

2023 NJS/BB Silver-Bronze Championships Region A

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Friday	Doors Open		10:00am	
1	Fri 400s	10:15am	10:15am	10:50am
2	Fri 10 & U Girls/11-12 Boys	12:50pm	1:10pm	1:45pm
3	Fri 11-12 Girls/10 & U Boys	4:50pm	5:10pm	5:45pm
Saturday	Doors Open		7:45am	
4	Sat 15 & Over	8:00am	8:30am	9:05am
5	Sat 13-14	11:45am	12:15pm	12:50pm
6	Sat 10 & U Girls/11-12 Boys	4:35pm	4:55pm	5:30pm
Saturday	Doors Open		7:45am	
7	Sun 15 & Over	8:00am	8:30am	9:05am
8	Sun 13-14	11:50am	12:20pm	12:55pm
9	Sun 11-12 Girls/10 & U Boys	4:45pm	5:05pm	5:40pm

Warm-up Schedule

Session 1 – Friday 400s

	L1	L2	L3	L4	L5	L6	L7	L8
10:15am	LIFE	SCAR	SCAR	SCAR	CAT	BB/MAY/SCY	NJRC/CBGC	<i>Others</i>

Session 2 – Friday 10 & Under Girls/11-12 Boys

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	LIFE	LIFE	LIFE	NJRC	NJRC/NJBL	CAT	MYM/EAG	MDY/BAC
1:15pm	SCAR	SCAR	SCAR	SCAR	SCAR	BB/GMY	BWTD/RANY	<i>Others</i>



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Warm-up Schedule

Session 3 – Friday 11-12 Girls/10 & Under Boys

	L1	L2	L3	L4	L5	L6	L7	L8
4:50pm	LIFE	LIFE	LIFE/CAT	SCAR	SCAR	SCAR	SCAR	SCAR
5:15pm	BB	RANY	MYM/MAY	EAG/BAC	SCY/BWTD	NJRC	NJRC	<i>Others</i>

Session 4 – Saturday 15 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:00am	SCAR	SCAR	SCAR	SCAR	LIFE	LIFE	LIFE	BB
8:30am	NJRC	CAT	BWTD/ACE	CBGC/EAG	TWST/MYM	MAY/MDY	<i>Others</i>	

Swimmers in the 1500 freestyle must provide their own timers & counters

Session 5 – Saturday 13-14

	L1	L2	L3	L4	L5	L6	L7	L8
11:45am	SCAR	SCAR	SCAR	BB	NJRC	CAT	BWTD	MAY
12:15pm	SCAR	SCAR	SCAR	LIFE	LIFE	ACE/CGBC /TWST	RANY/EAG	<i>Others</i>

Swimmers in the 800 freestyle must provide their own timers & counters

Session 6 – Saturday 10 & Under Girls/11-12 Boys

	L1	L2	L3	L4	L5	L6	L7	L8
4:35pm	LT	LT	LT	SCAR	SCAR	NJRC	SCAR	CAT
5:00pm	RANY	BB	BWTD	CBGC/MDY	SCAR/EAG	MAY/NJBL	MYM/BAC	<i>Others</i>



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Warm-up Schedule

Session 7 – Sunday 15 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:00am	CAT	CAT	CAT	LIFE	LIFE	NJRC	NJRC	BB
8:30am	SCAR	SCAR	SCAR	SCAR	SCAR	MAY/NJB	EAG/CBGC	<i>Others</i>

Swimmers in the 800 freestyle must provide their own timers & counters

Session 8 – Sunday 13-14

	L1	L2	L3	L4	L5	L6	L7	L8
11:50am	SCAR	SCAR	SCAR	SCAR	SCAR	BB	CAT	LIFE
12:20pm	NJRC	BWTD	MAY	EAG/MYM	RANY/CBGC	ACE/GMY /NJBL	<i>Others</i>	

Swimmers in the 1500 freestyle must provide their own timers & counters

Session 9 – Sunday 11-12 Girls/10 & Under Boys

	L1	L2	L3	L4	L5	L6	L7	L8
4:45pm	NJRC	NJRC	BB	RANY	CBGC	EAG	MYM	CAT/BAC
5:10pm	LIFE	LIFE	SCAR	SCAR	SCAR	SCAR/MDY	BWTD/SCY	<i>Others</i>



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Timing Assignments

Session 1 – Friday 400s

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers</i>							

Session 2 – Friday 10 & Under Girls/11-12 Boys

L1	L2	L3	L4	L5	L6	L7	L8
LIFE	NJRC	SCAR	SCAR	CAT	MYM	RANY	MDY
Alternates: BWTD, CBGC, BAC							

Session 3 – Friday 11-12 Girls/10 & Under Boys

L1	L2	L3	L4	L5	L6	L7	L8
CAT	CBGC	EAG	MYM	RANY	BB	SCAR	SCAR
Alternates: NJRC, LIFE, MDY							



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Timing Assignments

Session 4 – Saturday 15 & Over

L1	L2	L3	L4	L5	L6	L7	L8
SCAR	SCAR	LIFE	NJRC	BWTD	CAT	MAY	CBGC
Alternates: EAG, TWST, MYM							

Session 5 – Saturday 13-14

L1	L2	L3	L4	L5	L6	L7	L8
SCAR	LIFE	SCAR	ACE	EAG	RANY	BWTD	NJRC
Alternates: CAT, MYM, CBGC							

Session 6 – Saturday 10 & Under Girls/11-12 Boys

L1	L2	L3	L4	L5	L6	L7	L8
MDY	BAC	MYM	CBGC	BWTD	RANY	SCAR	CAT
Alternates: LIFE, NJRC, SCAR							



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Timing Assignments

Session 7 – Sunday 15 & Over

L1	L2	L3	L4	L5	L6	L7	L8
CAT	LIFE	NJRC	SCAR	SCAR	MAY	EAG	BWTD
Alternates: SCAR, NJB, CBGC							

Session 8 – Sunday 13-14

L1	L2	L3	L4	L5	L6	L7	L8
ACE	RANY	EAG	MAY	BWTD	SCAR	SCAR	NJRC
Alternates: CAT, LIFE, SCAR							

Session 9 – Sunday 11-12 Girls/10 & Under Boys

L1	L2	L3	L4	L5	L6	L7	L8
LIFE	SCAR	NJRC	SCAR	MDY	CAT	MYM	EAG
Alternates: CBGC, RANY, SCAR							

