry into the meet are as follows:

	<u>1-METER</u>	<u>3-METER</u>
<u>Women</u>	218	228
<u>Men</u>	233	243

Note: *Coaches and diving judges are required to adhere to strict and uniform standards of judging throughout the season for all performances which might qualify a diver for the BIG EAST Championships.*

Note: *As indicated, the Degree of Difficulty (DD) minimum must be obtained on the optional dives only. Voluntary dives do not count toward establishing the minimum DD requirements.*

2. A diver must achieve the minimum score for each event during the qualifying period in order to compete in that event at the Championship Meet. There are no lower ("B") standards to compete in a second event.
3. An athlete who wishes to swim and dive must qualify in both Swimming and Diving.

APPENDIX C

2015 BIG EAST SWIMMING & DIVING CHAMPIONSHIPS SCHEDULE

SCHEDULE OF EVENTS: WEDNESDAY, FEBRUARY 18 – SATURDAY, FEBRUARY 21

WEDNESDAY, FEBRUARY 18, 2015 DIVING: 4 P.M.; FINALS: 6 P.M.

#	EVENT	
1	800 Yard Freestyle Relay*	Women
2	800 Yard Freestyle Relay*	Men
3	1 Meter Diving FINALS [^]	Men
4	200 Yard Medley Relay*	Women
5	200 Yard Medley Relay*	Men

[^] - prelims at 4 p.m.

THURSDAY, FEBRUARY 19, 2015 PRELIMS: 10 A.M. (DIVING: NOON); FINALS: 6 P.M.

#	EVENT	
6	500 Yard Freestyle	Women
7	500 Yard Freestyle	Men
8	200 Individual Medley	Women
9	200 Individual Medley	Men
10	50 Yard Freestyle	Women
11	50 Yard Freestyle	Men
12	3 Meter Diving FINALS	Women
13	200 Yard Freestyle Relay*	Women
14	200 Yard Freestyle Relay*	Men

FRIDAY, FEBRUARY 20, 2015 PRELIMS: 10 A.M. (DIVING: NOON); FINALS: 6 P.M.

#	EVENT	
15	400 Individual Medley	Women
16	400 Individual Medley	Men
17	100 Yard Butterfly	Women
18	100 Yard Butterfly	Men
19	200 Yard Freestyle	Women
20	200 Yard Freestyle	Men
21	100 Yard Breaststroke	Women
22	100 Yard Breaststroke	Men
23	100 Yard Backstroke	Women
24	100 Yard Backstroke	Men
25	3 Meter Diving FINALS	Men
26	400 Yard Medley Relay*	Women
27	400 Yard Medley Relay*	Men

SATURDAY, FEBRUARY 21, 2015 PRELIMS: 10 A.M. (DIVING: NOON); FINALS: 6 P.M.

#	EVENT	
<i>5:35 p.m. Senior Recognition Ceremonies ~</i>		
28	1,650 Yard Freestyle [^]	Women
29	1,650 Yard Freestyle [^]	Men
30	200 Yard Backstroke	Women
31	200 Yard Backstroke	Men
32	100 Yard Freestyle	Women
33	100 Yard Freestyle	Men
34	200 Yard Breaststroke	Women
35	200 Yard Breaststroke	Men
36	200 Yard Butterfly	Women
37	200 Yard Butterfly	Men
38	1 Meter Diving FINAL	Women
39	400 Yard Freestyle Relay*	Women
40	400 Yard Freestyle Relay*	Men

[^]THE 1,650 YARD FREESTYLE IS A TIMED FINAL EVENT. QUALIFYING TIMES MUST BE 1,650 YARD TIMES – TIMES BASED ON 1,000 YARD FREESTYLE MAY NOT BE USED. The two fastest heats of scoring athletes (men's and women's) will be swum at the beginning of finals. The remaining heats will begin prior to the start of the finals session (backed up from a 5:00 p.m. warm-up time, depending on the number of heats).

Appendix H

Directions to Ithaca College

From the New York City Area

Follow Route 17 (soon to be I-86) west to Binghamton and take I-81 north to exit 8 at Whitney Point. Follow Route 79 west into Ithaca. At T-intersection turn left onto Route 96B (Aurora Street) and follow 96B south for approximately one mile. The campus will be on your left.

From Albany and New England

Follow the New York State Thruway (I-90) west to I-88 (exit 25A). Take I-88 west to Bainbridge (exit 8) and then Route 206 to Whitney Point. Pick up Route 79 west to Ithaca. At T-intersection turn left onto Route 96B (Aurora Street) and follow 96B south for approximately one mile. The campus will be on your left.

From Rochester and Buffalo

Follow the New York State Thruway (I-90) east to exit 41 at Waterloo. (Do not follow the signs that direct you to Ithaca via Geneva.) Turn right after the toll booth (onto Route 414 south), then left at the red light (onto Route 318 east). Follow Route 318 east several miles. At the T-intersection turn left, then a quick right onto Route 89 to Ithaca. Pick up Route 13 south in Ithaca. After passing Green Street, move into the far left lane and go straight onto Route 96B (Clinton Street). Turn right onto Aurora Street (still 96B) and continue for approximately one mile. The campus will be on your left.

From Eastern Pennsylvania and Points South

Take I-81 north to Whitney Point (exit 8). Pick up Route 79 west to Ithaca. At T-intersection turn left onto Route 96B (Aurora Street) and follow 96B south for approximately one mile. The campus will be on your left.

Important Notice: Major road construction is planned for Route 17 and I-81 near the city of Binghamton. Please be aware of reduced speed zones, lane shifts or closures, and possible delays. Up-to-date information is available by calling 511 or visiting www.511ny.org.

From Erie, Pennsylvania, and Points West

Follow Route 17 (soon to be I-86) east to exit 54 and take Route 13 north into Ithaca. Turn right onto Route 96B (Clinton Street) and continue to Aurora Street. Turn right onto Aurora Street (still 96B) and continue for approximately one mile. The campus will be on your left.


Appendix H continued

Directions to the Ithaca College Athletics & Events Center

- Enter the main entrance of campus off of 96B. This is Alumni Circle.
- Go around Alumni Circle to Grant Egbert Boulevard.
- Take Grant Egbert Boulevard to the first stop sign.
- Continue straight to the second stop sign at Grant Egbert Boulevard East.
- Make a left on to Grant Egbert Boulevard East (This will bring you around to the other side of the A&E Center).
- Follow Grant Egbert Boulevard East to the stop sign.
- Continue straight. You will then be on Lyceum Drive. The turf field will be on your right.

BIG EAST
VIP & Spectator Parking



 =Parking Attendant

